

# Index

Compiled by Linda English

- absconding 59–60  
 abuse  
   in childhood 131, 133, 138–139  
   in secure care 5, 9, 60–62  
   verbal abuse and staff 309–310  
   of women 103, 105–106  
 adolescents *see* young people  
 Adult Asperger Assessment (AAA) 153  
 advance directives 58  
 aggression  
   acquired brain injury 163–178, 257–258  
   challenging behaviour and intellectual disabilities 259  
   high-dose antipsychotic prescribing 263–264  
   instrumental 180, 312  
   older people 179–192  
   psychological support for staff after assault 308–323  
   relational 312–313  
   risk assessment tools 37, 38, 40, 41  
   risk management 54–58  
   women 103, 104, 105, 106  
   young people 138, 141, 142, 260  
 agranulocytosis 257, 262  
 alcohol misuse 17, 20, 22, 29, 101, 185–186, 194, 222  
 Allitt, Beverley 314  
 anger management 121, 219–220  
 An Introduction to Statistics for Clinical Audit 300  
 antidepressants 260  
 antipsychotics 187, 258, 277  
   challenging behaviour and intellectual disability 259–260  
   children and young people 260  
   dementia 187, 255–256  
   treatment-resistant schizophrenia 255, 261–264  
   *see also* individual drugs  
 antisocial personality disorder (ASPD) 92, 216–217  
   firesetting 194, 204  
   gender differences 100, 105  
   offending 19, 20  
   older people 42  
   prisoners 22  
   risk formulation 89–90  
   young people 133, 138, 142  
 area under curve (AUC) 31–33, 34  
 aripiprazole 260, 263  
 arson 21, 22, 104, 194  
   *see also* firesetting  
*Ashingdane v UK (App no 8225/78)* (1985) 279, 280, 285  
 Ashworth Hospital 5, 6, 277  
 Asperger's syndrome 149, 150, 154, 195  
 Assessment of Risk and Manageability of Intellectually Disabled Individuals who Offend - Sexually (ARMIDILO-S) 120  
 assisted dying 275  
 ASSIST model 309, 315–319  
   access to help 318  
   development phase 315–316  
   follow-up and return to work 318–319  
   organisational context 316–317  
   psychological first aid 317  
   RIDDOR form 318  
   supporting infrastructure 319  
   trauma response service 309, 316, 319  
 asylums 4, 231–232  
 attachment 88, 100, 106  
 attention deficit disorder 154  
 Autism Diagnostic Inventory, revised (ADI-R) 152–153  
 Autism Diagnostic Observation Schedule (ADOS) 153  
 autism spectrum disorder (ASD) 9, 121, 148–162  
   activity 155–157

---

 INDEX
 

---

- assessment 152–153
- autism 149
- CBT 213
- challenging behaviour 148, 150
- classification 149–150
- comorbidity 153, 154, 157
- definition 149–150
- diagnosis 152–153
- environment 155–157
- epidemiology 150–151
- gender differences 151
- intellectual disability 117–118, 150
- medication 157, 260
- non-specialist services 159
- offending 151–152
- risk assessment 41, 157
- sensory rooms 156
- sensory sensitivities 155, 156
- social communication deficits 149, 158
- specialist therapies 158
- ‘SPELL’ framework 157
- stalking 151, 152, 156
- theory of mind 149, 152, 155
- therapeutic milieu 155–157
- treatment and management 154–159
- young people 132–133, 143
- Awareness of Social Inference Test (TASIT) 153
  
