

# Index

- Aboriginal Community Controlled Health Services (ACCHSs) 37, 40–1
- IHW roles within 164–5
- see also* community controlled health services
- Aboriginal Health and Medical Research Council of New South Wales (AH&MRC NSW) 90
- Aboriginal Medical Services (AMSs) 60, 157
- Aboriginal Mental Health First Aid (MHFA) 203–4
  - study of depression 203–4
  - study of trauma and loss 204
- Aboriginal Protection Board 10, 11
- Aboriginal Protection Policy 10
  - implementation 11–12
- Aboriginal Protection and the Restriction of the Sale of Opium Act 1897* 36
- Aboriginal Registered Nurses 88
- Aboriginal suicide *see* suicide
- Aboriginal and Torres Strait Islander communities 51–2
  - birthing on communities 122
  - Brisbane protests/rallies 85
  - complexity of needs, challenge of 202–3
  - destruction of 33
  - eclectic communities 61
  - gender discussions 68
  - illness and disease rates 16–17
  - isolation (of men) in prisons or detention centres 72
  - negative effects of past policies 234
  - venereal disease 34
  - Western understandings and patriarchy system introduced to 68–9
- Aboriginal and Torres Strait Islander Community Health Service Brisbane Ltd
  - establishment 84–6, 87–8
  - working in 88–9
- Aboriginal and Torres Strait Islander Health Plan 235
- Aboriginal and Torres Strait Islander Health Practice Board 165–6
- Aboriginal and Torres Strait Islander health practitioners 156–75
  - partially registered professionals
    - assessment 165
    - regulation 165–6
    - title to distinguish registered individuals 165
  - Aboriginal and Torres Strait Islander health workers *see* Indigenous health workers
  - Aboriginal and Torres Strait Islander identification 120–1, 215–16
  - role of health carers 215–16
  - Aboriginal and Torres Strait Islander men 205–7
    - custodians 76
    - health agendas and needs of 74
    - key health issues 72, 73
    - pastoral duties training focus 37
    - re-thinking health of 76–7
    - suicide rates 195
  - Aboriginal and Torres Strait Islander peoples
    - Aboriginality – health links 70
    - access to mainstream services 18
    - Aunty or Uncle as respectful terms 233
    - being in control 86–7
    - causes of death 13
    - children, health of *see* Indigenous child health
    - cities and rural settings 83
    - current perspectives 117–21
    - Dampier's description of 29–30
    - delivery of client-centred, holistic care to 156
    - 'doomed race' 10
    - Elders, caring for 232–41
    - engagement with Australian population 11
    - exacerbated health problems 73
    - exclusion from economy 32
    - fertility 118
    - forcible movement of 32, 33, 35–6, 117
    - future perspectives 93
    - gender and 68–9
    - guidelines and protocols 182
    - health and wellbeing 10, 13, 33, 36, 69, 105–6, 123, 156, 215
    - health perspectives 7–24
    - health services perspectives 29–42
    - high STI rates among 76
    - historical perspectives 9–10
    - 'holistic' concept of health 51–2, 201, 202
    - hospitalisation of impoverished people 35
    - keepers of knowledge *see* Elders
    - kinship as paramount 214
    - laws affecting 38
    - massacre 9
    - perceptions and assumptions
      - guiding interactions 14–15, 180
    - population 13
    - population and location 117–18
    - pre-colonisation traditional beliefs/
      - birthing practices 98
    - relationship prioritising 115
    - reserves and missions, living conditions 83
    - as 'savages' and 'barbaric' 53
    - specific laws construction 84
    - standard diet 103
    - undertaking research/working
      - within research teams 184
    - venereal disease, control systems for 34–5
    - voluntary movement of 35
    - younger people, vulnerability to suicide 194
    - see also* NAIDOC Week
  - Aboriginal and Torres Strait Islander women
    - birth statistics (Humphrey) 104
    - birthing experiences rights 115
    - birthing issues 114–16
    - diverse and complex health problems 73
    - domestic duties training focus 37
    - forced sterilisation 57
    - gendered issues 71
    - health agendas excluding needs of 74
    - Law keeping and ceremonies
      - regarding birth 99
    - mainstream health services, challenges 115
    - maternal risk factors 119, 120
    - midwifery practice 114–33
    - midwifery training 122–3
    - policy articulation of issues
      - ownership 71

- Aboriginal and Torres Strait (cont.)  
 service accessibility 114  
 suicide rates 195  
 tertiary education barriers 122  
 traditional healers, roles as 31  
 traditional knowledge 116–17
- Aboriginality 70  
 not determined by skin colour 61
- Aborigines Advancement League  
 12–13
- Aborigines Protection Act 1909* (NSW)  
 11, 35
- accidents 223–4
- accountability 18, 171–2  
 of boards of directors 90
- acronyms 59
- activism 11, 38  
 cross-disciplinary Indigenous  
 activism, *The Strategy* and 75  
 FCAATSI thrust 84  
 health-inequalities fuelled 83  
 political activity/agitation 84  
 post-protest arrests 85–6
- activities of daily living 73  
 daily struggles 73  
 as gendered experience 73
- Acts of Administration 117, 232
- acute rheumatic heart disease  
 (ARHD) 222–3
- advocacy 37, 41, 89, 141  
 aimed at improving services 83  
 by boards of directors 90  
 Strategy platform for 75
- age spread 118  
 fertility rate explained by 118
- age structure  
 differences 232–3  
 of Indigenous and non-Indigenous  
 Australians 118, 232–5
- aged-care services 237–40
- aged-care workforce 236
- alcohol and substance use/abuse 72,  
 193, 214–15
- allied health staff 139
- anaemia 220
- antenatal care 106  
 importance of 124–5
- antibiotic treatment 223
- anxiety 214–15
- assault 223–4
- assimilation 36–7
- assumptions 39  
 health assumptions 14–15  
 ill-formed 180  
 regarding cultural needs 166–7
- attitudes 48, 49, 54  
 contributions to 'health' definitions  
 51  
 gauging using focus groups 187  
 understanding ones' own 50–1
- Australian Council of Churches 85
- Australian Health Minister's Advisory  
 Council (AHMAC) 114
- Australian Human Rights  
 Commission 167–8
- Australian Institute of Health and  
 Welfare (AIHW) 194  
 population size classifications  
 114–15  
 warnings of poor health status  
 documentation 14
- Australian Nursing and Midwifery  
 Accreditation Council  
 (ANMAC) 57
- Australian population 11  
 morbidity and mortality data 13
- Australian Referendum (1967) 38
- FCAATSI as driver for 84
- Australian Women's Health Network  
 (AWHN) 75
- Talking Circle 75
- Bachelor of Midwifery (Indigenous)  
 course 123
- Basic Skills Certificate 165
- beliefs 48, 54  
 of Aboriginal people as 'savages'  
 and 'barbaric' 53  
 Christian belief system 54  
 contributions to 'health' definitions  
 51  
 custodians for beliefs, customs and  
 spirituality 76  
 pre-colonisation traditional beliefs  
 98  
 understanding one's own 50–1, 151
- belonging 198, 199
- bias 128, 131
- big food 100
- biomedical model 56, 129, 166  
 biomedical surveys 235
- birth registration 215–16  
 birth certificate supportive  
 initiatives 216
- birth rights 109
- birthing on Country 36, 115–16,  
 120, 125  
 birthing off Country 103  
