

# Contents

## Section 1 Birth of a rapidly growing epidemic

|   |                                                                        |    |
|---|------------------------------------------------------------------------|----|
| 1 | Introduction .....                                                     | 37 |
|   | <i>Salim S Abdool Karim and Cheryl Baxter</i>                          |    |
| 2 | Overview of the book.....                                              | 45 |
|   | <i>Salim S Abdool Karim, Quarraisha Abdool Karim and Cheryl Baxter</i> |    |
| 3 | HIV infection in South Africa: the evolving epidemic.....              | 55 |
|   | <i>Eleanor Gouws and Quarraisha Abdool Karim</i>                       |    |
| 4 | HIV incidence rates in South Africa .....                              | 74 |
|   | <i>Eleanor Gouws</i>                                                   |    |

## Section 2 The virus, the human host and their interactions

|   |                                                                               |     |
|---|-------------------------------------------------------------------------------|-----|
| 5 | Viral structure, replication, tropism, pathogenesis and natural history ..... | 87  |
|   | <i>Lynn Morris and Tonie Cilliers</i>                                         |     |
| 6 | HIV diagnostics.....                                                          | 97  |
|   | <i>Adrian J Puren</i>                                                         |     |
| 7 | HIV-1 genetic diversity .....                                                 | 117 |
|   | <i>Carolyn Williamson and Darren P Martin</i>                                 |     |
| 8 | Cellular immunity in HIV: a synthesis of responses to preserve self.....      | 127 |
|   | <i>Clive Gray, Netty Malatsi, Catherine Riou and Debra de Assis Rosa</i>      |     |

## Section 3 HIV risk factors and prevention strategiess

|    |                                                                                     |     |
|----|-------------------------------------------------------------------------------------|-----|
| 9  | Reducing sexual risk behaviours: theory and research, successes and challenges..... | 157 |
|    | <i>Catherine Mathews</i>                                                            |     |
| 10 | Barrier methods.....                                                                | 183 |
|    | <i>Landon Myer</i>                                                                  |     |
| 11 | Mother-to-child transmission (MTCT) of HIV-1 .....                                  | 201 |
|    | <i>Hoosen Coovadia</i>                                                              |     |
| 12 | Sexually transmitted infections .....                                               | 216 |
|    | <i>David Coetzee and Leigh Johnson</i>                                              |     |
| 13 | Safe blood supplies .....                                                           | 226 |
|    | <i>Anthon Heyns and Johanna P Swanevelder</i>                                       |     |
| 14 | Intravenous drug use in South Africa.....                                           | 240 |
|    | <i>Ted Leggett</i>                                                                  |     |

15 Positive prevention interventions ..... 250  
*Seth C Kalichman and Mark Lurie*  
16 New prevention strategies under development  
and investigation ..... 268  
*Salim S Abdool Karim and Cheryl Baxter*

**Section 4 Focal groups for understanding the HIV epidemic**

17 Heterosexual transmission of HIV – the importance of a  
gendered perspective in HIV prevention ..... 285  
*Quarraisha Abdool Karim*  
18 Young people and HIV/AIDS in South Africa: prevalence of  
infection, risk factors and social context..... 305  
*Abigail Harrison*  
19 Female sex workers..... 329  
*Gita Ramjee*  
20 Population movement and the spread of HIV in  
southern Africa ..... 342  
*Mark Lurie*

**Section 5 The impact of AIDS**

21 Impact of AIDS – the health care burden ..... 359  
*Mark Colvin*  
22 The impact of AIDS on the community ..... 373  
*Janet Frohlich*  
23 The impact on ethics ..... 393  
*Jerome Singh*  
24 The economic impact of AIDS ..... 417  
*Alan Whiteside*  
25 AIDS-related mortality in South Africa..... 432  
*Rob Dorrington and Debbie Bradshaw*  
26 Picking up the pieces: the end of AIDS denialism and  
its aftermath..... 444  
*Mark Heywood*

**Section 6 Treating HIV**

27 Tuberculosis and HIV ..... 457  
*Gavin Churchyard and Elizabeth Corbett*  
28 Prevention of opportunistic infections in adults ..... 479  
*Gary Maartens*  
29 Nutritional prophylaxis..... 489  
*Marianne Visser*

30 Challenges in managing AIDS in South Africa ..... 503  
    *Douglas Wilson and Lara Fairall*

31 Antiretroviral therapy..... 529  
    *Robin Wood*

32 The challenges of implementing antiretroviral treatment  
    in South Africa ..... 551  
    *Andrew Gray*

**Section 7 What does the future hold?**

33 Models and trends..... 569  
    *Brian Williams*

34 The future of the HIV epidemic in South Africa ..... 585  
    *Salim S Abdoool Karim and Quarraisha Abdoool Karim*