- behavioural interventions 140, 171–174, 215–216, 224, 244
- benign ethnic neutropenia 262
- Bensaid v UK (App no 44599/98)* (2001) 278, 285
- benzodiazepines 258, 259
- Best Practice Guidance: Specification for Adult Medium-Secure Services 289
- Bethlem Hospital 3, 4, 5
- bipolar disorder 18, 99, 255
- Boorman review 315
- borderline personality disorder 89–90, 216–217
  - clozapine 92, 108, 256–257
  - dialectical behaviour therapy 90, 213–214
  - stress for staff 312
  - women 100, 102, 103–104, 108, 203
  - young people 133
- boundary violations 50, 61–62
- Bournewood case 280
- Bradley report 27, 131, 135
- brain injury, acquired 10
  - aggression 163–178, 257–258
  - assessment 165–167, 175
  - behavioural interventions 171–174, 215
  - causes of behaviour disorders 168–169
  - CBT 170–171, 175
  - collection of relevant information 166–167
  - deciding it is ‘right’ to intervene 165–166
  - episodic dyscontrol syndrome 168, 170
  - formulation 168–169, 175
  - functional analytic approach 171, 172–174
  - management and treatment of aggressive behaviour 164–165
  - measures of aggression 167
  - neurobehavioural disability 163, 168, 174
  - operant framework 171–172, 174
  - pharmacological management 170, 257–258
  - prevalence and progression of aggression 163–164
  - risk assessment 42
  - treatment and evaluation 169–174
- breakaway techniques 57
- British National Formulary* (BNF) 252–253
- British National Formulary for Children* 260
- Broadmoor Hospital 5, 61, 179–180, 188, 231
- buddying 71, 73, 80
- bullying 60
- burnout 308, 311–313
- Butler report 5, 21, 122, 232
  
- Caldicott Principles 300
- care programme approach 81
- Care Quality Commission (CQC) 289, 291, 295, 309, 315
- challenging behaviour 21–22, 150, 215, 216, 259–260, 312, 313
- Cheshire West and Cheshire Council v P* [2011] 280, 285
- children
  - mental disorder in looked after 132–133
  - prescribing 260
- clinical audit 294–306
  - action plan 305
  - aims and objectives 303
  - anonymised codes 305
  - audit report 302–305
  - collating data 300–301
  - data analysis 301–302
  - executive summary 302–303
  - findings 305
  - Hawthorne effect 295
  - implementation of change 302–305
  - introduction/background 303
  - involve stakeholders in planning 295–299

- measuring performance 300–302  
 methodology 303  
 preparation and planning 294–299  
 qualitative responses 300  
 quality improvement infrastructure 306  
 re-audit 300–301, 305–306  
 recommendations 305  
 results 305  
 sampling systems 300  
 standards 299, 303  
 sustaining improvement 305–306  
 targeted groups 299  
 title page 302  
 topic selection 295  
 virtual groups 299
- clozapine 58  
 borderline personality disorder 92, 108, 256–257  
 diabetes 253–254  
 treatment-resistant schizophrenia 262–263, 264  
 young people 142
- cognitive analytic therapy 91, 108, 216  
 cognitive-behavioural therapy (CBT)  
 212–213, 217, 221, 222  
 acquired brain injury 170–171, 175  
 intellectual disability 121, 122  
 manualised programmes 224  
 nursing 244  
 third wave approaches 215–216, 224  
 women 108, 213, 217
- Cognitive Self-Change Programme (CSCP)  
 220
- command hallucinations 28–29, 154  
 community care: offending 19–20  
 community forensic teams, specialist 6  
 conduct disorder 132, 134, 136, 142  
 confidentiality 27–28, 274–275, 282–283  
 consent, medical treatment without  
 276–277
- Controlling Anger and Learning how to  
 Manage it (CALM) programme 211–212,  
 219–220
- Corrigan's Attribution Questionnaire 27  
 (CAQ) 240–241
- Corston review 104
- Council of Europe 269, 271  
 Commissioner for Human Rights  
 271–272
- Criminal Lunatics Act 1800: 5
- dangerous and severe personality disorder  
 10, 42, 87
- debriefing technique 314
- de-escalation 55–56  
 deinstitutionalisation 2  
 dementia 184, 188, 189  
 antipsychotics 187, 255–256  
 personality disorder 185  
 risk assessment 42  
 violence and aggression 180–181,  
 182–183  
 women 99
- deportation 277–278
- depot antipsychotics 264
- depression  
 firesetting 194  
 older people 182, 184–185  
 prisoners 22  
 psychological treatment 213, 216–217,  
 225  
 sexual offending 16  
 women 99, 101  
 young people 260
- Deprivation of Liberty Safeguards 280
- Developmental Dimensional and Diagnostic  
 Interview (3di) 153
- diabetes 253–254
- dialectical behaviour therapy (DBT)  
 borderline personality disorder 90,  
 213–214  
 radically open DBT 215  
 women 108, 215  
 young people 139, 141
- DISCO (Diagnostic Interview for Social and  
 Communication Disorders) 153
- discrimination, freedom from 277, 284–285
- diversion schemes 5
- dream interpretation 3–4
- D v UK (App no 30240/96) (1997)* 277–278,  
 285
- effectiveness measurements 7–8
- elections, right to free 284–285
- Electoral Administration Act 2006: 284
- emotionally unstable personality disorder  
 19, 185
- employment 70, 73
- escape 59–60
- Estimate of Risk of Adolescent Sexual  
 Offence Recidivism (ERASOR) 41, 140
- ethnicity 20, 21  
 benign ethnic neutropenia 262  
 nursing 246  
 older people 187  
 personality disorder 87  
 risk assessment 42–43  
 young people 132

