

Cambridge University Press

052100120X - What Works in Corrections: Reducing the Criminal Activities of Offenders and Delinquents

Doris Layton MacKenzie

Frontmatter

[More information](#)

WHAT WORKS IN CORRECTIONS

In *What Works in Corrections*, Doris Layton MacKenzie examines the effects of correctional interventions, management policies, and treatment and rehabilitation programs on the recidivism of offenders and delinquents. She reviews different strategies for reducing recidivism and describes how the evidence for effectiveness is assessed. MacKenzie examined thousands of studies to identify those with sufficient scientific rigor to enable her to draw conclusions about the effects of various interventions, policies, and programs on recidivism. Systematic reviews and meta-analyses were performed to further examine these results. In this book, she assesses the relative effectiveness of rehabilitation programs (e.g., education, life skills, employment, and cognitive behavioral), treatment for different types of offenders (e.g., sex offenders, batterers, and juveniles), management and treatment options for drug-involved offenders (e.g., drug courts, therapeutic communities, and outpatient drug treatment), and punishment, control, and surveillance interventions (e.g., boot camps, intensive supervision, and electronic monitoring). Through her extensive research, MacKenzie illustrates which of these programs are most effective and why.

Doris Layton MacKenzie, Ph.D., is professor in the Department of Criminology and Criminal Justice at the University of Maryland. She earned her masters and doctorate degrees in psychology from the Pennsylvania State University and was awarded a visiting scientist position at the National Institute of Justice, U.S. Department of Justice. In this capacity, she provided expertise to federal, state, and local jurisdictions on correctional boot camps, correctional policy, intermediate sanctions, research methodology, experimental design, statistical analyses, and evaluation techniques. As an expert in criminal justice, MacKenzie has testified before U.S. Senate and House committees. She has recently co-edited a book with Gaylene Styve Armstrong about correctional boot camps titled *Correctional Boot Camps: Military Basic Training or a Model for Corrections?* Currently, she is co-director of the International Prison Project and has been invited to present her work at the United Nations.

Cambridge University Press

052100120X - What Works in Corrections: Reducing the Criminal Activities of Offenders and Delinquents

Doris Layton MacKenzie

Frontmatter

[More information](#)

CAMBRIDGE STUDIES IN CRIMINOLOGY

Editors

Alfred Blumstein, *H. John Heinz School of Public Policy and Management, Carnegie Mellon University*

David Farrington, *Institute of Criminology*

Other books in the series:

Life in the Gang: Family, Friends, and Violence, by Scott Decker and Barrik Van Winkle

Delinquency and Crime: Current Theories, edited by J. David Hawkins

Recriminalizing Delinquency: Violent Juvenile Crime and Juvenile Justice Reform, by Simon I. Singer

Mean Streets: Youth Crime and Homelessness, by John Hagan and Bill McCarthy

The Framework of Judicial Sentencing: A Study in Legal Decision Making, by Austin Lovegrove

The Criminal Recidivism Process, by Edward Zamble and Vernon L. Quinsey

Violence and Childhood in the Inner City, by Joan McCord

Judicial Policy Making and the Modern State: How the Courts Reformed America's Prisons, by Malcolm M. Freeley and Edward L. Rubin

Schools and Delinquency, by Denise C. Gottfredson

Delinquent-Prone Communities, by Don Weatherburn and Bronwyn Lind

White Collar Crime and Criminal Careers, by David Weisburd and Elin Waring, with Ellen F. Chayet

Sex Differences in Antisocial Behavior: Conduct Disorder, Delinquency, and Violence in the Dunedin Longitudinal Study, by Terrie Moffitt, Avshalom Caspi, Michael Rutter, and Phil A. Silva

Delinquent Networks: Youth Co-Offending in Stockholm, by Jerzy Sarnecki

Criminality and Violence among the Mentally Disordered, by Sheilagh Hodgins and Carl-Gunnar Janson

Situational Prison Control: Crime Prevention in Correctional Institutions, by Richard Wortley

Corporate Crime, Law, and Social Control, by Sally S. Simpson

Series list continues following the Index.

Cambridge University Press

052100120X - What Works in Corrections: Reducing the Criminal Activities of Offenders and Delinquents

Doris Layton MacKenzie

Frontmatter

[More information](#)

What Works in Corrections

*Reducing the Criminal Activities of
Offenders and Delinquents*

Doris Layton MacKenzie

University of Maryland



Cambridge University Press

052100120X - What Works in Corrections: Reducing the Criminal Activities of Offenders and Delinquents

Doris Layton MacKenzie

Frontmatter

[More information](#)

CAMBRIDGE UNIVERSITY PRESS

Cambridge, New York, Melbourne, Madrid, Cape Town, Singapore, São Paulo

Cambridge University Press

40 West 20th Street, New York, NY 10011-4211, USA

www.cambridge.org

Information on this title: www.cambridge.org/9780521806459

© Doris Layton MacKenzie 2006

This publication is in copyright. Subject to statutory exception and to the provisions of relevant collective licensing agreements, no reproduction of any part may take place without the written permission of Cambridge University Press.

