

UNIT

1

The way we are



In this unit, you learn how to . . .

Lesson A

- Talk about people's behavior using manner adverbs and adjectives

Lesson B

- Describe people's personalities using adverbs like *extremely* before adjectives

Lesson C

- Use *always* with a continuous verb to describe habits
- Use *at least* to point out the positive side of a situation

Lesson D

- Read online student profiles
- Write a personal profile

1



2



4



3



Before you begin . . .

Who looks outgoing? shy? stylish? conservative?
Which people would you like to meet? Why?

Lesson A People in a hurry



Do you need to slow down?

Take this quiz to find out.

- 1

When I walk down the street, . . .

a I walk very fast and use the time to make phone calls.

b I enjoy the walk and look at the things and people around me.
- 2

When I go out to lunch with friends, . . .

a I eat quickly so that I can get back to my work.

b I eat slowly, and I enjoy the food and conversation.
- 3

When there's a family event, . . .

a I often have to miss it because I have too much to do.

b I try to plan my time well so that I can attend the event.
- 4

If traffic is heavy and some people are driving a bit recklessly, . . .

a I honk my horn a lot. I get mad easily in bad traffic.

b I automatically slow down and try to drive carefully.
- 5

If I'm waiting at the airport and find out that my flight is delayed, . . .

a I get impatient and complain to the people behind the counter.

b I wait patiently. I read something or make a few phone calls.
- 6

If I'm in a hurry and think people are talking too slowly, . . .

a I sometimes interrupt them to finish their sentences.

b I listen quietly and wait for them to finish before I talk.
- 7

If I play a game or sport with friends, . . .

a I take the game seriously, and I feel very bad if I lose.

b I think it's better to win than lose, but I don't feel strongly about it.
- 8

If I get an assignment with a very tight deadline, . . .

a I get very stressed – I hate it when I don't have time to do a job properly.

b I work hard to do the best I can in the time I have.

Mostly A answers?

It's time to slow down and enjoy life more. Try to plan your time differently. Make more time for family, friends, and fun.

Mostly B answers?

You're balancing work and play nicely. Just keep the balance right.

1 Getting started

A Are you ever in a hurry? When? Tell the class.

"I'm usually in a hurry in the mornings when I have to get ready for class."

About you B 1.02 Listen and take the quiz above. For each item, circle a or b.

C Pair work Compare your quiz responses with a partner. How are you alike? different?

Figure it out D Circle the correct words. Use the quiz to help you. Then tell a partner which sentences are true for you.

1. I have a lot of **tight** / **tightly** deadlines.

2. I plan my time **good** / **well**.

3. I often eat lunch **quick** / **quickly**.
4. I feel **strong** / **strongly** about my opinions.

5. I get **impatient** / **impatiently** in long lines.

6. I work **hard** / **hardly** to get good grades.

2 Grammar Adjectives vs. manner adverbs 1.03

Extra practice p. 140

Adjective + noun

I'm a **patient** person.
He's not a **good** singer.
He's a **fast** driver.
She's a **careful** driver.

Regular -ly adverbs

patient ▶ **patiently**
careful ▶ **carefully**
easy ▶ **easily**
automatic ▶ **automatically**

Verb + manner adverb

I wait **patiently** in lines.
He doesn't sing very **well**.
He drives very **fast**.
She drives **carefully**.

Irregular adverbs

good ▶ **well**
late ▶ **late**
fast ▶ **fast**
hard ▶ **hard**

be, feel, get, etc., + adjective

I'm **patient**.
His voice **sounds terrible**.
He **gets reckless** sometimes.
I **feel safe*** with her.
*But: I **feel strongly** about it.

In conversation

The most common **-ly** manner adverbs are *quickly, easily, differently, automatically, slowly, properly, badly, strongly, and carefully*.

A Complete these opinions with the correct forms of the words given.

