

Index

Compiled by Linda English

- accommodation, supported 295–307,
 451–452, 460
 Europe 297, 299
 evidence for effectiveness 300–303
 floating outreach 295, 296, 301, 302, 303
 funding 298–300
 history of development 296–297
 international perspective 417
 nursing or residential care homes 295,
 303, 413–414
 ‘place and train’ approach 303
 quality 303–304
 QuEST research 303
 role of mental health services 304–305
 specialist placement funding panels 299
- active therapy 11
- Adult Attachment Interview 88
- advance directives 118, 196, 235
- AIMS-Rehab programme 271, 273–275,
 342, 456
- alcohol misuse 188, 192, 202
- amentia 5
- antidepressants 242, 244
- antipsychotics
 acquired brain injury and psychosis 364
 adherence 232–234
 atypical 26
 depot 233–234
 metabolic syndrome 234
 physical health 241, 242, 243, 244, 246, 249
 treatment resistance 224–238
 weight gain 26, 234–235, 242
see also individual drugs
- anxiety disorders 285–286, 362, 385
- aripiprazole 228, 233, 234–235, 242
- art therapy 209, 210–211, 215, 217–221
- Asclepiades 5
- Asperger syndrome 375, 383, 387
- assertive community treatment (ACT) 329,
 411, 452
- assertive outreach teams (AOT) 287,
 288–289, 446, 452
- assessment 61–78
 autism spectrum disorder 67, 376–377,
 394
 care planning 64
 carers’ 281
 case-note review 62
 challenging behaviour 174–177
 cognitive impairment 70–71
 community-based rehabilitation 281
 formulation 62, 63, 64, 68, 74, 281
 functional skills 66
 goal attainment scaling 68, 74
 physical health needs 64–65
 process 62–64
 rehabilitation 24
 self-assessment 61–62
 substance misuse 67, 191–195
 team processes 73–74
 tools 63, 68–70
 value of diagnostic 66–68
 value of structured 68
see also risk assessment
- associationistic psychology 6
- asylums 8–10, 436
 first-person narratives 101
 international perspective 413
 public 264
 reform 264–265
 supported accommodation and 297
 ‘virtual’ 15, 31, 265–266, 453
- attachment theory 83–85
- Autism Act 2009: 374
- autism spectrum disorder 217, 356,
 374–390
 anxiety disorders 385
 assessment 67, 376–377, 394
 Autism Spectrum Quotient (AQ) 376
 care clustering 462

INDEX

- challenging behaviour 175, 182–183, 382–383
 classification 375
 clinical features 375–376
 communication difficulties 384
 comorbid mental illness 384–388
 depressive disorder 386–387
 diagnosis 376–377
 diagnostic triad of impairments 374
 eating disorders 388
 education 379
 hope 378
 identification of needs 377
 independence and employment 379
 intellectual disability 383
 obsessive–compulsive disorder 385
 personal growth and empowerment 379
 physical health problems 384
 recovery 377–380, 388
 schizophrenia and other psychoses 67, 387
 sensory processing difficulties 381
 sleep problems 381–382
 social networks 379–380
 ‘stimming’ 382
 symptoms 375–376, 380–381
 tic disorders 387–388
 treatments not to be used 378
- Beck Anxiety Inventory 69
 Beliefs about Voices Questionnaire – Revised 69
 Beliefs and Convictions Scale 69
 Berwick report 275–276
 Bethlem 7, 8, 10, 101, 436
 biopsychosocial model 6, 74, 270
 bipolar disorder 159, 164, 239, 242, 243, 397, 441, 443
 blueSCI (creative therapy) 217–220
 body psychotherapy (BPT) 214, 216, 217
 borderline personality disorder 181, 182, 353
 Boston model of rehabilitation 445
 brain injury, acquired (ABI) 355, 359–373
 agitation and aggression 361, 364–365
 awareness 366–367
 in childhood 362
 classification 360
 cognitive impairment 365–366
 cognitive rehabilitation 370
 disability 367–369
 executive functioning 366, 371
 mental illness 361–365
 neurobehavioural rehabilitation 371
 neuropsychological aspects 365–367
 post-traumatic amnesia 360–361
 primary 360
 psychosis 355, 361, 362–364, 365
 rehabilitation 369–371
 relevance 359–360
 resources 372
 secondary 360
 understanding 360–361
 business case 346–347
- Calgary Depression Scale 69
 Camberwell Assessment of Need – Clinical Version 281
 cancer 243
 cardiovascular disease 239, 243, 250, 251
 care clustering 281, 462
 Care Programme Approach (CPA) 14, 282, 296, 405–406
 Care Quality Commission (CQC) 271, 272, 273, 274, 303
 carers *see* children as carers; families
 Celsus 5
 Chadwick, Dr Peter 103
 challenging behaviour 116, 171–187, 353, 437
 ABC chart 176
 acquired brain injury 364
 assessment 174–177
 autism spectrum disorder 382–383
 behavioural measurement 175–177
 case examples 172, 177
 countertransference 184
 definition 171
 extinction 173–174
 form of communication 172
 formulation 175, 177
 harm to self and others 172
 hyperarousal 174, 182
 knowledge of patient 179
 leads to harm directly or indirectly 172
 levels of severity 172
 medication 182–183
 mental state assessment 175
 My Shared Pathway 178–179
 negative reinforcement 173
 physiological mechanisms 174
 positive reinforcement 173, 174, 180
 psychological interventions 179–182
 psychological mechanisms 172–174
 RAID approach 180
 ‘Safewards’ model 184–185
 sexual expression 354
 staff factors 184
 therapeutic relationship 177–179

