

## INDEX

- Abbotsbury, barn, 91  
 Abingdon, fire prevention, 132  
 ablutions, 164–6  
 acculturation, 4–5, 32, 36, 41, 48  
 acquisitiveness, 419–20  
*Act of God*, 134–5  
 adulthood, 321–2  
 Advent, 388  
*Aelfric's Dialogue*, 177, 412  
 aged, support of, 323–4  
 agonistic principle, 387–8, 392  
*Agricola*, 35  
 agriculture  
     advances in, 241  
     Iron Age, 19  
     open-field, 8, 183, 186, 208  
     Roman, 32, 41–7  
     strip cultivation, 42, 182–4  
     three-field system, 189  
 alchemy, and distillation, 204–5  
 ale, 161, 201, 203, 217  
     Assizes of, 201–2  
 alehouses, 168, 201–3  
 All Saints, 387  
 All Souls, 387  
 almshouses, 323–4, 347  
 altar tombs, 228  
 amenorrhoea, 240  
 andirons, 117, 149  
 Anglo-Saxon settlement, 60, 67  
 animal  
     rearing, 198  
     symbolism, 394  
 animism, 11, 27  
 apothecary, 234  
 Appian Way, 226  
 apprenticeship, 319, 336, 355  
 aqueducts, 53  
 architecture  
     élite, 65–7, 74  
     polite, 82  
 ards, 19–20, 42–3  
 arks, 143–4  
 art, erotic, 390–2  
 art nouveau, 422  
 Arts and Crafts movement, 422  
 Assembly Rooms, 377  
 assimilation, 34–5  
 Assize  
     of ale, 219  
     of Nuisances, 368, 377  
 Assizes, 377  
 astrology, 379–80  
 Augsburg, Treaty of, 413  
 Augustine of Canterbury, 61  
 Aztecs, 28  
 baiting of animals, 297–8  
 bakehouses, 150  
 ball-games, 291–3  
 ballroom, 377  
 ball-and-stick games, 293, 295–6  
 banns of marriage, 313, 405  
 baptism, 257, 263, 283, 316, 319, 396, 402  
     sacrament of, 277–8  
     social importance of, 257  
 bar-iron, 23  
 Barlborough House, 119  
 barley, 19, 44, 46, 174, 189–91  
     for malting, 202  
 barns, 206  
     aisled, 91–3  
 bastardy, 310–11  
 bastle-house, 79  
 Bath, 58–9  
     baths at, 165  
     building stone, 103  
     theatre, 377  
     water-supply, 165, 371  
 bath-houses, 50

## INDEX

- bathing, 53, 247  
 baths, 165  
   Roman, 40  
 bays, construction of, 80  
*Bayeux Tapestry*, 69  
 bedding, 141, 145–6, 172  
 bedrooms, 145, 172  
   fireplace in, 96  
   furniture in, 147  
 beds, 9, 136, 141, 145–7, 172  
   jointed, 146–7  
   standing, 146  
   truckle, 146  
 beer, 201, 203  
 Bellarmine jars, 397  
 bells, church, 125  
   and thunder, 301  
 benches, 136, 139, 141–2  
 Benedict Biscop, 118  
 benefit of clergy, 128  
 bequests to churches, 221–2, 225  
 beri-beri, 240  
 Bernard of Clairvaux, 390  
 Bersu, Gerhard, 28  
 betrothal, 304–5, 308–10, 312  
 beverages, 205  
 Bible, 168, 380–1, 412, 421  
   in church decoration, 270–1  
 bier, 225, 230, 285  
 Bignor Roman villa, 39–40  
 birth  
   -control, 321, 336  
   rates, 232, 341  
 bishops' courts, 285  
 Black Death, 305; *see also* plague  
 blankets, 147  
 bocage, 186  
 Boerhaave, Herman, 175  
 bolsters, 147  
 bolting of flour, 211  
 bones, use of, 26  
 books, printed, 410  
 Boothby Pagnell, hall, 91  
   smoke-hood, 114  
 borough, definition, 343  
 Borough English, 334  
 Bosham, hall at, 69–70, 91  
 bottles, 204  
 Boudicca, 366, 575  
 bower, 82, 94  
 boy-bishop, 389  
 braces, 82  
 Bracton, 126, 305, 334  
 Bramall Hall, 151  
 bran, in flour, 211  
 brandy, 205
- brassware, 172  
 bread, 45  
   wheats, 190  
 breadgrains, 190–2, 194  
 breadoven, 192–3  
 Bredon barn, 91  
 brewers, 202–3  
 brewhouses, 94, 150–2, 202  
 brewing, 201  
 brick  
   burning, 105  
   construction, 66, 104, 416  
 bricks  
   brimstone, 152  
   flooring, 152  
   moulded, 105–6  
 briefs, 132–3, 286–7  
 Broad Chalke, cottages at, 98–9  
 bronchitis, 238–9  
 bronze  
   moulded, 25  
   tools, 9  
 Bronze Age cultures, 25, 31–2  
 Brunskill model, 65  
 buckwheat, 218  
 building  
   contracts, 97  
   costs, 97  
   materials, 99, 103–4, 364–5  
   workers, 417–18  
 Burford  
   houses, 364–5  
   quarries, 101  
 burgage plots, 341, 358, 361  
 burglary, 125–7, 130  
 burial, 225–30, 326–7, 406–7  
   in church, 226  
   fees for, 229  
   right of, 278  
   rituals, 27, 60  
 Burton, Robert, 237  
 butter, 199  
   churns, 199–200  
 buttery, 94, 151  
*byrrus*, 55–6  
 cabbages, 197–8  
 cabinet-makers, 142–3, 145  
 Caerleon, 33  
 Caerwent, 54  
 Caistor Castle, 105  
 Calvinism, 339  
 Cambridge, water-supply, 370  
 camping ground, 291–2  
 candelabra, 123, 173  
 candles, 54, 120