 physical and spiritual support 125
- birthing practices  
 afterbirth 101–2  
 birth 101  
 breastfeeding and contraception  
 102  
 in colonial period 117  
 coloniser recognition and valuing  
 of 116–17  
 connections to Country and  
 identity 121–2  
 disrupted and forcibly changed 103  
 on the homelands 99–102  
 labour 100  
 maternal health 118–21  
 meeting the father 102  
 passed from older to younger  
 women 116  
 pre-colonisation themes 98  
 pregnancy 100, 103–4  
 in remote locations 98–110  
 role of women 32  
 safe practices from Indigenous  
 midwives 116  
 traditional 53
- Bjelke-Petersen, Joh 85
- 'black affairs in black hands' 86
- Black Panther Party 84
- blood-quantum classifications 61
- Blue Book 217
- boards of directors 89–90
- body language 150
- Booth, Elder Ivy Molly 234
- breastfeeding and contraception 220  
 ensuring adequate dietary intake  
 107
- Bringing Them Home* report 11–12,  
 37, 167
- Brisbane Aboriginal health service  
 84–6, 87–8
- burden of disease 146, 147, 162
- bush medicine 31–2, 99, 100
- bush tucker 10, 100
- Calma, Tom 16
- cardiovascular disease (CVD) 13, 147
- careers  
 advancements 40–1  
 career backgrounds of RANs 145  
 career pathways 159
- carers/caregivers 215–16  
 few Indigenous Australians identify  
 as 236  
 primary *see* primary caregivers
- caring 198
- Central Australian Aboriginal  
 Congress (CAAC)  
 emphasis 38  
 health consultation provision 38–9
- Central Australian Rural Practitioner  
 Association (CARPA) manual  
 157
- ceremonies 124, 199  
 according to Grandmothers' Law  
 101–2  
 loss of 105  
 surrounding the birth of a baby  
 101  
 'weakened spirit' in absence of 120
- Certificate IV in Aboriginal and  
 Torres Strait Islander Primary  
 Health Care (Practice) 166
- child mortality 216  
 closing the gap in 141  
 Closing the Gap targets 39–40
- Child Safety 124
- childrearing practices 214
- children  
 babies as vulnerable 102  
 emotional bonds 214  
 health and wellbeing, life situations  
 affecting 215  
 loss through suicide 195  
 New Directions program for 217  
 promoting health of 219–25  
 protection of 199  
 rejecting Indigenous heritage 103

- removal of 11–12, 35–6, 69, 233–4
- ‘spirit’ children 99
- unregistered births 215
- choice, power of 205
- Christianity 54, 68–9
  - conversion to 53
- chronic disease/conditions
  - causes 16–17
  - collaborative multidisciplinary inter-agency team approach 140–2
  - complex and competing, service provision 233
  - impact of early onset of 232
  - people’s experiences and perceptions of 236
- chronic ear infections 221–2
- city settings *see* urban settings
- civil rights marches 85
- ‘civilising’ 11, 35–6, 53, 54
  - Australian ‘natives’ and their ‘uncivilised’ ways 54
- clan groups, displacement of 123
- clients
  - beliefs about health 52
  - client-centred, holistic care 156
  - confidentiality 143
  - cultural distance 52–3
    - as employers 90
  - engage in discourse with 59–60
  - health needs of the client group 161
  - influences on care of 50–1
  - ‘power’ and ‘whiteness’ that may impact on 56–7
- Closing the Gap initiative 19, 39–40, 119
  - targets 39–40
- cluster suicides 195–6
- Collins, Lieutenant David 116–17
- Collins, Les 85–6
- Colonial Office Report 54–5
- colonialism
  - British names and clothing for Indigenous people 103
  - diminished traditional birthing practices during 117
  - outcomes 10, 48–9
- colonisation 9, 196–7
  - biomedical model by-product 56
  - effects according to Nightingale 54
  - as health and wellbeing critical determinant 10, 13, 33, 69
  - policy decisions and societal factors 32
  - pre-contact health status 29–30
  - ‘unshared’ colonisation experience 47, 48–9
  - Western understandings and Christianity 68–9
  - workings equating to overwhelming trauma 11–12
- Commonwealth Government, legislative power 84
- communalism to individualism shift 200
- communication 50
  - basic language and pictorial resources 108
  - case management/communication responsibilities 107
  - traditional languages and methods of communication 199–200
- community
  - birthing in communities, return to 109–10
  - connectedness to 205
  - connections with 199
  - constant state of mourning, grief and bereavement 205
  - diversity within 48
  - impact of suicide on 201
  - policy decisions in absence of community partnership 8
  - positive community outcomes 122
  - self-esteem of 147
  - social effects 109
  - social roles within 199
  - successful nurses/midwives as members of 108, 143
  - suicide prevention strategies 195–6
  - UHCWs as pivotal health system–community conduit 158
  - see also* Aboriginal and Torres Strait Islander communities
- community-based programs
  - culturally safe approaches to 106
  - Strategy platform for inclusive work of 75
- community controlled health services 83–93
  - Brisbane ATSICHS 84–6, 87–8
  - community control concept 86–7
  - community engagement 19–20
  - contemporary 40–1
  - evolution of 87
  - governance 89–92
  - Indigenous services resulting from activism/agitation 84, 86
  - need for 83–4
  - organisational groupings – regional groups/alliances 93
  - rise of 37–9
  - service gaps 89
  - support for 18
  - working in 88–9
  - see also* Aboriginal Community Controlled Health Services
- community engagement 185
- community meetings 186
- community protocols 184
- competence 160–6
- comprehensive primary health care 162
- conflict 200
  - fractures sustained during 30
  - between locals and pastoralists 32
- post-invasion frontier warfare and massacre 9
- workplace conflict 159
- congenital abnormalities 30
- contact, initial, pre-contact health status 29–30
- continuum of professional behaviour 173
- controlled medications 164
- Cook, Lieutenant James 9
- Council of Australian Governments (COAG), on statistics 235–7
- Council of Australian Governments Health Council (COAG Health) 114, 141
- Country
  - access to 9
  - ancient story 8–9
  - birthing off Country, introduction of 103
  - birthing on Country 36, 115–16, 120, 124
  - bush deliveries on 98
  - ceremonies and rituals occurring on 98
  - connections with 9, 121–2, 199
  - handing over of 9
  - removal from 98
  - traditional birthing practices on homelands 99–102
- cultural awareness 49–55
  - of the ‘other’ 204
- cultural bias 128
- ‘cultural brokers’ 159, 167
- cultural considerations 149–51
- Cultural Considerations guidelines 204
- cultural determinants of health 236
- cultural divergence 203–4
- cultural health 201
- cultural laws 150
- cultural obligation 98, 152
- Cultural Respect Framework for Aboriginal and Torres Strait Islander Health 203
- cultural safety 127–33
  - birthing and 109, 115
  - challenges of maintaining 166
  - culturally safe care for mothers and families at beginning of life 217–19
  - culturally safe service provision 202–7
  - five principles 58–63
  - journey towards 47–63
  - in mainstream services 41
  - nursing and midwifery context 47–63
  - practising 57–8, 77
  - providing culturally safe first aid 205
  - safe gender segregation 71
  - scope 48
  - social constructivism underpinning 50

- cultural safety (cont.)