- types or categories 171–172
ward factors 184–185
- childhood adversity/abuse 80, 82–84, 85, 174, 175, 216
- children as carers 161–162, 354–355
- CHIME acronym 106
- clinical commissioning groups (CCGs) 345
- clozapine 117, 182, 364
agranulocytosis 230–231
BEN 230
monitoring services 227, 230
neutropenia 230
side-effects 26, 226
smoking 241
titration regimen 227
treatment resistance 224–238
weight gain 234–235, 242
- Clubhouse movement 33, 311, 412
- cognitive approaches 136–152
challenging behaviour 180
historical context 136–137
see also cognitive-behavioural therapy;
cognitive-behavioural therapy for
psychosis; cognitive remediation
therapy
- Cognitive Assessment of Voices 69
- cognitive-behavioural therapy (CBT) 26–27, 70
autism spectrum disorder 381, 384
low-intensity methods 27
personal health budget 55
schizophrenia 26, 27
- cognitive-behavioural therapy for psychosis (CBTp), for schizophrenia 27, 136, 137–140
combined with CRT 147–148
effectiveness 139
formulation 138
intervention phase 138
overlap with CRT 145–147
patient characteristics 140
treatment characteristics 139–140
- cognitive impairment
acquired brain injury 365–366
assessment 70–71
psychosis 286
schizophrenia 70, 71, 136, 140–148, 401
- cognitive remediation therapy (CRT), for schizophrenia 29–30, 136, 140–148
combined with CBTp 147–148
computerised 145
definition 141
effectiveness 141
metacognitive remediation 143–145
- overlap with CBTp 145–147
patient characteristics 143
strategic approach 142
treatment characteristics 142–143
- community-based rehabilitation 257, 258, 279–294
assertive outreach teams 287, 288–289
assessment 281
care planning 282–283
challenges 285–287
community mental health teams 279, 287, 288–289
community rehabilitation teams 287, 290–291
early-intervention in psychosis teams 287, 289–290
engagement 280, 286
evaluation 445–446
out-of-area placements 280, 291
personal goal-setting 283
principles 279–280
risk management 285
work with care network 284
- community mental health teams (CMHTs) 279, 287, 288–289, 304, 446
- community rehabilitation teams (CRTs) 266, 290–291, 345, 445–446, 452, 460
- comorbidity 19
assessment 61, 66, 68
challenges for community teams 285–286
- coping strategies 24, 91–92, 131–133
- Core Arts (creative therapy) 220
- Cowper, William 7–8
- creative therapies and creativity 117, 208–223
art therapy 209, 210–211, 215, 217–221
body psychotherapy 214, 216, 217
dance movement therapy 213–214, 216
drama therapy 211–212, 215
evidence base 214–217
examples of good practice 217–221
music therapy 209, 212–213, 215, 216, 217
- Criminal Lunatics Act 1800: 10
- crisis resolution/home treatment teams 287, 305, 440, 452
- culture
family interventions 163
low- and middle-income countries 357, 425–435
- DACTS 288
- dance movement therapy 213–214, 216
- day care 412
- Deegan, Dr Patricia 102–103

