

BEHAVIOURAL AND COGNITIVE PSYCHOTHERAPY

EDITORIAL OFFICE

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EDITORIAL STATEMENT

Behavioural and Cognitive Psychotherapy is an international multidisciplinary journal for the publication of original research, of an experimental or clinical nature, that contributes to the theory, practice and evaluation of behaviour therapy. As such, the scope of the journal is very broad and articles relevant to most areas of human behaviour and human experience, which would be of interest to members of the helping and teaching professions, will be considered for publication.

As an applied science, the concepts, methodology and techniques of behavioural psychotherapy continue to change. The journal seeks both to reflect and to influence those changes. While the emphasis is placed on empirical research, articles concerned with important theoretical and methodological issues as well as evaluative reviews of the behavioural literature are also published. In addition, given the emphasis of behaviour therapy on the experimental investigation of the single case, the journal from time to time publishes case studies using single case experimental designs. For the majority of designs this should include a baseline period with repeated measures; in all instances the nature of the quantitative data and the intervention must be clearly specified. Other types of case report can be submitted for the Brief Clinical Reports section.

The following types of articles are suitable for *Behavioural and Cognitive Psychotherapy*:

- Reports of original research employing experimental or correlational methods and using within or between subject designs.
- Review or discussion articles that are based on empirical data and that have important new theoretical, conceptual or applied implications.
- Brief reports and systematic investigations in a single case employing innovative techniques and/or approaches.

Articles should concern original material that is neither published nor under consideration for publication elsewhere. This applies also to articles in languages other than English.

SPECIAL SECTIONS OF THE JOURNAL

Accelerated Publication

The accelerated publication section is intended to accommodate a small number of important papers. Such papers will include major new findings for which rapid dissemination would be of considerable benefit and impact. For example: reports of the results of important new clinical trials; innovative experimental results with major implications for theory or practice; other work of unusually high calibre. If submitting a manuscript to this section you must specify in your cover letter why it should be considered as Accelerated.

Empirically Grounded Clinical Interventions

This section is intended for reviews of the present status of treatment approaches for specific psychological problems. It is intended that such articles will draw upon a combination of treatment trials, experimental evidence and other research, and be firmly founded in phenomenology. It should take account of, but also go beyond, treatment outcome data.

Brief Clinical Reports

Material suitable for this section includes unusual case reports and accounts of potentially important techniques, phenomena or observations; for example, descriptions of previously unreported techniques, outlines of available treatment manuals, descriptions of innovative variations of existing procedures, details of self-help or training packages, and accounts of the application of existing techniques in novel settings. The brief clinical reports section is intended to extend the scope of the clinical section. Submissions to this section should be no longer than 1800 words and should include no more than six references, one table or figure, and an extended report that contains fuller details. There are no restrictions on the size or format of the extended report as it will be published online only. It may, for instance, be a treatment manual, a fully detailed case report, or a therapy transcript. If a submission is accepted for publication as a Brief Clinical Report, the author(s) must be prepared to send the fuller document to those requesting it, free of charge or at a price agreed with the editor to reflect the cost of materials involved. The extended document will also be mounted on the journal's website <http://journals.cambridge.org/BCP> and therefore we require an electronic version in Word or PDF format (the document will not be copyedited).

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Articles must be under 5,000 words at the point of submission, excluding references, tables and figures (except for Brief Clinical Reports, please see separate instructions).

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Abbreviations where used must be standard. The Systeme International (SI) should be used for all units: where metric units are used the SI equivalent must also be given. Probability values and power statistics should be given with statistical values and degrees of freedom (e.g. $F(1,34) = 123.07, p < .001$), but such information may be included in tables rather than in the main text. Spelling must be consistent within an article, using either British spelling (*The Shorter Oxford English Dictionary*), or American (*Webster's New World College Dictionary*). However, spelling in the list of references must be literal to each publication. Details of style not specified here may be determined by reference to the *Publication Manual of the American Psychological Association* or the style manual of the British Psychological Society. Manuscripts should be double-spaced throughout allowing wide margins all round.

Where unpublished material e.g. behaviour rating scales or therapy manuals, are referred to in an article, copies should be submitted as an additional document (where copyright allows) to facilitate review.

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a. Abstract. The abstract should be structured under the headings: Background, Aims, Method, Results, Conclusions. It should include up to six key words that could be used to describe the article. This should summarize the article in no more than 250 words.

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Acknowledgements

You may acknowledge individuals or organizations that provided advice, support (non-financial). Formal financial support and funding should be listed in the following section.

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in full on the separate title page which is not seen by reviewers. During the review process within the main text it is acceptable to replace identifiable information by using XXXXXX or similar.

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