The purpose of this lecture, which you have done me the honour of inviting me to deliver, is to commemorate the work of Sir James Frazer, as an example of life-long single-minded devotion to scientific investigation and as having contributed, in as large a measure as that of any man, to laying the foundations of the science of social anthropology. It therefore seems to me appropriate to select as the subject of my discourse one which Sir James was the first to investigate systematically half a century ago, when he wrote the article on ‘Taboo’ for the ninth edition of the *Encyclopaedia Britannica*, and to the elucidation of which he has made many successive contributions in his writings since that time.

The English word ‘taboo’ is derived from the Polynesian word ‘tabu’ (with the accent on the first syllable). In the languages of Polynesia the word means simply ‘to forbid’, ‘forbidden’, and can be applied to any sort of prohibition. A rule...
of etiquette, an order issued by a chief, an injunction to children not to meddle with the possessions of their elders, may all be expressed by the use of the word tabu.

The early voyagers in Polynesia adopted the word to refer to prohibitions of a special kind, which may be illustrated by an example. Certain things such as a newly-born infant, a corpse or the person of a chief are said to be tabu. This means that one should, as far as possible, avoid touching them. A man who does touch one of these tabu objects immediately becomes tabu himself. This means two things. In the first place a man who is tabu in this sense must observe a number of special restrictions on his behaviour; for example, he may not use his hands to feed himself. He is regarded as being in a state of danger, and this is generally stated by saying that if he fails to observe the customary precautions he will be ill and perhaps die. In the second place he is also dangerous to other persons—he is tabu in the same sense as the thing he has touched. If he should come in contact with utensils in which, or the fire at
which, food is cooked, the dangerous influence would be communicated to the food and so injure anyone who partook of it. A person who is tabu in this way, as by touching a corpse, can be restored to his normal condition by rites of purification or desacralization. He is then said to be noa again, this term being the contrary of tabu.

Sir James Frazer has told us that when he took up the study of taboo in 1886 the current view of anthropologists at the time was that the institution in question was confined to the brown and black races of the Pacific, but that as a result of his investigations he came to the conclusion that the Polynesian body of practices and beliefs “is only one of a number of similar systems of superstition which among many, perhaps all the races of men have contributed in large measure, under many different names and with many variations of detail, to build up the complex fabric of society in all the various sides or elements of it which we describe as religious, social, political, moral and economic”.

The use of the word taboo in anthropology for customs all over the world which resemble in
essentials the example given from Polynesia seems to me undesirable and inconvenient. There is the fact already mentioned that in the Polynesian language the word tabu has a much wider meaning, equivalent to our own word ‘forbidden’. This has produced a good deal of confusion in the literature relating to Polynesia owing to the ambiguity resulting from two different uses of the same word. You will have noticed that I have used the word taboo (with the English spelling and pronunciation) in the meaning that it has for anthropologists, and tabu (with the Polynesian spelling and pronunciation) in special reference to Polynesia and in the Polynesian sense. But this is not entirely satisfactory.

I propose to refer to the customs we are considering as ‘ritual avoidances’ or ‘ritual prohibitions’ and to define them by reference to two fundamental concepts for which I have been in the habit of using the terms ‘ritual status’ and ‘ritual value’. I am not suggesting that these are the best terms to be found; they are merely the best that I have been able to find up to the present. In such a science as ours words are the instruments
of analysis and we should always be prepared to discard inferior tools for superior when opportunity arises.

A ritual prohibition is a rule of behaviour which is associated with a belief that an infraction will result in an undesirable change in the ritual status of the person who fails to keep to the rule. This change of ritual status is conceived in many different ways in different societies, but everywhere there is the idea that it involves the likelihood of some minor or major misfortune which will befall the person concerned.

We have already considered one example. The Polynesian who touches a corpse has, according to Polynesian belief, undergone what I am calling an undesirable change of ritual status. The misfortune of which he is considered to be in danger is illness, and he therefore takes precautions and goes through a ritual in order that he may escape the danger and be restored to his former ritual status.

Let us consider two examples of different kinds from contemporary England. There are some people who think that one should avoid spilling
salt. The person who spills salt will have bad luck. But he can avoid this by throwing a pinch of the spilled salt over his shoulder. Putting this in my terminology it can be said that spilling salt produces an undesirable change in the ritual status of the person who does so, and that he is restored to his normal or previous ritual status by the positive rite of throwing salt over his shoulder.

