

Contents

<i>List of figures</i>	<i>page</i> viii
<i>List of tables</i>	ix
<i>List of cases</i>	x
<i>List of contributors</i>	xi
<i>Acknowledgements</i>	xiii
 1 The individual in the changing working life: introduction KATHARINA NÄSWALL, JOHNNY HELLGREN, AND MAGNUS SVERKE	 1
 Part I Threats and challenges	 17
 2 New rules of work: exploring the boundaryless job MICHAEL ALLVIN	 19
 3 Changing work roles: new demands and challenges JOHNNY HELLGREN, MAGNUS SVERKE, AND KATHARINA NÄSWALL	 46
 4 The Demand-Induced Strain Compensation model: renewed theoretical considerations and empirical evidence JAN DE JONGE, CHRISTIAN DORMANN, AND MARIEKE VAN DEN TOOREN	 67
 5 Job insecurity and employability among temporary workers: a theoretical approach based on the psychological contract NELE DE CUYPER AND HANS DE WITTE	 88
 6 Independent contracting: finding a balance between flexibility and individual well-being DANIEL G. GALLAGHER	 108

vi	Contents	
7	Work–family conflict in individuals’ lives: prevalence, antecedents, and outcomes ULLA KINNUNEN AND SAIJA MAUNO	126
8	My love, my life, my everything: work–home interaction among self-employed TOON W. TARIS, SABINE A. E. GEURTS, MICHIEL A. J. KOMPIER, SUZANNE LAGERVELD, AND ROLAND W. B. BLONK	147
9	Modern work and safety NIK CHMIEL	169
10	Romantic relationships at work: old issues, new challenges JENNIFER CARSON AND JULIAN BARLING	195
11	Ethnic diversity at work: an overview of theories and research WIDO G. M. OERLEMANS, MARIA C. W. PEETERS, AND WILMAR B. SCHAUFELI	211
	Part II Individual attempts at restoring the balance	233
12	Skeleton key or siren song: is coping the answer to balancing work and well-being? JACO PIENAAR	235
13	The dynamic influence of individual characteristics on employee well-being: a review of the theory, research, and future directions CHRISTOPHER J. L. CUNNINGHAM, GABRIEL M. DE LA ROSA, AND STEVE M. JEX	258
14	Stress and coping at work: new research trends and their implications for practice JOSÉ M. PEIRÓ	284
15	Work stress, coping, and gender: implications for health and well-being EVA TORKELSON AND TUIJA MUHONEN	311
16	The role of protean career attitude during unemployment and re-employment: a literature review and conceptual model LEA WATERS	328

Contents	vii
Part III Intervention and promotion on the organizational level	351
17 Participatory action research as work stress intervention MAUREEN F. DOLLARD, PASCALE M. LE BLANC, AND SARAH J. COTTON	353
18 Enhancing work engagement through the management of human resources WILMAR B. SCHAUFELI AND MARISA SALANOVA	380
19 Prevention: integrating health protection and health promotion perspectives LOIS E. TETRICK	403
20 Workplace interventions for occupational stress E. KEVIN KELLOWAY, JOSEPH J. HURRELL JR., AND ARLA DAY	419
<i>Index</i>	442