

Index

- acrobatics, 198, 454, 460–61, 462, 727, 743
 acupuncture, 501, 502, 504–05, 506–07,
 508–09, 514, 518, 520, 523
 adoptions, 186, 258, 271, 581
 agriculture, xxi, 99, 101, 105, 194, 556, 729, 735
 aliases, 552–54, 556–58, 560, 568, 593, 595,
 609, 614
 ancestors, 48, 245–46, 297, 410–14, 605–07,
 696, 697–98, 705–06, 709–10, 739–41;
 common, 697; deceased, 298; divine, 730;
 first, 252, 421, 601, 614, 698; of Zhuang
 people, 50, 217, 262, 280, 347
 ancestral graves and temples, 2, 297–98, 318,
 413–14, 424–25, 428, 599, 708–10, 713
 Anhui Province, 201, 274, 633, 743
 Anren District, 607, 613
 anti-Jin volunteer army, 624–25
 apparel, xxiv–xxv, 1–2, 20–23, 37–38, 41,
 42–45, 47–48, 50–53, 58, 108–09
 apparel system, xxiii–xxv, 1–3, 5, 22, 23–24,
 33–34, 38, 41–42, 51–54, 57–58
 appellations and seniority among
 siblings, 549–90
 architecture, 110, 118
 aristocrats, 111, 230, 548, 576
 army, 65–66, 177, 194–207, 214, 309, 416,
 468–69, 640–41, 666–67; ‘eight-character’,
 641; invading, 212; prostitutes, 174;
 rebellious, 642; volunteer, 624, 641
 artificial flowers, 648
Auspicious Celebration Festival, 720
 Autumn Equinox, 650, 652
The Autumn Landscape, 113
Autumn Sacrifice Festival, 650, 652, 673, 734,
 736
 babies, 99, 167, 217, 226, 267–68, 270,
 274–75, 279, 280–82, 283
 Balhae people, 37, 57, 94, 122, 213, 250, 253,
 368, 427, 460
 ball games, 474–79, 732
 bamboo, 47, 49, 50, 115, 118–20, 130–31,
 135, 159, 489, 619
 bamboo shoots, 61, 67, 68, 92, 143
Bamboo Song, 419
 bandits, 364, 470, 640
 banquets, 8, 97, 102–04, 284, 458, 472, 538,
 645–46, 717, 720
 Bao Zheng, 109, 231, 615, 652, 713
 Barbarian Court, 253, 279, 337–39, 439
 barbarians, xxii, xxv, 52, 90, 102–03, 207,
 249, 256, 320, 379
 bathing, 110, 149, 408, 529, 530, 531, 546,
 547, 743, 746
 beds, 119–20, 130–31, 133, 135–38, 146,
 239–40, 246–47, 280, 293, 541
 beef, 71–72, 91, 94, 97, 100–01, 214, 349–50,
 735
Beginning of Autumn Festival, 674
 Beijing, 82, 104, 121, 124, 149, 341, 359,
 628–30, 682
 Beneficence Leakage Graveyard, 332–34,
 527–28
Benevolent Policies, 273
 bereavement leave, 650, 661–64, 672, 674–75
 Bian River, 148, 155, 527
 Bian, Zhu, 131, 148–49
 Bianjing, 542, 576–78
 Bianliang, 30, 33, 56, 149, 151, 363, 501, 511
 Bida, Zhou, 148, 358, 612, 665
 Bingzhou, 165, 330, 474, 511, 517, 534, 614
 ‘A Biographical Sketch of Clans’, 219
 biographies, 20, 34, 130, 191, 206, 208–10,
 221, 255, 287–88, 317
 ‘Biographies of Empresses and Imperial
 Concubines’, 206
Biography of Feng Jing, 221
 ‘Biography of Honourable Concubine
 Liu’, 130
 ‘Biography of Liu Kui’, 543
 ‘Biography of the Chastity Preserving
 Women’, 191
 ‘Biography of the Filial Piety and the
 Loyalty’, 287
Biography of Yelü Chongyuan, 34
