Chronic Care Nursing
A framework for practice

Chronic Care Nursing: A framework for practice provides a comprehensive and accessible overview of the role of the nurse in dealing with chronic conditions across a variety of health care settings in Australia and New Zealand.

The first part of the book provides a road map for the implementation of chronic care, by outlining how two essential approaches to chronic care management – the Chronic Care Model and the World Health Organization’s Innovative Care for Chronic Conditions Framework – can help to improve patient outcomes at both national and international levels. The second part devotes separate chapters to key conditions within chronic care nursing – including dementia, disability, palliative care and mental health – and highlights the pressing contemporary considerations of each condition.

Written by an expert author team of clinicians and academics, this book is full of helpful educational tools such as learning objectives, chapter summaries, national competencies, case studies and reflective questions. Chronic Care Nursing is an indispensable resource which enables students and registered nurses to acquire the knowledge and skills essential to work in chronic care settings.

Additional resources, including multiple-choice and short-answer questions and links to video content, are available online at www.cambridge.edu.au/academic/chronic

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Chronic Care Nursing
A framework for practice

Edited by
Linda Deravin-Malone and Judith Anderson
The editors would like to dedicate this text to nurses of the future

Linda Deravin-Malone and Judith Anderson
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*Amanda Stott and Louise Wells*

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*Amali Hohol, Julia Gilbert and Melissa Johnston*

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Preface

Impact of chronic conditions in Australia and New Zealand, and worldwide

This is the first edition of *Chronic Care Nursing: A framework for practice*, which we believe will be a useful resource for this area of clinical nursing practice. This book has been developed for undergraduate nurses and registered nurses who wish to develop their knowledge about the care of people living with chronic conditions in our communities.

The structure of the book is based on the Innovative Care for Chronic Conditions Framework (ICCCF), which is an internationally recognised framework for the delivery of chronic care. The ICCCF extends the Chronic Care Model (CCM) that was developed by Wagner (Wagner, Davis, Schaefer, Von Korff & Austin, 1999). The CCM is well recognised as providing a systematic approach to chronic care management. It incorporates six components: health system (organisation of health care); self-management support; decision support; delivery system design; clinical information systems; and community resources and policies (Stellefson, Dipnarine & Stopka, 2013). The model provides a multidimensional solution to the complex problem of the provision of chronic care (Bodenheimer, Wagner & Grumbach, 2002).

The Chronic Care Model has been expanded and internationalised by the World Health Organization (WHO) to be developed into the ICCCF. Nurses need to lead the redesign of the health care system in order to improve health outcomes through the implementation of the CCM. The ICCCF extends this model by adding micro, meso and macro levels to it, and incorporates six guiding principles: evidence-based decision making; population focus; prevention focus; quality focus; integration; and flexibility and adaptability (WHO, 2002). These levels extend the involvement of community, and describe policies and financing as the drivers at the macro level (Bengoa, Epping-Jordan, Pruitt & Wagner, 2004). An important aspect of the implementation of this model and framework is how well it is integrated into undergraduate nursing education so that an informed and well-prepared nursing workforce is established in Australia and New Zealand.

The first section of this textbook focuses on the ICCCF to support the learning of undergraduate student nurses about the complexity of chronic conditions and how the framework is best implemented in order to improve patient outcomes at both a national and international level. The second section of the textbook supports the ICCCF and includes a chapter on each of the Australian National Health Priority Areas of asthma; cancer; diabetes; cardiovascular health, injury prevention and control; arthritis and musculoskeletal conditions; mental health; dementia and obesity. These are examined within the Australian and New Zealand contexts. We have also included other significant chronic conditions and related topics to ensure all the needs of undergraduate nurses in relation to chronic care are met.

*Linda Deravin-Malone and Judith Anderson*
REFERENCES


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Acknowledgements

The editors wish to acknowledge the work and contribution of nursing clinicians, health professionals and academics who contributed to the development of this book. Your enthusiasm and willingness to contribute demonstrates your commitment to this area of nursing practice. The commitment and support from our families has encouraged us to complete this work and for that we are eternally grateful. We would also like to acknowledge the publishing team for their ongoing support and great work which allowed this book to be published.

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