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The early environment in which we grow up has profound, long-lasting, and often irreversible consequences for us throughout our lives. Stresses due to undernutrition in early childhood can mean that in adulthood, individuals are smaller, more prone to disease, and have a shorter life expectancy than those with normal diets. Disease and poor living conditions in infancy and childhood also have profound implications in adulthood. Whilst environmental effects on human growth and development are well documented, the long-term consequences, due to processes taking place at the early stages of growth and development have only recently become the focus of intense study. In this volume, leading researchers in nutrition, epidemiology, human biology, anthropology and physiology bring together a uniquely accessible source of information on this fascinating topic.

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# Long-term Consequences of Early Environment: growth, development and the lifespan developmental perspective

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