

How Children Learn to Be Healthy

The goal of this book is to explore the ways in which health behavior develops in childhood in the context of childhood socialization processes. The book reviews the historical and contemporary perspectives utilized in portraying the dynamics of children's physical health. It provides a developmental analysis of children's and parents' attitudes and behavior concerning children's health; assesses the role of parents, schools, and the media in influencing children's health attitudes and behavior; and examines how health attitudes, behaviors, and outcomes are affected by the social ecology of children's rearing environments.

Barbara J. Tinsley is Professor of Psychology and Chair of the Program in Human Development at the University of California, Riverside.

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For my parents, Belle Margaret Rozalsky and Irving Rozalsky

Contents

Acknowledgments	<i>page xi</i>
Introduction	1
1. Mechanisms and Consequences of Socializing Children to Be Healthy	7
2. Children's Health Understanding and Behavior	11
3. Parents' Health Beliefs	27
4. Parents' Promotion of Their Children's Health	39
5. Parents' Promotion of Their Children's Sexual Health	57
6. Peers, Schools, and Children's Health	71
7. How Television Viewing and Other Media Use Affect Children's Health	83
8. The Social Ecology of Children's Health Socialization	104
9. Summary and Conclusions	124
References	129
Index	169

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xii Acknowledgments

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