  - as solution for problems 201
  - theory development 47–9
  - three-step process 49–58
- cultural safety practitioners 166–7
- cultural sensitivity 55–7
- cultural superiority 180
- cultural traditions 126–7
- culture
  - connections with 199
  - cultural components 47
  - cultural distance 52–3
  - cultural issues 123–7, 150–1, 166
  - cultural understandings of
    - Aboriginal suicide 193–207
  - definitions 47
  - loss of 105
  - multiple cultures 48
  - own culture – ‘*I’m just Australian*’ 50
  - traditional 71, 103
- customs 76, 102, 106
  - birthing customs 110
- Dampier, William 29–30
- ‘Deadly Ears’ Program 221–2
- death 13
  - deceased persons’ names 150
  - five leading causes 161
  - ‘life–death–life’ cycle 51–2
  - multiple family deaths 73
  - suicide as fifth leading cause of death 195
  - see also* massacre; morbidity and mortality
- Declaration on the Granting of Independence to Colonial Countries and Peoples (Declaration on Decolonization) 60
- decolonisation 60–1
  - reflecting on colonial history 60
  - shifting the health paradigm 61
  - widespread acceptance 60
- dementia 237–40
  - assessment 238
  - mixed understandings of dementia and behaviours 238
- dental caries 220
- Department of Aboriginal Affairs (DAA) 39
- depression 203–4
- developmental monitoring 217–18
- diabetes 120
- diet/foods
  - breastfeeding and 107
  - forbidden foods 100
  - standard diet 103
  - traditional 9, 10, 100
  - Traditional Law regarding pregnant women’s diets 100
  - transformed habits 32
- difference
  - as cultural safety basis 48
- legitimacy of 55, 56–57
- dignity 147
- diminishing, demeaning, disempowering 61, 131–3
- discourse 59–60
  - gendered health discussion – loss of voice 74
- discrimination 167–8
- diseases 9–10, 196–7
  - burden for mental illness 193
  - burden of disease 147, 162
  - cardiovascular 13
  - chronic 16–17, 140–2, 232
  - common introduced 33
  - communicable 16–17
  - diagnoses 34
  - infectious 9, 30, 32, 33, 37, 219
  - non-communicable 37
  - rates across communities 16–17
  - sexually transmissible 33, 53, 76
  - smallpox 33
  - syphilis 33
  - trachoma 30
  - whooping cough 53
  - yaws 30
- dispossession 9, 69, 196–7
- diversity 205
  - within Indigenous Australian community 48
- doctors 139
  - ‘barefoot doctors’ 157
  - ‘native doctors’ 31, 36
- Dodson, Michael 16
- ‘dormitories’ 36, 103
  - church-administrated 103
- Dreaming, connections with 199, 200
- drownings 223–4
- drug and alcohol use *see* alcohol and substance use/abuse
- dual relationships 173
  - management 174
- ear health 221–2
- East Arnhem Scabies Control Program 222
- education
  - ANMAC mandated Indigenous health curriculum 57
  - Closing the Gap targets 39–40
  - gaining in health 41
  - in-service education 110
  - limited access to 202
  - most basic education 37
  - nursing education 47, 48–9, 139
  - public health awareness and educational programs 34
  - tertiary education barriers 122
  - of UHCWs 158
  - uncertainty regarding 159
- Elders 232–5
  - caring for 232–41
  - containing and interpreting Lore 199–200
- cultural custodians of birthing skills, knowledge and practices 122
- effects of past policies 234
- family/communal responsibility towards 238–9
- Grandmothers’ Law teachings 99
- well looked after and respected 199, 233
- emotional bonding/attachment 214–15
- employment
  - ACCHSs as local employment hubs 40–1
  - Closing the Gap targets 39–40
  - gaining in health 41
- end of life 240–1
- environmental control 205
- equality
  - Closing the Gap initiative 19
  - pastoral workers’ equal pay case 84
- equity 83
  - primary health care and health infrastructure 18
- ethical dilemma 173–4
- ethics
  - ethical guidelines 181
  - important contextual and ethical research considerations 183
  - research approval 185
- ethnicity 47, 50, 57–8
  - see also* culture
- exclusionary practices 32
- exploitation 173
- extended families 214
- eye contact 150
- face-to-face interviews 186
- falls 223–4
- families
  - centrality to wellbeing 198, 201
  - children’s and families’ health policies 213–14
  - connectedness to 205
  - constant state of mourning, grief and bereavement 205
  - coping with multiple family deaths 73
  - displacement of 123
  - extended families 205, 214
  - family connection 150
  - impact of suicide on 201
  - massacre of entire family groups 32
  - promoting family integrity and dignity 218–19
  - removal of children 11–12, 35–6, 69, 233–4
  - social effects 109
  - social roles within 199
  - supporting vulnerable families 218–19
- Fantome Island lock hospital 34–5
  - facilities and accommodations 34
  - treatment of people en route to 34

- Federal Council for the Advancement of Aborigines and Torres Strait Islanders (FCAATSI) 84
- Ferguson, William 11
- First Peoples 8–9
  - descriptions 29–30, 53
  - dispossession from land 9
  - First Fleet, writings regarding 9
  - health and wellbeing 9, 10
  - health status 8, 29–30
  - suicide rates 193
- focus groups 186–7
  - advantages and disadvantages 187
  - conducting 187
- Foetal Alcohol Spectrum Disorder (FASD) 214–15
- food insecurity 30
- Freedom Ride 38, 84
- gastrointestinal infection 223
- gender 72–4
  - cross-discipline discussion regarding 68–9
  - gender issues and Indigeneity choice 74–5
  - gender segregation 71
  - health issue discussions within gender framework 74
  - Indigenous people and 68–9
  - relevance with Aboriginality–health links context 70
- gender-appropriate care 73
- gender identity, Western
  - understandings of 68–9
- gender roles 68
  - traditional *versus* Western 68–9
- gendered behaviours 68
- gendered Indigenous health
  - perspectives 68–77
  - minority groups, voices and needs lost in discussions 74
  - statistics 72
- geographical location 124
- 'George Street Clash' 86
- Giardiasis 223
- glomerulonephritis 222–3
- government 84
  - Aboriginal and Torres Strait Islander policy and planning responsibility 39
  - agents 57
  - commitment to addressing health and opportunity inequality 17–18
  - 'doing consultation' 8
  - gender categories and 68
  - goal for IHW replacement of nurses 157
  - health care training provision 157
  - health challenge 18
  - Indigenous Health Challenge 16
  - initiatives 41
  - investment to increase participation in professional roles 156
  - investment in Indigenous health worker workforce 157
  - law making capacity 38, 84
  - monitoring mechanisms 18, 90
  - policy/practice changes in absence of consultation 104
  - poor governmental response to health 15–16
  - reserves and missions underfunding 10
  - subsidy 147
  - government medication 98–110
  - Grandmothers' Law 98, 102–110, 123–4
  - careful observance of 98