## INDEX

- Europe: forensic service provision 3  
 European Convention on Human Rights 269–286  
 Article 2: right to life 270, 273–275, 276, 277, 283  
 Article 3: freedom from torture 275–278  
 Article 5: right to liberty 278–282  
 Article 8: right to private life 277, 282–284  
 Article 14: freedom from discrimination 277, 284–285  
 cases 285–286  
 enforcement of 271–272  
 European Court of Human Rights 269–271  
 margin of appreciation 272, 278–279  
 proportionality 272, 282  
 Protocol 1, Article 3: right to free elections 284–285
- failure to return 59  
 firesetting 193–210  
 antisocial trajectory 201  
 autism spectrum disorder 151, 152  
 communication problems 200  
 definitions 194  
 dynamic behaviour theory 197–198  
 emotionally expressive/need for recognition 203  
 established multifactor theories 197–198  
 explanations of 195–204  
 fire interest/scripts 198–200, 203  
 fire safety in secure care 206–207  
 functional analysis theory 197  
 grievance 201  
 intellectual disability 121–122, 195, 196, 204, 205  
 management 205–207  
 mental disorder 194  
 motivators or typologies of 195–196  
 multi-trajectory theory of adult firesetting (M-TTAF) 193, 198–204, 206  
 neurobiological disorder 196  
 offence-supportive cognition 200  
 prevalence 194–195  
 psychological treatment interventions 204–205  
 revenge 195, 196  
 risk assessment 205–207  
 in secure settings 193–210  
 self-/emotional regulation issues 200  
 single-factor theories 196  
 social learning theory 196  
 young people 136
- Firesetting Intervention Programme for Mentally Disordered Offenders (FIP-MO) 205  
 flumazenil 259  
 forensic adolescent consultation and treatment services (FACTS) 135  
 forensic clusters model 8  
 forensic mental healthcare, development of 1–14  
 forensic mental health (FMH) nursing *see* nursing, forensic mental health  
 frontal assessment battery (FAB) 184  
 frontal lobe lesions 180
- gender differences  
 autism spectrum disorder 151  
 biological factors 100  
 post-discharge offending 22  
 psychological factors 100  
 sociocultural factors 101
- Glancy report 5, 232  
 Good Lives Model 78, 217–218  
*Good Medical Practice* 252  
*Good Practice in Prescribing and Managing Medicines and Devices* 252–253  
*Good Psychiatric Practice* 253  
 governance 7–8, 9, 287  
 GPS tracking tags 59–60  
 granulocyte colony-stimulating factor 262
- HCR-20 (Historical, Clinical and Risk Management) scale 28, 35, 36–37, 38  
 autism spectrum disorder 41, 157  
 ethnicity 42–43  
 firesetting 206  
 intellectual disability 40–41, 119–120  
 neuropsychiatry 42  
 older people 186  
 personality disorder 41–42  
 Revision 76  
 women 40, 107–108
- Health Career Model 236  
 Healthcare Quality Improvement Partnership 294  
 Health Foundation 288  
 Health of the Nation Outcome Scales (HoNOS) 8, 291  
 HoNOS-secure 291–293  
 Health and Safety at Work etc Act 1974: 314  
*Herczegfalvy v Austria* (1993) 276–277, 285  
 high secure care 6, 21, 68–69  
 intellectual disability 123

