

UNIT

7

On the weekend



In this unit

You learn

- time prepositions: *on, at, in*
- present continuous for future
- words for sports

and then you can

- make suggestions
- talk about sports
- talk about future plans



49

1 Listen and read.

- Harry** What are you doing on Saturday, Olivia?
- Olivia** I think I'm going to a basketball game with Michael.
- Sally** Oh, we're going to Six Flags. Would you like to come along?
- Olivia** Six Flags? What's that?
- Tony** It's an amusement park. There are all kinds of different rides.
- Harry** ...and there's a waterslide.
- Olivia** I don't really like amusement parks.
- Tony** Why not?
- Olivia** Too much standing around, so maybe some other time. Besides, this Saturday I'm watching the basketball game with Michael.
- Harry** Alright. So what are you doing on Sunday?
- Olivia** I'm not sure.
- Harry** Well, would you like to go to a movie with me? I could pick you up from your place at seven.
- Olivia** Oh, now I remember. I can't. I'm having dinner at Michael's place!

2 Match the sentence halves.

- 1 Tony, Sally, and Harry

2 Six Flags is an amusement

3 Olivia doesn't want to come

4 On Saturday Olivia is

5 On Sunday Olivia can't

6 She's having dinner
- a along because she doesn't like amusement parks.

b go to the movies with Harry.

c at Michael's place.

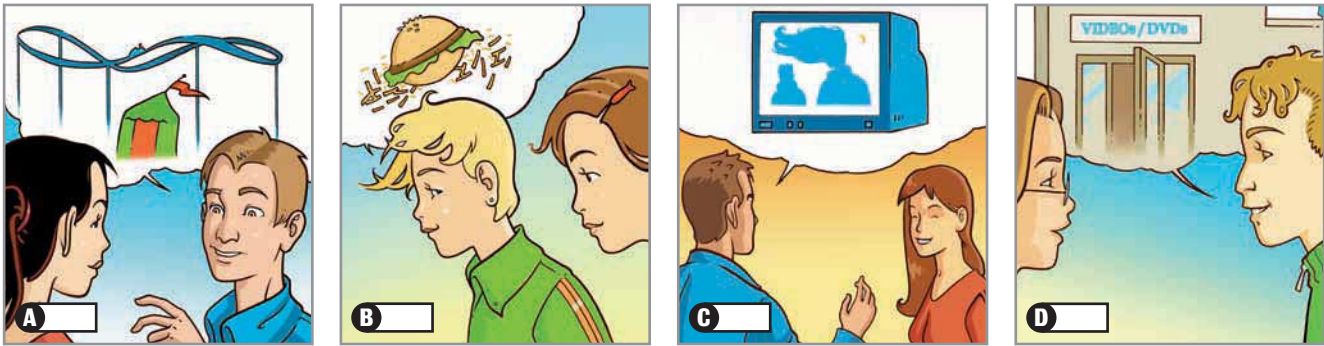
d watching a basketball game with Michael.

e are visiting Six Flags on Saturday.

f park with great rides.

Get talking Making suggestions

50 3 Listen and number the pictures.



51 4 Listen and repeat.

- A What are we doing this weekend?

B Should we go to an amusement park?

A Yes, why not?
- A What are we doing on Sunday?

B We could watch the last *Friends* season.

A I'm not too interested in that.

5 Work with a partner. Talk about the weekend. Use the pictures and the phrases below.



go for a walk



play tennis



sleep the whole time



go to a restaurant



go to the beach

Language Focus

Vocabulary Sports

52 **1** Write the number of the sport in the picture. Then listen and check your work.

- play:
- go:
- 1 soccer

2 tennis

3 basketball

4 volleyball

5 mountain climbing

6 cycling

7 mountain biking

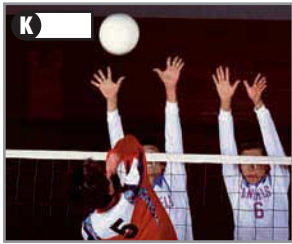
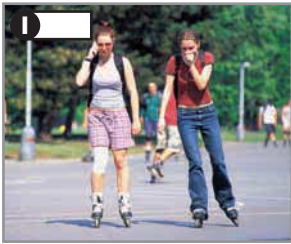
8 in-line skating

9 skateboarding

10 swimming

11 surfing

12 running



Get talking Talking about sports

2 Work with a partner. Ask and answer questions about the sports in Exercise 1.

Do you like...?

What's your favorite... team?

Do you play / go...?

How often do you...?

Do you like watching... on TV?

Who's your favorite athlete?