  - ceremonies and rituals according to 101–2, 104
  - European settlement's effect on 103
  - forbidden foods 100
  - inability to carry out 105
  - preserving secrets of 100
  - serious disruptions 103
  - shared among Aboriginal women 98
- Grey, Sir George 53
- Haemophilus influenza type b (Hib) vaccination 221
- Harris lines 30
- healing massage 124
- health
  - Aboriginal understanding of 15–16, 70
  - compromised traditional approaches 36
  - definitions 51–2
  - gaps in *see* health gap
  - gendered, Indigenous perspective of 69–72
  - healthy experiences promotion 129
  - human rights approach to 17–18
  - Indigenous ways of knowing about 15–16
  - maternal health 118–21
  - mental health 193
  - see also* health of Aboriginal and Torres Strait Islander people
  - health care
    - Aboriginal and Torres Strait Islander organisations 41–2
    - availability 83
    - contemporary 39–42
    - continuity of care during and after pregnancy and childbirth 126
    - cultural awareness training in 50
    - childbirth wishes and 121
    - delivery delays 141
    - difficulties in providing level of care required 233
    - free medical treatment 34
    - gender-appropriate care 73
    - 'growing our own' midwives and health care professionals 123
    - holistic approach to 161
    - vs* medical intervention 104
    - midwifery care, providing effective 126–7
    - obstacles reducing access to adequate and appropriate 148
    - planning care 107
    - promoting optimal care 106
    - strategies for improving care 236
  - health care systems 35–6
  - contemporary 39–42
  - far from desirable equity and equality 141
  - holistic and culturally safe health services 87, 156
  - mainstream health services, challenges 115
  - pre-invasion 30, 31–2, 52–3
  - RAN delivery and coordination of health services 145
  - registered 41
  - UHCW, advantages, disadvantages, effects 158
  - UHCWs as pivotal health system–community conduit 158
  - Western framing of pre-invasion systems 30
- health gap 147, 161
  - closing the gap goal 19
  - creating 12–13
- health intervention strategies 235–7
- health of Aboriginal and Torres Strait Islander people
  - child health 212–25
  - collaborative research teams 181
  - current situation 13–15
  - gendered perspectives 68–77
  - health decline era 32–5
  - health inequities 10, 16
  - health status *see* health status
  - health–Aboriginality links 70
  - historical and current perspectives 7–24
  - narrative 7–8
  - National Policies for 213–14
  - policy decisions without community partnership 8
  - poor governmental response to 15–16
  - recognition of appalling state of 37
  - reluctance of men to speak of, or seek help for health issues 72
  - as social justice issue 16–17
  - worry about and fear for their future 236
- health outcomes 72, 89, 217
- healthier outcomes 126
- indication of a person's or group's position within society 40
- lack of change in 37
- Health Practitioner Regulation National Law Act 2009* 165, 166
- health professionals
  - clinical task delegation and collaborative approaches between 158
  - little research context experience 183
  - roles 156
- health screening 217–18



- health services for Aboriginal and Torres Strait Islander people
  - Aboriginal and Torres Strait Islander identification 215–16
  - approach to service delivery 38
  - awareness of research practices 181
  - Brisbane 84–6
  - changing realities 93
  - community controlled 83–93
  - culturally appropriate and accessible 19
  - culturally valid understandings
    - guiding 203
  - denial of access to 83
  - distance from significant health services 147
  - fight for access equity 83
  - funded access to 215–16
  - government funding 17–18
  - health sector changes providing options 93
  - health service delivery training 156
  - historical perspectives 29–42
  - integrated 141, 218, 224
  - life situations affecting 215
  - networked 224
  - organisational constitution 90
  - returning birthing services to communities 122
  - services maximisation 89
  - specific services 237–40
  - unforeseen demand on both health service and staff 173–4
- health status 16, 32–5, 72–4, 83
  - as ‘bad news story’ 7, 8
  - bone and fossil records, examination using 30
  - declining 103
  - poor health status documentation; reporting deficit 14
  - pre-contact 29–30
  - separation-based policy and treatment approaches 37
- Health Workforce Australia 123
- hearing loss 221–2
- Home and Community Care (HACC) 237
- home visiting services 217–18
- hospital settings
  - access 83
  - birthing in hospitals 104–6
  - colonial hospitals 52–3
  - community engagement 19–20
  - distrust towards hospitals 57, 121
  - ‘dormitories’ 36, 103
  - hospital births, belief of mortality cause 120
  - Indigenous women’s fear- and anxiety-filled view 104, 109, 121
  - lock hospitals 10, 33–5
  - Magistrate’s hospitalisation power over the impoverished 35
  - as ‘nurse training institutions’ 52–3
  - reserve hospitals 36
  - segregated wards 35, 83
  - staffing issues 83
  - transport to 34
- hospitalisation 35, 147, 220, 223–4
- Human Research Ethics Committee (HREC) 185
- human rights 83, 235
  - health approach 17–18
  - lack of basic 196
  - violations 11–12, 35–6
- identity
  - birth registration 215–16
  - connections with 121–2
  - cross-discipline discussion regarding 68–9
  - gender identity 68–9
  - loss of cultural identity 103
  - not synonymous with cultural safety 166
  - self-identity 49–55
  - ‘very-being’ relation to core identity 69
- illness
  - disease burden for mental illness 193
  - rates across communities 16–17
- immunisation 219–20
- Immunise Australia Program 219–20
- impetigo 222–3
  - causes 222–3
- Indigeneity 74–5
- Indigenous Australians
  - historical perspective of culture 52–3
- injury frequency 13
  - misconceptions about 50
- morbidity and mortality data 13
- Nightingale’s research regarding health of 53
- nurses–midwives–Indigenous Australians, relationship 50, 59
- rare inclusion in popular culture 51
- relationship issues 193
- spates of suicides among Aboriginal Australian youth 194
- suicide as fifth leading cause of death 195
- Indigenous child health 212–25
  - cultural and social considerations 214–16
- Indigenous community protocols 184
- Indigenous Coordination Centres 18
- Indigenous health workers (IHWs) 139, 157–9
  - client-centred, holistic care 156
  - clinical capability in remote locations 157
  - contemporary 159–60
  - delegation to 169–70, 171–2
  - divisions between nurses and Indigenous health workers 168
  - feeling like ‘a jack-of-all-trades’ 159
  - female 167
  - flexibility leading to uncertainty 164
  - four major barriers to their successful work with nurses 168
