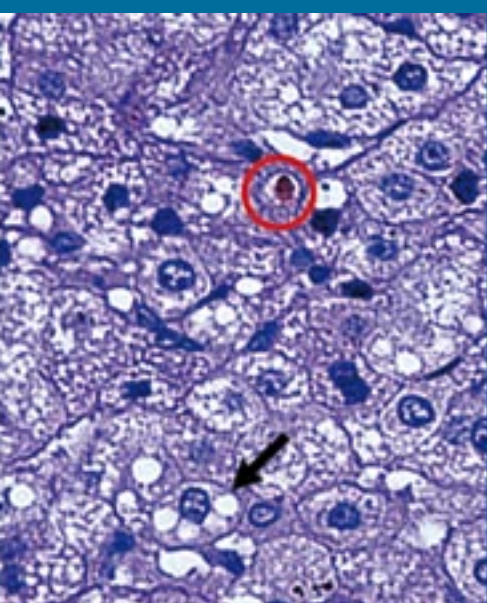
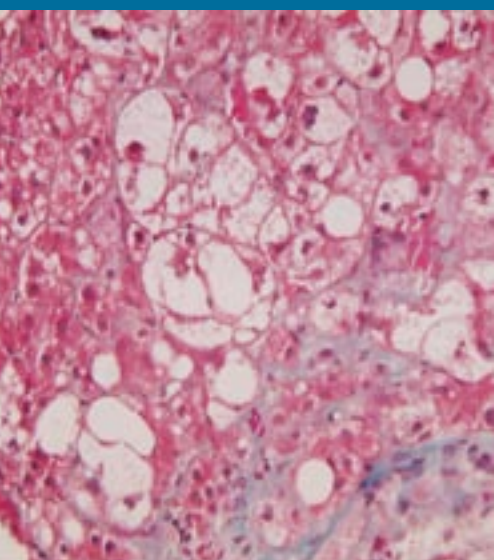


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Liver Disease in Children

Third Edition

Edited by FREDERICK J. SUCHY
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Liver Disease in

Liver Disease in Children, 3rd Edition is a completely revised new edition of the premier reference on pediatric liver disease, it provides authoritative coverage of every aspect of liver disease affecting infants, children, and adolescents. With an integrated approach to the science and clinical practice of pediatric hepatology it charts the substantial progress in understanding and treating these diseases.

Chapters are written by international experts and address the unique pathophysiology, manifestations, and management of these disorders in the pediatric population.

The third edition has been thoroughly updated and features new contributions on liver development, cholestatic and autoimmune disorders, fatty liver disease, and inborn errors of metabolism.

With the continued evolution of pediatric hepatology as a discipline, this text remains an essential reference for all physicians involved in the care of children with liver disease.

Figure 33.3. Higher power views of liver histology from patient with mtDNA depletion syndrome in Figure 33.2, showing microvesicular steatosis (arrows) and canalicular cholestasis (circles). PAS + diastase, x800.

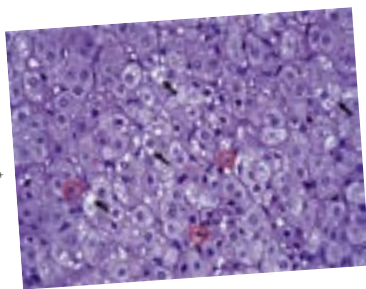


Figure 33.4. Oil-red-O stain of frozen section of liver biopsy in Figure 33.2, showing marked microvesicular steatosis in most hepatocytes, despite benign appearance of the biopsy in Figure 33.2. Oil-red-O x100.