- nursing 236, 238, 240–241  
 risk management 50, 53–54, 57, 59  
*Hirst v UK (No 2)* (2006) 284, 285  
 history of secure care 1–14  
   nursing 231–233  
   older people 179–180  
 homicide  
   European Convention on Human Rights 274–275  
   mental disorder 18  
   older people 180–181, 184  
   risk assessment 27  
   women 102  
 hostage-taking 60  
 Huang test 283–284  
 human rights 10, 269–286  
 Human Rights Act 1998: 10, 272–273, 281
- Implementing Recovery: A Methodology for Organisational Change 67  
 Improving Access to Psychological Therapies (IAPT) programme 211  
*Independence, Choice and Risk: A Guide to Best Practice in Supported Decision Making* 72  
 inquests, Article 2 273  
 intellectual disability 9, 54–55, 113–130, 231, 276  
   assessment 117–120  
   autism spectrum disorder 150, 157  
   behavioural interventions 215  
   challenging behaviour and antipsychotics 259–260  
   clinical presentation 117–120  
   community populations 116  
   definition 113–114  
   epidemiology of offending 114–117  
   firesetting 121–122, 195, 196, 204, 205  
   out-of-area placements 124  
   personality disorder 86  
   prison population 116–117  
   risk assessment 33, 40–41, 119–120  
   services and outcomes 122–125  
   services for women 124–125  
   terminology 113–114  
   treatment programmes 120–121  
   young people 134, 136
- Keenan v UK (App no 27229/95)* (2001) 276, 286
- least restrictive principle 284  
 liberty
- principles to determine deprivation of 279–282  
 right to 278–282  
 life, right to 273–275  
 Liverpool University Neuroleptic Side Effect Rating Scale 254  
 Livesley criteria 93  
 lorazepam 258  
 low secure care 5–6, 50, 68–69, 240–241, 290
- Mansell reports 122  
 maristans (psychiatric hospitals) 4  
*Maudsley Prescribing Guidelines in Psychiatry* 259, 263  
 mechanical restraint 58  
 medical superintendents 4  
 medical treatment  
   insufficient 276  
   without consent 276–277  
 medication  
   acquired brain injury 170, 257–258  
   autism spectrum disorder 157, 260  
   older people 187  
   personality disorder 92  
   psychological treatment and 225  
   rapid tranquillisation 255, 258–259  
   side-effects 253–254, 260, 261, 262, 264  
   without consent 276–277  
   women 108  
   young people 142, 260  
   see also individual drugs and drug types; prescribing  
 Medicines and Healthcare Products Regulatory Agency (MHRA) 254  
 medium secure care 5, 21–22, 68–69  
   critique 7  
   nursing 232, 240–241  
   quality assurance 289, 295  
   risk management 50, 57  
   women 6, 107, 125  
 Mental Capacity Act 2005: 282, 284  
 Mental Health Act 1983: 113–114, 135, 289  
   European Convention on Human Rights 277, 279, 282, 284  
 mental health tribunals 272, 281–282  
 mentalisation-based therapy 90–91, 216  
 mentally disordered offenders (MDOs) 5–6, 8, 15–26  
 mood stabilisers 58, 255, 260  
 moral treatment movement 4  
*MS v UK (App no 24527/08)* (2012) 276, 286  
*Munjaz v UK (App no 2913/06)* [2012] 280–281, 286