  - homosexual 76
  - important roles in health 156
  - job titles held by 160
  - level of competence, education and training 162–4
  - as members of community 167
  - NATSIHWA representation 159
  - own culture understandings 151
  - practical barriers to competency 164
  - practice capacity of 160–6
  - practice context 162
  - roles and capacities 156, 159, 160–6
  - task-shifting 158–9
  - working with 156–75
  - see also* Aboriginal and Torres Strait Islander health practitioners; cultural safety practitioners
- Indigenous identity *see* identity
- Indigenous-led research 180–8
- Indigenous Liaison Officers (ILOs) 41, 148
- Indigenous people
  - age structure of 232–5
  - gender and 68–9
  - health status, urban landscape 83
  - housing under Aboriginal Protection Policy 10
  - mandated total control over 10
  - often negative mainstream media representations 51
  - relationship issues 193
  - research on 180–1
  - undertaking research 181
- Indigenous suicide *see* suicide
- infant mortality 10, 120, 216
  - giving birth in hospital 120
  - reduction across some states 13
  - in state-run institutions/homes 11–12
- infant nutrition 220
- infection 220–1
- injury 13, 147
  - burden of 147
  - disproportionate injury rates to female skulls 200
  - fractures 30, 31
  - roadside assistance 151–2
  - treatment of 31–2
- Institute for Urban Indigenous Health (IUIH) 93
- institutionalisation
  - personal and institutional racism 48–9
  - state-run institutions/homes 11–12
- interconnectedness 51–2, 205
- intergenerational conflict 200
- interpreters 38
- interprofessional collaboration 168, 174
- intra-familial conflict 200
- intra-individual conflict 200
- ‘invasion’ 196–7

- colonising practices 69
- ensuing frontier warfare 9
- health care systems/health status,
  - pre-invasion 29–30, 52–3
  - pre-invasion violence 200
  - stress of 9–10
- isolated practice authorisation 164
- Keeping Research on Track 184
- killings 69
- kinship 214
  - centrality to wellbeing 198, 201
  - protection of children through 199
- knowledge
  - deficit regarding colonialism
    - outcomes 47, 48–9
  - of drug-making 31–2
  - of how to deal with crises 202
  - of land and resources 200
  - Lore 199–200
  - passed from older to younger 52–3, 122
  - sign of respect for knowledge and legacy 233
  - socio-cultural knowledge 156
  - traditional knowledge 115, 116–17, 232
  - ways of knowing about health – worldview 15–16
- Koori Growing Old Well Study* 237–8
- land 147
  - affinity and spiritual links with 76, 101–2
  - central to community connections 203
  - centrality to wellbeing 198, 201
  - removing people from ancestral land 196–7
  - traditional 32
- land rights 83, 109
- movement 38
- land sequestration 69
  - through pastoral expansion 32
- Langton, Professor Marcia 13
- law
  - connection with Country 9
  - cultural laws 150–1
  - governmental law-making capacity 38, 84
  - marriage laws 174
  - Traditional Law 100
  - violation of human rights and international law 35–6
  - see also* Acts of Administration; Grandmothers' Law
- legitimacy of difference 55, 56–7
- life
  - activities of daily living 73
  - child health and wellbeing and health services access 215
  - connection to everything 199
  - end of life 240–1
  - 'life-death-life' cycle 51–2
  - 'life is health is life' 70
  - providing a healthy start to 217–19
  - tradition, culture and ceremony
    - providing meaning/significance 105
  - 'whole of life' concept 199
  - worldview of life and health 15–16
- life expectancy 118–21
  - Aboriginal and Torres Strait Islander men 72
  - closing the gap in 19, 141
  - Closing the Gap targets 39–40
  - gaps 161
- lifestyle
  - enhancement of health and wellbeing 9
  - healthy lifestyles 107
  - hunter-and-gatherer lifestyles 9, 102, 200
- living conditions 147
- lobbying 84
- lock hospitals 10, 33, 34–5
- Lore 199–200
- loss 204
- low birthweight babies 103, 119, 214–15, 217
- mainstream health services
  - challenges 115
  - cultural safety and Aboriginal and Torres Strait Islander staff in 41
  - improved access to 18
- malnourishment 220
- malnutrition 10, 30
- Māori people 47
  - inappropriate care given to Māori patients 48–9
  - pakeha* nurses–Māori nurses, experiential contrasts 48–9
- marginalisation 125, 196–7
- marriage laws 174
- massacre 32, 69, 196–7
- maternal health 118–21, 123
  - issues relevant to 120
- Maternity Care Report* 122
- maternity services
  - cultural issues relevant to accessing 123–7
  - framework 114
  - guiding service providers 122
  - lack or reduction 122
  - review 121–2
- medical intervention
  - complications/co-morbidities 104
  - health intervention strategies 235–7
- medical jargon 59
- medical treatment 31–2, 34
  - outside or on veranda protocol 35
- Medicare Locals 93
- medication 164
  - from the government 98–110
  - Magistrate's dispensing and hospitalisation power 35
- medicine, traditional bush medicines 31–2, 99, 100
- Men who have Sex with Men (MSM) 76
- men's business, NAHS – separate conversations for 71
- mental health 193, 201
  - complex inter-relationships
    - influencing 202–3
  - issues 214–15
  - problems 201, 205
  - rituals and societal mechanisms
    - reinforcing 199–200
  - significant mental health problems 202
  - vs social and emotional wellbeing 197–8
  - Western mental health concepts vs social and emotional wellbeing 197–9
- mental health services
  - access 202, 204
  - delivery 202, 205–7
- mentoring 141
- metropolitan settings, population size
  - classifications 114–15
- midwifery practice
  - connections to Country and identity 121–2
  - contemporary 121–2
  - cultural safety considerations 47–63
  - culturally safe 127–33
  - culture of 52
  - current practices in remote communities 106–9
  - de-personalising due to biomedical model 129
  - historical 116–17
  - professional legitimacy 54
  - in remote areas 138–52
  - urban and regional perspectives 114–33
  - 'whiteness' of 50
- midwives 101
  - building women's trust 108–9
  - case management and communication responsibilities 107
  - do not diminish, demean or disempower others through your actions 61, 131–3
  - as government agents 57
  - Grandmothers' Law teachings 99
  - 'growing our own' midwives and health care professionals 123
  - Indigenous midwives 120, 122–3
  - lost knowledge and experience 104
  - non-Indigenous midwives 104
  - nurses–midwives–Indigenous Australians, relationship 50
  - own culture understandings 57–8
  - promoting optimal care 106
  - registered 41
  - roles 32
  - safe birthing practices 116
  - self-reflection 50–1
  - showing consideration/flexibility regarding birthing customs 106

- midwives (cont.)