INDEX

- deinstitutionalisation 15, 39, 436, 451
 international perspective 297, 357, 412–414, 416, 418
 supported accommodation 296, 297
 ‘virtual asylum’ 265–266
- delusions 5
 acquired brain injury 363
 cognitive–behavioural therapy 27, 114, 146
 risk of violence 72–73
 understanding 81–82, 83, 86, 88, 90–91, 92, 94
- dementia 5
- dental health 244–245
- dependency 22
- depot medication 233–234
- De Praerogavita Regis* 6
- depression 216, 242, 243, 285, 361–362, 386–387, 397
- Description of The Retreat* (Samuel Tuke) 8–9, 436
- diabetes 26, 241, 242, 247, 250
- dialectical behaviour therapy (DBT) 176–177, 181, 270
- disability 23–24, 102
 acquired brain injury 367–369
 minimisation 26–30
 personal reaction 23
 processes and services to limit 23–25
 social model 50
 WHO model 367–369
- Disabled Persons Act 1944: 11
- dissociation 83
- drama therapy 211–212, 215
- dynamic psychiatry 6
- early-intervention in psychosis (EIP) teams 287, 289–290, 452
- Early Signs Scale 69
- education, of service users 34
- elderly 355, 401
- electroconvulsive therapy (ECT) 229, 231
- Elizabethan Poor Law 7
- employment 32–34, 263, 308–323
 4 Rs 317–318
 autism spectrum disorder 379
 barriers 311
 Clubhouse model 33, 311
 competitive 309
 good vocational service 316–317
 individual placement and support (IPS) 311, 312–315
 occupational health reports 318
 open 309
 peer-support programmes 33–34
- place-and-train models 32–33
 ‘reasonable adjustments’ to support the employee 320
 role of mental health clinicians 317–320
 schizophrenia 141, 311
 social firms 33
 social inclusion 48, 259–260
 supported 32, 308, 311
 vocational rehabilitation approaches 311
 vocational rehabilitation in LMICs 427
 v. work 308
 welfare benefits 313
 work and mental health problems 309–311
- empowerment 21, 22, 106, 379, 434
- Enlightenment 6
- Epicurus 5
- Equality Act 2010: 320
- Essen Climate Evaluation Scale 271
- Ex-services Mental Welfare Society (Combat Stress) 11
- eye movement desensitisation and reprocessing therapy 181–182
- FACT model 289
- families 417
 challenge for community teams 287
 open dialogue approach 93
 parental role 162, 354
 recovery 165–166
 substance misuse 203–204
- family interventions 28, 153–170
 behavioural family therapy 162
 case example 160
 challenging behaviour 180–181
 cultural background 163
 family education and support (Level 2) 156–157
 family-sensitive practice (Level 1) 154–156
 in forensic settings 162
 formal (Level 3) 158
 implementation 163–165
 levels of family work 153–158
 needs of children and siblings 161–162
 policy 164–165
 principles and content 159–161
 substance misuse 163
- forensic rehabilitation 162, 438
- The Forgotten Need for Rehabilitation in Contemporary Mental Health Services* report 453
- formulation
 5 Ps 74
 assessment 62, 63, 64, 68, 74, 281
 risk management 404
- Francis report 39, 275