## INDEX

- My Shared Pathway 78
- narcissistic personality disorder 19, 185
- nearest relatives 282–283
- net beds 58
- Neurobehavioural Expectations Scale (NES) 174
- neuropsychiatry: risk assessment 42
- NHS foundation trusts 6
- non-restraint policies 4
- No Problem – Old and Quiet* 182
- numbers needed to detain (NND) 32–33
- nursing, forensic mental health (FMH) 5, 231–251
  - advanced clinical specialism 245
  - advanced practice role 235–236, 241–242
  - binary constructs model 234, 241
  - comparative studies 238–241
  - descriptive studies 236
  - expert opinion 233–234
  - history 231–233
  - interpersonal style and communication 245
  - key elements 242–246
  - literature reviews 234–236
  - nursing models 236
  - physical healthcare 244
  - practical/occupational activity 244
  - professional development 245
  - psychological interventions 244
  - psychological support for staff after assault 308–323
  - risk assessment and management 55, 56, 242–243
  - role 233–241
  - security management 243
  - therapeutic activity 236–238, 243–244
  - therapeutic relationships development 243
  - values 245–246
  - ward environment management 243–244
- Nursing in Secure Environments* 233
- offending
  - autism spectrum disorder 151–152
  - community care 19–20
  - homicide and mental disorder 18
  - hospital care 21–22
  - intellectual disability 114–117
  - older people 180–186
  - personality disorder 19, 20
  - prisons and MDOs 22–23
  - psychosis and sexual offending 16
  - psychosis and violence 15–16
  - recovery and 78
  - substance misuse and mental disorder 17–18
  - women 20, 102–106
  - young people 132
- Official Secrets Act 232
- olanzapine 253–254, 255, 256, 257, 258, 264
- older people 10
  - aggression and violence 179–192
  - assessment 183–186
  - care homes 188, 189
  - cognitive assessment 184
  - delirium 184
  - drug- and alcohol-related crime 185–186
  - environment 186
  - ethnic minorities 187
  - fitness to plead and stand trial 183
  - forensic model 189
  - future challenges 189–190
  - historical context 179–180
  - inappropriate rating scales 189
  - management 186–187
  - personality disorder 185
  - physical health 183–184
  - prisoners 10, 182–184
  - psychosis 184–185
  - research 190
  - risk assessment 42, 185–186
  - secure psychiatric services 187–189
  - treatment 187
  - vulnerability 189
  - women 187
  - see also* dementia
- Omega 3 fatty acids 138
- Osman v UK (App no 23452/94) (2000)* 274, 275, 278, 286
- outcome measurements 7–8, 10
- Overt Aggression Scale - Modified for Neurorehabilitation (OAS-MNR) 167, 169, 171
- Overt Behaviour Scale (OBS) 167
- paranoid personality disorder 19, 133
- ‘payment by results’ in mental health 8
- peer support workers 71, 72, 79
- personality disorder 7, 84–98, 124, 277
  - aetiology 87–88
  - assessment 88–90
  - autism spectrum disorder 154
  - biological treatment 92
  - clusters 85
  - comorbidity 91, 92

- conceptual problems 84  
 dangerous and severe personality disorder  
   10, 42, 87  
 definition 84, 85  
 dimensional approach 85  
 ethnicity 87  
 firesetting 194, 203, 204  
 management 90–92  
 nature and classification 85–86  
 nursing 236, 238–239, 245, 312  
 offending 19, 20  
 older people 185, 187  
 psychological treatment 90–91, 92,  
   213–214  
 psychometric questionnaires 89  
 risk assessment 28, 29, 41–42  
 semi-structured interviews 89–90  
 social therapy 92, 93  
 specialist in-patient units 92–93  
 stress for staff 312  
 ‘treatability test’ 87  
 unstructured clinical interviews 88  
 women 102, 103–105  
 young people 133, 135–136, 138, 142  
*see also* antisocial personality disorder;  
   borderline personality disorder  
 pervasive developmental disorder 149  
 positive predictive value (PPV) 30–31, 39  
 post-traumatic stress disorder (PTSD) 317  
   women 99, 101, 102, 104, 105  
   young people 135–136, 260  
 prescribing 252–268  
   children and young people 260  
   ‘far label’ 255  
   gender issues 108  
   good practice 252–253  
   good practice for specialist populations  
     253–254  
   ‘near label’ 255  
   off-label 254–264  
 Prison Officers Association 5  
 prisons 2–3  
   intellectual disability 116–117  
   mentally disordered offenders 22–23  
   older prisoners 10, 182–184, 187  
   personality disorder 84  
   psychosis 22, 276  
   substance misuse treatment 222  
   suicide 104, 117, 276  
   transfers to hospital 9, 284  
   voting 271, 284–285  
   women 22, 23, 103–104, 108–109, 187  
 Pritchard criteria 183  
 private life, right to 277, 282–284  
 prone position 57  
 propranolol 260  
 psychological support: for staff after assault  
   308–323  
   ASSIST model 309, 315–319  
   bio-physiological effects 310–311  
   cognitive effects 311  
   effects of violence and aggression  
     310–311  
   emotional effects 311  
   incidence of violence and aggression  
     309–310  
   patient diagnosis and presentation 312  
   patient gender 312  
   social effects 311  
   staff personality 313  
   staff self-efficacy 313  
   stress and burnout 311–313  
   type of aggression displayed 312–313  
   well-being of staff 313–315  
 psychological treatment 211–230  
   addressing mental health issues 216–217  
   addressing offending behaviours  
     217–218  
   firesetting 204–205  
   models and programmes 216–221  
   nursing 244  
   personality disorder 90–91, 92  
   risk management 56–57  
   sexual offending 218, 220–221, 225  
   specialist approaches 212–216  
   substance misuse 221–224  
   thinking/cognitive skills programmes  
     218–219  
   violence and anger management  
   programmes 219–220  
 psychopathy 19, 29, 88, 89, 90, 154  
 Psychopathy Checklist Revised (PCL-R) 19,  
   37, 41, 89, 119, 157  
 Psychopathy Checklist Screening Version  
   (PCL-SV) 29, 119–120  
 Psychopathy Checklist - Youth Version (PCL-  
   YV) 41, 140  
 psychosis 21  
   autism spectrum disorder 154  
   firesetting 194  
   older people 181, 184–185  
   prisoners 22, 276  
   sexual offending 16  
   substance misuse 17–18, 29, 57  
   violence 15–16, 29  
   violence in women 20  
   young people 133  
   *see also* bipolar disorder; schizophrenia  
 public authorities 272  
 public interest 283