- Young people talk really fast (fast) and don't speak _____ (clear). And they use a lot of slang. It sounds _____ (terrible). They don't always communicate _____ (good).
- People aren't very _____ (patient) when they have to wait in long lines. They don't speak to the clerks very _____ (polite), either.
- Sometimes families argue because parents and children see things _____ (different).
- A lot of people _____ (automatic) answer their cell phones when they ring, even at dinner. I think that's just _____ (rude).
- People don't feel _____ (safe) on the roads because so many people are driving _____ (reckless). Driving can be _____ (dangerous).
- A lot of people try _____ (hard) to do their job _____ (careful) and _____ (thorough) and they get stressed.

Common errors

Don't use an adjective to describe how someone does an action.
*Children learn languages **easily**.*
(NOT *Children learn languages **easy**.*)



About you

- B Pair work** Discuss the opinions. Are they true in your culture?
"People here talk very fast so you have to listen carefully."

3 Speaking naturally Questions giving alternatives

Are you usually on time for **class**? Or do you often arrive **late**?

- A** 1.04 Listen and repeat the questions above. Notice how the intonation rises in the first question and falls in the second question.

About you


- B** 1.05 Now listen and repeat these questions. Then ask and answer the questions with a partner.
- Do you do homework assignments carefully? Or do you just do them quickly?
 - Do you learn new English words easily? Or do you have to work hard at it?
 - Do you usually do well on tests? Or do you just get passing grades?
 - Do you practice English regularly outside of class? Or do you just use it in class?
 - Do you see things differently from your classmates? Or do you share their opinions?
 - Do you listen to class announcements carefully? Or do you ignore them?

Lesson B

Personality and character

1

Building vocabulary and grammar

A  1.06 Listen and read. Who do these people admire? Why?

Who is someone you really admire?

“My English teacher. She’s incredibly **talented** and **creative**. And she **has a great sense of humor**. She’s pretty **disorganized**, though. She forgets something almost every class, but her classes are absolutely wonderful!”

– Jessica Davis



“I really admire a guy in my karate class. He’s extremely **competitive**, but when he wins, he’s not **arrogant** like some of the other guys. He’s not very **outgoing**, so some people think he’s **unfriendly**, but I think he’s basically just **shy**.”

– Mike Kowalski



“I think my dad’s a pretty cool guy. We get along really well. He’s fairly **easygoing** and **laid-back**. And he’s very **practical** and **down-to-earth**, so he always gives me good advice. Also, he’s completely **honest** with me. I can trust what he says.”

– Bryan Yuen



“My friend Luisa. She’s so **helpful** and **generous**. I mean, she’s always doing things for other people. She’s not **selfish** at all. And she’s totally **reliable**. If she says she’ll help you with something, she does. You can always count on her.”

– Emilia Perez



Word sort **B** Which of the personality words or expressions above describe these qualities? Do you know any people with these qualities? Compare with a partner.

Winning is very important to you.	<i>competitive</i>	You’re relaxed about life.	
You handle small problems well.		You never cheat or steal.	
People can always count on you.		You’re not well organized.	
You don’t get along with people.		You can do lot of things well.	
You like to have fun with people.		You think you’re the best.	
You’re not relaxed around people.		You give a lot of time or money.	

Figure it out **C** Find words in the article that make these adjectives stronger.

1. incredibly talented

3. _____ disorganized

5. _____ competitive
2. _____ practical

4. _____ honest

6. _____ reliable

Figure it out **D** Find words in the article that have the opposite meaning.

1. friendly _____

2. organized _____

3. unreliable _____

 Vocabulary notebook p. 10

2 Grammar Adverbs before adjectives and adverbs 1.07


Extra practice p. 140


Use incredibly, extremely, very, really, and so to make some adjectives and adverbs stronger.	She's incredibly talented. She's extremely generous. He's a really cool guy. We get along very well.
Use pretty and fairly to mean "more than a little."	He's pretty easygoing. He's fairly laid-back.
Use absolutely or really (but not very) with adjectives that are already very strong.	She's absolutely wonderful. He's really fantastic.
The expression at all makes negatives stronger.	She's not selfish at all .
Completely and totally mean 100%.	He's completely honest. She's totally reliable.



