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Barbara J. Tinsley  
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## How Children Learn to Be Healthy

The goal of this book is to explore the ways in which health behavior develops in childhood in the context of childhood socialization processes. The book reviews the historical and contemporary perspectives utilized in portraying the dynamics of children's physical health. It provides a developmental analysis of children's and parents' attitudes and behavior concerning children's health; assesses the role of parents, schools, and the media in influencing children's health attitudes and behavior; and examines how health attitudes, behaviors, and outcomes are affected by the social ecology of children's rearing environments.

Barbara J. Tinsley is Professor of Psychology and Chair of the Program in Human Development at the University of California, Riverside.

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Barbara J. Tinsley  
*University of California, Riverside*



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*For my parents, Belle Margaret Rozalsky and Irving Rozalsky*

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