

Examination Techniques in Orthopaedics

Second Edition

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To Becky, Lucy, Rosie, Molly, Jack and not forgetting Nelson and Henry.
A great team.

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without which my contribution would not be possible.

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Foreword

I am pleased to be asked to write the foreword for the second edition of *Examination Techniques in Orthopaedics*, coedited by Mr Nick Harris and Mr Fazal Ali. The first edition of this textbook was one of the bestselling orthopaedic books in the United Kingdom for almost a decade. This second edition is likely to at least equal that success. So often in the world of orthopaedic surgery we jump to advanced imaging and forget about the importance of the examination. This is clearly a mistake and has caused many errors in clinical judgement. Therefore, careful review of orthopaedic examination as presented in this textbook is critical for all orthopaedic surgeons, young and old alike. This book provides a complete repository of all examinations, beginning with general principles and proceeding literally from head to toe, to

include paediatric examination. This is truly an excellent book and likely will be the gold standard to which examination textbooks are compared. It is my pleasure to write this foreword. I think you will enjoy this textbook and it should stay on your shelf until the third edition is available. I give it my strongest endorsement and look forward to studying it myself.

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Preface

The first edition of this book has become essential reading for those preparing for postgraduate examinations in orthopaedics. Medical students and junior trainees had their own books to use. This is surprising as the same process of examination is used by all groups, the only differences being that the senior trainee should look more polished and should know more special tests. It was this realization that prompted us to come together with our many years' experience of teaching clinical examination and to rewrite every chapter in a format that was uniform in style and in a sequence that could be used in

examination situations or in clinical practice by all. Quick revision will become easier as each chapter ends with a summary of the examination technique. Another unique addition is that the illustrations also follow a sequence for quick visual revision. These illustrations are supplemented by numerous new clinical photographs. It is our hope that we have made this book even more user-friendly and an essential companion through your career in clinical practice.

*Fazal Ali and
Nick Harris*

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This edition would not have been possible without the help of many. Paul Banaszekiewicz and Nicholas Dunton from Cambridge University Press came up with the idea of combining the first edition with the manual from the Chesterfield FRCS(Tr&Orth) clinical course. Joanna Chamberlin took over as Medical Editor at Cambridge and guided us through the production of this edition.

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*Nick Harris and
Fazal Ali*