Grammar

Time prepositions *on, at, in*

1 Look at the examples and complete the rules.

I was born **in** May.
I went to Colorado **in** 2006.
The movie starts **at** five o'clock.
On Monday we went to the library.
We went to the movies **on** May 23.

We use ¹..... with days of the week and the date.
We use ²..... with times.
We use ³..... with months and years.
(note, use **at** night, but **in** the morning/afternoon/evening)

2 Fill in *on, at, or in*.

- 1 Friday, April 17
2 Sunday
3 July
- 4 the morning
5 seven o'clock
6 Wednesday
- 7 the evening
8 night
9 1974

Present continuous Future

3 Look at the dialogue on page 64 and complete the sentences with the days of the week.

Olivia and Michael are watching a
basketball game on ¹.....
Sally is going to Six Flags on ².....

Harry is going to the movies on ³.....
Olivia is having dinner with Michael on ⁴.....

We can use the present continuous to talk about future arrangements.

4 Complete the sentences with the present continuous form of the verbs below. Use short forms.

- leave come back sell
move meet stay
- 1 John 's meeting us in the city on Friday.
2 We to New York next year.
3 I home tonight.
4 They their house in November.
5 He school at the end of the year.
6 You from Japan on November 19.

5 Make the following sentences negative.

- 1 I'm coming to the party on Friday.
I'm not coming to the party on Friday.
2 They are arriving in Florida on Monday.
.....
3 You're watching the football game on Saturday.....
.....
4 We're buying her a present on Monday.
.....
5 She's doing all her homework tonight.
.....
6 He's playing in the next volleyball match.
.....

6 Write questions and short answers.

- 1 you / play football / this afternoon (yes)
- 2 she / make soup / for lunch (no)
- 3 they / take a vacation / in August (no)
- 4 you / play video games / tonight (yes)
- 5 he / finish his work / tomorrow (no)
- 6 we / make breakfast / tomorrow morning (yes)

A *Are you playing football this afternoon ...?*
B *Yes, I am.*

Get talking Talking about future plans


7 Complete the dialogue using the phrases below. Listen and check.

53 I'm meeting I'd love to She didn't invite me I'm watching

Kevin What are you doing this weekend?
Dawn Well, ¹..... DVDs tomorrow night.
Do you want to watch them with me?
Kevin ²....., but I can't.
Dawn Oh, why not?
Kevin ³..... Jenny. She's having a DVD party!
Dawn What? ⁴..... !


8 Read the table and put a check (✓) next to the things you are doing. Then complete it for your partner.

	Me	My partner
• meet friends tomorrow	<input type="checkbox"/>	<input type="checkbox"/>
• stay home on Sunday	<input type="checkbox"/>	<input type="checkbox"/>
• play volleyball tomorrow	<input type="checkbox"/>	<input type="checkbox"/>
• do homework on Saturday	<input type="checkbox"/>	<input type="checkbox"/>
• go to the gym on Saturday	<input type="checkbox"/>	<input type="checkbox"/>
• go to a party on the weekend	<input type="checkbox"/>	<input type="checkbox"/>
• do homework tonight	<input type="checkbox"/>	<input type="checkbox"/>
• make dinner tomorrow	<input type="checkbox"/>	<input type="checkbox"/>
• play football on Saturday	<input type="checkbox"/>	<input type="checkbox"/>



Are you meeting friends tomorrow?

No, I'm not. I'm visiting my grandparents. What about you?



Skills

Reading

1 Read the magazine article and write the name, day, and time of day (morning, afternoon, or evening) under the pictures below.



1 Greg, Saturday
morning.



2



3



4



5



6



1 What time do you get up on weekends?

Greg On Saturdays I play soccer for the school team. The game starts at 9:00 a.m. On Sundays I stay in bed until about 10:00 a.m.

John I get up at 6 a.m. on Saturdays and Sundays because I have a paper route.

Wendy On Saturdays I get up late, about 10 a.m. On Sundays, if I go shopping I get up at 8 a.m. If I don't go, I get up about 9 a.m.

What we do on the weekend



2 What do you usually do on Saturdays?

Greg Well, after lunch I sit and watch TV all afternoon. In the evening I usually hang out with my friends. We go to the movies or out to eat.

John I always do my homework on Saturday mornings. Then I know I have the rest of the weekend free. In the afternoon I go shopping

with friends. In the evenings I stay home. But sometimes there's a party to go to.

Wendy In the morning I help my mom clean the house. But in the afternoon I usually go to a hockey game with my dad. We're big hockey fans, so we never miss a home game. In the evening I watch a DVD or go to a friend's house.

3 What do you usually do on Sundays?

Greg I don't do anything in the morning, but in the afternoon I go to the gym with my friends. In the evening I do my homework.



