

# UNIT 1 *Take a break*

## Describing hobbies and interests

1 Which of the following activities are sports and which are hobbies? Write them in the appropriate column below. Ignore column 2 for now.

~~sailing~~ reading golf gardening rock climbing chess judo  
 kite flying badminton dancing painting horse riding

1 sports	2 type of people	1 hobbies	2 type of people
sailing	brave		

2 What type of people are good at these activities? Choose an adjective from the box below and write it in column 2 above. You may choose more than one adjective or add your own.

patient flexible quiet adventurous intelligent thoughtful  
 brave energetic athletic accurate careful artistic strong  
 musical fit

3 Complete this table. Add your own three favourite hobbies to the list.

You have to be	..... <i>fit</i> .....	to be good at	..... <i>horse riding</i> .....
	.....		.....
	.....		.....
	.....		.....

## Sporting words

4 Match the sports with the equipment.

- | sport          | equipment |
|----------------|-----------|
| 1 cycling      | a boat    |
| 2 table tennis | b goggles |
| 3 tennis       | c pieces  |
| 4 swimming     | d clubs   |
| 5 chess        | e bicycle |
| 6 golf         | f racket  |
| 7 rowing       | g skates  |
| 8 ice hockey   | h bat     |

Unit 1 *Take a break***Adjectives ending in -ing and -ed**

- 1 Look at the box of verbs and complete the sentences using an appropriate present participle (-ing) or past participle (-ed). Sometimes more than one answer is possible.

amaze bore enchant exhaust fascinate interest irritate worry

Example: I've been working for over twelve hours and now I feel completely exhausted.

- The film had some ..... underwater shots of sharks and stingrays.
- Our flight was delayed by six hours so we waited at the airport. I have never felt so ..... in all my life.
- Dr Asquith is a great lecturer because he's such an ..... man.
- The mosquitoes are extremely ..... this evening.
- Teenagers often find 19th-century novels ..... because they are difficult to read.
- The magic scenes in the film were quite .....
- We were absolutely ..... by the sharks at the aquarium.
- You look ..... to death. Whatever is the matter?

**Present simple and present continuous**

Ping **comes** from Beijing in China. She's **learning** English because she wants to go to London to study engineering.

**Present simple**

For habits and states.

**Present continuous**

For actions taking place at the time of speaking or writing.

- 2 Complete the sentences using either a present simple or a present continuous form of the verb in brackets.

Example: The operation is taking place right now. The patient is still in the operating theatre. (take place)

- This phone ..... well at the moment. (not work) Can I call you back later?
- I'm at home all day but my husband isn't. He always ..... to the office on Saturday. (go)
- Good morning! I ..... money for the Red Cross. Would you like to donate something? (collect)
- Hello! I ..... to get hold of Mr Jones. Do I have the right number? (try)
- I ..... a course in First Aid at the Red Cross because I ..... it for my job. (attend) (need)
- I ..... from Japan. I was born in Tokyo in 1988. (come)
- What ..... ? I told you not to touch the wet paint! (you/do)
- My grandmother ..... to ski, which is quite brave at her age. (learn)

**Writing a thank-you letter to someone you know**

- 1 Complete the letter below with an appropriate word in each space.
- 2 Complete the notes in the margin at (b) and (c) to summarise the purpose of the second and third paragraphs.

Dear Aunty Lucy,

I'm (1) ..... to thank you very much for the lovely present you (2) ..... me for my birthday. A new tennis (3) ..... is just what I wanted and I know I'm going to enjoy (4) ..... with it. Maybe it will help to improve my game!

In addition to your present, I also (5) ..... a computerised chess game. When you make a mistake, the computer (6) ..... to you and actually says: "That was a bad move!" We were all very (7) ..... by it because it's very funny. I haven't managed to (8) ..... the computer yet, but I will keep trying.

I hope you and Uncle Fred are both well and (9) ..... yourselves in your new house. We are all looking forward to (10) ..... you in the holidays. Thanks again for the lovely present.

Best wishes,  
 Bernard

a) Identifies the present and thanks her.

b) .....  
 .....  
 .....

c) .....  
 .....  
 .....

**Introduction and tone**

- 3 Now write the opening paragraph of a letter to:
  - 1 a friend who has sent you a present for your birthday.
  - 2 a relative who has invited you to an important family celebration.
  - 3 someone who has advertised a room to let in his house.

Dear ...

**Unit 1 Take a break**

- academic** *adj* (p 10) related to education, schools, universities, etc.
- accident** *n* (p 11) something bad which happens that is not intended and which causes injury or damage
- accommodation** *n* (p 13) a place where you live or stay
- achievement** *n* (p 13) when you succeed in doing something good, usually by working hard
- activity** *n* (p 6) something which you do for enjoyment, especially an organized event
- approach** *n* (p 12) a way of doing something
- appropriate** *adj* (p 8) suitable or right for a particular situation or person
- basic** *adj* (p 8) being the main or most important part of something
- career** *n* (p 13) a job that you do for a long period of your life and that gives you the chance to move to a higher position and earn more money
- challenge** *n* (p 12) something that is difficult and that tests someone's ability or determination
- common** *adj* (p 12) belonging to or shared by two or more people or things
- competition** *n* (p 12) an organized event in which people try to win a prize by being the best, fastest, etc
- computer** *n* (p 6) an electronic machine that can store and arrange large amounts of information
- contribution** *n* (p 13) something that you do to help produce or develop something, or to help make something successful: *She has made a major contribution to our work.*
- conversation** *n* (p 8) a talk between two or more people, usually an informal one
- development** *n* (p 13) when someone or something grows or changes and becomes more advanced: *There have been some major developments in technology recently.*
- disappointing** *adj* (p 13) making you feel disappointed, i.e. unhappy because something or someone was not as good as you hoped or expected, or because something did not happen: *a disappointing performance/result*
- effect** *n* (p 13) a change, reaction, or result that is caused by something
- emphasis** *n* (p 7) particular importance or attention that you give to something
- equipment** *n* (p 8) the things that are used for a particular activity or purpose
- facility** *n* (p 13) a place where a particular activity happens: *a new medical facility*
- favourite** *adj* (p 9) Your favourite person or thing is the one that you like best.
- individual** *adj* (p 12) given to or relating to one particular person or thing: *We deal with each case on an individual basis.*
- introduction** *n* (p 10) the first time someone experiences something
- listen** *v* (p 8) to give attention to someone or something in order to hear them
- machine** *n* (p 12) a piece of equipment with moving parts that uses power to do a particular job
- marvellous** *adj* (p 11) extremely good
- membership** *n* (p 12) the state of belonging to a group or an organization
- minimum** *adj* (p 8) The minimum amount of something is the smallest amount that is allowed, needed, or possible.
- national** *adj* (p 13) relating to the whole of a country
- opposite** *adj* (p 7) in a position facing something or someone but on the other side: *on the opposite page*
- ordinary** *adj* (p 8) not special, different, or unusual in any way
- organization** *n* (p 13) an official group of people who work together for the same purpose
- separate** *adj* (p 13) different
- standard** *n* (p 13) a level of quality, especially a level that is acceptable: *a high standard of service*
- strength** *n* (p 12) when someone or something is strong: *upper-body strength*
- successful** *adj* (p 13) achieving what you want to achieve: *If the operation is successful, she should be walking within a few months.*
- training** *n* (p 11) the process of learning the skills you need to do a particular job or activity
- website** *n* (p 12) an area on the Web (= computer information system) where information about a particular subject, organization, etc can be found
- worldwide** *adj,adv* (p 13) in all parts of the world