 ‘Biography of Yelü Yan’, 493

- Biography of Zhang Wei, 339
 Biography of Zhang Zhi, 543
 Biography of Zhang Zhongke, 455
 Biography of Zhou Zhan, 175
 birth, 251–52, 257–58, 261, 264, 266–67, 269–72, 277–81, 316, 397, 412–13
 birthdays, 278, 283–85, 363, 369, 382, 386, 390, 715–18, 721–24, 742–44
 Black Savage people, 46–47, 48, 217, 260, 279, 346
 boats, 155–56, 169, 175, 242, 281–82, 437, 456, 461–62, 464, 480–82
 Bow and Pedal Crossbow Shooting Society, 366, 449, 469
 bridegrooms, 232, 234–35, 238, 243–47, 254, 255, 262, 264, 394
 brides, 7, 10, 27, 229, 232, 234–35, 237–39, 241–46, 251–52, 262–64
 brothels, 168, 174, 449, 494, 578
 buckwheat, 66, 99, 100, 349
 Buddha, 277, 305, 322, 392–93, 396, 397–401, 403, 407, 741–42, 746
 Buddha Bathing Festival, 744
 Buddhism, 327, 388, 391–97, 400, 402–04, 406, 408, 429–30, 741–42, 745
 Buddhist monks, 89, 323, 388–92, 393–96, 399, 401, 403–04, 721–24, 742, 745
 Buddhist nuns, 196, 215, 744
 Buddhist scriptures, 320, 400
 Buddhist temples, 323, 325, 388–89, 392–99, 401, 403, 527–28, 657, 738–39, 742–45
 Buddhist, scriptures, 269, 289, 314, 323, 395, 397–400, 693
 Buddhists, 109, 253, 290, 321–23, 392, 397, 403, 460, 729, 731; assemblies, 320, 721, 738; disciplines, 395–96; doctrines, 392; masters, 390–91, 395, 396–99, 536; monks, 131, 229, 313–14, 320–21, 323, 378, 390, 393–95, 396, 399; and Taoist gatherings, 319
 Bureau of Fundamental Laws, 556
 Bureau of Jujube Tree, 556
 Bureau of Military Affairs, 229, 235, 549–51, 555, 560, 568, 570, 615, 621–22, 623
 Bureau of Payroll, 562
 Bureau of Personnel Evaluation, 606
 Bureau of Punishments, 555
 Bureau of Sacrifices, 389, 649, 652
 Bureau of Treasure, 556
 Bureau of Veterinary, 519
 bureaucrats, 111, 219, 223, 699, 704–05, 706, 713–14
 burials, 299, 302, 324–25, 327, 329, 333, 346–48, 349, 664, 670–72
 Burning Armour Festival, 724, 725
 Cai Jing, 62, 65, 80, 220, 319, 332, 392, 438, 608, 609
 Cai Xiang, 8, 75, 78, 129, 134, 227, 305, 369, 582, 587
 calligraphy, 143, 619
 calling cards, 371–73, 375, 622
 camels, uses of, 100, 157–60, 326, 337, 343, 438
 capping ceremonies, 7–8, 226
 carriages, 41, 52–53, 94, 108–09, 121–22, 159–60, 242–43, 309–10, 311, 359
 cattle, 72, 125, 256, 257, 343
 cavalry, 37, 571, 573, 624
 Central Harmony Festival, 650, 652, 673, 724, 726, 729
 Central Plains, xxiv–xxv, 57–58, 104–05, 154–55, 281–82, 327, 400, 517–18, 519, 676–77
 ceremonies, 6, 7, 28, 226–27, 240, 242–46, 263, 283, 292; commemorating, 657; funeral and burial, 441; hut-entering, 262; lifelong companion, 262–63
 Chanyuan Treaty, 468, 729
 chastity, 191, 209–12, 253, 256, 264
 Cheng Dachang, 17, 21, 84, 385, 580
 Cheng Yi, 177–78, 197, 201, 316, 320, 325, 352–54, 614, 696, 698
 Chengdu Prefecture, 90, 288, 318, 392, 437, 454, 512, 728
