

4 Food, glorious food!

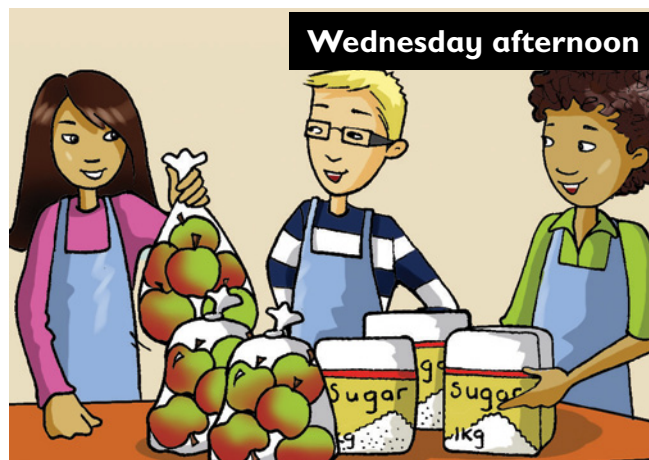
Show what you know! What food words can you remember?

Listening

1

14
CD2

Listen and tick (✓) the food words you hear.



2

15
CD2

Listen again. Who said it?

- 1 We'll make Tarte Tatin next Wednesday afternoon. The teacher.
- 2 I think we've got too many apples.
- 3 We've got three kilos of sugar too. We've got too much!
- 4 Have we got enough flour?
- 5 So we haven't got enough eggs either.
- 6 We've got too much sugar and too many apples.

3

Read and order the words.

- 1 got / apples. / a / bag / Shari's / of / big
- 2 many / They've / apples. / too / got
- 3 a / They've / flour. / little / got
- 4 haven't / flour. / got / We / enough
- 5 one / only / got / They've / egg.
- 6 flour or / enough / haven't / They / eggs. / got



LOOK

You'll need **enough** apples to cover the base.

We haven't got **enough** eggs.

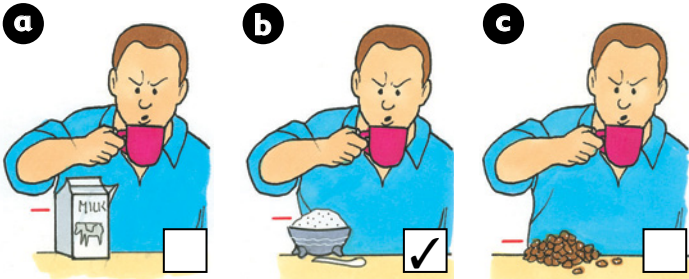
We've got **too many** apples.

Have we got **enough** flour?

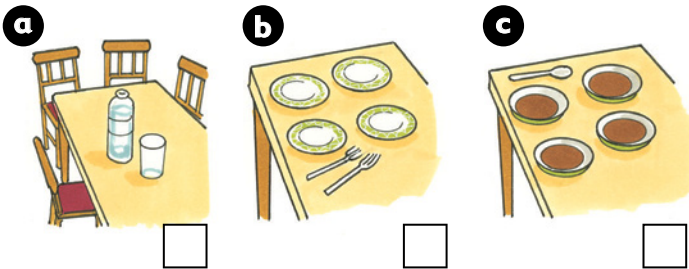
We've got **too much** sugar.

4 Listen and tick (✓) the box.

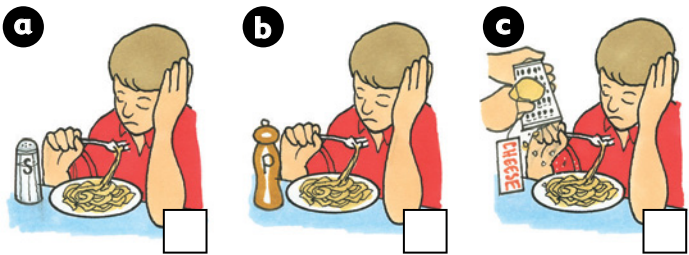
1 Why doesn't Michael like the coffee?