Adjective prefixes	
patient	▶ im patient
considerate	▶ in considerate
friendly	▶ un friendly
reliable	▶ un reliable
honest	▶ dis honest
organized	▶ dis organized

In conversation

People use **really** and **pretty** much more often in conversation than in writing.

really : 

pretty : 

conversation  :  writing

About you **A** Do you know people with these qualities? Write a sentence for each expression. Add an example.

- | | |
|---------------------------|--------------------------|
| 1. totally laid-back | 6. incredibly impatient |
| 2. pretty generous | 7. fairly disorganized |
| 3. very honest | 8. completely reliable |
| 4. absolutely wonderful | 9. extremely talented |
| 5. not competitive at all | 10. really inconsiderate |



- B Pair work** Compare sentences with a partner.
- A My boyfriend is totally laid-back. He always goes along with my plans and everything.*
- B Really? He sounds incredibly easygoing.*

3 Listening and speaking People I admire most

A 1.08 Listen. Who do these people admire? Write the people in the chart.

	John	Marina	Hiroyuki
1. Who do you admire?			
2. Why?			
3. What do you have in common?			
4. How are you different?			

B 1.08 Listen again. What do they say about the people they admire?

About you **C Pair work** Ask and answer the questions. Then join another pair. Tell them about the person your partner admires.

- A Who do you admire?*
- B I admire my sister. She's extremely friendly and totally reliable. She . . .*

Sounds right p. 137

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Lesson C Conversation strategies

He’s always wasting time.

1 Conversation strategy Describing individual habits

A Which two habits do you think are most annoying in a co-worker or classmate? Tell the class.

Someone who . . .

- ☐ smiles all the time
- ☐ criticizes others
- ☐ stands around and talks
- ☐ disturbs people
- ☐ wastes time
- ☐ talks about people behind their backs

B  1.09 Listen. What’s Ellie’s new co-worker like? How is he different from her last co-worker?



Max Hey, how are you getting along with your new co-worker? He seems extremely friendly. He’s always smiling.

Ellie You mean Jim? Well, yeah, he is, but he never does any work. He’s always disturbing people. It drives me crazy. You know, he’s always standing around and talking.

Max Well, at least he’s pleasant.

Ellie Yeah. And he’s not always criticizing people like that last guy.

Max Yeah. He was pretty bad. He was always talking about people behind their backs.

Ellie I mean, at least Jim’s not like that. But like, he’s always wasting time.

Max You mean like we’re doing right now?

C Notice how Ellie and Max use *always* and a continuous verb to talk about things people do a lot or more than is usual. Find other examples in the conversation.

“He’s always wasting time.”

D Change the underlined parts of these sentences to describe habits. Use *always* and a continuous verb. Compare with a partner.

- I’m pretty disorganized. I lose things. *I’m always losing things.*
- Everyone in my family loves music. We sing together.
- My brother is really generous with his time. He fixes my computer.
- My father is a workaholic. He comes home late. And he brings work home with him, too.
- My college roommate was really funny. She made us laugh. You know, she told jokes.
- A friend of mine complains she’s broke, but she buys herself expensive clothes.
- One of my friends is totally unreliable. He cancels plans at the last minute.

About you  E Pair work Do you know people like the ones above? Tell a partner.

“My sister is pretty disorganized. She’s always losing her keys.”

2 Strategy plus At least

You can use the expression **at least** to point out the positive side of a situation.

In conversation
At least is one of the top 500 words and expressions.



1.10 Add *at least* to each comment. Listen and check. Do you know anyone like these people? Tell a partner.

- 1. My girlfriend's always running behind, but she calls to say she'll be late.
- 2. My best friend is always borrowing my clothes. She returns them in good condition.
- 3. One of my classmates talks about himself a lot. His stories are always interesting.
- 4. My roommate sleeps all the time, but she doesn't snore. Thank goodness!
- 5. My parents and I see things differently. We don't have big fights or anything.