## INDEX

- quality assurance 287–307  
 clinical effectiveness 287, 288  
 continuous quality improvement (CQI)  
 288–289  
 definition 287, 288  
 patient experience 287, 288  
 safety 287, 288  
 in secure care 289–293  
*see also* clinical audit  
 Quality Network for Forensic Mental Health  
 (QNFMH) 289
- Rabone v Pennine Care NHS Foundation Trust*  
 [2012] 273–274, 286
- RAID (reinforce appropriate/implode  
 destructive behaviours) 216, 217, 244
- Rampton Hospital 3, 5, 6, 107, 123, 231
- Rapid Risk Assessment for Sex Offence  
 Recidivism (RRASOR) 120
- rapid tranquillisation 255, 258–259
- R (B) v Dr SS* [2006] 277, 286
- ‘Reading the Mind in the Eyes’ test 153
- readmission rates 8
- receiver operating characteristics (ROC)  
 31–32
- recovery 8, 10–11, 67–83  
 challenges in secure services 69–71  
 choice 67, 74–75  
 control 67, 74–75  
 definition 67–68  
 differs from conventional medical  
 approach 68  
 effects of detention 69–70  
 ‘experts by experience’ 68  
 hope 67, 71–72  
 information technology 73  
 learning from negative experiences 72  
 mental health and 67–68  
 nursing 245–246  
 offending behaviour and 78  
 opportunity 67, 72–74  
 organisational facilitation 78–80  
 patient involvement and partnership  
 working 80–81  
 peer support workers 71, 72, 73, 79  
 recovery education centres (RECs)  
 73–74, 75  
 recreational activities 73  
 reduce seclusion and restraint 77–78, 79  
 responsibility 74  
 risk and 71, 75–78  
 role of mental healthcare professionals  
 78–79  
 safety and 75–78
- safety planning groups 76  
 secure recovery 69  
 in secure services 68–69  
 security and 77  
 social activities 73  
 stigma 70–71  
 supporting 71–75  
 vocation and education 73
- Reed report 5–6, 122
- regional secure units (RSUs; later medium  
 secure units) 5, 6, 232
- Representation of the People Act 2000: 284
- restraint 57, 58, 77–78, 79, 289
- restriction orders 72, 77, 281
- Retreat 4
- risk assessment 27–47, 273, 314  
 actuarial approaches 33–34, 39  
 autism spectrum disorder 41, 157  
 base rates 30, 31, 32–33, 39, 43  
 false positives 30, 31, 43  
 firesetting 205–207  
 five dimensions of risk 28, 34  
 HoNOS-secure 291–293  
 importance 27–28  
 methods 33–39  
 nursing 242–243  
 older people 42, 185–186  
 predictive validity 30–33  
 recovery and risk 75–77  
 risk in secure care defined 28  
 in specialist populations 40–43  
 SPJ tools 36–39, 75–76  
 structured professional judgement (SPJ)  
 35–39, 48, 75–76, 206  
 suicide and mental disorder 29–30  
 unstructured clinical judgement 33  
 violence and mental disorder 28–29
- Risk Assessment Matrix 30
- risk management 9, 35, 43, 48–66, 283  
 absconding 59–60  
 of aggression and violence 54–58  
 boundary violations 50, 61–62  
 de-escalation 55–56  
 escape 59–60  
 formal observation 55  
 hostage-taking 60  
 nursing 242–243  
 patient involvement and preference 58  
 pharmacological interventions 58  
 physical interventions 57–58  
 prohibited items 49–50  
 psychological treatment programmes  
 56–57  
 recovery 69, 75–76  
 security and risk 48–54