 chess games, 482, 484–85, 491, 736
 chestnuts, 30, 74, 97, 103, 267
 chicken, 68, 71–72, 92, 101, 169, 281, 320, 420, 433, 539
 child adoptions, 276, *see also* adoptions
 Child Care Bureau, 274–75, 276
 childbirth, 266–91, 386, 578
 children, 188, 266, 269–73, 275, 278–81, 395–96, 397, 486–88, 580–83, 586; abandoned, 274, 275–76; entertaining of, 487; filial, 347
 Chinese characters, 62, 140, 204, 245, 268, 296, 639–48, 676, 684, 688–90, 693
 Chinese language, 174, 676, 682–83, 684–88, 693–94
 Chinese medicine, 498, 499, 521
 Chinese names, 551, 568–69, 599, 602, 603, 690
 Chongning era, 22, 30, 332, 499, 599, 656
 Chunhua era, 30, 286, 479, 495, 501, 659, 661, 719
 Chunxi era, 25, 45, 51, 73, 218, 286, 328, 374, 711, 720
 Chunyou era, 52, 274, 309, 509, 644
 Chuzhou, 14, 271–72, 612
 cities, 71, 106–07, 121–23, 148, 158–59, 166–68, 169, 529, 648, 739–40
 clan system, 695, 697–98, 699–700, 710, 711

764 Index

- clans, 80–82, 185–86, 204–05, 213–14, 250, 252–53, 696–97, 698–705, 707–08, 710–14
- clansmen, 696, 698, 700–07, 709, 710–12, 713
- clothes, 4–5, 15, 19–21, 32–33, 37–42, 45, 47–48, 49–50, 52, 55–56; casual, 19, 370; coarse, 21, 306; embroidered, 58; wearing of, 5, 55, 681
- cockfights, 129, 489
- coffins, 293–94, 304, 306, 309–11, 314, 319, 329–30, 336, 338–39, 346–47
- coins, 268, 315, 386, 393, 487, 491–92, 493, 495, 501, 505
- Cold Food Festival* also called the *One Month Festival*, 90
- Colourful Brocade Society (brothel), 449
- Commissioner of the Court of Palace Attendants, 364, 723, 732
- Commissioner of the Xichuan and Xia Circuit, 535
- communications, 154, 156–57, 362–63, 366, 369, 370, 373, 374, 587, 609–10
- A Compilation of Chicken Ribs*, 37, 149–50, 208, 229, 261, 367, 480, 506, 527, 532
- Complete Perfection School, 404–05
- Compound Source of Matters and Facts*, 202, 244, 452, 464, 486, 559
- Comprehensive Research Based on Literary and Documentary Sources*, 30, 262–64, 348, 350
- concubines, 26–27, 31–33, 171–72, 174, 206, 208, 210–13, 253, 254–55, 574
- Confucius, 208, 211, 361–62, 397, 403, 408, 413, 417, 427, 605
- Cooked Food Day, 736
- Cooked Food Festival, 740
- copper coins, 138, 183–84, 186, 244, 285, 301, 628
- ‘Councilor Duke’, 550–52, 569
- court dress, xxiv, 2–3, 16, 22–24, 34, 41, 52–53, 58, 727
- Court Gathering on the First Day of the Lunar Year, 33
- Court Gentleman, 14, 173, 232, 309, 566, 602, 610
- court officials, 368, 370, 383, 385, 441, 585, 645–46, 659, 661–62, 671
- cremation, 324–31, 334–35, 338, 340–41, 343, 345, 347
- criminal law, 181, 183–84, 276, 285, 300, 305, 330, 496
- criminals, 72, 174, 340, 524, 639–40, 645
- Daily Life in China on the Eve of the Mongol Invasion, 1250–1276*, xxii
- Dali period, 46, 204, 216, 248, 259–60, 279, 335, 346–47, 397