## INDEX

- tallow, 54, 122  
 wax, 54  
 candlesticks, 54, 121–2, 172  
 Canon Law, 251, 311  
 canopy, bed, 145–7  
 Canterbury, 48  
     water-supply, 369  
*Canterbury Tales*, 408–9  
 Caratacus, 33  
 card games, 293  
 carnival, 12, 266, 268, 271, 297, 385, 389–94, 404,  
     412–13  
 Carnsew, William, 128, 236  
 carpenters, 139, 142–3  
 carpet(s), 9, 140, 142, 153  
     Axminster, 153  
     Kidderminster, 153  
     oriental, 153  
     Ottoman, 153  
     -weaving, 153  
 caschrom, 20, 44  
 Castle Hedingham, 113  
 castles, 72, 99  
 catastrophes, 381  
 categories, of culture, 10–14  
 cathedral precincts, 374  
 Catsgore settlement, 40  
 cattle-rearing, 20–1  
 ceilings, painted, 155  
 Cellier, Elizabeth, 251  
 cellars, urban, 359–60  
 Celts, 26–8, 36  
     culture, 264, 396  
     language, 63  
 cemeteries, 227, 229–30  
 centres, regional, 16, 27–8, 35  
 centuriation, 42  
 cereals, 189–90  
 cesspits, 54, 161–44, 244, 248, 366–7  
 Chadwick, Edwin, 231–2, 371  
 chairs, 51, 53, 136, 139, 141–3, 158  
 chalk (in building), 103  
 chamber pots, 147–8, 161  
 chambers, 144–5  
 chancel, 263, 284  
     disrepair of, 264  
 chapels  
     chantry, 285, 347, 374, 407  
     -of-ease, 277–8  
     nonconformist, 283–4  
     urban, 352  
 chapbooks, 168, 419, 421  
 charities  
     parochial, 285–7  
     urban, 347  
 charity for aged, 323  
 charivari, 270, 398  
 charters, 342  
 Chatsworth House, 119  
 chattels, rights in, 332  
 Chaucer, 75, 142  
 Cheddar, Anglo-Saxon hall, 68–9  
 cheese, 21, 197, 199–200, 208, 242  
     in diet, 213  
 Chedworth Roman villa, 40  
 Chester, 33  
 chests, 128–9, 136, 139, 143–4  
 Chichester, Bishop's palace, 95  
 child  
     labour, 336  
     mortality, 316–18  
 childbirth, 251, 315  
     charms in, 234  
 childhood, 317–19  
     dangers of, 336  
     diseases of, 250–1  
 children  
     desire for, 336  
     dress of, 319  
     games of, 2982  
     illegitimate, 309  
     numbers of, 316–17  
     representation in art, 337  
 chinaware, 172–3  
 chimney  
     corner, 116  
     pot, 107, 110–11  
     in solar, 96  
     sweeps, 356  
 chimneys, 53, 75, 82, 110–11, 113–18  
     of wood, 131–2  
 Chippendale, 165  
 cholera, 13, 238, 245–8, 377  
 Christchurch Castle, hall, 91, 113  
 Christmas, 195  
     rituals, 181, 385  
 church  
     -ales, 203, 263, 270, 279, 285, 289, 388, 413  
     attendance, 281–2  
     bells, 300–1  
     candles, 122  
     courts, 313, 413  
     house, 287  
     monuments, 220–2  
     neighbourhood, 348–9  
     pagan aspects of, 264  
     patronage, 271, 273  
     rates, 263–4, 279, 281, 284, 290  
     responsibility for, 284  
     seating, 228, 279–81  
     secularisation of, 273  
     stock, 285–7

## INDEX

- church (*cont.*)  
 towers, 300  
 churchwardens, 278, 283, 286, 288, 310  
   accounts of, 278–9, 300, 323  
   duties of, 279, 284–5  
 churchyard  
   burial, 226  
   crosses, 227  
   games in, 288, 293  
 churching of women, 252  
 Chysauster, 41  
 Cirencester, 37, 47  
*civitas-capitals*, 47–8  
 class, social, 354  
 classicism in architecture, 108  
 Claudius, 57  
 clay, as mortar, 103  
 claylands, 29  
 Clayworth, 302–3, 307, 320, 323  
 climate, 175, 239  
   and agriculture, 174–9  
 clocks, 156–8, 300  
 clothing, 34, 55–6  
   children's, 337  
 cloves, 207  
 clown, 390  
 clunch, 103  
 Cluniac order, 387  
 coal, 53, 110, 119  
 cob, in building, 101–2  
 cobirons, 149  
 cockloft, 82  
 cocoa-drinking, 205  
 coffee, 205  
   houses, 160  
 coffins, 226  
 cohabitation, 309–10, 313–14  
 Colchester, 33, 35–6, 57  
   Castle, chimney in, 113  
 collars, roofing, 83  
 collops, 385  
 Collyweston slate, 106  
*coloniae*, 48  
 Colyton, population, 248–9, 317, 321  
 commodes, 147–88, 161  
 community, sense of, 12  
 companionage, 197, 208  
 Compton census, 283  
 concerts, musical, 377  
 Condorcet, 7  
 confirmation, 403  
 consanguinity, 403  
 constables, parish, 278  
 Constantine, emperor, 60  
 consumption, 13  
   conspicuous, 145  
 cookery books, 218  
 cooking  
   methods, 212  
   utensils, 149–50  
 co-operative societies, 352  
 copper  
   poisoning, 219  
   tools, 9  
 copyhold tenure, 275, 328–9  
 corks, bottle, 204  
 corn  
   -dolly, 181  
   drying kilns, 46, 206  
 coroners, 360  
   courts, 125–6, 135, 360  
 Corpus Christi feast, 225, 289  
 Cotehele house, clock at, 156  
 Cotswolds  
   masonry, 364–5  
   quarries, 104  
   stone, 101, 103  
 cottage, development of, 73–6, 96  
 cottagers, 330–1  
 couches, 51  
 coulter, 43  
 Council of Trent, 412–13, 422  
 Counter-Reformation, 265, 272–3, 422  
 court leet, 275  
   of law, 274–9  
   records, 275  
 coverlets, 147  
 craft guilds, 351–2, 355  
   domestic, 179, 333–4  
 crafts, domestic, 188  
 cragloft, 82  
 cremation, 60  
 cresset  
   lamp, 120  
   stone, 121, 123  
 cricket, 299  
 crime(s), 124–8  
   of violence, 125, 127–8  
 crises  
   *de mortalité*, 238, 240  
   *de subsistence*, 178–9, 196, 240–1, 248  
 Cromwell, Thomas, 232, 308  
 crop(s), cropping  
   failure, 195  
   fodder, 189, 208  
   systems, 188–9  
 Croscombe, guilds at, 286  
 cross-ploughing, 43–4  
 crossing-sweepers, 373  
 crosswings, 96  
 cruck construction, 79–82  
 crusie lamp, 120

