CHAPTER ONE Introduction

Utility of zebrafish as an animal model for study of oncogenesis and developmental defects

The development of animal models for a variety of neoplasms has greatly facilitated our understanding of oncogenesis and the relationship between somatic and germ line mutations with tumor growth and development. While mammalian models for developmental abnormalities and neoplasia would appear most appropriate, they are often hindered by issues of cost, latency to expression of phenotype, and animal care issues. Hence, non-mammalian but vertebrate organisms have a number of advantages. The zebrafish (*Danio rerio*) has emerged as a useful model system for the study of cancer biology because it has a reduced latency to expression of phenotype, a relatively low cost, a susceptibility to many tractable techniques for analysis of gene function, and the species amenability to oncogenic and chemical modifiers. In addition, early zebrafish embryos are optically clear, allowing observation of tumor development and organogenesis. This allows in vivo examination of cell and tissue behavior. A number of zebrafish models of neoplasia have been developed for both inactivating mutations¹ and for the expression of human oncogenes including C-MYC, BRAF, and N-ras, which are known to be associated with a variety of human neoplasms²⁻⁴.

The majority of living fishes including the zebrafish are members of the division *Teleostei*. This division represents the most advanced of the living bony fishes accounting for 96% of all fish species. Teleosts occur in both fresh and marine water habitats. The order *Cypriniformes* includes the zebrafish and other popular aquarium fishes including the goldfish and koi. Because these fishes are relatively easy to raise and the maintenance of colonies of these fishes is straightforward, members of this order have become popular for hobbyists and researchers alike. The zebrafish is the standard research animal for developmental genetics as well as being a popular species for the aquarium enthusiast⁵.

Despite the utility of the zebrafish model for studying neoplasia, relatively little information has been published concerning the anatomy, histology, and histopathology of the zebrafish. While significant histologic and anatomic overlap exists between certain organs (e.g. pancreas) in both mammals and zebrafish⁶, the appearance of other organs and tissues varies greatly in distribution or appearance between mammals and fishes. The present text is designed to facilitate identification of organs both unique to the zebrafish and those common to both fish and mammals. For orientation purposes, low power photographs of cross sections and longitudinal sections of zebrafish are provided as an initial step toward organ identification within the zebrafish. Subsequent chapters review zebrafish histology at medium to high power. These latter chapters follow an organ system approach but are cross-referenced with the earlier anatomically based photomicrographs and descriptions. The atlas is designed for use in the laboratory when examining gross sections of the zebrafish as well as H&E stained microscopic sections.

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Chapter 1 Introduction

Fixation and histologic methods for microscopy of zebrafish

In all cases, the photomicrographs are taken of formalin-fixed and paraffin-embedded fish tissues. This presentation minimizes tissue distortion and allows accurate sectioning of the specimens for microscopic evaluation. While other staining techniques exist, the H&E staining method optimizes evaluation of microanatomy with excellent preservation of nuclear and cytoplasmic detail. In addition, extracellular substances frequently display characteristic tinctorial reactions with the H&E technique, which are not replicated by other staining techniques such as geimsa, crystal violet, or methylene blue. While the photomicrographs were obtained from formalin-fixed paraffinembedded material, their appearance will be similar to that of H&E stained frozen section (cryostat) specimens. Hematoxylin and eosin is the stain most commonly used in preparing routine histology/histopathology specimens. Hematoxylin is predominately a nuclear stain but does have some affinity for cytoplasmic components including ribosome-rich tissues and extracellular materials such as the matrix of cartilage. The eosin dye stains most cytoplasmic components including intermediate filaments and extracellular fibers. The interplay of these two basic stains produces the information-rich tapestry of the routine H&E section.