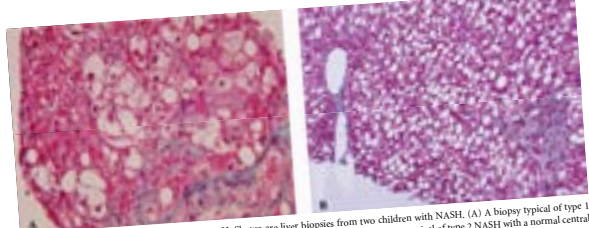
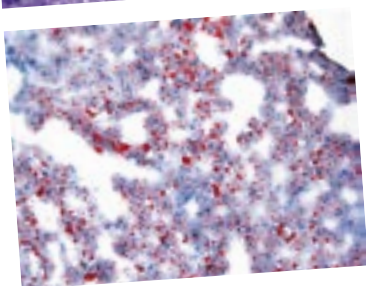


Figure 34.1. Histologic patterns of pediatric NASH. Shown are liver biopsies from two children with NASH. (A) A biopsy typical of type 1 NASH with ballooning degeneration of hepatocytes and perisinusoidal fibrosis. (B) A biopsy typical of type 2 NASH with a normal central vein, no hepatocytes ballooning but with portal inflammation and fibrosis.

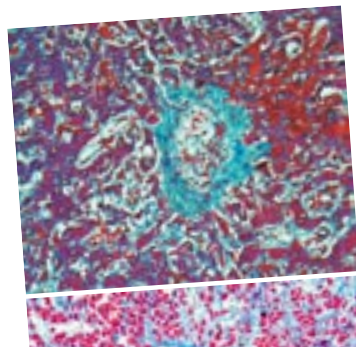


Figure 38.1. Pathology of hepatic veno-occlusive disease following bone marrow transplantation. (A) Partial occlusion of hepatic venule shows endothelial proliferation overlying cell debris. The ven wall is fibrotic. Perivenular zone is hemorrhagic due to fibrotic obstruction. (B) Complete obstruction of a hepatic venule with sinusoidal congestion. (hematoxylin and eosin stain, original magnification x350). Courtesy of Drs. Howard Shulman and Laurie Deleve.

10

MEDICAL AND NUTRITIONAL MANAGEMENT OF CHOLESTASIS IN INFANTS AND CHILDREN

Andrew P. Feranchak, M.D., and Ronald J. Sokol, M.D.

When first encountering an infant or child with cholestatic liver disease, it is essential that diagnostic evaluation be conducted promptly in order to (i) recognize disorders amenable either to specific medical therapy (e.g., galactosemia, tyrosinemia, hypothyroidism, urinary tract infection) or to early surgical intervention (e.g., biliary atresia, choledochal cyst), (ii) institute treatment directed toward enhancing bile flow, and (iii) prevent and treat the varied medical, nutritional, and emotional consequences of chronic liver disease. Because many of the treatable causes require early diagnosis and prompt institution of therapy, the evaluation of the cholestatic infant should never be delayed. Although "physiologic cholestasis" (hypercholeolemia, or elevated bile acids) may be present in the infant, there is no state of "physiologic conjugated hyperbilirubinemia." For the jaundiced infant, historical and clinical information such as color of the stools, birth weight, and presence of hepatomegaly may provide important clues as to the etiology of cholestasis. Consanguinity or liver disease in siblings suggests the possibility of metabolic, familial, or genetic disease. Review of the prenatal and postnatal course may reveal intrauterine infection, occurrence of hypoglycemia or seizures, and exposure to toxins/drugs (i.e., total parenteral nutrition [TPN]). Careful physical examination may reveal features of typical disorders or syndromes. For the older child and adolescent, a history of exposure to drugs/toxins (e.g., acetaminophen), the presence of vascular insufficiency, and the presence of underlying disease (e.g., inflammatory bowel disease) provide helpful clues. The diagnostic evaluation of the infant with cholestasis is detailed in Chapter 9.

Once the diagnosis is made, a limited number of disorders are amenable to specific treatments. Although less than 10% of infants with neonatal cholestasis are found to have treatable medical disorders, the individual patient will derive important benefits from early diagnosis and treatment. Those infants found to require surgical correction of anatomic causes of cholestasis likewise require early identification and therapy for optimal outcome [1]. A classification scheme relating the availability of specific therapy to the individual causes of prolonged neonatal cholestasis is listed in Table 10.1. In the majority of cases in which there is no "curable" etiology or in which sur-

gical correction of biliary atresia is unsuccessful, management is largely supportive; directed at (i) optimizing growth and nutrition, minimizing disability, and aiding the child and his family with the stress, social, and emotional effects of chronic liver disease. The success of therapeutic intervention, however, is dependent on the residual functional capacity of the liver at the time of progression of the underlying liver disease. Because liver transplantation (OLT) in children has become the therapy for end-stage liver disease, it is increasingly important to optimize the care, growth, and development of the child with chronic liver disease in order to enhance the success of liver transplantation.