## INDEX

- cucumber, 218  
 Cullin stone, 211  
 cult(s), 27  
     Celtic, 59  
     centres of, 35, 47  
     at Danebury, 26–7  
     of Emperor, 57  
     Roman, 57–60  
 culture(s), 23  
     continuity of, 6  
     definition, 1–2, 4  
     diffusion of, 14–15  
     élite, 14–15, 63, 265, 272, 410–12  
     folk, 10  
     non-material, 10–14  
     popular, 14–15, 63, 265–9, 272, 410–12  
     social movement of, 14–15  
 ‘cunning men’, 11, 27, 180, 237, 381, 383  
 cupboards, 136, 139, 143, 145  
 curfew, 117  
 currency bars, 23  
     Roman, 35  
 curtains, 96, 139–40, 158  
     bed, 145–7  
 cushions, 9, 136  
 customs, calendar, 10–11, 181–2, 258, 269, 384–7  
 cutlery, 52, 164, 172, 416  
  
 dance, 13, 268–9, 377  
     of death, 220  
 Danebury hillfort, 16–27, 35  
 dairy, 94, 151–2  
     produce, 99, 198  
 Dartington Hall, kitchen at, 95  
 death, 406  
     accidental, 134–5, 406  
     causes of, 231–2  
     rates, 341  
 decoration of houses, 94  
     colour schemes, 146–7  
     interior, 49–50  
     stencilling, 155  
 deculturation, 61–2  
 defamation, 256–7  
 dehydration, 207  
 demographic history, 248–54  
 deodands, 135, 360, 406  
 Descartes, 7  
 dialect, 13, 267  
 Dickens, Charles, 173  
 diet, 30, 45–7, 174, 212–13, 239  
     improvement in, 241–2  
     popular, 213  
     protein level of, 194, 240, 242–3  
     of wealthy, 243  
 dining-room, 40, 108, 172  
  
 Dioscorides, 234  
 disease, epidemic, 13, 179  
 disputes, parochial, 279–80  
 Dissolution of monasteries, 104, 273, 374  
 distaff, 55  
 distillation of spirits, 204–5  
 divorce, 314, 337  
 dolls, 298, 318  
 Domesday Book, 198, 209, 345, 346, 356  
 Doom, in churches, 393  
 doors  
     fastenings, 126, 128  
     hinges, 50  
 Durham Cathedral kitchen, 95  
 dyestuffs, 25–6  
 Dorchester, 47  
 dragon-post, 83–5  
 drama  
     performances of, 270, 288–9, 377  
     religious, 292  
 drawing-room, 108, 145  
 dresser, 150  
 Druids, 27  
 drunkenness, 128, 168  
  
 East Anglia, flint in, 104  
 East India Company, 205  
 Easter, 385–6  
 ecotype, 267  
 Edda, Elder, 234, 399–400  
 einkorn, 44  
 élite  
     intellectual, 414  
     role of, 414  
     of wealth, 414  
 Eltham Palace, 92  
 Ely, Prior’s Hall, 91  
 emmer, 44–5  
 Emperors, Roman, 48  
 enclosure movement, 182, 184–6, 189, 329  
 Engels, Friedrich, 173, 358  
 ‘English sweat’, 245–6  
 Enlightenment, 380, 423  
 Enoch, Book of, 393  
 environment and health, 243–8  
 epidemic disease, 179, 238, 244, 345  
 Erddig, kitchen at, 150  
 ergotism, 219  
 eroticism, 5, 10  
 etiquette, books of, 164  
 excommunication, 404  
 executors of wills, 223–4  
 Exeter, 33  
     Bishop’s palace, 90  
 expectation of life, 321–2  
 Eyam, plague at, 248

## INDEX

- face
  - mask, 395–6
  - urn culture, 395–7
- factories, 358, 421
- fairs, 343
- fallow, 189, 208
- family, 10–12, 56–7, 225, 419
  - attitudes to, 13
  - cohesiveness, 12
  - extended, 302–3, 307, 335
  - nuclear, 302, 306–7, 316, 335
  - portraits, 337
  - reconstruction, 232, 308, 404
  - size, 57, 232, 316–17
  - stem, 335
- famine, 195, 240
  - years, 242
- fashion, 13
- feasts, 212–13, 215, 388–9
- fee simple, 331–2
- Fenland, rights in, 330
- fermentation of foods, 207–8
- fertility
  - human, 13
  - symbols, 5, 10, 271
- feudalism, 305, 307
- feuds, 256–7
  - blood, 127–8, 306
- field
  - sports, 293
  - systems, 19, 42–4, 182–3
- finger-bowls, 164
- firbote, 111
- fire
  - buckets, 132–4
  - hazard, 95, 106, 109–10, 117, 122, 124, 131–4, 360, 364–5
  - house, 117, 131, 141
  - insurance, 133–4
  - of London, 368–9
  - regulations, 131–2
- firebacks, 115
- firehooks, 131–2
- fireplaces, 53, 75–6, 94–5, 106, 108, 113–18, 149
- fires
  - causes of, 131
  - domestic, 286–7
- fish
  - in diet, 219, 257
  - stews, 299
- Fishbourne Roman villa, 37, 49
- fishing, 299
- fixtures, domestic, 140
- Flag Fen, 31
- flagstones, 152
- flatbread, 190, 193
- Flavia Augustina, *stela* of, 57–8
- flint, in building, 104
- flintlock gun, 124
- floor(s)
  - covering, 152–3
  - earthen, 152–3
  - materials, 152–3
- flues, 50
- flushwork, 104
- folklore, 271
  - in medicine, 13, 235–6
  - in religion, 265–6
- fonts, baptismal, 263, 281, 396, 398
- food
  - calorific content, 240
  - chemical change in, 207
  - contamination, 219
  - cycle, 195
  - poisoning, 219
  - preparation, 7–8
  - preservation, 8, 21, 205–8
  - riots, 241
- foods
  - élite, 211–19
  - popular, 211–19
  - prices of, 178
- football, 198
  - Association, 299
  - League, 299
- foot-plough, 20
- footwear, 56
- forest law, 297
- forks, table, 164
- Fosse Way, 33
- Fox, Sir Cyril, 5–6
- Fox model, 5–7
- Framingtons, 259–60
- Framlingham Castle, hall, 91
- frankalmoine, 331
- frankpledge, 12
- fraternities, 258
- freebench, 324–5, 333
- freeholders, 188
- freemen, 304
- friaries, 374–5
- friendly societies, 352
- front room, 173
- frumenty, 385
- fruit
  - in diet, 213
  - trees, 45
- fuel
  - consumption, 110–12
  - shortage, 119
- funerals, 225–30, 326–7
- furnishings, 9, 51, 144–5