- Freud, Sigmund 6
- Friern Barnet Hospital 13, 30
- functional skills 120–135
 - acceptance and commitment therapy 127
 - assessment 66
 - change plan 127
 - change talk 123–124
 - coping strategies 131–133
 - decisional balance 124
 - engagement 121–123
 - establishing rationale for skills work 123–124
 - goal-setting 126–128
 - graded exposure 130–131
 - information-sharing 128–129
 - interests checklist 125, 128
 - modelling and role play 133
 - monitoring and scheduling activity 128
 - practical approaches for change 124–125
 - problem-solving 129–130
 - solution-focused therapy approach 126
 - 'telling my story' groups 126
 - using strengths and resources 125–133
 - values 127–128
- Gestalt theory 94
- Glasgow Coma Scale (GCS) 360–361
- Goffman, Erving 12, 436
- Good Milieu Index (GMI) 271, 273
- Guidance for Commissioners of Rehabilitation Services for People with Complex Mental Health Needs* 345, 346, 460
- Hall Engagement Scale 69
- hallucinations
 - acquired brain injury 363
 - cognitive-behavioural therapy 137, 147
 - life events 86
 - trauma 83
 - violence 73
- handicap 23, 30–34
- Headway 372
- Health of the Nation Outcome Scales (HoNOS) 68, 281, 455
- hepatitis 244
- Hippocrates 4
- historical context of rehabilitation 3–17
 - 19th-century asylum 9–10
 - 20th century 11–13
 - 21st century 15
 - ancient ideas on madness and treatment 4–5
 - care of mentally ill 6–10
 - community mental health services 14
 - early nosologies 5–6
- Enlightenment 6
 - in-patient rehabilitation services 263–266
 - mental hospital closure programme and TAPS study 13–14, 451–452
 - moral treatment 8–9
 - understandings of mental disorder 4
- HIV 244
- homicide, and risk management 399
- hope 21–23
 - autism spectrum disorder 378
 - first-person narrative 104, 106
 - functional skills 121–122, 126
 - peer support 329
 - suicide and hopelessness 398
- hospital hostels 301
- Hospital Plan 1962: 12
- hospital settings, rehabilitation in *see* in-patient rehabilitation services
- housing 30–32, 295–307
- humoralism 4–5
- hypothalamic-pituitary-adrenal (HPA) axis 85
- identity 104, 106
- impairment
 - defined 23
 - disability and 50
 - minimisation 26–30
- Implementing Recovery through Organisational Change (ImROC) 43, 357
- Improving Access to Psychological Therapies (IAPT) programme 27
- independent sector 259, 266, 297, 345, 347, 413, 453, 460
- individual placement and support (IPS) model 311, 312–315
- industrial therapy 12, 32, 311
- in-patient rehabilitation services 262–278, 284, 345, 460
 - AIMS-Rehab programme 271, 273–275, 342
 - current definitions 267–270
 - evidence base 358
 - functional ability of residents 267
 - future 274–276
 - international perspective 416–417
 - length of admission 267
 - low-secure provision 266
 - measurement of therapeutic environments 270–271
 - quality 271–274
 - risk management 270
 - specialisation 270
 - survey 267, 270
 - typology 270