A *My dad's always running behind, but at least he says he's sorry when he's late.*
B *Well, my friend is always telling me I'm late, so . . .*

3 Strategies Funny little habits

1.11 Complete each conversation with *always* and a continuous verb. Add *at least* to each response. Then listen and check.

- 1. A My boyfriend _____ (check) his messages, even at the movies!
B Oh, that's annoying. But he doesn't answer his phone during a movie, right?
- 2. A My girlfriend _____ (tell) jokes. She never takes anything seriously.
B Well, she has a good sense of humor.
- 3. A Sometimes I'm so disorganized. I _____ (lose) things, like pens and stuff.
B Yeah, but you don't lose anything really valuable, right?
- 4. A My sister _____ (ask) me for money. She asks nicely, so it's hard to say no.
B Well, she asks politely.

B Pair work Practice the conversations above with a partner.

About you

C Pair work Talk about people with habits like these. Think of something positive to say.

- texting
- singing or whistling
- losing things
- chewing gum
- forgetting things
- looking in mirrors
- falling asleep in class
- telling jokes
- daydreaming

"My friend is always texting, but at least she doesn't do it while she's crossing the street."

Lesson D

Is that a fact?

1 Reading

- A Think of two questions you would ask a new classmate. Tell the class.
- B Read the profiles. Who would you like to meet? Why?

Reading tip
As you read, think about your own answers to the questions. Can you find expressions you can use?

STUDENT PROFILES Meet your classmates in our online English class.

1. MARIANA BARELLI MATOS

What's your major? Fashion design. My dream is to create incredibly beautiful clothes for women all over the world.

Where are you based? In Milan. I was born and raised in São Paulo, Brazil, but my mother's Italian. She felt very strongly that I should experience her culture.

Why did you choose your major? I inherited my mother's love of fashion. She's very style-conscious and has impeccable taste in clothes.

What skills do you have? I speak Portuguese and Italian fluently and have some knowledge of Mandarin.

What do you do in your free time? I love the outdoors, and I'm fairly adventurous. During the summers I volunteer at a camp for disadvantaged children. It's extremely rewarding.



2. MATEO REYES

Where are you from? I was born and raised in Veracruz, Mexico.

What do your friends say about you? They say that I'm extremely laid-back and even-tempered. And that I'm too humble about my talents.

What are your future plans? I have so many. Right now I'm working for a small production company called Film Fast. My major was film studies, and my goal is to tell real-life stories creatively through television and film.

What do you do in your free time? I like to cook, and I'm always trying out new recipes, especially for desserts.

What's something people don't know about you? When I was 12, I was on a reality TV show for young chefs. I didn't win, but at least I tried.



3. KATYA AKILOVA

Where are you based? In Moscow, Russia, though I'm from St. Petersburg, originally.

What do your friends say about you? That I'm very down-to-earth, hard-working, and incredibly organized, and that I'm always setting goals for myself.

What's your worst habit? I'm always doing something. I find it hard to relax.

What are your future plans? As a science major, I'm considering a career as an environmentalist because I feel strongly about protecting the environment.

What skills do you have? I'm an accomplished accordion player. I started playing at the age of eight. I'd love to play professionally with an orchestra.



4. AHMED ABD EL-SALAM

What's your job? I'm an engineer. I work for a big company called Syntix.

Why did you choose to study online? You get to "meet" an incredibly diverse range of students, and the teachers are extremely supportive. I can be pretty shy and introverted and studying online feels safe somehow.

Do you have a secret talent? I play guitar in a band called All Kinds. We play all kinds of music. I feel like a totally different person in the band – outgoing and not shy at all.

What are your tips for new students? Take your studies seriously. Make the most of your opportunities to practice English with other students.