## INDEX

- Gainsborough Old Hall, 92, 95  
 Galen, 13, 233–5, 237  
 gallows, 117, 149, 152  
 games, 291  
     board, 203  
     of chance, 294  
     children's, 337  
     rules of, 298  
     Shrove Tuesday, 291, 385–6  
     stick-and-ball, 299  
     *tabula*, 294  
     team, 292–3  
 garden  
     crops, 196  
     cultivation, 196–8  
 gardens  
     ornamental, 197  
     Roman, 40  
 garderobe, 161  
 garlic, 196–7  
 genealogy 409  
 gentry, 159, 377  
 gift  
     –exchange, 28  
     giving, 388  
 gild-halls, 285, 375–6  
 Gild Merchant, 350  
 gilds  
     accounts of, 286  
     dramatic performances, 376  
     urban, 347–8, 350–2  
 gin, 205  
 glass, 52, 119  
 Glastonbury  
     Abbot's kitchen, 95, 150  
     lake-village, 30–1  
 glazing, 118–20, 140, 153  
 gleaning, 184  
 Gloucester, water-supply, 369–70  
 gluten, 190  
 Gnosticism, 49, 380  
 God, concept of, 393  
 godparents, 257–8  
 gods, classical, 57–8  
 grain prices, 239–40  
 grains, mixed, 202  
 granaries, 46  
 grand tour, 156  
 granite, 101, 104, 152  
     crosses, 227  
     for millstones, 211  
 grape vine, *see* viticulture  
 grasses, ‘artificial’, 189, 208  
 grave markers, 229–30  
 Great Chalfield Hall, 92  
 Great Chesterford, 83  
 Great Coxwell, barn, 91  
 Great Exhibition, 421–2  
 Great Fire of London, 132  
 ‘great rebuilding’, 66, 83, 97  
 greater pox, 233  
 green man, 397, 412–13  
 Greensand, for querns, 19  
 gridirons, 149  
 grocers, 207  
 Grosmont, hall at, 91, 114  
 grotesques, 389–92  
 growth, exponential, 417  
*Grübenhäuser*, 67  
 gruel, 190  
 gutters, 366–7, 372–3  
 Haddon Hall, 119  
 Hadrian, Emperor, 33–4  
 Hafodd Rhiwlas, hall, 90  
 hall(s)  
     aisled, 68, 88–92  
     first-floor, 91, 93  
     great, 68–9, 94, 118  
     ground-floor, 91–2  
 hall-house, 82, 107  
     furnishings of, 141  
 Hallowe'en, 386–7  
 ham, curing, 110, 112  
 hamlets, 185–6  
 hammer  
     –beam roof, 86–8  
     –posts, 86  
 Hampton Court, 105  
     kitchens at, 150  
 Hanawalt, Barbara, on medieval crime, 127  
 hand-querns, 19–20, 46  
 handtools, 9  
 hangings, 139–40, 146–7, 154–5  
 Hardwick Hall, 119  
 Hardwicke Marriage Act, 313  
 Hardy, Thomas, 409, 417  
 Harrington, Sir John, 164  
 Harvest Festival, 181, 386  
     fluctuations, 239  
     rituals, 181, 386  
 Havinden, M., on wills, 138  
 Hawkes, Jacquetta, 31–2  
 head  
     cult of, 27, 270–1, 394  
     foliate, 396, 402  
     –hunting, 27  
 headboards, 227  
 headstones, 227–8, 230  
 hearth-blowers, 117  
     central, 75, 82, 107, 109–12, 148  
     gear, 95, 114, 116–17, 141, 149

## INDEX

- hearth-blowers, (*cont.*)  
     tax, 117–18  
 heating, domestic, 50, 63  
 Hemingford Grey, hall, 91, 113  
 Hepplewhite, 165  
 heraldry, urban, 376  
 herbs, 197–8, 234  
 Herder, J. G., 420  
 Herstmonceux, 105  
 Highland Zone, 5–6, 32  
 hillforts, 16–17, 27  
 Hippocrates, 13, 233  
 Hippocratic tradition, 236  
 Hobbes, Thomas, 237, 411  
 hobby-horse, 296, 298, 318, 386  
 holidays, 288  
 Holy Sepulchre church, 348  
 homicide, 126–8  
 hops, 203  
 hospitals  
     lying-in, 252–3, 315  
     maternity, 250–3  
     medieval, 374  
 hot springs, 165  
 Hound Tor longhouse, 70  
 houses  
     centrally planned, 107–8  
     distortion of, 367  
     dual-purpose, 69, 77, 79  
     élite, 88–94  
     foundations of, 364, 369  
     Roman, 48–51  
     and social status, 98–9  
     two-pile, 108  
 Housesteads, 55  
 housing conditions, 239, 243–4  
 hue-and-cry, 125  
 Hull, housing in, 361  
 humours, bodily, 235, 380  
 hunting, 7, 296–8  
 hurling, 291, 298  
 husbandmen, wealth of, 159  
 husbote, 76  
 hutches, 143–4  
 huts, 28–9, 31, 67  
     rectangular, 40–1, 51  
     round, 17, 31, 40–1  
 Huxham, John, 175, 236, 243, 246  
 hygiene, 247–8, 252–3  
     personal, 239, 245  
 hypocausts, 53, 411  
 Igel column, 50  
 ignition, 124  
 Ilchester, 37  
 illegitimacy, 313, 322, 403–4  
 illegitimates, support of, 311–12  
 incandescence, 120  
 incest, 310–11, 319, 403  
 individualism, origins of, 304–5  
 Industrial Revolution, 19, 36, 415, 421  
 infant mortality, 249–50  
 infection, nature of, 13  
 infield/outfield system, 185  
 inflation, 61  
 inheritance systems, 304, 327, 332  
     impartible, 303  
     partible, 303, 327, 330, 332–4  
 innovation, 9–10, 14, 28–9, 37  
 inoculation, 241, 245  
 insurance, 419  
 intergeneretic period, 232, 251–2, 316, 321, 336  
 inventories, 96, 98, 137, 157–8, 171, 223–5  
 Ipswich, houses, 363  
 Iron Age, 9, 15, 25, 32, 41  
 iron  
     ore, 23  
     -pan, 104  
     tools, 9, 24–5, 28  
     -working, 23  
 jakes (sewers), 368  
 James I, sports ordinance, 299  
 Jarro, church, 118  
 Jenner, Edward, 241  
 Jervaulx Abbey, cheese at, 200  
 jester, 390  
 Jesus College, Cambridge, hall, 91  
 jettied upper floors, 83, 94, 367–8  
 jewellery, 56  
 joiners, 139, 142–4  
 jointing timbers, 82  
 Josselin, Ralph, 307, 329  
 jugs, anthropomorphic, 396–7  
 Julius Caesar, 27, 33  
 Jurassic escarpment, 33, 36  
 jury, trial by, 126–7  
     presenting, 127  
 Justices of the Peace, 187, 275  
 Kenchester, 41  
 Kentish Rag, 104  
 keys, 128–31  
 kiln, potting, 22  
 Kilpeck, sculpture, 10, 271, 402  
 Kimmeridge shale, 26, 51  
 King's Lynn, housing, 361  
 kinship, 10, 12, 255–7, 304–7, 310, 324, 335, 338,  
     409  
     decay of, 307  
     and marriage, 306