A member of the Roman Catholic Church, unless granted a dispensation, is required by his religion to abstain from eating meat on Fridays and during Lent. If he fails to observe the rule he sins, and must proceed, as in any other sin, to confess and obtain absolution. Different as this is in important ways from the rule about spilling salt, it can and must for scientific purposes be regarded as belonging to the same general class. Eating meat on Friday produces in the person who does so an undesirable change of ritual status which requires to be remedied by fixed appropriate means.

We may add to these examples two others from other societies. If you turn to the fifth chapter of Leviticus you will find that amongst
the Hebrews if a ‘soul’ touch the carcase of an unclean beast or of unclean cattle, or of unclean creeping things, even if he is unaware that he does so, then he is unclean and guilty and has sinned. When he becomes aware of his sin he must confess that he has sinned and must take a trespass offering—a female from the flock, a lamb or a kid of the goats—which the priest shall sacrifice to make an atonement for the sin so that it shall be forgiven him. Here the change in ritual status through touching an unclean carcase is described by the terms ‘sin’, ‘unclean’ and ‘guilty’.

In the Kikuyu tribe of East Africa the word *thahu* denotes the undesirable ritual status that results from failure to observe rules of ritual avoidance. It is believed that a person who is *thahu* will be ill and will probably die unless he removes the *thahu* by the appropriate ritual remedies, which in all serious cases require the services of a priest or medicine man. Actions which produce this condition are touching or carrying a corpse, stepping over a corpse, eating food from a cracked pot, coming in contact with a woman’s menstrual discharge, and many others.
Just as amongst the Hebrews a soul may unwittingly be guilty of sin by touching in ignorance the carcase of an unclean animal, so amongst the Kikuyu a man may become _thahu_ without any voluntary act on his part. If an elder or a woman when coming out of the hut slips and falls down on the ground, he or she is _thahu_ and lies there until some of the elders of the neighbourhood come and sacrifice a sheep. If the side-pole of a bedstead breaks, the person lying on it is _thahu_ and must be purified. If the droppings of a kite or crow fall on a person he is _thahu_, and if a hyaena defaecates in a village, or a jackal barks therein, the village and its inhabitants are _thahu_.

I have purposely chosen from our own society two examples of ritual avoidances which are of very different kinds. The rule against eating meat on Friday or in Lent is a rule of religion, as is the rule, where it is recognized, against playing golf or tennis on Sunday. The rule against spilling salt, I suppose it will be agreed, is non-religious. Our language permits us to make this distinction very clearly, for infractions of the rules of religion are sins, while the non-religious avoidances are
concerned with good and bad luck. Since this distinction is so obvious to us it might be thought that we should find it in other societies. My own experience is that in some of the societies with which I am acquainted this distinction between sinful acts and acts that bring bad luck cannot be made. Several anthropologists, however, have attempted to classify rites into two classes, religious rites and magical rites.

For Emile Durkheim the essential distinction is that religious rites are obligatory within a religious society or church, while magical rites are optional. A person who fails in religious observances is guilty of wrong-doing, whereas one who does not observe the precautions of magic or those relating to luck is simply acting foolishly. This distinction is of considerable theoretical importance. It is difficult to apply in the study of the rites of simple societies.

Sir James Frazer defines religion as “a propitiation or conciliation of superhuman powers which are believed to control nature and man”, and regards magic as the erroneous application of the notion of causality. If we apply this to ritual

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prohibitions we may regard as belonging to religion those rules the infraction of which produces a change of ritual status in the individual by offending the superhuman powers, whereas the infraction of a rule of magic would be regarded as resulting immediately in a change of ritual status, or in the misfortune that follows, by a process of hidden causation. Spilling salt, by Sir James Frazer’s definition, is a question of magic, while eating meat on Friday is a question of religion.

An attempt to apply this distinction systematically meets with certain difficulties. Thus with regard to the Maori, Sir James Frazer states that “the ultimate sanction of the taboo, in other words, that which engaged the people to observe its commandments, was a firm persuasion that any breach of those commandments would surely and speedily be punished by an *atua* or ghost, who would afflict the sinner with a painful malady till he died”. This would seem to make the Polynesian taboo a matter of religion, not of magic. But my own observation of the Polynesians suggests to me that in general the native