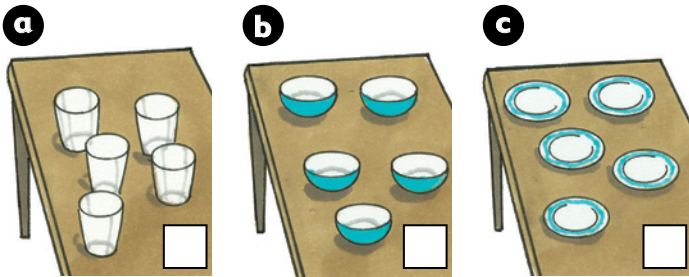
2 What's the problem?



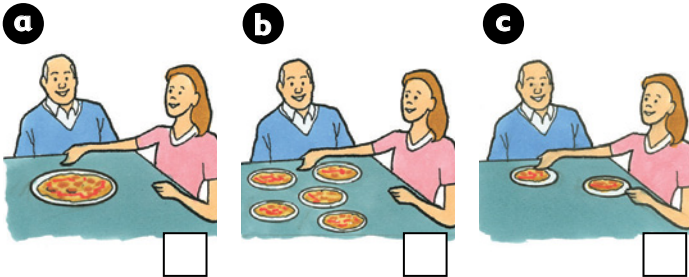
3 Why isn't Robert eating his pasta?



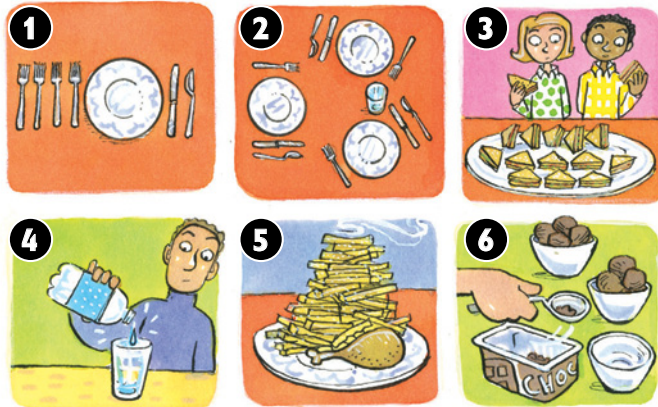
4 What did Mary put on the table?



5 Will Dad and Emma be hungry?



5 Look. Correct the sentences.



- 1 There are too many knives.
- 2 There aren't enough spoons.
- 3 There are too many pizzas.
- 4 There isn't enough milk.
- 5 There are too many peas.
- 6 There isn't enough mango ice cream.

6 Ask your friend ten questions. Use these words. Write your friend's answers.

sweets chocolate pizza
vegetables salads fruit
cheese coffee soup
pasta fish eggs meat

How often do you eat sweets? Twice a day.
How often do you eat fish? Three times a week.

7 Talk with your friend.

I think I eat too many sweets. What do you think?
I think you eat too many sweets too ... and I ...

8 Tell the rest of the class.

We think we don't eat enough fruit because we only have fruit once a day ...

Reading 9 Read and think. Which of these don’t have sugar?

⌵ ⌶ ⌷

http://www.cambridge.org/elt/kidsbox/ezone

◀ ▶ 🏠

Kid’s Box Ezine!

home 🏠 reports 📄 games 🎮 world 🌐 email 📧

★ People from different countries eat different kinds of food. Some dishes are famous all over the world.