INDEX

- insight 90
In Sight and In Mind 343
 institutionalism 436
 intellectual disability
 autism spectrum disorder 383
 challenging behaviour 171, 175
International Classification of Functioning, Disability and Health 367–369
 international perspective, on rehabilitation
 357, 409–424
 Australia 414, 415
 Belgium 418
 deinstitutionalisation 297, 357, 412–414, 416, 418
 Germany 416
 good practice in long-term care 417–418
 in-patient beds 416–417
 Israel 415–416
 Italy 413, 416
 Japan 413
 mental health policy 414–416
 practice 412
 supported accommodation 297, 417
 treatment guidelines 410–411
 USA 412, 415, 418–421
- ladder model, of rehabilitation 12
 leadership, and rehabilitation services 260, 337–349
 competencies 338–339
 mapping local need and demand 346
 service development 337–349
 tasks 340
 teamworking 340–341
 transactional 338
 transformational 338
 v. management 337–338
 working with commissioners and senior management 345–346
- learned helplessness 102
 leisure activities 308
 life events 4, 80, 81–86, 93, 94
 ‘locked rehabilitation’ units 266, 460
 Locke, John 6
 locus of control, external 85–86, 247
 low- and middle-income countries (LMICs)
 357, 425–435
 Afghanistan 433, 434
 Bangladesh 433
 cognitive retraining 427
 community care 428–429, 430
 effect of culture 425–426
 home-based interventions 429–430
 India 430–431
 locations for rehabilitation 428
 medication management training 427
 Nepal 432–433
 non-governmental organisations (NGOs)
 357–358, 417, 426, 430–434
 Pakistan 432
 rural–urban differences 433–434
 Sri Lanka 431–432
 vocational rehabilitation 427
- Lunacy Act 1845: 264
 Lunacy Commission 264
 ‘lunatics’ v. ‘natural fools’ 6
- Maastricht Hearing Voices Interview 89
 madhouses 7, 9, 264
 madness
 ancient ideas 4–5
 life events 81–86
 understanding 79–98
- management
 by exception 342
 definition 339
 horizon scanning 340
 operational 339–340
 project 340–341
 referrals 342–343
 rehabilitation pathway 341–342
 rehabilitation services 260, 339
 senior 345–346
 strategic 339–340
 tasks 340
 teamworking 340–341
 v. leadership 337–338
 see also risk management
- Manchester Short Assessment of Quality of Life 69
 mania 4–5
Maudsley Prescribing Guidelines 36, 182, 226–227, 228, 231
 Measurement and Treatment Research to Improve Cognition in Schizophrenia (MATRICS) 141
 medication 26, 32, 117–118
 1950s new treatments 6, 12
 acquired brain injury and aggression/ agitation 364–365
 challenging behaviour 182–183
 compliance therapy 182, 233
 mortality effects 240
 physical health 240, 241, 242, 243, 244, 249
 see also individual drugs and drug types;
 treatment resistance
- melancholia 4–5, 8–9

- Mental Aftercare Association (Together) 10
 Mental Capacity Act 2005: 285, 305, 361, 405
 Mental Health Act 1983: 305, 338, 354, 392, 405
 Mental Health Declaration for Europe (WHO) 414
 mentalisation deficits 84
 Mental Treatment Act 1930: 11
 metacognitive training programme 146
 mobile support model 31–32
 Model of Human Occupation Screening Tool (MOHOST) 69, 71
 mood stabilisers 242, 244
 moral treatment 8–9, 21, 263, 436
 mortality 118, 239–240, 243
 motivational interviewing 87
 challenging behaviour 182
 family 163
 functional skills 121, 122, 123–124, 126, 127
 substance misuse 199, 200, 203
 music therapy 209, 212–213, 215, 216, 217
- narratives, first-person 80, 99–110
 by mental health professionals 99, 102–103, 108
 critique of use by services 107
 definition 99
 enacted in drama therapy 212
 four narratives 102–104
 importance 100–101
 journals published 99–100
 learning from 104–107
 personal involvement of author 101–102
 narrative therapy 86
 National Service Framework for Mental Health 15, 164, 266, 287, 440, 452–453
 negative symptoms 12, 19, 32, 208, 215, 286
 Neurological Alliance 372
 New Poor Law 1832: 7
 NHS England 344–345
No Health Without Mental Health 394, 454
 non-governmental organisations (NGOs) 357–358, 417, 426, 430–434
 normalisation 14
- obesity 242
 occupation 308
 Occupational Self Assessment 125
 occupational therapy 11, 14, 63, 127, 133, 260
 olanzapine 228–229, 230, 233, 234–235, 241, 242, 249
 Old Testament 4
 open dialogue approach 93
 open door movement 12
 opportunity cost 347
 out-of-area placements or treatments (OATs) 31, 275, 461
 community-based rehabilitation 280, 291
 leadership 343–344, 345
 ‘locked rehabilitation’ units 460
 supported accommodation 299–300
 to make case for rehabilitation services 453–454
- paliperidone 233
 paranoia 4, 5, 85–86
Patients as Parents 162
 peer support 260, 324–336
 admission rates 328
 benefits for peer workers 330
 definition 324–325
 hope 292, 329
 impact 327–330
 ‘light bulb’ 331
 management 334
 in mental health services 33–34, 324–336, 461
 recovery-focused approach 330
 reflections from peer worker 330–335
 ‘reframe’ 331–332
 role models 133
 roles of peer workers 327
 self-efficacy 328
 sense of acceptance 329
 social isolation 329
 stigma 329
 supervision 333–334
 training 332
 types 325
 vocational service 316
 wellness plans 333–334
- Personal Beliefs about Illness Questionnaire 69
 personalisation 52–56, 284
 benefits 54
 challenge to clinicians 54–55
 definition 52
 difficulty in achievement 56
 direct payment 52
 equalities agenda 55
 impact of personal budgets on services 55–56
 independent living movement 53
 personal budget (PB) (self-directed support) 52, 55–56, 291, 460
 personal health budget (PHB) 52, 55
 political consensus about 53–54
 recovery 54