- Dali, Kingdom of, 46, 204, 216, 248, 279, 335, 346–47, 397, 460
- dancers, 199, 459
- dances, 112, 216, 457, 459–60, 463, 469, 509, 728
- death anniversaries, 292–93, 296–97, 302–07, 320–23, 339–40, 344–48, 655–57, 661–64, 670–72, 674–75
- death penalty, 215, 639–40, 721
- decorations, 1, 4, 27, 28, 30, 32, 42–43, 47–48, 108, 533
- deities, 315, 410–13, 417–18, 425
- descendants, 296, 311–12, 315–16, 411–13, 414, 702, 704, 706, 709–11, 713–14
- diseases, 288, 501, 503–04, 514, 515–16, 518–20, 521–23, 538–39, 540–42, 544–46
- divorce, 178–79, 181, 205, 210
- doctors, 431, 510–11, 513, 515, 520–21, 531, 577, 613, 665
- dogs, 40, 101, 115, 419, 420, 444
- Dongping Super Prefecture, 104, 526, 707
- donkeys, 55, 157–59, 162, 383, 462–63, 476
- Double Fifth Festival, 480, 650, 731–32, 741
- Double Ninth Festival, 297, 650, 652, 673, 724–25, 731, 733, 738
- Dragon Boat Festival, 64, 264–65, 296, 650, 652, 673, 734–35, 737
- dragon boats, 458, 481
- dragons, 77–78, 121, 168, 422–23, 429–30, 464, 543–44, 605, 728, 734
- drinks, 83, 84, 86, 216–17, 277–78, 304–05, 343, 366–68, 537–38, 738
- ducks, 69, 72, 92, 97, 266, 281, 419, 489
- dynasty, xxii–xxiii, xxiv, 373, 412–13, 415–16, 460–61, 639–40, 645, 690–91
- Emperor Daozong, 36, 155, 205–06, 207, 249–51, 336, 395, 478, 716, 717
- Emperor Gaozong, 90, 91, 162, 271, 412–13, 467, 618–19, 640–41, 719–20, 744
- Emperor Guangzong, 301, 505, 586, 599, 618, 622, 720
- Emperor Huizong, xxv–xxvi, 159–62, 235, 289–90, 401–03, 422–23, 434–35, 498–99, 527–28, 618–19
- Emperor Jingzong, 205–06, 209, 336–37, 344, 404, 519, 688, 724
- Emperor Lizong, 274, 287, 289, 606, 610, 615, 618, 619, 701, 703
- Emperor Muzong, 336, 518, 716
- Emperor Ningzong, xxvi, 273–74, 633, 638, 659, 662, 664, 667, 668–69, 720

- Emperor Qinzong, 7, 402, 450, 599, 603, 618, 641, 719
 Emperor Renzong, 60–62, 181–82, 189–90, 286, 506–07, 574–75, 601–02, 634–38, 656–57, 658–60
 Emperor Shengzong, 97, 205–06, 209–10, 249, 251, 277, 336–37, 491, 594, 595
 Emperor Shenzong, 80, 231, 233, 390, 494, 498, 514–16, 639–41, 649, 656–57
 Emperor Shizong, 105, 249, 253–54, 396–97, 596, 600, 670–73, 674–75, 723, 731–32
 Emperor Shizu, 597
 Emperor Shunzu, 655–56
 Emperor Taizong, 160–62, 193, 250–51, 287–88, 389–92, 482–83, 501–02, 518, 520, 597–98
 Emperor Taizu, 110, 206, 300, 336–37, 339, 353, 411–13, 618, 621–22, 655–58
 Emperor Taizu of Liao, 120, 205, 207, 403, 424, 594
 Emperor Tianzuodi, 207, 249, 251, 339, 594
 Emperor Wu, 320
 Emperor Wudi, 464
 Emperor Wuzong, 372
 Emperor Xian, 719–20
 Emperor Xianzong, 344, 597–98, 599, 602
 Emperor Xiaozong, 119–20, 162, 165, 180, 182, 286–87, 478, 595, 603, 720
 Emperor Xingzong, 205, 207, 395, 403, 468, 479–78, 493, 494, 518–19, 593–95