John On Sundays I go fishing with my friends. We take a packed lunch and stay all day. In the evening I just relax.

Wendy Sometimes I go to the mall. I always have to find a few hours to do my homework, usually in the afternoons. In the evenings I listen to music.

Speaking

2 Work in pairs. Ask questions about the people in Exercise 1.

What does Greg do on Saturday afternoons?

Where does Wendy go on Sundays?

3 Put a check next to the activities that you do on the weekend and add two more. Then work with a partner and ask and answer questions.

What I do on the weekend

☐ play sports

☐ get up late

☐ work

☐ go shopping

☐ watch sports

☐ watch TV

☐ go to the movies

☐ go out to eat

☐ go over to a friend's house

☐ do homework

☐ listen to music

☐

☐

Do you play a sport on the weekend?

What sport do you play?

Sounds right /tʃ/

54 4 Listen and repeat the chant.

Chicken, chicken,
eggs and cheese.
Some more rice?
Oh, yes, please!

Lots of chicken,
lots of cheese,
and some rice.
Oh, that's nice!



Listening

55 5 Listen to Fred and Annabel. Answer the questions.

- 1 What do they want to do?
- 2 When do they decide to do it?

56 6 Listen again and complete the calendar using the words on the left.

- do
- homework
- go shopping
- go to gym
- aunt arrives
- go to a football game
- watch TV
- help Dad
- Sue's party

Saturday	Sunday
morning	morning
afternoon	afternoon
evening	evening

Saturday	Sunday
morning	morning
afternoon	afternoon
evening	evening

A Song 4 U Weekend

57 7 Read and complete the song using the words on the left. Then listen and check.

emails
late
always
Sunday night
classes
bed

No more ¹..... for a day or two.
It's the weekend. (*It's the weekend.*)
Stay in ²..... all day—got nothing to do.
It's the weekend (*It's the weekend.*)
It's the weekend. (x 6)

Get up ³..... then you call a friend.
On the weekend (*On the weekend.*)
The computer's on, I've got ⁴..... to send.
On the weekend (*On the weekend.*)
On the weekend. (x 6)

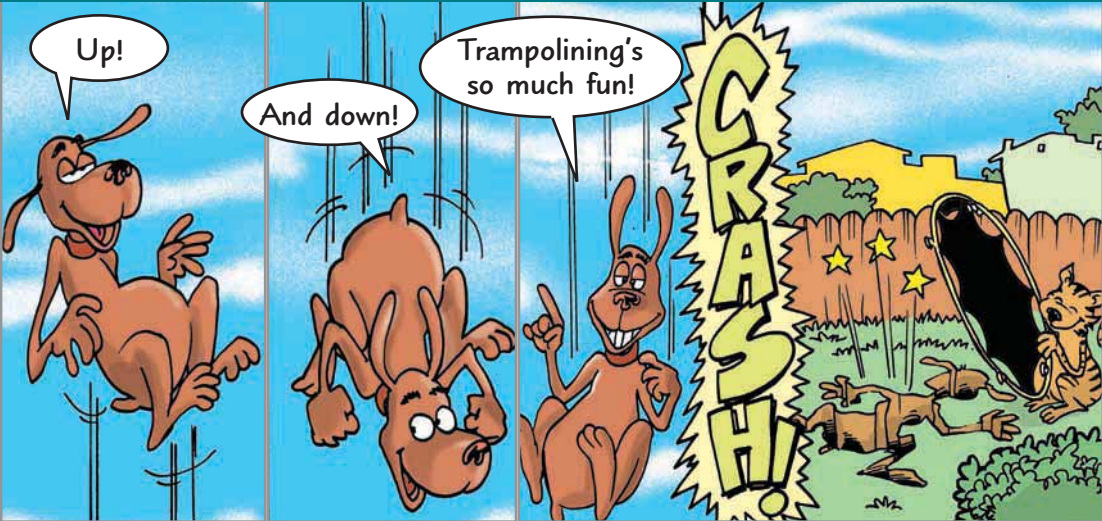
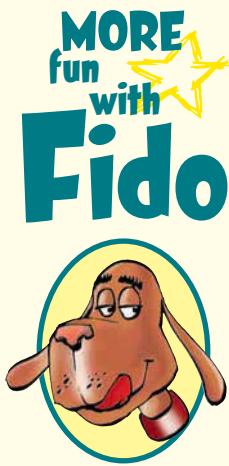
⁵..... and it's already over again.
End of the weekend. (*End of the weekend.*)
Goes too quickly, it's ⁶..... the same.
End of the weekend. (*End of the weekend.*)
End of the weekend. (x 6)



Writing for your Portfolio

8 Write answers to these questions.

- 1 What time do you get up on the weekends?
- 2 What do you usually do on Saturdays?
- 3 What do you usually do on Sundays?



