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978-0-521-41426-5 - Temperature Regulation in Laboratory Rodents

Christopher J. Gordon

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Rodents are the predominant experimental animals found in life-sciences research laboratories. The body temperature of a rodent is markedly affected by surgical, chemical, or environmental manipulation. Because temperature regulation is controlled essentially by a “holistic” regulatory system, meaning that its responses affect the activities of all other physiological and behavioral processes, it is clear that researchers working with rodents must be familiar with thermoregulatory physiology.

With the help of extensive data tables and figures, this book explains the key facets of rodent thermal physiology, including neurological control, metabolism, thermoregulatory effectors, core and brain temperatures, circadian rhythm, developmental patterns and aging, temperature acclimation, and gender and intraspecies variations. There is a novel chapter on the effects of trauma, toxic chemicals, and other factors. Mouse, gerbil, hamster, rat, and guinea pig are the rodents discussed. The book should therefore find use in government, academic, or industrial laboratories whose researchers are working with rodents.

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# *Temperature regulation in laboratory rodents*

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[More information](#)

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*To my loving wife, Susie,  
and children, Kevin and Karen*

## Contents

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<i>Preface</i>	<i>page</i> ix
<i>Acknowledgments</i>	xi
<i>List of abbreviations</i>	xiii
<b>1 Introduction to temperature regulation</b>	1
1.1 A brief historical perspective	1
1.2 Current research status of thermoregulation	3
1.3 Why study laboratory rodents?	5
1.4 Overview of temperature regulation in rodents	6
1.5 Do rodents provide a suitable model for human thermoregulation?	16
<b>2 Neurology of temperature regulation</b>	19
2.1 Temperature sensitivity of the CNS	19
2.2 Neurophysiological studies	25
2.3 Neuropharmacological agents	34
2.4 CNS lesions and temperature regulation	37
2.5 Fever	41
<b>3 Metabolism</b>	47
3.1 Partitioning of metabolism	47
3.2 Methods for measuring metabolism	48
3.3 Basal metabolism	52
3.4 Metabolism during hibernation	60
3.5 Maximum (peak) metabolic rate	61
3.6 Metabolic thermoneutral zone	62
3.7 Physical factors affecting metabolism	66

viii	<i>Contents</i>	
4	<b>Thermoregulatory effector responses</b>	73
4.1	Peripheral vasomotor tone	73
4.2	Metabolic (facultative) thermogenesis	81
4.3	Evaporative heat loss	91
4.4	Behavioral thermoregulatory effectors	99
4.5	Motor activity as a thermoregulatory effector?	107
5	<b>Body temperature</b>	109
5.1	Partitioning of body temperature	109
5.2	Core temperature	111
5.3	Brain thermal homeostasis	115
5.4	Thermal tolerance	119
5.5	Circadian temperature rhythm	127
5.6	Effects of psychological stress on body temperature	134
6	<b>Growth, reproduction, development, and aging</b>	137
6.1	Optimal thermal conditions for growth	137
6.2	Effects of thermal stress on reproductive function	140
6.3	Development of thermoregulation from birth to weaning	148
6.4	Aging and thermoregulation	157
7	<b>Temperature acclimation</b>	163
7.1	Terminology	163
7.2	Acclimation to cold	164
7.3	Acclimation to heat	180
8	<b>Gender and intraspecies differences</b>	191
8.1	Gender differences	191
8.2	Intraspecies differences	196
9	<b>Thermoregulation during chemical toxicity, physical trauma, and other adverse environmental conditions</b>	205
9.1	Chemical toxicity	205
9.2	Hypoxia and ischemia	214
9.3	Trauma and shock	217
9.4	Hypergravity	219
9.5	Regulated hypothermia: a generalized protective mechanism?	222
	<i>References</i>	225
	<i>Index</i>	269

Cambridge University Press

978-0-521-41426-5 - Temperature Regulation in Laboratory Rodents

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[More information](#)

## Preface

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Why do we need a book devoted to the thermoregulatory characteristics of laboratory rodents? Such a book will be of obvious benefit to those involved in the study of thermal biology, but this book is also written to meet the needs of more readers than the relative handful of thermal biologists. One or more species of laboratory rodents are used predominantly by researchers in a variety of fields in the life sciences, including neural science, endocrinology, immunology, nutrition, and many others. The biological endpoints commonly measured in these fields would seem not to be related to thermoregulation. Yet manipulation of any one of these systems with surgical, pharmacological, and/or environmental procedures often leads to changes in the rodent's thermoregulation. Because temperature regulation is controlled essentially by a "holistic" regulatory system, meaning that its responses affect the activities of all other physiological and behavioral processes, it is clear that researchers working with rodents must be cognizant of thermoregulatory physiology.