- C Answer the questions about the students in the profiles. Which student (or students) . . .
- enjoys playing music?
 - already has a job?
 - is very serious?
 - seems like fun?
 - is very hard-working?
 - is an outdoor type?
 - wants a creative career?

D Find the adjectives on the left in the student profiles, and guess their meaning. Then circle the best options to explain them.

1. experience

I should **have contact with** / **ignore** my mother’s culture.
2. disadvantaged

The children are **poor** / **rich**.
3. humble

I **think** / **don’t think** I am really good at things.
4. considering

This is something I **am** / **am not** thinking about.
5. diverse

The students are all **the same** / **different**.
6. introverted

I’m **very outgoing** / **not outgoing at all**.

About you **E Pair work** Ask and answer the questions in the profiles. Give your own answers.

2 **Listening** Things you don’t know about me

A 1.12 Listen to five people talk about themselves. Match the people and the things they will probably say next.

Name	Something you don’t know about me
1. Ana	_____ I can play two instruments really well.
2. Kevin	_____ I’m a pretty good cook.
3. Jen	___ <i>Ana</i> ___ I’m a fairly good singer.
4. Patrick	_____ I’m extremely allergic to nuts.
5. Tom	_____ I speak two languages fluently.

B 1.12 Listen again. Write three pieces of information about each person above. Compare with a partner. Did you write the same facts?

1. *Ana started lessons in elementary school.*

3 **Writing and speaking** Your personal profile

About you **A** Write a profile about yourself. Choose five questions from the student profiles, and include information that other people don’t know about you. Don’t write your name.

Five things you don’t know about me

1. Where are you from?

I was born and raised in Istanbul, Turkey, but I moved here at the age of 14.

2. Do you have a secret talent?

Help note

Useful expressions

I was born and raised in . . .

At the age of 17, I . . .

I can be . . .

I work for a company called . . .

I’m an accomplished . . .

I started playing the flute . . .

B Class activity Mix up all the profiles. Select one and guess who wrote it. Tell the class. Were you right?

Free talk p. 129



Vocabulary notebook

Happy or sad?

Learning tip *Learning opposite meanings*

When you learn a new word, find out if it has an “opposite.” Be careful – sometimes a word has different meanings and different opposites.

This exercise is hard.

≠

This exercise is easy.

He's a hard worker.

≠

He's lazy. He doesn't work hard.

This chair feels hard.

≠

This chair feels soft.

In conversation

Adjectives without prefixes are much more frequent in conversation.

happy

unhappy

honest

dishonest

1 Rewrite the sentences so that they have an opposite meaning. Use the words in the box.

happy polite mean well

1. My father drives really badly.

2. My best friend can be very kind.
3. My boss is an extremely rude person.

4. I was pretty unhappy in school.

2 For each of the underlined words, think of a word with an opposite meaning.

1. I have a pretty loud voice.

2. My classmate is extremely outgoing.

3. I'm usually late for appointments.
4. My brother eats very slowly.

5. I think English is difficult.

6. My sister and I have different tastes.

3 Word builder Use the prefixes *im-*, *in-*, *un-*, and *dis-* to create opposite meanings for these words.

1. He's **patient**. impatient

2. She's **honest**. _____

3. He's **friendly**. _____
4. He's **competent**. _____

5. They're **organized**. _____

6. He looks **healthy**. _____
7. She's **reliable**. _____

8. She's **considerate**. _____



On your own

Make an online photo book. Write five things about each person's personality and a sentence about any funny little habits they have.



Can Do!

Now I can ...

- ☒ I can ...

☐ I need to review how to ...

- ☐ talk about how people do things.

☐ describe people's personalities.

☐ make descriptions stronger.

☐ use *always* + continuous verb to say what people do a lot.
- ☐ use *at least* to point out positive things.

☐ understand people talking about people they admire.

☐ predict what people will say next.

☐ read online student profiles.

☐ write a personal profile.