Kid’s Box

★ **reports**

Food

a

Sushi is a cold Japanese dish. You can make sushi with rice and fish which isn’t cooked. You eat sushi with chopsticks.

b

In Italy they eat a lot of pizzas and pasta dishes. There are lots of different kinds of pasta and sauces. Two of the most famous are spaghetti and macaroni.

c

Paella is Spanish. It’s a rice dish, and the name of the pan you use. People make it with chicken or seafood.

d

What’s your favourite snack between meals? The hot dog – a sausage in a long bread roll – is famous all over the world.

e

Peanut butter and jam sandwiches are popular in the USA. Butter is made from milk and peanut butter is made from peanuts, of course. We cook fruit and sugar at a high temperature to make jam.

f

g

Do you eat biscuits as a snack? In the USA biscuits are called cookies. Biscuits can have chocolate, dry fruit or jam in them. They have sugar too.

h

Popcorn is a healthier snack. The corn seeds make a loud noise in the pan. People ate popcorn over 2,000 years ago. Today people often eat it at the cinema with salt, or with sugar and butter.

butter

biscuit

chopsticks

jam

snack

pan

sauce

popcorn

10 Listen. Repeat the word and say the letter. 17 CD2 1 Sauce. Sauce. That’s ‘b’.

11 Read again and say ‘yes’ or ‘no’.

- 1 Sushi is a Japanese dish.

2 Sushi is made from eggs and bread.

3 Paella is the name of a dish and a pan.

4 Peanut butter and jam sandwiches are popular in North America.
- 5 A snack is a heavy meal at lunch time.

6 Butter is made from milk.

7 Jam is made from fruit and peanuts.

8 ‘Cookie’ is another word for ‘biscuit’.

12 Listen and write the words.

13 Read and order the pictures.

‘I feel hungry.

What can I eat?’

‘Cheese and salad.

Fish and meat.

Not too many biscuits,

You know it’s not good.

Eat fruit and vegetables –

You know you should.

You can eat with chopsticks,

A knife, fork or spoon.’

‘I eat snacks with my fingers.

Oh! Let’s eat soon!’

‘There’s a pan of pasta

Or a bowl of rice.’

‘Or a big, Italian pizza.

Mmm! That’s nice!

Is there any peanut butter?

Is that strawberry jam?

Are you going to make a sandwich?’

‘Yes, I am.’

‘Oooh! Thanks, Dad!’



16 Read and write the right words.



Last Saturday Katy decided to make Spaghetti Bolognaise, her favourite (1) **Italian** pasta (2) **bowl**.



First she put some cold water and some (3) **salt** into a big pan to boil.



When the water was (4) **hot**, she put the spaghetti into it to cook.



While this was cooking, she made the (5) **sauce** for it. She (6) **cooked** some onions with meat

and (7) **too much**. She added some (8) **pepper** but she put in (9) **not enough**!



When it was ready she put the spaghetti onto a big plate and put the sauce on top. When she put her (10) **pen drive**

into her mouth to taste it, it was horrible.

14 Listen and sing the song.

15 Write four sentences. Use the words in the boxes. Play ‘Food bingo’.

There’s too much There are too many
There isn’t enough There aren’t enough

jam butter salt pepper pasta
rice biscuits sausages chopsticks
snacks burgers sandwiches

1	French	Spanish	Italian
2	plate	dish	bowl
3	tea	jam	salt
4	hot	corn	cold
5	snack	sandwich	sauce
6	cooks	cooked	cooking
7	bananas	tomatoes	ice cream
8	sugar	salt	jam
9	too many	enough	too much
10	pen drive	fork	cup

17 Invent a story about food. Give words for your friend to choose.

18 21 CD2 Focus on phonics



Night rhymes with tights and light,
Laugh with half and cough with off.
But enough rhymes with puff,
And through with who and you!



Speaking 19 Imagine you’re at an international party. Ask and answer.

- Would you like some sushi, Richard?
- Yes, please.
- Would you like a hot dog, Lucy?
- No, thank you.

Names	sushi	hot dog	paella	biscuit	spaghetti	popcorn	sandwich
Me	X	✓	✓	✓	X	X	✓
Richard	✓						
Lucy		X					
Emma							

Writing 20 Copy the chart and write about your answers.