The feeling of happiness

Key words

happiness	hunt for food	produce chemicals	health
feeling	motivate	alarm	

1 Match the pictures below with some of the key words.

Where does **HAPPINESS** come from?

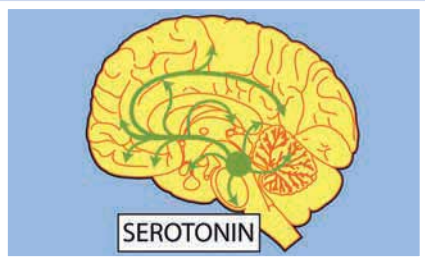
Happiness is the most wonderful feeling in the world. In fact, most people would like to be happy all the time. Where does happiness come from? And why is it so difficult to be happy? Read these texts and find out.

1 Thousands of years ago, life was very difficult and dangerous. There were a lot of wild animals, such as bears, mammoths, tigers, and wolves. People had to hunt these animals for food. That was dangerous, and not a lot of fun.



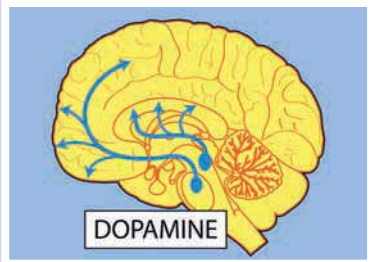
2 To motivate people to go hunting, the brain invented a trick: The feeling of happiness. When people hunted an animal and had something good to eat, their brain produced two chemicals, serotonin and endorphin. These chemicals make people feel happy. The brain also produced these chemicals when someone was the winner in a fight and when people spent time with friends.

3 Today, we no longer hunt such dangerous wild animals, but our brain still produces the same chemicals. For example, when we eat our favorite food, when we meet our friends, when we listen to our favorite music, when we do a good job at school, or when we play a sport and our team wins.



The bad news: We can't be happy all the time!

4 Let's look back thousands of years again. Imagine people sitting around a fire, eating a nice piece of tiger steak. Suddenly they hear something from behind a bush. Their brain produces another chemical, dopamine. Now the feeling is one of alarm! And their feeling of happiness was gone.



The good news: we can train our brain to be happy!

5 Experts say that you can train your brain to be happy. It is often small things that make us unhappy. It can help to try and think of positive things more often. Another good idea is to keep a happiness journal. Write three positive things in it every day. And before you fall asleep, think about what was good for you during the day.



Mini Project Happiness

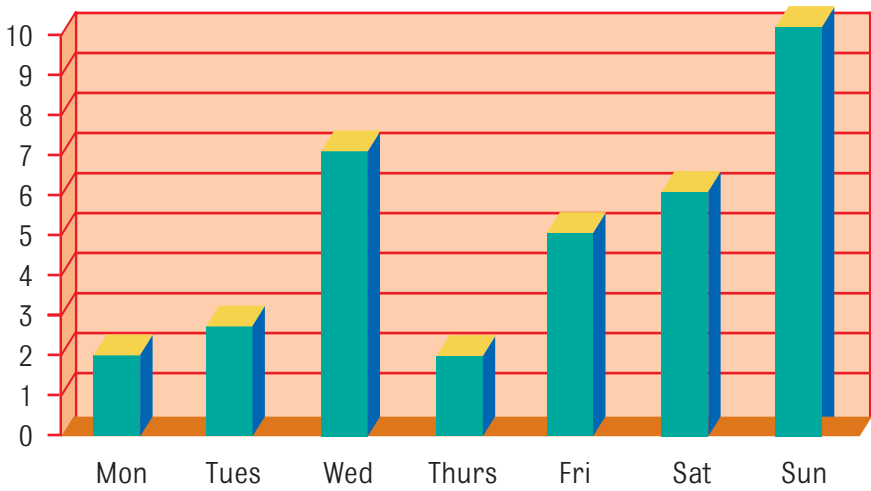
2

Keep a happiness journal for one week. Then make a chart of your week.

10 = extremely happy / 0 = not happy

My happiness log

Date:



Last week was pretty good. I did something nice every day. On Monday I watched an interesting DVD about wildlife in Africa with my mom. On Tuesday my friends and I had a lot of fun at school. Thursday was not very good—I had a lot of homework! On Friday I did well in an English test. ;-) On Saturday my sister and I went to see our grandmother. We went for a walk with her dog. Sunday was great. It was my birthday!