Since completing my graduate work, I have found a need for a comprehensive source on the thermal physiology of laboratory rodents. Most other books on temperature regulation have focused on specific aspects of thermoregulation, such as fever, pharmacological control, exercise, and nonshivering thermogenesis. Other books have concentrated on specific mammalian species, particularly humans and the domesticated species that are of importance to agriculture. However, there are few sources that have examined the responses of a specific group of mammals such as the rodents. In 1971 the eminent Dr. J. S. Hart prepared a thorough monograph on the thermoregulatory characteristics of both wild and domesticated rodents (Hart, 1971). Although that is an excellent source for most thermal biologists, I have often thought that it does not necessarily address the needs of researchers whose primary interests are in fields other than thermoregulation. To address these needs, in 1990 I wrote a review on the thermal biology of the laboratory rat



Cambridge University Press

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Christopher J. Gordon

Frontmatter

[More information](#)x *Preface*

(Gordon, 1990a). The popularity of that review, as judged from the number of reprint requests, was considerable. Because of the strong response to that review and encouragement from the editors of Cambridge University Press, I was convinced that a thorough comparative analysis of thermoregulatory responses in the commonly used laboratory rodents would be most useful.

The style of this book differs somewhat from the norm. I believe that a comparative book calls for a thorough presentation of the pertinent data from the literature. Because of the variability in some thermoregulatory parameters in a given species, I found it necessary to tabulate data from a number of laboratories to facilitate comparison. The tables allow the reader to quickly assess and compare the thermoregulatory characteristics of a particular species. Moreover, it is hoped that voids in the data presented in these tables will indicate where future research should be directed. In preparing the illustrations, I sought, whenever possible, to show the responses of two or more rodent species. The level of detail in this book was one of my greatest concerns. With over 700 references, it should be obvious that I have tried to make the coverage as extensive as possible without exceeding the publisher's space limitation. However, in the course of doing the research for this book it is likely that I overlooked some pertinent papers. To the authors of those papers I apologize, and I hope that they will inform me of my oversights.

I have attempted to write this text at a level that should meet the needs of researchers with a minimum background of upper-level undergraduate courses in physiology and/or related fields. The book covers the physiological and behavioral responses of the principal laboratory rodents: mouse, gerbil, hamster, rat, and guinea pig. Although recent molecular studies have suggested that the guinea pig is not a true rodent, its thermoregulatory responses are considered here along with those of other rodent species. What I, and many other researchers, consider to be the most pertinent facets of thermoregulatory physiology are covered: neurological control, metabolism, homeostasis of body and brain temperatures, stress, motor effectors, growth and development, temperature acclimation, and intraspecies and gender differences. The final chapter deals with a novel aspect not commonly presented in other texts, but nonetheless crucial to today's researcher: the effects of adverse perturbations, including hypoxia, chemical toxicity, and trauma, on thermoregulation.

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## List of abbreviations

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ATP, adenosine triphosphate	LH, luteotropic hormone
AVA, arterial-venous anastomosis	LOMR, least observed metabolic rate
AVP, arginine vasopressin	LPS, lipopolysaccharide
BAT, brown adipose tissue	<i>M</i> (MR), metabolic rate
BBB, blood-brain barrier	MAP, mean arterial pressure
BMR, basal metabolic rate	MMR, maximum metabolic rate
<i>C'</i> , whole-body thermal conductance	MOMR, minimum observed metabolic rate
CIVD, cold-induced vasodilation	NE, norepinephrine (noradrenaline)
CNS, central nervous system	NPRQ, nonprotein respiratory quotient
CT <sub>max</sub> , critical thermal maximum	NST, nonshivering thermogenesis
CT <sub>min</sub> , critical thermal minimum	OVLT, organovascular lamina terminalis
CTR, circadian temperature rhythm	PGE <sub>n</sub> , prostaglandin E <sub>1</sub> or E <sub>2</sub>
DIT, diet-induced thermogenesis	PMR, peak metabolic rate
ECG, electrocardiogram	POAH, preoptic area/anterior hypothalamus
EDT, elevated defended temperature	PS, paradoxical sleep
EEG, electroencephalogram	PVMT, peripheral vasomotor tone
EHL, evaporative heat loss	RF, radio frequency
EMG, electromyogram	RMR, resting metabolic rate
EP, endogenous pyrogen	RQ, respiratory quotient
EWL, evaporative water loss	SA, surface area
F344, Fischer 344	SCN, suprachiasmatic nucleus
FFAs, free fatty acids	SD, Sprague-Dawley
FSH, follicle-stimulating hormone	SHR, spontaneously hypertensive rat
GDP, guanosine diphosphate	SMR, standard metabolic rate
IL-1, interleukin 1	SWS, slow-wave sleep
IR, infrared	
LCT, lower critical ambient temperature	
LD <sub>50</sub> , lethal dose for 50% mortality	
LE, Long-Evans	

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978-0-521-41426-5 - Temperature Regulation in Laboratory Rodents

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Frontmatter

[More information](#)xiv *List of abbreviations*

Selected $T_a$ , selected ambient temperature	$T_3$ , triiodothyronine
$T_a$ , ambient temperature	$T_4$ , thyroxine
TBTS, total-body thermosensitivity	TS' D, thyroxine 5'-deiodinase
$T_b$ , body temperature (core temperature)	TNZ, thermoneutral zone
$T_c$ , core temperature	UCP, uncoupling protein
$T_h$ , hypothalamic temperature	UCT, upper critical ambient temperature
$T_{set}$ , set-point temperature	WAT, white adipose tissue