## INDEX

- kitchen  
 architecture, 150  
 garden, 45  
 Roman, 50–1  
 separate, 148–9  
 kitchens, 94–7, 148–52, 211–12, 363  
 knight service, 331  
 knives, 52, 128, 172  
 table, 212  
 kwashiorkor, 240
- Labours of the Months, 408
- lactic acid, 132
- laithe house, 79
- lake-villages, 31
- lammas-lands, 184
- lamps, 120  
 oil-burning, 45, 120–1  
 Roman, 120  
 wick, 120, 124
- land  
 clearance, 30  
 reclamation, 41  
 tenure, 327  
 transfer, 305
- landscape painting, 156
- Langland, William, 96, 179, 184
- language, 13, 267
- lanterns, 123
- Latin, 61–2
- latrines, 53–4, 162
- laundering clothes, 245, 247
- Lavenham church, 284
- law enforcement, 125
- lawyers, 223
- lay appropriation, 264
- lay  
 rectors, 264  
 subsidies, 137
- leasehold, 188, 331–2
- leather, 26, 56
- leechbooks, 234–5
- leeks, 196–7
- Leicester Castle, hall, 68, 90
- leisure, for games, 293
- Lent, 195, 217, 385, 388
- leprosy, 245–6
- Lias Limestone, 104
- lighting, 54, 118–20  
 artificial, 120–4
- limestone slate, 106–7
- Lincoln, 33, 36, 355  
 water-supply, 53
- linen-fold pattern, 153
- literacy, 412, 421
- Little Wenham, 91
- Little Woodbury, 40
- living standards, 77
- localisms, 32, 416
- locks, 128–31  
 Chubb, 131  
 tumbler, 128, 130–1  
 Yale, 131
- Lollards, 244
- London, 36, 48, 366  
 cesspits in, 162–3  
 churches in, 350  
 food supply, 219  
 gilds of, 350–1, 355  
 government of, 356–7  
 Great Fire of, 132  
 houses, 158–60  
 population, 355  
 streets, 372  
 Roman, 60  
 Viewers, 368–9  
 water-supply, 372
- long galleries, 119
- long-house, 69–71
- Long Melford, 326
- loom(s), 55  
 warp-weighted, 25  
 weights, 25, 67
- Lord of Misrule, 289, 413
- Lostwithiel, 229–30  
 population of, 346, 355
- Lowland Zone, 5–6, 32, 36
- lucifers, 124
- Ludlow Castle, hall, 91
- Luttrell Psalter, 212, 214, 294
- luxury goods, 158–60
- lyche gate, 230
- lye, for laundering, 164
- Macfarlane thesis, 187
- magic, 11, 13, 234, 265, 381–4, 423  
 decline of, 423  
 in medicine, 237
- Magor Roman villa, 40
- malaria, 163, 232, 371
- male domination, 57
- malnutrition, 240
- malt, 46
- malting process, 190, 201
- manners, social, 14
- manor, 187–8  
 court, 186–8, 274–5, 328  
 house, 72, 74, 275
- manorial  
 customs, 274  
 demesne, 329
- manure heaps, 161

## INDEX

- maps, as decoration, 156, 410  
 March church, 88  
 market halls, 376  
 markets, 343, 373  
     urban, 357  
 marriage  
     age at, 308, 320, 334  
     annulment, 308–9, 314, 403  
     arranged, 312–13  
     ceremony, 405  
     civil, 313  
     clandestine, 313  
     consensual, 403  
     by licence, 308, 405  
     portion, 333  
     role of church, 313  
     as sacrament, 313  
     season for, 315  
     stability of, 337–8  
     social role, 257, 306, 308  
 marsh vegetation, 30–1  
 masonry, 8, 102–3  
     ashlar, 66, 103  
 masquerade, 413  
 masses for dead, 221–2  
 matches, invention of, 124  
 material culture, categories, 7–10  
 Mawgan Porth, long-house, 70  
 Mayday, 386, 404  
     revels, 417  
 Mayen, millstone from, 46–7  
 maypole, 5, 288, 298, 386, 399  
 mazer, 212  
 meals  
     afternoon tea, 160  
     dinner, courses at, 215  
     pudding course, 218  
     soup course, 218  
     times of, 47, 215–16, 219  
 Meare lake-village, 30–1  
 measles, 233, 245–6  
 meat in diet, 190, 194, 198–9, 213, 215, 217  
 medicine, 13, 233–8  
     traditional, 13  
 menorah, 399  
*mentalité*, 4, 21, 347, 253–6, 379, 413–14, 422–3  
 Michaelmas, 386  
 Midland Zone, 6–7  
 Midlands, 31, 33, 36, 41, 73–4  
     building materials, 106  
 Midsummer Day, 289  
     fires, 181  
     rituals, 385  
 midwifery, 252–3  
 midwinter, rituals, 385  
 midwives, 251–2, 254, 316  
 migration to towns, 247–8  
 Mildenhall find, 52  
 milk consumption, 199, 242  
 milling, 45, 206, 209–11  
 mills, corn, 46  
 Millstone Grit, 104, 211  
 millstones, material of, 211  
 millwheels, 209  
 Mirc's manual for priests, 251  
 mirrors, 158  
     hanging, 157  
 misericords, 391  
 misrule, 385, 389  
 Mithraism, 60  
 mobility, human, 420  
 models, children's, 318  
 monastic water-supply, 341, 369–70  
 money economy, 327–8  
 Montacute House, 119  
 Montague, Lady Mary, 241  
 monumental  
     brasses, 228  
     effigies, 228  
 morbidity, 233, 238–43  
 Morris, William, 422  
 morris-dances, 288–9  
 mortality, 233, 238–43  
     representations of, 220–1  
 mortar, 103  
 mosaic floors, 49–50  
 mosaicists, 49  
 mottes, 72  
 mould-boards, 43  
 Mount Timboro, 179  
 mourners, 230  
 Mucking, village, 67, 69, 72  
 mumps, 223  
*municipia*, 48  
 music  
     role of, 377  
     traditional, 13  
 mysteries  
     greater, 355  
     lesser, 355  
 nature, attitude to, 294  
 nave of church, 263  
 needles, 26, 55  
 neighbourliness, 307  
 Neoplatonism, 237, 380  
 Newcastle-upon-Tyne  
     streets, 373  
     water-supply, 371  
 nogging, brick, 102, 106  
 nonconformity, 385  
 Norman Conquest, 71