 Emperor Xizong, 58, 212–13, 253, 341, 396, 427, 596, 670, 672, 722
 Emperor Xuanzong, 75, 278, 340, 341, 479, 628–30, 671, 675, 722
 Emperor Xuanzu, 598, 601, 611, 614, 655–56
 Emperor Yingzong, 8, 148, 153, 595, 598, 600, 603, 640, 642, 656
 Emperor Yizong, 214, 344, 521
 Emperor Yizu, 598, 601, 655–56
 Emperor Zhangzong, 41–42, 254, 279, 340, 397, 450, 591, 597–98, 670–71, 674–75, 722–24
 Emperor Zhaozu, 254, 597
 Emperor Zhenzong, 187–88, 307–08, 400–01, 411–12, 513, 618, 646, 650–51, 656–57, 659–60
 Emperor Zhezong, xxvi, 598, 600, 614, 618, 660, 662, 669, 719, 721
 emperors, 108–09, 205–09, 604–06, 645–47, 650–56, 657–60, 669–72, 715–18, 722–29, 731–35; former, 471, 720; founding, 404–05; late, 303, 411, 414, 425, 655–56, 672, 716; newly-enthroned, 303, 656, 716, 720
 Empress Wu, 82, 189, 693
 envoys, 97, 154–55, 159–60, 424–26, 518, 594–95, 679, 683, 721–23
 epidemics, 328, 432, 501, 516, 530, 725
 ethnic groups, 52, 89–91, 125, 214–16, 218, 249–50, 253–54, 258–59, 280, 692–93
 etiquette, xxvii, 11, 266–67, 282–83, 298, 369–72, 375–78, 381, 384, 386
 eunuchs, 3, 16, 27, 54, 162, 308, 611–12, 614, 645
 families, 108–10, 227–29, 231–33, 235–38, 293–97, 304–06, 313–14, 316–17, 318–20, 581–87
 family organization, the, 695–714
 fasting days, 101, 397, 400, 452, 657
 Fan Chengda, 45, 105, 113, 130, 137, 147, 211, 357, 365, 418
 female performers, 28–29, 32, 43, 55, 174, 199–201, 208, 213, 461, 466
 festivals, 382, 384, 652–55, 658–60, 667–69, 673, 715–46
 feudal Chinese society, 1, 228, 249, 707
 fish, 40, 70, 73, 91, 95–97, 100, 103–04, 115, 217, 463–64
 flour, 73, 87, 99, 103, 284, 302, 311, 680, 728, 742
 flowers, 26, 36–37, 40, 643, 644, 645–48, 735, 737, 739, 743
 food, 60, 83–87, 91, 92–95, 97–99, 101–02, 103–04, 266–69, 304–05, 538–39
 fortune-tellers, 435, 436–40, 442–43, 445, 453
 fruits, 74–76, 89–90, 94–96, 99, 101, 105, 268–69, 304, 737, 739
 funerals, 292–349, 663–64, 671–72
 gambling, 168, 484–86, 489–90, 492, 493–96, 739
 gambling games, 366, 486, 490, 491, 495
 games, 471–72, 474–79, 480, 483–86, 490–94, 495, 540, 732
 gardens, 25, 75, 112, 242, 364, 438, 492, 611, 617, 619
 genealogy, study of, 251, 274, 339, 341, 470, 473, 478, 491, 695
 ghosts, 313–15, 408–10, 418, 420–22, 424, 429–31, 433, 443, 514, 516–17
 gifts, 25, 27, 132, 145–46, 238, 284, 368–69, 382, 383–84, 735
 girls, 188–89, 200–01, 223, 225–27, 234–35, 251, 254, 255, 264, 644–45; captured, 254; dancing, 419; married, 662; servant, 227; unmarried, 48, 205, 259–60; virgin, 234
 gods, 284, 315, 413, 414, 419–20, 423–24, 425–27, 428, 429–30, 547
 gold, 23, 36, 38, 45, 102, 309, 326, 336–37, 489

766 Index