The ultimate prognosis for an affected child is dependent on the severity of the complications resulting from the liver disease. These complications are attributable directly to the liver disease and reflect (i) retention of toxic substances in bile (bile acids, bilirubin, cholesterol, and xanthoma formation); (ii) transfer of coagulants into the systemic circulation, leading to pruritus, cholesterolemia, and xanthoma formation; (iii) delivery of bile to the small bowel with decreased bile acid concentrations, leading to malabsorption of fat-soluble vitamins. These departures from normal lead to discomfort, failure to thrive, specific physical findings, and psychological/behavioral problems in the child. A summary of medical treatment options, including medications, doses, and toxicities, is presented in Table 10.2 [2-43].

RETENTION OF BILE CONSTITUENTS Hepatocellular Injury

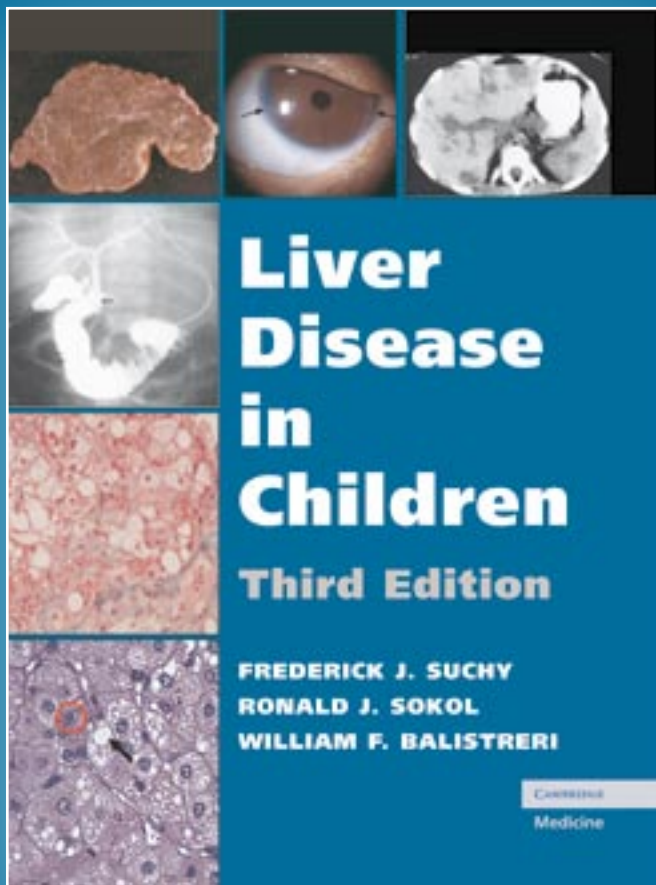
Pathogenesis of Cholestatic Injury
The retention of endogenous bile acids in the blood during cholestasis is believed to be involved in the pathogenesis of progressive liver injury and may lead to

Review from 2nd edition

'With this textbook, the field of pediatric hepatology steps out from behind the shadow of its adult counterparts and should be within arm's length of each medical and surgical practitioner who encounters children with liver disease.'

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Table 10.1: Treatable Causes of Neonatal Cholestasis