## INDEX

- Northborough Hall, 92  
 Norwich  
   churches in, 348–50  
   gilds in, 351  
 notaries, 223  
 Nottingham gilds, 286  
 November fires, 5  
 Nursted Hall, 90  
  
 Oakham Hall, 68, 89, 90  
 oats, 44–6, 174, 189–91, 202  
 obits, 230  
 obstetrics, 252  
 oedema, 240  
 old age, 322–7  
 onions, 196–7  
*oppida*, 35, 37, 47  
 orchards, 45  
 original sin, 339  
 orphans, 322  
 outlaws, 125  
 ovens, 47, 51, 92–3, 95–6  
   communal, 192–3  
 overlaying, 315–16, 336  
 overseers of the poor, 278–9  
  
 pagan  
   culture, 60, 264  
   fertility rites, 180–2  
 Painswick, headstones, 230  
 painting  
   on cloths, 9, 139–40, 153–5  
   on walls, 140  
 palaces, Anglo-Saxon royal, 67–8  
 Palaeozoic rocks, 5–6  
 Palladio, 372  
 panelling, 140, 153  
 pantheism, 60  
 pantiles, 107  
 pantry, 94, 151  
 Papacy, 411  
 Paracelsus, 235  
 parish, 258–61  
   boundaries, 261–2, 274, 276  
   charities, 285–7  
   chest, 129, 263  
   church, 258, 262–5, 270  
   council, 274–5  
   gilds, 285–6, 323, 407  
   and manor, 276  
   officers, 278–9  
   rate, 286  
   registers, 232–3, 249–50, 278, 307, 310, 324  
   saints, 269  
   seating in church, 279–80  
   secular uses, 276  
  
   stock, 285–7  
 parishes  
   civil, 260–1  
   division of, 276–7  
   system of, 258–9, 276  
   urban, 348–50  
 parliamentary boroughs, 343–5  
 parlour, 144–5, 172  
 parsonage house, 152  
 party walls, 132, 367  
 pastoral farming, 32, 45–6, 185  
 pattern books, 142  
 pavée, 373  
 pavements, 373  
 pavisors' gild, 372  
 peasant  
   economy, 187  
   interest in land, 327  
   land market, 187, 305, 328  
   revolts, 244  
   society, 256  
 peasantry, 186–8, 303–6  
   end of, 108, 188, 329  
 peat, 110–11, 190  
 pellagra, 240  
 Pembroke, building materials, 100  
 penalties, legal, 127  
 penance, 404  
*Personality of Britain*, 5–6  
 Peterborough market-hall, 376  
 pews, church, 228, 279–81  
   box-, 281  
   rental of, 281, 284, 290  
 pewter, 52, 158, 172, 212  
 phlebotomy, 231, 238  
 physicians, 234–5  
 pictures, 136, 158, 173  
 Piercebridge ploughman, 42  
 Piers Plowman, 131, 408  
 pig-rearing, 29, 46, 198–9  
 pilgrimage, 383–4  
 pillows, 147  
 pit-dwellings, 67  
 plague, bubonic, 13, 233, 238–9, 244–5  
   end of, 240–1  
 plastering, on walls, 50  
 play, nature of, 387–8  
   in primitive societies, 268  
 pleurisy, 233  
 plinths, 79–82  
 Plough Monday, 181  
 ploughs, 19  
   heavy, 29, 44  
   light, 19, 42–3, 184–5  
 plumb-line, 369  
 poaching, 297

## INDEX

- Poll Tax, 345, 356, 361  
 pollution, 160  
 Poor Law, Elizabethan, 286  
 population, 12–14, 30, 239–40  
     mobility of, 420  
     rural, 179  
 portraits, 136, 156  
 posnet, 149  
 potato, 197–8, 218  
 potlach, 388  
 pottage, 217  
 pottery, 21–3, 31, 52  
     . Roman, 52  
     wheel-thrown, 22  
 poultry, 199  
 preaching, 283  
 precincts, monastic, 374  
 prices, 417–18  
     of cereals, 178, 242  
 priest, 11, 272–3, 412  
     social origins of, 273  
 primogeniture, 330, 332–4  
 printing, 412, 421–2  
 privacy, 96, 125, 172, 419  
 probate of wills, 222–4  
 profits of court, 275  
 progress  
     idea of, 7, 408  
     material, 166–8  
 Protestant sects, 412  
 puberty, 318  
 pudding stone, 104  
 puerperal fever, 252–3  
 pulpits, 283  
 pumpkin, 218  
 Puritan rule, 311  
 Puritans, 261–2, 270, 283–4, 289, 299, 339, 380–1,  
     399, 413, 421  
 purlins, 83, 87  
 purprestures, 358–9  
  
 quality of life, 167  
 quarantine, 238, 244–5  
 quarries, 100, 103  
 Quarter Sessions, 187, 377  
 querns, 209  
  
 rabbit, 199  
 rafters, 67, 77, 79, 83, 87  
 ragstone, 103–4  
 rat  
     black, 238  
     brown, 245  
 rationalism, 422–3  
 real estate, in wills, 137  
  