  - traditional knowledge 100, 104
  - variances in accepted well-defined beliefs, values and attitudes 50–1
  - working in a time- and resource-poor system 58, 61
  - workload in remote communities 109
- minority groups 74
- missionaries
  - impact of 103–6
  - setting up dormitories 103
- missions *see* reserves and missions
- mixed-methods study 186
- monitoring
  - health and developmental 217–18
  - monitoring mechanisms 18
- morbidity and mortality 9, 10, 11–12, 32, 120
  - avoidable mortality 161
  - morbidity rates 217
  - non-communicable diseases as major cause 37
  - population differentials 13
  - rates disparity 216, 217
  - sources 30
  - venereal disease 33
  - see also* child mortality; death; infant mortality
- multiple, complex health conditions 149
- Multi-Purpose Service (MPS)
  - program 237
- Murri Clinic, Mater Mothers' Public Hospital 129–30
- NAIDOC (National Aboriginal and Islander Day Observance Committee) Week 92
- Napranum Deed of Grant in Trust (DOGIT) 142
- National Aboriginal Community Controlled Health Organisation (NACCHO) 18, 39, 90–1
- National Aboriginal Health Strategy Working Party (NAHSWP) 15, 69, 70–1
  - 'health' definition 51
- National Aboriginal and Torres Strait Island Health Plan 141
- National Aboriginal and Torres Strait Islander Flexible Aged Care Program (NATSIFACP) 237
- National Aboriginal and Torres Strait Islander Health Council (NATSIHC) 69
- National Aboriginal and Torres Strait Islander Health Measures Survey (NATSIHMS) 235
- National Aboriginal and Torres Strait Islander Health Worker Association (NATSIHWA) 159, 162–4
- Professional Practice Framework 162–3
- National Aboriginal and Torres Strait Islander Women's Health Strategy 75
- National Commitment to Achieve Aboriginal and Torres Strait Islander Health Equality [proposal] 18
- National Framework for Health Services for Aboriginal and Torres Strait Islander Children and Families 213–14
- National Framework for Universal Child and Family Health Services 213–14, 217
- National Indigenous Researchers and Knowledge Network (NIRAKN) 184
- National Inquiry into the Human Rights of People with Mental Illness 203
- National Maternity Services Plan 115–16
- National Mental Health Plan 202
- National Registration and Accreditation Scheme (NRAS) 165
  - inclusion of partially registered professionals 165
- National Strategic Framework for Aboriginal and Torres Strait Islander Health 17–18
- National Strategic Framework for Aboriginal and Torres Strait Islander Peoples' Mental Health and Social and Emotional Wellbeing 203, 205
- National Women's Health Policy: Consultation Discussion Paper 75
  - consultation for 75
  - nations, displacement of 123
  - 'Native Nurses' training scheme 36
- neglect (psychological) 11–12
- negotiation 106
  - negotiated outcomes 109
  - of professional boundaries 174–5
- neoplasms 13
- neural tube defects 30
- neurocognitive disorder (NCD) 237–40
- New Directions 217
- Ngarrama Birthing Service, Caboolture Hospital 130–1
- Nightingale, Florence 52–3
  - beliefs, values and attitudes regarding nurses training 54
  - colonisation effects 54
  - contradictory views 54
  - 'simple school form' 53
- 'No Jab, No Pay' initiative 220
- non-government organisations (NGOs) 237
- non-Indigenous Australians
  - age structure of 232–5
  - centenarian 232–3
  - conducting research 180–1
  - injury frequency 13
  - little sense of own culture/ethnicities 50
  - non-Indigenous matrons 36
  - relationship issues 193
  - seeking birthing assistance 116
  - venereal disease control systems for 34–5
- non-Indigenous communities, illness and disease rates 16–17
- non-Indigenous midwives 104
- NSW Personal Health Record 217
- Nurse Practitioners 139
  - scope and roles 140, 141
- nurses
  - closing the gap 19–20
  - delegative considerations 171–2
  - delegative responsibilities 171
  - divisions between nurses and Indigenous health workers 168
  - do not diminish, demean or disempower others through your actions 61, 131–3
  - educational processes 47, 48–9
  - as government agents 57
  - government goal – IHW replacement of nurses 157
  - health and wellbeing contributions 156
  - homosexual male nurses 76
  - as important part of a research team 183–4
  - Indigenous 181
  - influential (practice) themes 56
  - long history of care delivery involvement 141
  - as main perpetrators of discrimination 167
  - making a difference – personal stories 20–4
  - mobile workforce conducive to research 183
  - nurse–client power imbalances 49
  - nurses–midwives–Indigenous Australians, relationship 50, 59
  - nursing assistants 36
  - own culture understandings 57–8
  - pakeha* (white) nurses 48–9
  - practice areas, scope and authority 139
  - as primary caregivers 35
  - RANs 139
  - recruiting and retaining Indigenous nurses 123
  - registered 41
  - roles 55, 241
  - rural and remote 139
  - scope of practice key factors 161–5
  - self-reflection 50–1
  - Sisters of Charity 52–3
  - value judgements (about clients) 8
  - variances in accepted well-defined beliefs, values and attitudes 50–1



- working in a time- and resource-poor system 58, 61
- working with IHWs 156
- nursing
  - cultural safety and 47–63
  - culture of 52
  - decision-making framework 169–71
  - historical and inter-relationships perspectives 50
  - insights 56
  - participation in professional roles 156
  - professional legitimacy 54
  - remote-area nursing 139, 143–4
  - rise of profession 52–5
  - ‘whiteness’ of profession 50, 56–7
- Nursing and Midwifery Board of Australia (NMBA) 165
- guiding documents 169–70
- Nursing practice decision summary guide* 169–70
- nurse’s responsibility for use 171
- nutrition 220
- older people
  - multi-generational caring roles 234
  - suicide rates 195
  - see also Elders
- one-on-one care 106
- ‘one size fits all’ approach 202–3
- oral health 220
- otitis media 221–2
  - reduction 221
- ‘outback, the’ 143
- Oxfam 18
- palliative care 240–1
- Palm Island Aboriginal Reserve 34–5
- parasitic infestation 223
- partnerships 106, 129, 241
- pastoral expansion 32
- pastoral workers, equal pay case 84
- Patient Travel Subsidy Scheme (PTSS) 109
- patriarchy 68–9
- Patten, John 11
- ‘people-centred’ decision-making 235
- perinatal depression 214–15
- perinatal mortality rates 217
- Perkins, Kumantjayi 38, 84
- personal care needs 73
- pharmacopoeia 36
  - traditional healers 31–2
- Phillip, Arthur 9, 33
- physical abuse 11–12
- physical health 201
- Pneumococcal vaccination 221
- poisoning 9–10, 147
- policy
  - Aboriginal Protection Policy 10, 11–12
  - articulation of Aboriginal women’s issues ownership 71
  - assimilation policies emergence 36
  - British colonial policy 9, 10
  - colonial policies 103
  - development guidance 213–14
  - exposure to policies different to those mainstream population are exposed to 202
  - ill-formed perceptions and assumptions guiding 180
  - monitoring environs 90
  - National Policies 157, 213–14
  - policies of the past, effects 234
  - policy decisions 8, 32
  - policy shifts towards self-determination and self-management 157
  - policy/practice changes in absence of consultation 104
  - racist and discriminatory 83
  - service provider’s policy 164–5
- politics
  - Indigenous 84