10							
9							
8							
7							
6							
5							
4							
3							
2							
1							
	sushi	hot dog	paella	biscuit	spaghetti	popcorn	sandwich

In my group, three of us wanted sushi
and four of us wanted some biscuits.
No-one wanted any popcorn ...

22 CD2 Joke Corner

What do cats like
to eat?

Mice cream!



24
CD2

DIGGORY BONES





That's all, Richard. You can go now. Go on! Leave!

What do you want from us? Where's the Sun Stone?



Oh! Too many questions!

We've only got enough food and water for three days, so you'll have to work quickly, Diggory ...



Why do you need the Sun Stone, Iyam?

I don't need it. I need YOU. I'll tell you where it is when you finish this job for me.



You know there are secret caves under The Pyramid of The Sun, don't you?

And what are we going to find there? Aztec gold?



I think so. There are pictures of corn on the Sun Stone and on the walls here.

Yes. Corn was the most important food for the Mayas and the Aztecs.



We both know that corn was their symbol for gold.

I think we'll eat now. That's interesting! I didn't know the Aztecs ate gold.



I knew that they ate chocolate with pepper. Would you like some?

No!

And insects too. Does anyone want butterfly wings in chocolate?



Stop it! Quetzalcoatl gave corn to the Aztecs! The door to the caves is about three kilometres east of...

Don't jump, Greedy! The ground's moving!

STOMP

STOMP



Don't move or you'll go down faster! Emily, get me a big knife!

I can't get out! Help me!

Science Micro-organisms

FACT: The holes in Swiss cheese are because of the gas made by bacteria.

1 Read and match the words with photos a–d.

Micro-organisms – smaller than a hair
Micro-organisms are very small living things so we must use a **microscope** to see them. Two important kinds of micro-organism are bacteria and fungus. Some micro-organisms are bad for our health, but others are good for us.

Micro-organisms which are bad for us
Some food (especially meat) can have bacteria. Bacteria can’t live in food which we cook well, but if you eat food that isn’t cooked well, the bacteria can make you feel very ill. **Bacteria** grow best at warm temperatures. That’s why we keep a lot of food in the fridge.

Mould is a micro-organism that grows on food. It can make you ill if you eat it.
We all have bacteria in our mouths. This is why we clean our teeth after every meal.



Health tips about micro-organisms which we don’t want
You can stop passing unhealthy micro-organisms from one place to another if you do these things.

- 1 Wash your hands with soap before you eat, after you touch food and after you go to the toilet.
- 2 Cover your mouth when you cough.
- 3 If you are ill, don’t go where there are a lot of people.
- 4 Don’t eat food which is not fresh or is not cooked well.
- 5 Keep uncooked meat away from other food in the fridge.

Micro-organisms which are good for us
Some micro-organisms are important for our body and to make some foods. For example, we use a micro-organism called yeast when we make bread. **Yeast** makes the bread mixture grow when we cook it. We also use a different micro-organism, or bacteria, to make yoghurt.

2 Choose the best title for the text.

Be careful with yeast ☐ Micro-organisms help us and hurt us ☐ Cheese is good for you ☐

3 Read again and choose the right answer.

- 1 Micro-organisms are ...
A all good. **B** all bad.
C sometimes good and sometimes bad.

2 To stop bacteria passing from one person to another when we cough we must ...
A cover our mouth. **B** have clean shoes.
C not watch TV.
- 3 These micro-organisms are bad for us.
A Yeast. **B** Mould on fruit.
C Bacteria in yoghurt.

4 We use yeast ...
A to make yoghurt. **B** to make bread.
C to make ice cream.

5 This is not a micro-organism.
A Bacteria **B** Yeast **C** Bread

4 Read and complete.

different	smell	kind
goats	bacteria	milk
quickly	makes	prefer
began	hard	years

5 Read again and answer.

- 1 Where do we get milk from?
- 2 Where do we keep milk cold?
- 3 When do lumps form in milk?
- 4 What different things can we make from milk?
- 5 What changes milk into yoghurt?
- 6 What bacteria do people usually use to make hard cheese?