*Rectitudines singularum personarum*, 71  
 redundant churches, 375  
 rectories, 264, 273  
 recusancy, 283, 385  
 Reformation, 225, 261–2, 264, 271, 273, 281, 283,  
     331, 339, 384, 399, 421–2  
     and magic, 381  
     and towns, 354  
 relaxation, need for, 12  
 religion, popular, 272  
 relics, 383–4  
 remarriage, 321  
 Renaissance, 273  
 rennet, 208  
 rents, 97–8, 331  
 reproduction, net rate of, 232, 341  
 reredorters, 161  
 Revelation, Book of, 399–400  
 Richmond Castle, hall, 91  
 rickets, 240  
 ringworks, 72  
 rites of passage, 12, 402–7  
 ritual, 265–9, 417  
     civic, 377  
     of games, 293  
 Robiglia, 181  
 Rochdale Pioneers, 352  
 Rochester, 37  
     Castle, fireplace, 37  
 Rogationtide, 181, 385  
     rituals of, 258  
 role-reversal, 389–90, 413–14  
 Roman  
     Conquest, 33  
     currency, 35  
     Empire, decline of, 61–4  
     towns, 35–7  
 romanisation, 34–7  
 roof construction, 83, 106–7, 132  
 roofing  
     materials, 101  
     trusses, 91  
 rooms, specialised, 98  
 Rouse, Clive, and wall paintings, 154  
 Rugby football, 299  
 rushlight, 120–2  
 rye, 44–6, 174, 189–92, 202, 219  
  
 sacraments, 230  
 safety match, 124  
 sagas, 234  
 St Ives parish, 277  
 St John's Day, 386  
     Fires, 5, 181, 386  
 St Michael, 393  
 Salisbury, ale-houses in, 202

## INDEX

- salt, 21  
 salting of food, 207  
 Saltram House, kitchen, 150  
 Samian ware, 51  
 sanctuary, 125, 128  
 sanitation, 13, 160, 239  
 Satan, 381–2, 393  
 satire, 266–7  
 scarfing joints, 82–3  
 scarlet fever, 233  
 schools, foundation of, 323  
 scissors, 55  
 Scolland's Hall, 91  
 screens passage, 97  
 scriveners, 223, 232  
 scythes, 44  
 sea-level, changes in, 30  
 seating, 9  
 secondary rocks, 5–6  
 security, domestic, 124–8  
 self-sufficiency, local, 21, 327–8  
 sergeantry, tenure by, 331  
 servants, 319–20  
 settlement patterns, 30, 41, 185–6, 259–60  
 sewage disposal, 54, 243  
 sewing, 55  
 sexual maturity, 320–1  
 share-cropping, 331  
*sheela-na-gig*, 271, 390–1  
 sheep-rearing, 20, 25, 46  
 sheets, linen, 147  
 sheriff's court, 125, 275  
 shingles, roofing, 366  
 shoes, 56  
 shops, 363  
 shroud, 225–6  
 sickle, 44  
 sideboard, 136, 173  
 Silchester, 47, 54  
 sill-plates, 79  
 silver plate, 212  
 sitting-room, 145  
 skillet, 149  
 Skimmington ride, 338  
 slate roofing, 106, 132, 365  
 smallpox, 13, 233, 238, 241, 245  
 smells, sensitivity to, 163  
 smoke, in homes, 110, 113–15
  - bay, 115
  - hood, 110, 114–15
 smoking of foods, 207  
 Snow, John, 246, 372  
 soap, 164  
 social organisation, 112–31  
 Soho cholera, 246  
 soil drainage, 196  
 soils, 29, 38  
 solar, 144–55, 419  
 solstice, midwinter, 181  
 Somerset, Plain of, 30  
 space, concepts of, 409  
 spade, 44  
 spas, 165  
 speech, 13–14  
 spelt, 44–5  
 spices, 207  
 spindle-whorls, 25  
 spinning, 25, 55, 157
  - wheels, 157
 spirit world, 11, 27, 204–5  
 spits, 47, 117, 152  
 spoons, 52–3, 172  
 spring, rites of, 385  
 squash, 218  
 staircase, location of, 107  
 standards of living, 157–8, 418  
 Stanton Harcourt, kitchen, 95  
 starvation, 240  
 status
  - marks of, 65
  - social, 159–60, 303–4
 Statute of Winchester, 132  
 steel, 9, 24–5  
 steel and flint, 124  
 stews, 165  
 stibnite as medicine, 236  
 still-births, 250, 252–3  
 Stokesay Castle, hall, 92  
 Stone Belt, 100, 103–4  
 Stone, Lawrence, 256  
 Stonesfield slate, 106  
 stools, 51, 142  
 storage pits, 21, 26  
 streets
  - cleaning, 373
  - maintenance, 372–3
  - paving, 369, 372
 strip cultivation, 42, 182–4  
 studding, 77, 87, 102  
 Stukeley, William, 160  
 sugar, in cooking, 218  
 Sul Minerva, 58–9  
 summer solstice, 386  
 Sun Insurance Company, 133–4  
 Sunday observance, 12  
 'superfluous behaviour', 268, 387–9, 415–16  
 surgeon, 234  
 surnames, Scottish Border, 306  
 Swedes, 189  
 symbolism, 10  
 symmetrical houses, 97, 107–8  
 syphilis, 245–6, 314–15