  - political activity/agitation 84
- poor living conditions 147
- population 11, 13
  - census 38
  - current population and location 117–18
  - mounting ill health leading to population decline 103
  - pre-invasion estimates 33
  - size classifications 114–15
  - small and highly dispersed see remote communities
- Pormpuraaw, experiences of women in 109
- postnatal care 106
- poverty 196–7
- power relations 48–9, 56–7
  - balance of power 173
  - Indigenous people gaining power in research 185
  - negotiating meaning through 50
  - nurse–client power imbalances 49
  - power of choice 205
  - seek to minimise power differentials 59, 129–31
- practices see traditional practices
- Practitioners and Allied Professionals Registration Act 1986* (NT) 165
- pregnancy 100, 103–4
  - taboos 103
  - Traditional Law regarding pregnant women’s diets 100
- pregnancy tests 106
- pre-invasion violence 200
- prejudice 49
- prematurity 217
- pre-term birth 119, 214–15
- primary caregivers 35, 234
  - early attachment and bonding with 214
- Primary Clinical Care Manual (PCCM) 157
- Primary Health Care Access Program 17
- Primary Health Care Centre (PHCC) 105, 139, 145, 152
- primary and tertiary health care, contemporary 41
- professional boundaries 173–5
- Professional Practice Framework 162–3, 165
- protectionism 10, 11, 32–6, 83
- protective factors 203
- Protector of Aborigines 34–5
- psychological distress 196
- qualitative research approaches 186
- quantitative research approaches 186
- quarantine 34–5
- Queensland
  - Brisbane ATSICHS 84–6, 87–8
  - Chief Protector of Aborigines 34–5
  - community Aboriginal and Torres Strait Islander services 86
  - lock hospitals 34–5
  - public health awareness and educational programs 34
  - Queensland Aboriginal and Islander Health Council (QAIHC) 70, 90
  - Queensland Aboriginal and Islander Health Forum (QAIHF) 90
- racism 38, 48–9, 131, 167–8
  - racist and ignorant descriptions of Aboriginal people 53
  - systemic 37
- Ramsden, Irihapeti
  - cultural safety theory 47–9
  - cultural sensitivity and legitimacy of difference 55–7
  - culture, definition of 47
  - inappropriate nursing care for Indigenous people 48–9
  - multiple cultures of individuals 48
- rapport 167, 185
- Re-Birthing, Report of the Review of Maternity Services in Queensland* 121–2
- reciprocal affection 198
- reconciliation 19
- regional settings
  - different needs of women who live and give birth in 122
  - giving birth 114–16
  - limited access to mental health care 204
  - people’s experiences and perceptions of chronic conditions 236
  - population size classifications 114–15
  - regional perspectives of midwifery practice 114–33
  - specialist services provision 114

- Registered Nurses (RNs) 139
  - Aboriginal Registered Nurses 88
  - dual relationships management 174
  - scope of practice 160
  - supervision by 171
- relationships
  - building and maintaining 185
  - collaborative 168
  - commitment to 183
  - delegation relationship 171–2
  - dual 173, 174
  - established 167
  - issues 139, 193
  - ongoing 129
  - positive and trusting 204
  - prioritising client–services relationship 115
  - professional relationship, role uncertainties implications for 156
  - secularisation–suicide relationship 200
  - therapeutic *see* therapeutic relationships
- religion/religious institutions
  - Christianity 53, 68–9
  - church-affiliated missions 83, 103
  - see also* spirituality
- relocation (forced) 32, 33, 34, 35–6, 98, 117
  - see also* removal of children; segregation; separation; Stolen Generations
- Remote Area Nurses (RANs) 139
  - AHPRA registration 145
  - additional skills of credentialed RANs 146
  - client support 148
  - cultural considerations 149–51
  - essential additional qualifications 145–6
  - gaining respect of clients and community 151
  - independent working 145
  - proactivity 143
  - Registered RANs 139
  - scope of practice 145–6
  - shift work 145
  - typical day? 143
  - work of 145–6
- remote-area nursing practice 138–52
  - scenarios* 140–2, 144–5, 146, 149, 151–2
- remote communities 205–7
  - antenatal care from non-Indigenous midwives 104
  - balancing birthing against social effects and cultural safety 109
  - burden of disease and injury 147
  - clinical capacity 162
  - complexities 147–8
  - critical importance of de-colonising 60
  - current midwifery practice in 106–9
  - health profile of people living in 139
  - high STI rates in 76
  - Indigenous birthing practices 98–110
  - limited access to mental health care 204
  - major health concerns for women 105
  - Napranum *example* 142
  - nursing in 143–4
  - nursing practice in 138–52
  - ‘the outback’ 143
  - population size classifications 114–15
  - rapid staff turnover complication 143
  - role and scope of nurses practice 141
  - small work teams, challenges 141
  - suicide in 201
  - workload in 109
- Remote Isolated Practice Endorsed Registered Nurse (RIPERN) 139
- removal of children 11–12, 69, 233–4
  - being ‘civilised’ guise 11, 35–6
  - vague justification/grounds for removal 36
- reporting/reports
  - of Aboriginal status in the notifiable diseases surveillance system 76
  - deficits 14
  - Department of Public Health venereal disease focus 34
- research
  - Aboriginal and Torres Strait Islander research landscape 181
  - beginning 183–4
  - building rapport and relationships 185
  - collaborative research teams 181
  - community engagement 185
  - community protocols 184
  - displaying findings 188
  - ethics approval process 185
  - focus groups 186–7
  - guiding documents 181–2
  - important contextual and ethical considerations 183
  - inappropriate and/or offensive research methodologies 181
  - Indigenous-led 180–8
  - on Indigenous people 180–1
  - Indigenous people defining problem and creating solutions 185
  - Indigenous perspectives of 182
  - methods 186
  - opportunities to participate in 183
  - participants identification/selection 185–7
  - poor practice in 180–1
  - project planning 184–8
  - push for change in 181–2
  - research interest documents 182
  - teams 183–4
  - working understandings vs automatic understandings 183
- reserves and missions 69, 196–7
  - under Aboriginal Protection Policy 10
  - access to small local hospitals 83
  - case study 110
  - establishment under Acts of Parliament 35, 55
  - health services establishment 36
  - large-scale movement into 33
  - mission-provided health care training 157
  - reserve hospitals 36
  - systems a lost opportunity 36
  - trauma and legacy retained 55
- resources 108
  - knowledge of land and resources 200
  - sharing 141
  - significant resources continue to be required to close the gap 40
- respect 233
  - cultural respect 149–51, 203
  - for knowledge and legacy 233
  - mutual respect 168
  - respecting cultural issues 150–1
- respiratory infection 222
- responsibility 198
- restricted medications 164
- rights 203
  - of birth *see* birth rights
  - to culturally safe and supportive birthing experiences 115
  - denied parental rights 103
  - human *see* human rights
  - to Indigenous services 86
  - to land *see* land rights
  - marches for civil rights 85
  - right to health elements 17–18
- risk
  - of contracting infectious diseases 219
