
Contents

<i>Preface</i>	vii
1 Introduction to refrigeration and thermometry	1
1.1 Preamble	1
1.2 Refrigeration	1
1.2.1 Free expansion of a fluid	1
1.2.2 Isentropic expansion or compression of a fluid	2
1.2.3 Isenthalpic expansion of a fluid	5
1.2.4 Adiabatic (isentropic) demagnetisation of a paramagnet	7
1.3 Thermometry	10
1.3.1 The Kelvin scale	10
1.3.2 International practical temperature scales	12
2 Properties of fluid $^3\text{He}/^4\text{He}$ mixtures	14
2.1 Preamble	14
2.2 Phase diagrams	14
2.3 Dilute mixtures	17
2.4 Fermi degeneracy of solute helium-3	17
2.5 Mixtures and the two-fluid model	18
2.6 Osmotic pressure	18
2.7 Vapour pressure	21
2.8 Transport properties	21
3 Dilution refrigeration	24
3.1 Preamble	24
3.2 Evaporation cooling	24
3.3 Layout of components in a dilution refrigerator	25
3.4 Startup	30
3.5 Amount and concentration of mixture	31
3.6 The still	31

Cambridge University Press

0521344565 - An Introduction to Millikelvin Technology

David S. Betts

Table of Contents

[More information](#)

vi	<i>Contents</i>	
	3.7 How to obtain the lowest temperatures	34
	3.8 Heat exchangers	34
	3.9 Heat leaks	41
	3.10 Construction of heat exchangers	43
	3.11 Alternative methods avoiding the need for exchangers	43
4	The Pomeranchuk refrigerator	46
	4.1 Preamble	46
	4.2 Properties of melting helium-3	48
	4.3 Cooling by solidification	49
	4.4 Need to be gentle in compression	52
	4.5 Some practical designs	54
	4.6 Some more recent designs	57
	4.7 Conclusions	59
5	Adiabatic nuclear demagnetisation	60
	5.1 Preamble	60
	5.2 Basic ideas	61
	5.3 Entropy data	62
	5.4 Ideal nuclear paramagnet	64
	5.5 Reality (non-ideality)	65
	5.6 Spin–lattice relaxation	66
	5.7 Hyperfine-enhanced Van Vleck paramagnets	69
	5.8 Geometry of the refrigerant: plates, wires, or powder?	70
	5.9 Apparatuses	73
6	Thermometry	81
	6.1 Preamble	81
	6.2 The NBS superconducting fixed point device	83
	6.3 Vapour pressure of helium-3	84
	6.4 Melting pressure of helium-3	85
	6.5 Carbon or germanium resistance	87
	6.6 Capacitance	89
	6.7 Cerous magnesium nitrate (CMN and CLMN)	89
	6.8 NMR methods	91
	6.9 Gamma-ray anisotropy	94
	6.10 Noise thermometry	95
	6.11 Conclusion	95
	<i>References</i>	96
	<i>Index</i>	101