| Disease | Liver Involvement | Treatment | References |
|--|--|--|------------|
| Congenital infectious hepatitis | | | |
| Herpes simplex virus | Coagulative necrosis | Intravenous (IV) acyclovir | [2] |
| Syphilis | Hepatitis, periportal and interfocal fibrosis | IV penicillin G (50,000 units/kg/d for 10–14 d) | [3,4] |
| Listeria monocytogenes infection | Granulomatous hepatitis | IV ampicillin (neonatal doses) | [5,6] |
| Tuberculosis | Granulomatous hepatitis | Consult neonatal infectious disease expert | [7] |
| Toxoplasmosis | Cholestasis | Pyrimethamine (1 mg/kg every 2–4 d) and sulfadiazine (50–100 mg/kg/d) for 21 d | [8,9] |
| HIV | Cholestasis | Consult neonatal infectious disease expert | |
| Metabolic diseases | | | |
| Galactosemia | Cholestasis, steatosis, fibrosis, cirrhosis | Galactose-free diet | [10,11] |
| Hereditary tyrosinemia | Steatosis, fibrosis, cirrhosis | Low tyrosine/phenylalanine diet, NTBC | [12–18] |
| Hereditary fructose intolerance | Steatosis, fibrosis | Fructose/sucrose-free diet | [19,20] |
| Hypothyroidism/hypopituitarism | Cholestasis | Thyroid, adrenal, growth hormone replacement | [21] |
| Cystic fibrosis | Biliary mucus plugging, cholestasis, focal biliary cirrhosis, multilobular cirrhosis, cholelithiasis | Oral pancreatic enzyme replacement, pulmonary therapy, fat-soluble vitamin supplements, UDCA | [22,23] |
| Bile acid synthesis defects: | | | |
| Δ^4 -3-oxosteroid-5 β -reductase def. | Cholestasis, giant-cell hepatitis | UDCA and cholic acid | [24,25] |
| 3 β -hydroxysteroid dehydrogenase/isomerase def. | Cholestasis, giant-cell hepatitis | UDCA | [26,27] |
| Neonatal iron storage disease | | | |
| | Cholestasis, fibrosis, cirrhosis | Antioxidant therapy,* liver transplantation | [28] |
| Drugs and toxins | | | |
| Drugs | Variable | Discontinue drug | [29] |
| Bacterial endotoxin (sepsis, urinary tract infections, etc.) | Cholestasis, hepatocyte necrosis | Appropriate IV antibiotic therapy | [6,30,31] |
| TPN-associated | Cholestasis, steatosis, bile duct proliferation, portal fibrosis, cirrhosis | Institute early enteral feedings, avoid excessive (IV) calories and protein, use neonatal amino acid solutions, ursodeoxycholic acid (?) | [32–36] |
| Anatomic lesions | | | |
| Extrahepatic biliary atresia | Cholestasis, bile duct proliferation, fibrosis, cirrhosis | Hepatoportoenterostomy | [1,37–39] |
| Choledochal cyst | Cholestasis, fibrosis, cirrhosis | Choledochenterostomy | [40] |
| Spontaneous perforation of common bile duct | Peritonitis, ascites, cholestasis | Surgical drainage | [41] |
| Inspissated bile/calculi in common bile duct | Cholestasis, bile duct proliferation, fibrosis, cirrhosis | Biliary tract irrigation | [42,43] |

*Vitamin E (TPGS) 25 IU/kg/d oral; desferrioxamine 15 mg/kg/h IV continuous infusion until ferritin <500 μ g/L; selenium 2–3 μ g/kg/d IV (in TPN); N-acetylcysteine 70 mg/kg/dose every 4 hr via nasogastric tube or IV for 20 doses. NTBC, 2-(2-nitro-4-trifluoromethylbenzoyl)-1,3-cyclohexanedione; TPGS, tocopherol polyethylene glycol-1000 succinate; TPN, total parenteral nutrition; UDCA, ursodeoxycholic acid. Reproduced with permission from Sokol RJ. Medical management of neonatal cholestasis. In: Balistreri WF, Stocker JT, eds. Pediatric hepatology. Philadelphia: Hemisphere Publishing Corporation, 1990:43.

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About the authors

Frederick J. Suchy

is Herbert H. Lehman Professor and Chair of the Department of Pediatrics, Mount Sinai School of Medicine, and Pediatrician in Chief, Mount Sinai Hospital, New York, New York, USA

Ronald J. Sokol

is Professor of Pediatrics, University of Colorado Health Sciences Center, and Program Director of the Pediatric General Research Center, Children's Hospital, Denver, Colorado, USA

William F. Balistreri

is Dorothy M.M. Kersten Professor of Pediatrics, University of Cincinnati College of Medicine, and Director of the Division of Pediatric Gastroenterology, Hepatology, and Nutrition, Children's Hospital Medical Center, Cincinnati, Ohio, USA

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