- self-harm 58–59  
 substance misuse 60  
 suicide 58–59  
 therapy and security 48–49  
 victimisation 60
- Risk Matrix 2000: 120  
 risk–need–responsivity (RNR) model  
 217–218, 221
- Risk of Sexual Violence Protocol (RSVP)  
 186
- risperidone 142, 157, 260
- R (Munjaz) v Mersey Care NHS Trust* [2003]  
 277, 286
- Royal College of Psychiatrists 4, 107, 118,  
 148
- R v MHRT: ex parte KB and seven others* [2002]  
 281, 286
- R v Secretary of State for the Home Department  
 and another, ex parte IH* [2003] 281–282,  
 286
- R (Wilkinson) v The Responsible Medical Officer  
 Broadmoor Hospital* [2001] 277, 286
- SAD PERSONS scale 30
- St Andrew's Healthcare 315–316
- St Andrew's Hospital 3, 4
- St Andrew's Sexual Behaviour Assessment  
 (SASBA) 181
- St Andrew's–Swansea Neurobehavioural  
 Scale (SASNOS) 167, 169
- St Bernard's Hospital 3, 4
- schema-focused therapy 91
- schizophrenia 21, 99  
 CBT 213, 217  
 clozapine 58  
 firesetting 194  
 gender differences 100  
 homicide 18  
 older people 187  
 sexual offending 16  
 substance misuse 16, 17, 29  
 suicide 29  
 violence 15–16, 28, 29, 312  
 young people 135–136  
*see also* treatment-resistant schizophrenia
- seclusion 57–58, 77–78, 79, 277, 280–281,  
 289
- Secret Hospital, The 5, 232
- secure care, development of 1–14
- Secure Needs Assessment Profile (SNAP)  
 54
- security  
 firesetting 206  
 HoNOS-secure 293
- needs 50–54
- nursing and management 243
- physical 49, 53, 59, 77, 206, 243
- procedural 49–50, 53, 59, 77, 188, 206,  
 243
- recovery and 77
- relational 50, 54, 55, 77, 107, 188, 243
- risk and 48–54
- See Think Act: Your Guide to Relational Security*  
 50, 77
- self-harm  
 firesetting 203  
 personality disorder 90, 92–93  
 risk assessment 28, 30, 39  
 risk management 58–59  
 women 90, 100, 101, 103, 104, 312  
 young people 133, 135, 136, 141
- sex steroid hormones: CNS modulation 100
- sexual boundary violation 61
- sexuality, expressions of 244
- sexual offending  
 abused women 103  
 autism spectrum disorder 151, 152  
 intellectual disability 115, 120, 121  
 older people 181–182, 186, 187  
 psychological treatment 218, 220–221,  
 225  
 psychosis 16  
 sexual violence defined 28  
 SPJ tools 35
- Short-Term Assessment of Risk and  
 Treatability (START) 30, 35, 37–39,  
 75–76, 242–243
- social learning theory 196, 244
- Social Stories 158
- sodium valproate 255
- special hospitals: history 5, 6, 231–232
- specialisation 10–11, 245
- Speech and Language Therapy (SaLT) 158
- staff  
 ASSIST model 315–319  
 boundary violations 50, 61–62  
 personality 313  
 psychological support after assault 308–323  
 self-efficacy 313  
 stress and burnout 311–313  
 well-being 313–315  
*see also* nursing, forensic mental health
- Staff Counselling in the Health Service: A Guide  
 for Employers and Managers* 314
- Static-99 119, 120
- stigma 70–71
- Strategy for Long Term Conditions 68
- Structured Assessment of PROtective  
 Factors (SAPROF) 76

