

Cambridge University Press

978-1-107-67453-0 — Stahl's Illustrated Substance Use and Impulsive Disorders

Stephen M. Stahl , Meghan M. Grady , Illustrated by Nancy Muntner

Frontmatter

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# Stahl's Illustrated Substance Use and Impulsive Disorders

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University Printing House, Cambridge CB2 8BS, United Kingdom

Cambridge University Press is part of the University of Cambridge.

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[www.cambridge.org](http://www.cambridge.org)

Information on this title: [www.cambridge.org/9781107674530](http://www.cambridge.org/9781107674530)

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First published 2012

4th printing 2016

Version 2, 2017

Printed in the United States of America by Sheridan Books, Inc.

*A catalog record for this publication is available from the British Library.*

*Library of Congress Cataloging in Publication data*

ISBN 978-1-107-67453-0 Paperback

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## PREFACE

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These books are designed to be fun, with all concepts illustrated by full-color images and the text serving as a supplement to figures, images, and tables. The visual learner will find that this book makes psychopharmacological concepts easy to master, while the non-visual learner may enjoy a shortened text version of complex psychopharmacological concepts. Each chapter builds upon previous chapters, synthesizing information from basic biology and diagnostics to building treatment plans and dealing with complications and comorbidities.

Novices may want to approach this book by first looking through all the graphics, gaining a feel for the visual vocabulary on which our psychopharmacological concepts rely. After this once-over glance, we suggest going back through the book to incorporate the images with supporting text. Learning from visual concepts and textual supplements should reinforce one another, providing you with solid conceptual understanding at each step along the way.

Readers more familiar with these topics should find that going back and forth between images and text provides an interaction with which to vividly conceptualize complex psychopharmacology. You may find yourself using this book frequently to refresh your psychopharmacological knowledge. And you will hopefully refer your colleagues to this desk reference.

This book is intended as a conceptual overview of different topics; we provide you with a visual-based language to incorporate the rules of psychopharmacology at the expense of discussing the exceptions to these rules. The References section at the end gives you a good start for more in-depth learning about particular concepts presented here.

When you come across an abbreviation you don't understand, you can refer to the Abbreviations list in the back. *Stahl's Essential Psychopharmacology, 3rd Edition*, and *Stahl's Essential Psychopharmacology: The Prescriber's Guide, 4th Edition*, can be helpful supplementary tools for more in-depth information on particular topics in this book. Now you can also search topics in psychopharmacology on the Neuroscience Education Institute's Web site ([www.neiglobal.com](http://www.neiglobal.com)) for lectures, courses, slides, and related articles.

Whether you are a novice or an experienced psychopharmacologist, this book will hopefully lead you to think critically about the complexities involved in psychiatric disorders and their treatments.

Best wishes for your educational journey into the fascinating field of psychopharmacology!

*Stephen M. Stahl*

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## Stahl's Illustrated

## Objectives

- 
- Apply evidence-based screening methods to identify patients who are dependent or at risk of becoming dependent on substances of abuse
  - Provide preventive counseling and brief interventions for patients at risk of becoming addicted/dependent
  - Apply evidence-based treatment strategies to individuals with substance use disorders
  - Include strategies for monitoring improvement and addressing adherence as part of the treatment plan for patients with substance use disorders
  - Recognize the clinical, behavioral, and neurobiological links between substance use disorders and other disorders of impulsivity