First published 2006

Printed in the United States of America

A catalog record for this publication is available from the British Library.

Library of Congress Cataloging in Publication Data

MacKenzie, Doris L.

What works in corrections : reducing the criminal activities of offenders and delinquents / Doris Layton MacKenzie.

p. cm. – (Cambridge studies in criminology)

Includes bibliographical references and index.

ISBN-13: 978-0-521-80645-9 (hardback)

ISBN-10: 0-521-80645-3 (hardback)

ISBN-13: 978-0-521-00120-5 (pbk.)

ISBN-10: 0-521-00120-X (pbk.)

1. Criminals – Rehabilitation – United States. 2. Criminals – Rehabilitation – United States – Evaluation. 3. Corrections – United States. 4. Recidivism – United States – Prevention. I. Title. II. Series: Cambridge studies in criminology (Cambridge University Press)

HV9304.M24 2006

364.3 – dc22

2006000775

ISBN-13 978-0-521-80645-9 hardback

ISBN-10 0-521-80645-3 hardback

ISBN-13 978-0-521-00120-5 paperback

ISBN-10 0-521-00120-X paperback

Cambridge University Press has no responsibility for the persistence or accuracy of URLs for external or third-party Internet Web sites referred to in this publication and does not guarantee that any content on such Web sites is, or will remain, accurate or appropriate.

Cambridge University Press

052100120X - What Works in Corrections: Reducing the Criminal Activities of Offenders
and Delinquents

Doris Layton MacKenzie

Frontmatter

[More information](#)

To

David Robert MacKenzie

Cambridge University Press

052100120X - What Works in Corrections: Reducing the Criminal Activities of Offenders
and Delinquents

Doris Layton MacKenzie

Frontmatter

[More information](#)

Contents

Acknowledgments *page xi*

PART ONE: STRATEGIES FOR REDUCING CRIME

1. Strategies for Reducing Recidivism 3
2. Evidence-Based Corrections 20
3. Incapacitation 33
4. Perspectives on Rehabilitation 53

PART TWO: THE EFFECTIVENESS OF REHABILITATION PROGRAMS

5. Academic Education and Life Skills Programs 69
6. Vocational Education and Work Programs 90
7. Cognitive Behavioral Therapy Programs 112

PART THREE: TARGETING SPECIFIC TYPES OF OFFENDERS

8. Sex Offender Treatment 137
9. Juvenile Delinquents 168
10. Domestic Violence Offenders 192

Cambridge University Press

052100120X - What Works in Corrections: Reducing the Criminal Activities of Offenders
and Delinquents

Doris Layton MacKenzie

Frontmatter

[More information](#)

x

CONTENTS

PART FOUR: MANAGEMENT AND TREATMENT
OF SUBSTANCE ABUSERS

- | | |
|---|-----|
| 11. Drug Courts: A Strategy for Managing Drug-Involved
Offenders | 221 |
| 12. Drug Treatment Programs for Offenders | 241 |

PART FIVE: CONTROL, DISCIPLINE, AND PUNISHMENT

- | | |
|---|-----|
| 13. Correctional Boot Camps | 277 |
| 14. Intermediate Sanctions: Intensive Supervision
Programs and Electronic Monitoring | 304 |

PART SIX: CONCLUSIONS

- | | |
|-------------------------|-----|
| 15. Drawing Conclusions | 331 |
| <i>References</i> | 347 |
| <i>Index</i> | 387 |

Cambridge University Press

052100120X - What Works in Corrections: Reducing the Criminal Activities of Offenders and Delinquents

Doris Layton MacKenzie

Frontmatter

[More information](#)

Acknowledgments

A large number of people helped me with this book. I especially recognize Larry Sherman and Jerry Lee. They have provided inspiration and financial support, and I truly appreciate this. Larry was responsible for first starting me on this line of research, and I owe him a great debt. Fawn Ngo helped throughout the process of writing this book with editorial assistance and encouragement. Without her help I would not have been able to complete it. David Wilson was invaluable in teaching me the technique of meta-analysis. A large number of graduate students assisted in all phases of this work; to them I extend my thanks.