## INDEX

- Structured Assessment of Violence Risk in Youth (SAVRY) 41, 140
- substance misuse
- dual diagnosis 57, 221, 222, 223
  - intellectual disability 118–119
  - mental disorder and offending 16, 17–18, 20
  - nursing 236
  - older people 185–186
  - prisoners 22
  - psychological treatment 221–224
  - risk management 57, 60
  - schizophrenia 16, 17, 29
  - suicide 29
  - violence 16, 17–18, 28, 29, 57
  - women 99–100, 101, 103–104, 105
  - young people 133, 136
- suicide 21, 203
- antidepressants 260
  - definitions 28
  - dialectical behaviour therapy 214, 215
  - European Convention on Human Rights 273–274, 275, 276
  - gender differences 100
  - intellectual disability 116–117
  - mental disorder 29–30
  - prisons 104, 117, 276
  - risk assessment 27, 39
  - risk management 58–59
  - women 100, 101, 104, 108–109
  - young people 133, 135, 260
- Suicide Act 1961: 275
- ‘super-specialisms’ 10
- Tarasoff v The Regents of the University of California* (1976) 275, 286
- ‘teaching hospital’ model 3
- technology 10–11
- Ten Essential Shared Capabilities 78–79
- therapeutic community treatment 91, 93, 121
- third parties, protection of 27–28, 274–275, 278
- threat-control override (TCO) theory 15–16
- Tidal Model 236, 245
- torture, freedom from 275–278
- Treatment and Education of Autistic and related Communication Handicapped Children (TEACCH) approach 139, 158
- treatment-resistant schizophrenia 255, 261–264
- antipsychotic polypharmacy 263–264
  - clozapine 262–263
  - clozapine augmentation strategies 263
- definition of treatment-resistance 261
  - high-dose antipsychotic prescribing 263–264
  - is patient truly resistant 261
  - prognostic factors predicting poor treatment response 261
- violence
- autism spectrum disorder 151, 152, 154
  - defined 28
  - intellectual disability 115–116, 119–120, 124
  - mental disorder and risk 28–29
  - mentally disordered offenders 15–26
  - in older people 179–192
  - psychological support for staff after assault 308–323
  - psychosis 15–16, 20, 29
  - risk management 54–58
  - substance misuse 16, 17–18, 28, 29, 57
  - violence management programmes 219–220
  - women 20, 102, 103, 105–106
  - see also* aggression; homicide; risk assessment
- Violence Risk Appraisal Guide (VRAG) 34, 37, 119–120
- voting 271, 284–285
- WAIS-IV (Wechsler Adult Intelligence Scale, fourth edition) 153
- ward environment management 243–244
- Winterbourne View 9, 61
- Winterwerp v the Netherlands (App no 6301/73)* [1979] 279, 286
- women 10, 99–112, 246
- aggression and violence 20, 54–55, 102, 103, 105–106, 312–313
  - attachment 100, 106
  - children 103, 107–108
  - evolution of secure mental health services for 6, 106–107
  - female wards and burnout in staff 312
  - firesetting 195, 203
  - gender-based violence 101
  - hormonal factors 100, 106
  - intellectual disability 124–125
  - offending 20, 102–106
  - older people 187, 188
  - practical aspects of secure care 107–108
  - prevalence of mental disorder 99–101
  - prisoners 22, 23, 103–104, 108–109, 187
  - psychological treatment 215, 217
  - psychosis and violence in community 20

- relational aggression 312–313  
 risk assessment 40, 107–108  
 self-harm 90, 100, 101, 103, 104, 312  
 trauma 105–106  
*Working for a Healthier Tomorrow* 315  
*Working for Patients* 287  
*Working Together – Securing a Quality Workforce for the NHS* 313–314
- X v UK (App no 7215/75) (1981)* 281, 286
- Young, Graham 5
- young people 131–147  
 absconding 59  
 cognitive and behavioural interventions 140  
 community adolescent forensic services 135  
 comorbidity 136–137, 142  
 costs 134  
 developmental perspective 137  
 dialectical behaviour therapy 139, 141  
 discharge from secure CAMHS 142–143  
 education 140  
 management challenges in secure CAMHS 136–137  
 medication 142, 260  
 mental disorder in looked after children and young offenders 132–134  
 models of care 137–139  
 nutrition 138  
 occupational therapy 140–141  
 offending 132  
 pathway approach 139  
 peer susceptibility 137  
 physical activity 138  
 physical touch 138–139  
 polypharmacy 137  
 risk assessment 41, 140  
 route of admission into secure CAMHS 136  
 secure accommodation orders 135  
 secure CAMHS hospital setting 135–136  
 secure in-patient CAMHS 134–135  
 sensory integration approach 141  
 solution-focused principles 138  
 specific treatment packages 139–142  
 transition challenges 142–143