

Cambridge University Press & Assessment
978-1-107-67453-0 — Stahl's Illustrated Substance Use and Impulsive Disorders
Stephen M. Stahl, Meghan M. Grady, Nancy Muntner
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Stahl's Illustrated Substance Use and Impulsive Disorders

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Illustrations



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Shaftesbury Road, Cambridge CB2 8EA, United Kingdom

One Liberty Plaza, 20th Floor, New York, NY 10006, USA

477 Williamstown Road, Port Melbourne, VIC 3207, Australia

314–321, 3rd Floor, Plot 3, Splendor Forum, Jasola District Centre, New Delhi – 110025, India

103 Penang Road, #05–06/07, Visioncrest Commercial, Singapore 238467

Cambridge University Press is part of Cambridge University Press & Assessment, a department of the University of Cambridge.

We share the University's mission to contribute to society through the pursuit of education, learning and research at the highest international levels of excellence.

www.cambridge.org

Information on this title: www.cambridge.org/9781107674530

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First published 2012

4th printing 2016

Version 2, 2017

A catalogue record for this publication is available from the British Library

ISBN 978-1-107-67453-0 Paperback

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Every effort has been made in preparing this book to provide accurate and up-to-date information which is in accord with accepted standards and practice at the time of publication. Although case histories are drawn from actual cases, every effort has been made to disguise the identities of the individuals involved. Nevertheless, the authors, editors and publishers can make no warranties that the information contained herein is totally free from error, not least because clinical standards are constantly changing through research and regulation. The authors, editors and publishers therefore disclaim all liability for direct or consequential damages resulting from the use of material contained in this book. Readers are strongly advised to pay careful attention to information provided by the manufacturer of any drugs or equipment that they plan to use.

PREFACE

These books are designed to be fun, with all concepts illustrated by full-color images and the text serving as a supplement to figures, images, and tables. The visual learner will find that this book makes psychopharmacological concepts easy to master, while the non-visual learner may enjoy a shortened text version of complex psychopharmacological concepts. Each chapter builds upon previous chapters, synthesizing information from basic biology and diagnostics to building treatment plans and dealing with complications and comorbidities.

Novices may want to approach this book by first looking through all the graphics, gaining a feel for the visual vocabulary on which our psychopharmacological concepts rely. After this once-over glance, we suggest going back through the book to incorporate the images with supporting text. Learning from visual concepts and textual supplements should reinforce one another, providing you with solid conceptual understanding at each step along the way.

Readers more familiar with these topics should find that going back and forth between images and text provides an interaction with which to vividly conceptualize complex psychopharmacology. You may find yourself using this book frequently to refresh your psychopharmacological knowledge. And you will hopefully refer your colleagues to this desk reference.

This book is intended as a conceptual overview of different topics; we provide you with a visual-based language to incorporate the rules of psychopharmacology at the expense of discussing the exceptions to these rules. The References section at the end gives you a good start for more in-depth learning about particular concepts presented here.

When you come across an abbreviation you don't understand, you can refer to the Abbreviations list in the back. *Stahl's Essential Psychopharmacology, 3rd Edition*, and *Stahl's Essential Psychopharmacology: The Prescriber's Guide, 4th Edition*, can be helpful supplementary tools for more in-depth information on particular topics in this book. Now you can also search topics in psychopharmacology on the Neuroscience Education Institute's Web site (www.neiglobal.com) for lectures, courses, slides, and related articles.

Whether you are a novice or an experienced psychopharmacologist, this book will hopefully lead you to think critically about the complexities involved in psychiatric disorders and their treatments.

Best wishes for your educational journey into the fascinating field of psychopharmacology!

Stephen M. Stahl

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Stahl's Illustrated

Objectives

- Apply evidence-based screening methods to identify patients who are dependent or at risk of becoming dependent on substances of abuse
- Provide preventive counseling and brief interventions for patients at risk of becoming addicted/dependent
- Apply evidence-based treatment strategies to individuals with substance use disorders
- Include strategies for monitoring improvement and addressing adherence as part of the treatment plan for patients with substance use disorders
- Recognize the clinical, behavioral, and neurobiological links between substance use disorders and other disorders of impulsivity