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978-1-107-51952-7 - Edwards' Treatment of Drinking Problems: A Guide for the Helping Professions

Sixth Edition Keith Humphreys and Anne Lingford-Hughes

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# Edwards' Treatment of Drinking Problems

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A Guide for the Helping Professions

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## A Guide for the Helping Professions

Sixth Edition

**Keith Humphreys**  
**Anne Lingford-Hughes**

With contributions from

**Griffith Edwards**

Sole author of the first and second editions

Lead author of the third and fourth editions

and

**David M. Ball**

Co-author of the fifth edition

**Christopher Cook**

Co-author of the third and fourth editions

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**E. Jane Marshall**

Co-author of the third, fourth, and fifth editions



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This book is dedicated to anyone struggling with a drinking problem

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## A note on the sixth edition

*The Treatment of Drinking Problems: A Guide for the Helping Professions* was first published in 1982 as a single-author text by Griffith Edwards, who wrote that he had drawn freely from the “two major resources which must be the foundations of any treatment text – the worlds of clinical experience and of scientific research.” Edwards acknowledged the many clinical colleagues with whom he had worked for more than 20 years at the Maudsley and Bethlem Royal Hospitals. The 1982 edition was translated into German, Spanish, Portuguese, Japanese, and Swedish. The second edition appeared in 1987, again as a single-author work. For the third (1997) and fourth (2003) editions, Edwards was joined by Jane Marshall and Christopher Cook as equal partners in the writing team. In 2010, Edwards stepped back from direct authorial involvement and turned the fifth edition over to Marshall and two new authors: David Ball and Keith Humphreys. Humphreys continues as co-author of this sixth edition with a new writing partner, Anne Lingford-Hughes. After a long career as one of the world’s foremost authorities on addiction and its treatment, Griffith Edwards passed away in 2012. Because the book he created has been repeatedly revised and updated by different authorial teams, it is not clear whether any of his original sentences remain in the text of this, the sixth edition. But because his spirit and intellect animate every page, the present authors and publisher were happy to rename the book *Edwards’ Treatment of Drinking Problems: A Guide to the Helping Professions*.