Optimal fixation and tissue processing is achieved with 10% neutral buffered formalin or a number of fixative mixtures (Dietrich's, Davidson's, Bouin's, or Lillie's fixatives⁷) followed by serial dehydration through graded ethanols to xylene with final impregnation with paraffin wax and the preparation of paraffin blocks. Because zebrafish are small, the fish can be fixed whole. For optimum results, fish must be alive and euthanized just prior to fixation. Autolysis occurs rapidly once a fish dies. The volume of fixative should be 10 to 20 times the volume of the specimen. Cutting a small opening in the abdominal wall will aid fixative penetration and preservation of visceral tissues. Fish should be placed in a container in a horizontal position with gentle agitation (e.g. laboratory rocker) for the first 24 hours of fixation. This will ensure optimal fixation and prevent artificial bending of the body axis. Following fixation, specimens should be cut at a thickness of 3 to 4 mm to insure adequate processing through paraffin. In most instances, 5 µm sections are optimal for light microscopy and are cut on a standard microtome. Moore et $al.^8$ have described methods for the fixation and decalcification of zebrafish. For some special techniques, frozen-section processing is optimal. In these cases, tissue blocks of approximately 4 mm are prepared. These are mounted on cryostat chucks using an embedding medium such as optimal cutting temperature (OCT) medium. As with formalin-fixed paraffin-embedded tissues, 5 µm sections are cut and kept frozen for preparation of the desired special technique.

A variety of staining techniques exist in addition to the H&E method (Table 1.1). These stains highlight particular cellular and extracellular substances including collagen, mucopolysaccharides, reticulum, smooth muscle, glycogen, mucins, and a variety of lipid substances. Details of these staining methods can be found in specialty texts^{9–11}.

Immunohistochemistry allows specific recognition of a number of protein components. While some commercially available antibodies will react specifically with the desired antigen in zebrafish, others are specifically raised for mammalian proteins and may fail to react or react non-specifically in zebrafish specimens.

Fixation and histologic methods

Alician blue	acid mucopolysaccharides (mucins)
Bielchowsky stain	nerve fibers
Brown and Brenn (tissue Gram stain)	Gram + and – bacteria
Colloidal iron	acid mucopolysaccharides
Congo red	amyloid
EVG stain	elastin
Holzer's stain	glial fibers
Grocott's methenamine silver stain	fungus
Mallory's iron stain	iron
Jones' silver stain	basement membrane
Mayer's mucicarmine stain	mucins
Periodic acid–Schiff (PAS)	glycogen + mucopolysaccharides
Gordon and Sweet's reticulin stain	reticulin fibers
Masson's trichrome stain	collagen and smooth muscle

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CHAPTER TWO Cross section and longitudinal section atlas

The following two sections catalog cross sections and longitudinal sections of adult male and female zebrafish. The sections presented are not serial sections but are representative sections presented sequentially to illustrate important anatomical relationships. These sections serve as references to more detailed discussions of specific organs in subsequent chapters. The cross sections follow organ location and relationships through the zebrafish in a rostral to caudal direction. Because the sections are not precisely sequential, the size of a given organ may vary greatly from one illustrated section to the next.

Similarly, the longitudinal sections are taken from right to left. The extreme peripheral areas of the fish are not illustrated because little significant anatomic information would be supplied as most of these far peripheral sections are composed of striated muscle, bone, cartilage, and integument. As with the cross sections, both male and female fish are illustrated.

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2.2A r 2.2B 2.2C 2.2D 2.2E 2.2F 2.2G 2.2H 2.2 2.2J 2.2K 2.2L 2.2M **Figure 2.2** Representative cross sections of a female zebrafish. Figures 2.2A to 2.2M show relative positions of cross sections.





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telencephalon retina cornea -0 striated muscle buccal cavity lips

Figure 2.1A

> periventricular grey zone tectum opticum diencephalic ventricle diencephalon retina gill

Figure 2.1B

ć - tectum opticum ventricle tegmentum - aqueduct of Sylvius - pituitary gland pseudobranch - oropharynx - gill gill ventral aorta Cas

thyroid follicles

Figure 2.1C

> trunk striated muscle spinal cord vertebral body kidney liver duct of Cuvier intestine · pectoral fin bulbus arteriosus (heart)

Figure 2.1D

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Figure 2.1E