

Contents

*List of Figures* [page xii]  
*List of Tables* [xiii]  
*Notes on Contributors* [xiv]

1 Introduction  
JAN-PETER HERBST [1]

2 Get Your Double Kicks on Route 666: The Sonic Evolution  
of Heavy Metal across Five Unholy Decades  
ANDREW L. COPE [12]

PART I METAL, TECHNOLOGY AND PRACTICE

Personal Take I – Russ Russell [26]

3 Mapping the Origins of Heaviness between 1970 and 1995:  
A Historical Overview of Metal Music Production  
JAN-PETER HERBST AND MARK MYNETT [29]

4 Technical Ecstasy: Phenomenological Perspectives of Metal Music  
Production  
NIALL THOMAS [43]

5 Not from the Mind But the Heart: The Metanarrative of Being  
in a Metal Band  
HALE FULYA ÇELIKEL [57]

6 Timbral Metrics for Analysis of Metal Production: Then, Now  
and What Next?  
DUNCAN WILLIAMS [70]

PART II METAL AND HISTORY

Personal Take II – Brian Tatler [84]

7 Mesopotamian Metal: Learning from the Past through Metal Music?  
PETER PICHLER [87]

8	Sparta and Metal Music’s Reception of Ancient History	JEREMY SWIST [99]
9	Viking Metal: Obsessed with the Past?	IMKE VON HELDEN [114]
PART III METAL AND IDENTITY		
	Personal Take III – Jasmine Shadrack	[128]
10	Metal Identities and Self-Talk: Internal Conversations of Belonging, Empowerment, Well-being and Resilience	PAULA ROWE [131]
11	Metal in Women: Music, Empowerment, Misogyny	ROSEMARY LUCY HILL [144]
12	Refuse/Resist: What Does It Mean for Metal to Be Transgressive in the Twenty-First Century?	CATHERINE HOAD [156]
PART IV METAL ACTIVITIES		
	Personal Take VI – Richard Taylor	[172]
13	Metal as Leisure Space and Tourism Industry Destination	KARL SPRACKLEN [175]
14	Dance Practices in Metal	DANIEL SUER [187]
15	Battle Jackets: Wearing Metal Identity	THOMAS CARDWELL [202]
PART V MODERN METAL GENRES		
	Personal Take V – Arne Jamelle	[218]
16	On Horseback They Carried Thunder: The Second Lives of Norwegian Black Metal	ROSS HAGEN [221]
17	Subgenre Qualifiers and Prescribed Creativity in Technical Death Metal	LEWIS F. KENNEDY [237]

18 From ‘Stereotyped Postures’ to ‘Credible Avant-Garde Strategies’:  
The Alchemical Transformation of Drone Metal  
OWEN COGGINS [251]

19 Djent and the Aesthetics of Post-Digital Metal  
MARK MARRINGTON [265]

20 Contempt-of-Core: A Reception History of Metalcore Subgenres  
as Abject Genres  
ERIC SMIALEK [281]

PART VI GLOBAL METAL

Personal Take IV – Malcolm Dome [300]

21 Metal in the Middle East  
PIERRE HECKER [303]

22 Asian Metal Rising: Metal Scene Formation in the World’s Most  
Populous Region  
JEREMY WALLACH [319]

23 Distortions in the Last Frontier: Metal Music in Africa  
EDWARD BANCHS [330]

24 What Has Latin American Metal Music Ever Done for Us?: A Call  
for an Ethics of Affront in Metal Music  
NELSON VARAS-DÍAZ AND DANIEL NEVÁREZ  
ARAÚJO [344]

25 Pioneers and Provocateurs: Australian Metal Music, Distance  
and Disregard  
SAMUEL VALLEN [357]

*Select Academic Bibliography* [371]  
*Select Journalistic Bibliography* [380]  
*Index* [384]