# CONTENTS

**Introduction**

**PART I: NEED AND RECOGNITION**

1. Emotions as Judgments of Value
   - I. Need and Recognition 19
   - II. The Adversary: Intentionality, Belief, Evaluation 24
   - III. Necessity and Constituent Parthood 33
   - IV. Judging and Acknowledging, and Sufficient Conditions 37
   - V. Eudaimonism, Intensity, the Personal Point of View 49
   - VI. Are There Necessary Noncognitive Elements? 56
   - VII. Are There Other Cognitive Elements? Imagining the Object 64
   - VIII. Background and Situational, General and Concrete 67
   - IX. “Freshness” and the Diminution of Grief 79
   - X. Emotional Conflict 85

2. Humans and Other Animals: The Neo-Stoic View
   - Revised 89
     - I. Animals Grieving 89
     - II. The Decline of Reductionist Theories of Emotion 93
     - III. The Resurgence of Intentionality: Seligman, Lazarus, Ortony, Oatley 100
     - IV. Nonreductionistic Physiological Accounts: LeDoux, Damasio 114
     - V. Animal Emotion in Narrative Form: Pitcher 119
     - VI. Revising the Neo-Stoic Account 125
## CONTENTS

VII. Appetites, Moods, Desires for Action ........................................ 129
VIII. Nonemotional Animals ................................................................. 137

3. Emotions and Human Societies ......................................................... 139
   I. Grief and Social Norms .......................................................... 139
   II. Human–Animal Differences: Time, Language, Norms ............... 144
   III. Sources of Social Variation ................................................. 151
   IV. Types and Levels of Variation .............................................. 157
   V. American Grief ................................................................. 165
   VI. Culture and Understanding .................................................. 169

4. Emotions and Infancy .................................................................. 174
   I. The Shadow of the Object ..................................................... 174
   II. The Golden Age: Helplessness, Omnipotence, Basic Needs .... 181
   III. Early Emotions: “Holding,” Love, Primitive Shame ............. 190
   IV. Disgust and the Borders of the Body ................................... 200
   V. Playing Alone, the Ambivalence Crisis, and the Moral Defense ... 206
   VI. “Mature Interdependence” and the Facilitating Environment .... 224
   VII. The Neo-Stoic View Revised Again .................................. 230
   VIII. Imagination and Narrative ............................................... 236

Interlude: “Things Such as Might Happen” ........................................ 238

5. Music and Emotion .................................................................. 249
   I. Expression and the Implied Listener ...................................... 249
   II. A Dilemma and Three Responses ...................................... 254
   III. Music as Dream ............................................................... 265
   IV. Music and Human Possibilities ......................................... 271
   V. The Kindertotenlieder: Loss and Helplessness .................... 279

PART II: COMPASSION

6. Compassion: Tragic Predicaments ............................................. 297
   I. Emotions and Ethical Norms ............................................. 297
   II. The Cognitive Structure of Compassion .............................. 304
   III. Empathy and Compassion .................................................. 327
## CONTENTS

IV. Compassion and Altruism 335
V. Impediments to Compassion: Shame, Envy, Disgust 342
VI. Compassion and Tragedy 350

7. Compassion: The Philosophical Debate 354
   I. Compassion and Reason 354
   II. Three Classic Objections 356
   III. Mercy without Compassion 364
   IV. Valuing External Goods 368
   V. Partiality and Concern 386
   VI. Revenge and Mercy 393

8. Compassion and Public Life 401
   I. Compassion and Institutions 401
   II. Victims and Agents 405
   III. Getting the Judgments Right 414
   IV. Implementing Rational Compassion: Moral and Civic Education 425
   V. The Role of the Media 433
   VI. Political Leaders 435
   VII. Economic Thought: Welfare and Development 438
   VIII. Legal Rationality: Equality, Criminal Sentencing 441

### PART III: ASCENTS OF LOVE

9. Ladders of Love: An Introduction 457
   I. Love at Balbec 457
   II. A Disease and Its Cure 459
   III. The Philosophers' Dilemma 463
   IV. Pupils of the Ascent 471
   V. The Neo-Stoic Theory and the Need for Narrative 472
   VI. Normative Criteria 478

10. Contemplative Creativity: Plato, Spinoza, Proust 482
    I. Contemplative Ascent 482
    II. Aristophanes: Love and Original Wholeness 483
    III. Diotima: Love as Creation in the Fine and Good 486
    IV. Spinoza: The Bondage of the Passions 500
    V. Spinoza: Freedom through Understanding 507
CONTENTS

VI. Proust: Using Individuals as Steps 511
VII. The Pursuit of Wholeness 519

II. The Christian Ascent: Augustine 527
   I. Omnipotence and the Sin of Pride 527
   II. Hunger and Thirst 528
   III. The Platonic Ladder and Rational Self-Sufficiency 531
   IV. Incompleteness and the Uncertainty of Grace 535
   V. The Virtue of Longing 543
   VI. The Merely Provisional World 547

12. The Christian Ascent: Dante 557
    I. Signs of the Old Love 557
    II. Agency and the Romance of Grace 564
    III. Perceiving the Individual 571
    IV. Christian Love Is Love 575
    V. The Transformations of Beatitude 577

13. The Romantic Ascent: Emily Brontë 591
    I. The Leap of Desire 591
    II. Dark Outsiders 594
    III. Lockwood’s Shame 596
    IV. Pity and Charity 602
    V. Our Own Heart, and Liberty 605
    VI. “Don’t Let Me See Your Eyes” 608
    VII. Phantoms of Thought 611

14. The Romantic Ascent: Mahler 614
    I. The Hot Striving of Love 614
    II. The Redeeming Word 615
    III. For the Sake of Striving Itself 622
    IV. The Self in Society 623
    V. A Cry of Disgust 624
    VI. I Will Not Be Warned Off 626
    VII. The Unseen Light 631
    VIII. Imagination and Justice 642

15. Democratic Desire: Walt Whitman 645
    I. A Democracy of Love 645
    II. “I Am He Attesting Sympathy” 646
CONTENTS

III. A Counter-Cosmos: The Democratic Body 655
IV. The Reclamation of the Body 658
V. Caressing Death 662
VI. Mourning the Sun 671

16. The Transfiguration of Everyday Life: Joyce 679
   I. Scholastic Questions 679
   II. The Holy Office 681
   III. A Dividual Chaos 684
   IV. “The Love that Might Have Been” 693
   V. Bloom’s Spinozistic Ascent 697
   VI. The Female Word 702
   VII. The Opposite of Hatred 708
   VIII. Ascents of Love 710

Bibliography 715
Acknowledgments 735
Name Index 739
Subject Index 745