- government, 3–5, 107–09, 175–76, 274–75, 287–89, 495–99, 527–29, 605–06, 633–34, 640–42; agencies, 652, 653–54, 657, 659, 665–66, 668–70, 672, 674, 695, 716; central, 151, 374, 503, 549, 569, 651; local, 239, 274, 275–76, 289, 332, 333, 362, 495, 500, 504; offices, 82, 108, 138, 142, 449, 513, 516, 627, 649, 655
- grain, 66–67, 94, 100, 119, 159, 244–45, 246, 633–34, 703, 734
- grapes, 74–75, 79, 100, 105–06
- graveyards, 294, 297–98, 305, 325, 331–33, 334, 344, 437–38, 528, 740
- Guangzhou, 51, 91, 126, 194, 405, 458, 516, 535, 577, 600
- Guizhou, 48, 90, 113, 125, 263, 280, 347–48, 645
- Han women living in the territory of Song, 171, 204
- handicrafts, xxi, 128, 134, 194, 195
- Hangzhou (formally called Lin'an), xxviii, 112, 116, 196, 325, 327, 516, 632–33, 635, 643
- health, 267, 269, 511, 513, 534, 536, 537–46, 547, 586, 665
- Hebei, 28, 69, 134, 139, 149, 151, 211, 288, 501, 640–41
- Henan Province, 27, 300, 306, 312, 321–22, 447, 455, 459, 465, 466
- Hezhong Prefecture, 105, 412, 429
- History of Liao*, 204, 206, 208–09, 250–51, 337, 339, 466, 468, 471–72, 473
- holidays, 649–54, 658–60, 666–67, 668–69, 672–73, 674, 675; and vacations, 649–75; legal, 649; monthly, 653, 659
- Holy Festivals, 715–16, 718–24, 731
- Hong Hao, 45, 105, 106, 123, 208, 220, 279, 546
- horses, 47–48, 94, 151–52, 154, 157–59, 215–16, 255–56, 472–73, 484, 726–27
- housing, 107, 108–09, 110
- Huanggang District, 117, 270, 545
- imperial concubines, 26–27, 31–33, 171, 206, 208, 210, 212, 249, 251, 574
- indoors appliances, xxvii, 107, 127
- Islam, 405–06, 692
- jade, 23, 26–27, 36–37, 42, 97, 102, 146, 149, 492, 494
- Jade Emperor in Heaven, 353, 411, 618, 742
- jail, 419–21
- Jiangsu Province, 112, 274, 291, 304, 307, 324, 326, 334, 488, 495
- Jiatai period, 654, 667
- Jin Dynasty, 211–12, 253–55, 340–42, 356–58, 379, 444–45, 523–25, 628–31, 673–75, 731–32
- Jin period, xxviii, 213, 377, 388, 445, 466–67, 478–79, 618, 682, 693
- Jurchen people, 40, 427–29, 444, 449, 470, 547, 689–90, 696, 721, 731
- Kaibao era, 123, 297, 621–22, 648, 658, 664
- Kaifeng, 68, 70–72, 86–87, 90, 158–61, 169, 196, 445–46, 451–52, 676
- Khitans, 248, 250, 251, 335, 424–26, 442, 472, 547–49, 683–84, 689–91
- kidnapping, 175, 254
- Kingdom of Dali, 46, 204, 216, 248, 279, 335, 346–47, 397, 460
- Kou Zhun, 142, 192–93, 220, 436, 608, 610, 676
- labourers, 161, 524, 668–69
- 'Lamaism', 398–99
- lambs, 40, 61, 69–71, 92, 94–95, 103, 269, *see also* sheep
- land rent, xxi, 275, 392, 666, 696–97, 700
- land transfer contracts, xxi, 332, 627
- land, private ownership of, 329
- landlords, 242, 696, 698–99, 700, 702, 704–05, 706, 714
- language, 49, 125, 454, 456, 594, 676, 683, 690–91, 693
- lanterns, 613, 727–29, 732, 738
- laws, 175–77, 181, 183–87, 239, 249, 309, 495–96, 613, 639; barbarian, 674; issuing of, 702
- lawsuits, 211, 241, 261, 270–71, 319, 495, 529, 723–24