INDEX

- personalised recovery-oriented services (PROS) programme (New York State) 418–421
- personality difficulties 67–68
- personality disorder
 assessment 67–68, 72
 borderline 181, 182, 353
 challenging behaviour 175, 177, 180
 clusters 462
 creative therapy 217
- physical healthcare 118, 239–253, 263
 access to healthcare 240
 autism spectrum disorder 384
 cancer 243
 cardiovascular disease 239, 243, 250, 251
 challenge for community teams 286–287
 dental health 244–245
 diabetes 242, 250
 effective interventions in recovery services 247–250
 engagement 240, 250
 exercise programmes 248
 health behaviours 240
 healthy eating programmes 248
 hepatitis 244
 HIV 244
 medication effects 240
 mental illness effects 241
 mortality and morbidity 239–240, 241, 243
 obesity 242
 physical problems 241–245
 primary care 250
 reasons for mortality gap 240–241
 recommended monitoring 245–246
 respiratory disease 243–244
 role of psychiatric services 246–247
 routine screening 250
 smoking 241, 249–250
- Physical Health Check Tool 246–247
- physical treatments 4, 5
- Pinel, Philippe 8
- Plato 5
- PORT treatment recommendations 410–411
- Positive and Negative Syndrome Scale 69
- post-traumatic amnesia (PTA) 360–361
- post-traumatic stress disorder (PTSD) 216
- powerlessness 85–86, 91
- primary care, engagement with 250
- psychiatric rehabilitation *see* rehabilitation
- psychiatry
- psychodynamic psychotherapy 181
- psychological causation 4
- psychosis 48–49, 122
 acquired brain injury 355, 361, 362–364, 365
 assessment 66, 67–68, 74
 autism spectrum disorder 387
 care clustering 462
 family interventions 158, 159
 local rehabilitation units for 270
 negative symptoms and cognitive impairment 286
 NICE guidelines 234–235
 physical health 247
 risk management 399–400, 401
 siblings with 162
 substance misuse 116, 188, 192, 194
 understanding madness 79–98
see also antipsychotics; bipolar disorder; cognitive-behavioural therapy for psychosis; early-intervention in psychosis teams; schizophrenia
- Quality Indicator for Rehabilitative Care (QuIRC) 273–274, 358, 417–418, 442–443, 446
- Quality, Innovation, Productivity and Prevention (QIPP) agenda 343–344
- randomised controlled trials (RCTs) 411
- recovery 41–47
 in 21st century 458–463
 autism spectrum disorder 377–380
 community-based rehabilitation 279–294
 definition 41–42, 101, 410
 early nosologies 5–6
 families 165–166
 film about 101
 from trauma 89
 international understanding and policy 42, 410
 narrative-based model 105
 non-Western concepts 42
 personal 42, 44
 personalisation 54
 processes 106–107
 rate of 341–342
 rehabilitation and 44–47, 458–459
 risk and 392–395
 Royal College of Psychiatrists 43–44
 social inclusion 51–52
 social v. medical model 459
 substance misuse 190
 taking responsibility for 104–105
 treatment guidelines 410–411
 recovery approach 20, 21–22, 42, 99, 101, 108, 459
 recovery colleges 282–283, 285