## INDEX

- table, 9, 95, 136, 141–3, 150, 158  
 ‘dormant’, 141–2  
 lamps, 124  
 linen, 158  
 pedestal, 142  
 refectory, 142  
 trestle, 141–2  
*tabula*, 294  
 Tacitus, 35, 47  
*Tain Ba Cualnge*, 293–4, 296, 298  
 tanning, 23, 26  
 tapestries, 9, 140  
 Tattershall Castle, 105  
 fireplaces, 117  
 tavern, as social centre, 168  
 tea  
 (meal), 173, 217–18  
 (drink), 172, 205  
 temple, at Danebury, 27  
 Terriers, church, 152  
 testament, 140–1, 223, 325  
 tester (bed), 145–7  
 thatch, 106, 132, 365  
 theatres, 376–7  
 theft, reasons for, 127  
 thegn, Anglo-Saxon, 71–2  
 thimbles, 55  
 three living and the three dead, 220–1  
 threshing, 46, 177, 206  
 tiles  
 clay, 106–7, 365–6  
 ridge, 107  
 timber  
 -framing, 66–7, 76, 82, 102, 364  
 shortage, 77  
 time, concept of, 407  
 tinderbox, 124  
 Tisbury barn, 91  
 tithe barns, 206  
 tithes, 260, 262–4, 273–8, 348–9  
 commutation of, 264  
 tithings, 255, 307  
 tomb slabs, 228  
 tools, 9–10, 42–3  
 cutting, 25  
 mason’s, 49, 62  
 stone, 9  
 torches, 120  
 torques, 26  
 Totnes, boroughs at, 342–3  
 Totterhoe stone, 103  
 towns, 158, 160  
 decay of, 62–4  
 halls, 376  
 houses, 47, 364, 377–8  
 migration to, 343, 345  
 organic, 341, 347  
 planned, 341  
 planted, 341–2, 347  
 population of, 356–7  
 Roman, 35–7, 47–8  
 walled, 376  
 walls, 357–8  
 toys, 298–9  
 traditional culture, end of, 420–1  
 transhumance, 46, 200–1  
 transoms, 82  
 transubstantiation, 225  
 treasure trove, 126  
 Tree of Jesse, 401–2  
 Tree of Life, 263, 399–402  
 trenchers, wooden, 212  
 trentals, 221, 230  
 tribes, British, 35–6, 47–8  
*triclinium*, 40  
 trivets, 47, 117, 149  
 Trobriand islanders, 28  
 trusses, roofing, 83, 85–7  
 tuberculosis, 245  
 turf  
 in building, 101  
 roof, 101, 106  
 turnips, 189  
 Twelfth Night, 181, 398–9  
 typhus, 13, 238, 240, 245  
 unbaked earth, building with, 102  
 unction, extreme, 230  
 upholstery, 136, 173  
 upper floors, inserted, 75–6, 82, 98, 107  
 Upwell, headstones, 230  
 urban  
 building, 375  
 churches, 343, 348–50, 374–6  
 élite, 354–5  
 fire hazard, 362, 369  
 functions, 376–7  
 houses, 359–64  
 middle class, 354  
 parishes, 348–9  
 population, 61, 345–7  
 underclass, 356  
 urbanisation, 47–8  
 Usk, 33  
 utilitarianism, 421  
 vaccination, 241, 245  
 vectors of disease, 238  
 vegetables, 45, 195–8, 205, 213, 242  
 venereal disease, 134, 314–15  
 Venice, glass-workers, 204  
 vernacular building, 65–6  
 Verulamium, 48  
*vici*, 48, 57

## INDEX

- Victorian home, 419  
 View of Frankpledge, 275, 307  
 villeinage, 188  
 vinegar, 208  
 villas, Roman, 35, 37–41, 49, 64, 66, 416  
     as farms, 38, 40  
 village  
     community, 187–8  
     laws, 182, 186, 255, 274, 305  
     settlement, 67  
 villages, 40–1, 96, 258–9  
     deserted, 73–4  
     nucleated, 185–6  
 visitations  
     archdeacons', 283  
     episcopal, 264, 283, 349  
 vital revolution, 238, 240  
 vitamins, in diet, 194, 197, 242–3  
 viticulture, 45  
 votive objects, 59
- wages, 417–18  
 wainscot, 153–4  
 Wakefield, manor court, 125–6  
 wall  
     painting, 154–5, 265  
     paper, 9, 153–5, 173  
 Walter of Henley, 196  
 warming-pan, 147  
 Warnford, hall, 89–90  
 washstands, 165  
 wassail, 181, 385  
 waste, disposal of, 360, 373  
 watch and ward, 132–3  
 water  
     -butts, 161, 243  
     carrier 160  
     closet, 165–6  
     drinking, 161  
     mills, 209  
     supply, 53, 160–1, 369–72  
 Water Newton, 37  
 wattle-and-daub, 79, 101–2  
 Wealden  
     house, 83, 86, 97  
     iron, 23  
 weather, 175–6, 195–7  
 Weatherill, Lorna, 138–9  
 weaving, 25  
     combs, 25–6  
 wells, 53, 135, 161, 369–71, 406–7  
     holy, 11  
 Wensleydale, cheese, 200  
*wergild*, 306–7  
 West Stowe, village, 67–9, 72  
 Westminster Hall, 90–1  
 wet-nurse, 251, 316–17, 337
- Wharram Percy, 73  
 wheat, 19, 44–5, 189, 190–2  
     bread, 174  
     price of, 242  
 Wheel of Fortune, 220, 408  
 wheel, potter's, 22, 52  
 wheeled vehicles, 373  
 Whitsun ales, 289–90  
 widow's estate, *see* freebench  
 widows, provision for, 324  
 Willingham, tenure in, 330, 333–4  
 wills, 166, 170–1, 221–5, 308, 330, 337, 419  
     and furnishings, 139  
     nuncupative, 223  
     registration of, 137–8  
 Winchester, 37, 47  
     churches in, 348–50  
     hall, 68, 89–90  
 windmills, 209–10  
 wine, 201, 203–4, 217  
     transport of, 45  
 windows, 50, 82, 118–20, 126  
     casement, 120  
     glass, 50, 140  
     horn, 118  
     lattice, 140  
     sash, 120  
     shutters, 118  
 witchcraft, 380  
 witches, 11, 237, 308  
 Winter's Eve, 387  
 winter  
     fodder, 46  
     solstice, 385  
 wodewose, 394, 398–9  
 Woodchester Roman villa, 40, 49  
 Woodford, Parson, 215  
 wood-fuel, 53, 110  
 woodland, 30, 112  
 wood pile, 111–12  
 woodworking tools, 9, 25  
 wool production, 23, 25  
 working day, 293  
 world-view, 26, 57–61, 379  
     popular, 273–4  
 Wren, Sir Christopher, 377  
 Wyycliff, 244–5
- Yeavering, Anglo-Saxon hall, 68–9, 88  
 yeoman, 188  
     housing, 97  
     wealth of, 159  
 York, 57  
     churches in, 350  
     street-cleaning, 373
- Zadruga, 307