  - high-risk activities associated with health workers 165
  - maternal risk factors 119, 120
  - placing health at risk 141
  - risk of harm 72
  - reducing potential of 129
  - suicide prevention strategies 195–6
- ritual 98, 99, 124
  - according to Grandmothers’ Law 101–2
  - surrounding afterbirth 101–2
- Rudd, Kevin 75, 233–4
- Rural and Remote nurses 139
- rural settings 38
  - clinical capacity 162

- critical importance of
  - de-colonising 60
  - health care availability 83
  - population size classifications 114–15
  - role and scope of nurses practice 141
- safe places 106
- 'sandy-blight' 29–30
- scabies 222–3
- scope of practice 160–6
- secularisation 196
  - secularisation–suicide relationship 200
- segregation 37, 38, 55, 83
  - culturally safe gender segregation (discussions) 71
  - segregated wards 35, 57, 83
  - segregation programs 37
  - separating families and communities 103
- self-determination 37–9, 83, 157, 203
- self-identity 49–55
- self-management 157
- self-reflection 50–1
  - benefit of thinking about and initiating changes in practice 127
  - reflect on own practice 58–9, 127–9
- separation 32–6, 103
  - of families 69
  - from family and friends 124
  - gender–culture separation 74–5
  - separation-based policy and treatment approaches 37
  - from traditional lands 32
  - see also* land sequestration; segregation
- settlements 9, 196–7
  - enforced movement into 33
  - health care training provision 157
- sexual health authorisation 164
- sexual health screening 106
- sexuality, cross-discipline discussion regarding 68–9
- sexually transmitted infections (STIs) 76
  - see also* diseases
- Sisters of Charity 52–3
- 'sitting down' 125
- skin health 222–3
- social and cultural determinants of
  - health 107
  - clinical scope of practice 107
- social and emotional wellbeing (SEWB) 196, 197–8
  - Aboriginal suicide, cultural understandings/perspectives 193–207
  - case study 105–6
  - complex inter-relationships influencing 202–3
  - contemporary understanding 201–2
  - historical perspectives 199–200
  - impacts of invasion and colonisation 196–7
  - problems 201, 205
  - vs Western mental health concepts 197–9
  - see also* mental health
- Social and Emotional Wellbeing Framework 202
- social conditioning 47
- social constructivism 50
- social determinants 236
- social groups, rules and consequences within 199
- social health model 15–16, 201
- social isolation 147
- social justice 13, 16–17, 49
- Social Justice Report 17–18
- socio-cultural dilemma 173–4
- socio-economic disadvantage 147
- South Australian Health Partnership 205
- sovereignty 9, 83
- special care nurseries admissions 217
- spirituality 51–2, 53
  - centrality to wellbeing 198, 201
  - connections with 199
  - deep spiritual significance on the location of childbirth 124
  - male custodians of 76
  - spiritual despair 196–7
  - spiritual health 201
  - spiritual link with the land 101–2
- staring 150
- starvation 9–10, 11–12
- stereotyping 51, 131
- stillbirth 217
- Stolen Generations 11–12, 57, 167
  - negligence, moral or spiritual welfare grounds 36
  - stolen babies 57
  - symbolic act on behalf of 233–4
- storytelling 149–50
- stress 109
  - chronic stress 214–15
- strong women's hands 124
- Sturt, Charles 33
- Sudden Unexplained Infant Death Syndrome (SUIDS) 217
- suicide 13
  - cluster suicides 195–6
  - contributing factors 196–7
  - cultural understandings 193–207
  - rates 193–5
  - in remote communities 201
  - secularisation–suicide relationship 200
  - spates of suicides 194
  - statistical understandings 193–6
  - widespread impact of 195–6
- taboos 98, 100
  - food taboos 102
  - pregnancy precautionary measures expressed as 103
- Talking Circle 75
- targeted injury prevention measures *examples* 223–4
- task-shifting/delegation 158–9
- teams/teamwork
  - collaborative 140–2, 181, 183–4
  - research teams 183–4
  - small work teams, associated challenges 141
  - team approach to chronic disease 140–2
- terra nullius* doctrine 9
- therapeutic relationships 173–5
- tobacco introduction 32
- torture 9–10
- trachoma 30
- trade/trading, health resources accessible through 52–3
- tradition, loss of 105
- traditional culture
  - contemporary approaches, interplay 71
  - restricted and prohibited from practising 103
- traditional healers 30, 38, 151
- 'native doctors' 31, 36
- physical and medicinal treatments 31–2
- predominance of males as 31
- traditional knowledge 115
  - passing on 232
- traditional land 32
  - see also* Country
- Traditional Law, regarding diet 100
- traditional medicine
  - as 'devil's work' 83
  - plants for medicinal purposes 31–2
  - role of women 32
  - Western framing 30
  - as 'witchcraft' 55
- traditional practices 9
  - breach of cultural practices 99
  - no acknowledgement of efficacy 53
- traditional skills 126–7
- training 40–1
  - for Aboriginal health workers 38
  - for Aboriginal and Torres Strait Islander peoples 156
  - in basic nursing skills 36
  - decisions regarding 'appropriate' women 54
  - formal training 157
  - inconsistencies 157
  - midwifery training 122–3
  - 'Native Nurses' training scheme 36
  - nursing and midwifery training programs 54
  - 'training' programs (*aka* assimilation) 36
  - of UHCWs 158

training (cont.) Western approaches to nurse training 52–3	vaccination 219–20, 221	power ties with 129
transgenerational trauma 125	values 48, 54	whole-of-government structures 18
trauma 11–12, 30, 55, 125, 204	connection 167	‘whole of life’ concept 199
birthing in hospitals as traumatic experience 104, 121	contributions to ‘health’ definitions 51	women’s business 98, 99, 124
unresolved 234	Indigenous cultural values and expression of 183	birthing practices as part of 116
Trauma and Loss guidelines 204	understanding ones’ own 50–1, 151	case study
Tribal Council 86	venereal disease 33–5	culturally safe approaches to 106
trust 108–9	GP reporting for non-Indigenous people 34	NAHS – separate conversations for 71
abuse of 173	VicHealth Koori Health Research and Community Development Unit 182	National Aboriginal Health Strategy chapter 70–1
mutual 168	Victorian Aboriginal Community Controlled Health Organisation (VACCHO) 90	World Health Organization (WHO)
United Nations 60	violence 72, 196	‘health’ definition 51
universal screening 217–18	contemporary 201–2	need for a human rights dimension in aged-care plans 236
unregulated health care workers (UHCWs) 158–9	domestic violence reduction 122	Ottawa Charter for Health Promotion 197
urban settings 125	pre-invasion 200	report on appalling health conditions 83
critical importance of	vulnerability 173	worldview 15–16
de-colonising 60	vulnerable families 218–19	yaws 30
different needs of women who live and give birth in 122	practice points 218–19	young people
giving birth 114–16	walk-off 38	epidemic and vulnerability to suicide 194
health care availability 83	warfare 9–10, 200	health care service access barriers for 76
health status landscape 83	Watson, Sam 84–5	knowledge/practice passed from older people to 52–3
specialist services provision 114	Ways Forward (1995) 199	
urban perspectives of midwifery practice 114–33	wellbeing 9, 10, 193–207, 214	
urbanised yet sparse population 117–18	‘whiteness’ 50, 56–7	
urine sampling 106		