- recovery heroes 101–102
 recovery journey 100, 105
 recovery movement 3, 46–47, 87, 108
 Recovery Star 46, 68–69, 282
 recovery stories 87
 Recovery and Support Plan 61–62, 68, 282
 recovery teams 287
 rehabilitation
 in 21st century 458–463
 acquired brain injury 369–371
 assessment 24
 challenge from recovery movement 46–47
 community health services and 14
 definition 18–19
 ethical aspects 355
 historical context 3–17
 international perspective 357, 409–424
 ladder model 12
 recovery and 44–47, 458–459
 treatment guidelines 410–411
 as values-led practice 39–60
 rehabilitation care pathway 19, 21, 24, 257, 291, 341–342
 Rehabilitation Effectiveness for Activities for Life (REAL) study 271, 358, 442–445
 rehabilitation psychiatry 3, 44, 345
 definition 18, 410
 description 18–38
 future directions in policy and practice 451–457
 textbooks on 14, 412
 rehabilitation services 18–21, 255–349
 aims 18
 consequences of National Service Framework for Mental Health 452–453
 definitions 262, 263, 440
 disinvestment 452–453, 462
 evidence base 436–448, 463
 history of 12, 14, 15, 263–266
 in hospital settings 262–278
 influencing investment in 343–346
 organisation 24–25
 partnerships between statutory and non-statutory services 259
 provision of flexible pathway 257–258
 recovery and 44–46
 renaissance 463
 service development 337–349
 short-term goals 25
 support for social inclusion 259–260
 tariff-based 462
 whole system approach 18–19, 113, 257, 262, 274–276, 284, 459–461
 see also leadership; management
 relational security 263–264, 406–407
 religious causation 4
 respiratory disease 243–244
 restriction order 405
 The Retreat 8–9, 10, 263–264, 436
 risk assessment 71–72, 356, 397–400, 401
 documentation of risk behaviours 396
 dynamic acute factor 73
 dynamic stable factor 73
 limitations 395
 methods 71–72
 in practice 396
 static factor 73
 substance misuse 195–196
 risk management 270, 341, 356, 391–408
 Best Practice in Managing Risk 392
 Care Programme Approach 405–406
 collaborative approaches 392–395
 in community mental health services 285
 epidemiology 397, 399
 formulation 404
 HCR-20 400, 404
 Independence, Choice and Risk 402
 informing service users about risk and safety 404
 Ligature Audit 406
 ‘My Shared Pathway’ 405–406
 positive 392, 402
 relational security 406–407
 risk and recovery 392–395
 risk to others 399–400
 risk to self 397–399
 safe environments 406–407
 safety planning 404–405
 self-neglect 400–401
 service user and safety management 401–403
 Short Term Assessment of Risk and Treatability (START) 400, 401
 structured professional judgement 395, 400
 substance misuse 195–196
 suicide 395, 397–398, 406
 supporting processes and documentation 396, 403–404
 violence 393, 399–400
 vulnerability 400–401
 risperidone 228, 231, 232, 233, 234, 242, 249
 Royal College of Psychiatrists
 in-patient services 267, 271, 273
 leadership 338
 out-of-area treatment 453–454
 recovery 43–44
 risk management 395, 396–397, 406

