

Chronic Childhood Disease
An Introduction to

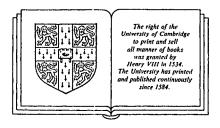


Chronic Childhood Disease

An Introduction to
Psychological Theory and Research

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Contents

	Preface	page	ix
I	Psychological perspectives in chronic childhood disease		I
	Introduction		I
	Integration with developmental psychology		3
	Integration of research and clinical practice		6
	Overview		8
2	Admission to hospital		11
	Introduction		11
	Psychological impact of admission		14
	Preparation for hospital		17
	Preparation of well children		18
	Evaluations of well child programmes		20
	Preparation of acutely sick children		21
	The role of parents		25
	Conclusions		26
3	The nature of pain		28
	Introduction		28
	The measurement and assessment of pain		29
	Distinctions between measurement and assessment		30
	Measurement of pain		30
	Cognitive or self-report methods		30
	Behavioural methods		3 I
	Physiological methods		33
	Assessment of pain		33



vi CONTENTS

	:
	34
	34
	36
	36
	38
	38
	38
* *	39
	40
Conclusions	41
Adjustment in the child with chronic disease	42
Introduction	42
The incidence of 'maladjustment' in chronically sick	
children	44
Problems of definition	44
Methodological issues	45
	46
	48
Asthma	49
Birth defects	51
Cancer	51
Diabetes	53
Haemophilia	53
	54
Renal disease	56
Sickle-cell anaemia	56
	57
	57
Conclusions	58
Adjustment in the family	61
Introduction	61
	62
	63
	64
	64
	67
	67
	68
	Introduction The incidence of 'maladjustment' in chronically sick children Problems of definition Methodological issues Theoretical approaches Population-based research Asthma Birth defects Cancer Diabetes Haemophilia Juvenile rheumatoid arthritis Renal disease Sickle-cell anaemia Spina bifida Studies involving more than one disease group Conclusions



	CONTENTS	vi
	Marital adjustment	69
	General correlates of coping in families	70
	Siblings	72
	Family communication and interaction	74
	Conclusions	76
6	Communication and education	78
	Introduction	78
	The communication of 'bad news'	79
	Children's understanding of chronic disease	81
	Developmental changes in children's understanding of	
	illness	83
	The cognitive stage approach to studying children's	
	concepts of illness	84
	Concepts of illness	84
	Concepts of the body	85
	Concepts of death	86
	Concepts of related health and illness issues	86
	Criticisms of the 'stage' model	88
	Alternative theoretical approaches	89
	The 'script' approach	90
	Conclusions	91
7	Intervention programmes	93
	Introduction	93
	Programmes to increase disease-related knowledge	93
	Programmes to increase self-care skills	95
	Programmes to improve social skills	98
	Interventions with families and schools	100
	Programmes to improve participation in school-life	100
	Interventions for parents	102
	Interventions with bereaved families	103
	Conclusions	104
8	Coping with chronic disease	105
	Introduction	105
	Theoretical approaches to understanding coping during	-
	childhood	105
	Coping with everyday stress	111
	Interpersonal stress	112



viii	CONTENTS	
	School-related stress	113
	Conclusions	114
9	Future directions	116
	Developmental perspectives	116
	Structuralist versus functionalist approaches	118
	The psychological effects of chronic disease on the child	119
	Chronic disease: a single diagnosis?	119
	Outcome measures	121
	Intelligence	121
	Social development	122
	Personality	123
	Other issues in child adjustment research	123
	Time	123
	Gender	124
	Adjustment in families	125
	Psychology-paediatric liaison	126
	References	128
	Author index	159
	Subject index	170



Preface

Recent years have seen a substantial increase in research concerned with the psychological effects of chronic disease on children and their families. This has been reflected in the popularity of journals specifically concerned with child health (e.g. Journal of Pediatric Psychology; Journal of Developmental and Behavioral Pediatrics), the organisation of a number of major conferences (e.g. the Florida conferences on Child Health Psychology in 1988 and 1989) and the publication of a number of important books. Many of these, however, seem to be directed toward those who are active researchers, and are not necessarily appropriate for students newly introduced to the concepts and issues of child health psychology. This book is directed primarily at these groups, and will hopefully appeal equally to students of psychology, medicine, nursing and other disciplines involved in the care of chronically sick children.

I increasingly feel that there should be greater collaboration between researchers and clinicians, and that this is important both to improve the quality of research and to effect change in clinical practice. In addition, I would like to see 'child health psychology' truly developmental, rather than embedded in adult perspectives. Both these themes are central in this book.

I am especially lucky at Exeter in being able to work happily with all the paediatric and nursing staff, and am grateful to them all. Special thanks are due to Dr John Tripp, who is always highly supportive and encouraging. I am also grateful to Dick Eiser, both in his capacity as husband and Head of Department, for his help and constructive advice. At various times, I have been supported financially by the Department of Health and Social Security, the Medical Research Council, the Nuffield Foundation and the Economic and Social Science Research Council. Without this



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