Case Studies in Pain Management
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Edited by

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To my parents: my mother Florence Feldman, the former Fania Eichenblat, who despite having a lifetime of chronic pain has never given up in her efforts to make a good life for her children and whose kindness and love I can never adequately repay and my father Joel Kaye, the former Joseph Krakower, for providing me with thousands of enlightening lessons in life and for helping to shape me into the man I am today.

To my step parents: Andrea Bennett-Kaye and the late Gideon Feldman, who helped raise me, providing love, support, kindness, and wisdom over the last 30 plus years.

To my wife: Dr. Kim Kaye, and my children, Aaron Kaye and Rachel Kaye, for making each day worth living and for giving me balance, support, and inspiration for all that I do in life.

Alan D. Kaye, MD, PhD, DABA, DABPM, DABIPP

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Foreword

Case studies in pain management

Pain management is a dynamic and evolving specialty. The diagnosis and treatment of pain-related conditions have changed extensively in recent years. Major changes include not only surgical advances applying minimally invasive techniques and multidisciplinary approaches, but also multiple interventional techniques based on evidence. Numerous publications have described the anatomy, physiology, pathology, and technical aspects of interventional techniques. Other texts have been written describing various non-interventional modalities including pharmacology, psychology, behavioral aspects, and drug therapy. In recent years, pain medicine and interventional pain management have seen a substantial growth in the publication of journals and books.

However, there remains a major gap in pain management case studies. This text by Alan Kaye and Rinoo Shah is a monumental accomplishment toward fulfilling this goal. This text extensively describes neurological disorder cases in various categories. However, it does not stop with neuropathic pain cases; this text’s 72 chapters address various spinal disorders, musculoskeletal pain, visceral pain, headache and facial pain, cancer pain, and multiple special topics and complications.

Our understanding of a multitude of cases has grown over the years based on evolving evidence. The authors of the various cases in this text are of the highest caliber and are drawn from the highest levels of academia, research, and private practice. This text is directed not just to practitioners, but more importantly, to all types of clinicians engaged in managing painful conditions.

Once again, the contributing authors are appreciated for undertaking such a monumental task and providing a different perspective in managing painful conditions with the publication of Case Studies in Pain Management.

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