INDEX

- St Dymphna 7
 schema therapy 180
 schizoaffective disorder 224–238, 353, 441, 443, 445
 schizophrenia 22, 87, 353, 418
 acquired brain injury 362, 363
 assessment 61, 64, 67–68
 autism spectrum disorder 67, 387
 cognitive-behavioural therapy 26, 27
 cognitive-behavioural therapy for psychosis 27, 136, 137–140
 cognitive impairment 70, 71, 136, 140–148, 401
 cognitive remediation therapy 29–30, 136, 140–148
 creative therapies 208, 215–216
 delusions 81–82
 diabetes 26, 241, 242
 employment 141, 311
 evidence base for rehabilitation services 437–438, 439, 441, 443, 445
 family interventions 28, 158, 180
 mentalisation deficits 84
 negative symptoms 12, 19, 32, 208, 215
 NICE guidelines 80, 93, 181, 208, 235–236, 245–246, 410, 411, 439, 440
 personality disorder 67–68
 physical health 239, 241, 242, 243, 245
 risk management 395, 397, 399, 401
 smoking 241
 substance misuse 116, 188, 286
 treatment in LMICs 428–430
 treatment resistance 117, 224–238
 self-harm 172, 397–398
 Self-Identified Stages of Recovery Scale 105
 self, sense of 117, 126
 Sen, Dolly 103
 sexual abuse 82–83, 103, 216
 sexual expression 354, 380, 382
 sheltered work 11, 311
 skills training 28–29, 380
 SMART goals 25, 74, 127
 smoking 241, 247, 249–250
 social cognition 146, 148
 Social Functioning Questionnaire 281
 social inclusion 18–19, 47–52, 409–410
 agency and process 50
 citizenship and social justice 50
 consumption 47
 life-course and longitudinal perspective 50
 mental health problems 47–49
 pointers to action 50–51
 political engagement 48
 production 48
 recovery 51–52
 rehabilitation services 259–260
 services 48
 social identity groups 49
 social interaction 48
 social participation 47
 value of concept 50
 somatic causation 4
 Soranus of Ephesus 5
 spirituality 354
 spot purchases 345, 347
 Stages of Recovery Instrument (STORI) 105
 stress-vulnerability model 24, 74, 82, 85, 140
 substance misuse, coexisting 116–117, 188–207, 353
 accommodation 203
 assessment and review 67, 191–195
 care clustering 462
 Care Programme Approach review 195, 196
 challenges of dual diagnosis 188–190
 community teams challenge 286
 cycle of change model 196–202
 decision matrices 192, 199
 detoxification 201
 drink or drug diaries 192, 199
 family/carers 163, 203–204
 four-stage treatment model 196–202
 harm minimisation 200
 integrated treatment model 191
 interventions 196–202
 lack of evidence on effective interventions 189
 lapse v. relapse 202
 outcome measures 195
 parallel model 191
 physical health issues 195
 relapse prevention 202
 relapse signature 202
 relapse stage 196
 risk assessment and management 195–196
 safeguarding issues 195
 scaling tools 200
 self-help groups 201
 serial model 191
 service delivery models 191
 service user factors 188–189
 time lines 192, 199
 use on wards and residential facilities 190
 workplace deficits and separation of services 189
 suicide, and risk management 395, 397–398, 406
 Supervised Community Treatment 405
 ‘Supporting People’ initiative 290, 298–299

- tariff-based mental health services 462
- Team for the Assessment of Psychiatric Services (TAPS) study 13–14, 300–301, 437, 451–452
- Test of Memory Malingering 71
- Test of Premorbid Functioning 71
- therapeutic community approach 11, 264–265, 270, 274
- ‘Think Family’ initiative 162, 164–165
- ‘Thinking about Looking’ (creative therapy) 220–221
- Three Hospitals Study 264, 436
- trans-institutionalisation 15, 266, 297, 357, 413–414
- trauma 181
 - creative therapies 210–211
 - three-stage model of recovery from 89
 - traumagenic neurodevelopmental model 85
 - understanding madness 82–84, 85, 89
- treatment approaches 111–253
- treatment resistance 81, 117–118, 224–238
 - adherence issues 232–234, 286, 301
 - adverse effects 234–235
 - augmentation strategies 228–230
 - commencing clozapine 226–228
 - compliance therapy 233
 - depot and other preparations 233–234
 - dialogue about options 225, 235–236
 - establishing 224–225
 - haematological rechallenge with clozapine 230
 - if clozapine cannot be used 231–232
 - management 226–232
 - NICE schizophrenia guidelines 224, 235–236
 - rechallenge with clozapine after myocarditis and cardiomyopathy 231
 - role of clozapine 226
 - schizophrenia and schizoaffective disorder 224–238
- Tuke family 8–9, 10, 263, 264, 436
- United Kingdom Acquired Brain Injury Forum 372
- values-led practice, rehabilitation as 39–60
- victimisation 85–86
- violence
 - risk assessment 72–73
 - risk management 393, 399–400
- Voyce, Andrew 104
- vulnerability–stress–coping–competence model 24
- Wechsler Adult Intelligence Scale (4th edn) 71
- Wechsler Memory Scale (4th edn) 71
- weight gain 234–235, 240, 242
- Wellness Recovery Action Plan 406
- whole system approach 18–19, 113, 257, 262, 274–276, 284, 459–461
- work 308–323
- workhouses 7, 9
- World Federation for NeuroRehabilitation 372
- Wynne’s Act 1808: 264