Milk, yoghurt and cheese

We get milk from cows, sheep and (1) **goats** If you leave a glass of (2) out of your fridge on a hot day, it changes (3) Small solid lumps start to form on the top of it. This is because (4) in the air go into the milk and change it into yoghurt. Some kinds of bacteria can be bad for you, or make the milk (5) bad, but if your milk has the right (6) of bacteria, it (7) yoghurt. Yoghurt tastes good and it is healthy, but you need to keep it in the fridge. People tried using (8) kinds of bacteria with milk and then they (9) to make cheese. They usually use bacteria called rennet to make hard cheese. People keep some of these cheeses for three or four (10) or more because they like the taste of old cheese. What kind of cheese do you like, (11) cheese or soft cheese? Do you (12) cheese made from sheep's, goat's or cow's milk? What's the difference in taste?

Project

Make some soft cheese.

You need:

- 2 litres of yoghurt
- 1 small spoon of salt
- Clean thin cloth
- 2 bowls
- Fork or whisk




How to make the soft cheese:

There are lots of different kinds of cheese, all of which are made from milk with bacteria. It's easier to make cheese from yoghurt because it has live bacteria in it. If you can't do this at school, perhaps you can do it at home.

- 1 Put the yoghurt in a bowl and mix it up so it is smooth.
- 2 Add a small spoon of salt and mix it again.
- 3 Put it into the cloth. Lift the four corners and tie a knot in the cloth. Put it over the second bowl so the liquid can fall through the cloth. The 'cheese' then stays inside the cloth.
- 4 After about 24 hours you can open up the cloth. Form the cheese into a ball and keep it in the fridge. You must eat it in two days.

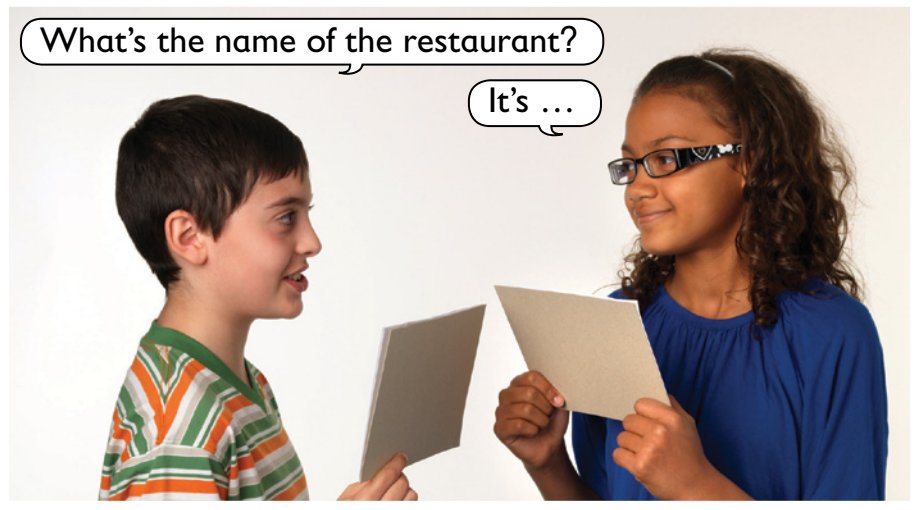
Review Units 3 and 4

1  Listen and draw lines. There is one example.

- Helen Katy Harry Richard Michael Sarah William



2 Ask and answer.



3 Play the game.

Snakes and ladders

Instructions

- ◆ Throw a dice and move round the board.
- ◆ When you land on a square with words, make a sentence.
- ◆ If you are right, go UP the ladder. DON’T go down the snake. If you are wrong, DON’T go up the ladder. Go DOWN the snake.