- letters, 165–66, 261, 352, 366, 369, 373–75, 385, 562, 575, 599–600; receiving of, 375
- Li Zhi, 26–27, 643
- Li Zhiyan, 306, 361, 374
- Liangzhe, 67, 77, 198, 324–25, 329, 388, 407–08, 517, 579, 585
- Liao, 33–34, 94–99, 157–60, 204–05, 208–09, 249–51, 517–21, 594–96, 715–16; and Jin dynasties, 149, 157, 450, 458–59, 466, 468, 491, 568, 590; people of, 34, 102, 217, 425, 461, 517–18, 546
- Lin Hong, 133–34, 137, 384
- Lin'an (now called Hangzhou), 61–63, 86–87, 169–70, 267, 274, 438–39, 451, 527–29, 532–33, 562–63
- lineage, 697–700, 701, 703, 706, 714
- liquorice, 103, 534
- Liu Zhi, 78, 118, 307, 326
- Lou Yue, 103, 149, 165, 605

Index

767

- Lü Zuqian, 584, 709
 lunar month, 58, 296, 363, 418, 420, 424, 430, 443, 658, 663–64
 lunar year, 33, 38, 39, 724, 726–27, 731, 734, 735, 739–40, 741
 Luo Yuan, 649–50, 654
 Luoyang, 74, 112, 134, 180, 199, 284, 382, 385, 648, 676
 Luzhou, 126, 331, 515, 669
- marriage, xxvii–xxviii, 204–05, 219, 231–32, 233–35, 246–50, 253–54, 256–61, 264
 marriage of ethnic people living in the territories of Liao, Western Xia, Jin and ethnic settlements under the jurisdiction of Song, 248–72
 marriage partners, 219, 223–24, 227, 232, 242, 255, 259–60, 265, 695
 marriage system, 219, 249, 250, 255, 259
 mausoleums, 43, 65, 298, 301, 303–04, 318, 336, 341, 344
 meat, 61–63, 69–71, 73, 90–91, 97–98, 100–03, 304, 407–08, 537–38, 712
 medical and healthcare practices, 496–548
 medical officials, 500–02, 508, 519, 525
 medical schools, 498, 503–04, 505, 507, 524, 527, 577
 medicine, 431–32, 500–02, 505–06, 509, 511–16, 517–25, 535, 537–38, 542, 577
 Military Affairs Commissioner, 173, 506, 519–20, 550–51, 591, 608, 623, 665, 709
 Military Commissioner, 139, 173, 303, 309, 561, 564, 567, 572, 575, 624
 military officers, 16, 38, 413, 427, 572, 720–21
 military officials, 300, 303, 308–09, 573, 575, 576–77, 657, 660, 661–62, 664
 Ming Dynasty, 588, 687, 689–90, 691
 money, 167–68, 227–28, 229, 231–33, 243–44, 289–90, 395–97, 432–33, 493–95, 628, *see also* coins
 Mongols, 45–46, 100, 212, 691
 monks, 89–90, 229, 388, 393–97, 400, 403, 508, 683, 716, 721
 mortgages, xxi, 701
 mother-in-law, 66, 246, 375, 582
 mothers, 173–74, 191–93, 204–05, 214–15, 279–80, 281–82, 287–89, 304–06, 307–08, 627
 mourning, xxiv, 294, 296, 301, 303–09, 314, 345, 347, 348–49, 661–64
 musicians, 9–10, 16, 240, 244, 262, 403, 448, 462, 465, 728
 muslin, 10–13, 14, 16, 34
- mutton, 69–72, 73, 97, 100, 103, 214, 266, 281
- noble families, 20, 159, 209, 255, 316, 336, 341, 346, 396, 399
 noble titles, 293, 297, 384, 390, 395, 422–23, 458, 608, 697, 698–99
 Northern Song Dynasty, 241, 242, 284, 330, 332, 392, 401–02, 576, 578, 639–41
 nuns, 215, 388–92, 395–96, 401, 403, 590, 721, 742–43, 745
