Health Psychology in Australia

In today's diverse society, health professionals require a complete understanding of how physiological, social and psychological factors impact physical wellbeing. Health psychology is an increasingly important focus of modern healthcare practice. *Health Psychology in Australia* provides a contemporary, relevant perspective on the unique climate in which health psychology is practised. Drawing on the diverse expertise of the author team, this book gives students the skills to identify and evaluate health risk factors and to intervene in and manage health behaviour.

Each chapter includes learning objectives, case studies with accompanying critical thinking questions and a detailed summary to consolidate learning. The comprehensive glossary and links to online resources help solidify understanding of key concepts and ideas and encourage wider reading. An online instructor's resource manual to enhance teaching practices is available at www.cambridge.edu.au/academic/healthpsychology.

Written with a focus on respectful advocacy of health promotion, *Health Psychology in Australia* provides psychology and allied health students with a comprehensive understanding of the role of the health psychologist as clinician, researcher, educator and client.

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## Contents

1. **Introduction to health psychology**  
   *Jillian Dorrian and Einar Thorsteinsson*  
   - Health  
   - What is health psychology?  
   - About this book  
2. **Understanding health behaviour and evaluating change**  
   *Jillian Dorrian and Amanda Hutchinson*  
   - Health behaviour  
   - Societal influences  
   - Environmental manipulations  
   - Interpersonal influences  
   - Behaviour change for individuals  
3. **Common models in health psychology**  
   *Einar Thorsteinsson*  
   - The health belief model (HBM)  
   - The transtheoretical model (TTM)  
   - The theory of planned behaviour (TPB)  
   - Building better models of health behaviour  
4. **Understanding presentation of research in health: research designs, figures and statistics**  
   *Jillian Dorrian*  
   - Epidemiology in brief for health psychology students  
   - Analysing the occurrence of health-related events: risk and odds  
   - Analysing time to event: survival analysis  
5. **Nutrition, exercise and health**  
   *Einar Thorsteinsson*  
   - Nutrition  
   - Eating disorders  
   - Exercise  
   - Research  
6. **Sleep, sleep loss, safety and health**  
   *Jillian Dorrian*  
   - Understanding sleep and circadian rhythms  
   - The effects of sleep loss  
   - Sleep loss in healthcare
## Contents

7. **Health risk behaviours: alcohol, drugs and smoking**  158  
   *Jillian Dorrian and Amanda Hutchinson*  
   - Behavioural risk factors for health  159  
   - Alcohol consumption and alcohol-use disorder (AUD)  165  
   - Tobacco use  174  

8. **Stress and managing stress**  191  
   *Mirella Di Benedetto*  
   - The stress response  192  
   - Factors that cause stress (stressors)  198  
   - Coping with stress  202  
   - Managing stress  203  
   - Mindfulness meditation  206  

9. **Lifestyle-related chronic illnesses (CVD and T2D) and depression**  212  
   *Mirella Di Benedetto*  
   - Cardiovascular disease  213  
   - Type 2 diabetes  219  
   - Treatment and prevention of CVD and T2D  221  
   - The interconnection between CVD, T2D and depression  223  

10. **Experiencing cancer: an acute and chronic condition**  232  
    *Kerry Sherman*  
    - Cancer and its prevalence  233  
    - Diagnosis  234  
    - During active treatment  237  
    - Survivorship  239  
    - Cancer recurrence and end-of-life  244  
    - When cancer runs in the family  249  

11. **Pain and its optimal management**  261  
    *Melissa Day*  
    - The physiology of pain  262  
    - A biopsychosocial understanding of pain  265  
    - Psychosocial pain management approaches: theory and evidence  267  
    - Needed future directions  271  

12. **Health inequalities**  282  
    *Einar Thorsteinsson*  
    - Socioeconomic status  283  
    - Social determinants of health inequalities  285  
    - Barriers to better health  297  
    - Research  298
### Contents

<table>
<thead>
<tr>
<th>13. Cross-cultural psychology</th>
<th>305</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>Katrina Lane-Krebs</em></td>
<td></td>
</tr>
<tr>
<td>Culture</td>
<td>306</td>
</tr>
<tr>
<td>Expanding our horizons: gaining insight</td>
<td>312</td>
</tr>
<tr>
<td>Impacts of culture on human behaviour</td>
<td>319</td>
</tr>
<tr>
<td>Culture as a shared behaviour across non-traditional groups</td>
<td>323</td>
</tr>
<tr>
<td>Cross-cultural psychology and specialised practice</td>
<td>325</td>
</tr>
</tbody>
</table>

*Glossary* | 331

*Index* | 342