 nurses, 274–75, 279
 nursing homes, 289–91, 499
- office buildings, 110, 118, 123
 official documents, xxvi, 595, 603, 608–09, 622–23, 638, 678, *see also* documents
Official Residence Bulletin also called the *Court Bulletin*, 166
 old-age care, 266, 282, 287, 289–90
 ophthalmology, 501, 504
 oral and written languages, 676–93
 ornaments, 4, 9, 23, 27, 30, 36, 40–41, 45, 58, 109
 Ouyang Xiu, 119–20, 187–88, 190, 357, 358, 360, 374–75, 545, 696, 705–07
 oxen, 13, 71, 79, 101, 157–59, 433, 444, 523, 735, 743
- pagodas, 320, 395, 396, 427, 438
 painting, scroll, 4, 619
 paintings, 37, 39–40, 111, 113, 143–45, 284, 437, 459, 509, 619–20
 paper money, xxii, 269, 314, 315, 473, 628, 631, 703, *see also* money
 parents, 175–77, 181–84, 261, 280–81, 286–89, 304–07, 322–23, 347–50, 661–64, 674–75
 pearls, 4, 26–27, 28–30, 34, 40, 42–45, 301, 309–10, 727, 732
 pears, 74, 97, 105
 peddlers, 31, 54, 71–72, 83, 86, 87, 161, 487, 488, 531, 532–33
 pedigree records, 695, 698, 699, 705–08, 714
 personal symbols, 439, 617–38
 pigeons, 72, 148, 166
 pigs, 40, 71, 88, 99, 119, 125, 420
 ‘Poem of Madame Bamboo after the Beginning of Autumn’, 136
 poems, 25, 113–18, 130–38, 141–42, 144–46, 149–55, 195–97, 356–57, 454–59, 484–86; ‘After Several Days of Heavy Snow around the Shangsi Day, Sight-Seeing in the Ripple Approaching Pavilion on a Clear Weather Day’, 745;

768 Index

poems (*cont.*)

- Baijin Ancient Music*, 348; *Listening to the Bamboo Flute Played by Office Manager Wen*, 579; *Poem of Madame Bamboo After the Beginning of Autumn*, 136; *Rope Dancing*, 461; *The Complete Verse Poetry of Song*, 197
- polygamy, 253, 256–58, 263
- porridge, 63–64, 66, 86, 89, 91, 94, 99, 101–02, 176, 739
- posthumous titles, xxvi, 112, 269, 312–13, 706, 715, 718, 719, 722
- Postscript of the Biography of Generational Relatives*, 255
- Prince Hailing, 58, 104, 428–29, 600, 602, 672–74, 722, 731–32, 740
- Prince Shao, 405, 602, 722
- Prince Xiu, 82, 112
- prisons, 177, 229, 420, 468, 530, 605, 622, 640
- private ownership of land, 329
- prostitutes, 174, 197, 203, 454, 458, 577–78, 589, 612–13, 643
- public opinion, 178, 180, 309
- punishment, 187, 285, 300, 305, 315, 322, 495–96, 639–40, 642, 716–17; capital, 660; criminal, 285–86; mechanisms, 500; strict, 260; systems of, 525
- Pure Talk of the Jade Kettle*, 179, 269
- Qiandao era, 24, 45, 218, 276, 379, 502, 632, 708
- Qiantang, 87, 319, 325, 438, 454, 483
- Qin Dynasty, 151
- Qing Dynasty, 307, 590
- Qingyuan period, 299, 302, 307, 601, 606, 659, 661, 662, 668–69
- Quanzhou, 195, 288, 326, 331, 405
- Records of the Listener*, 313, 319–20, 484, 485, 487, 529, 531, 533, 580, 581, 681
- relatives, 109, 293–96, 304–05, 306, 332, 339, 363, 367–68, 580, 661
- religion, 388, 392, 393, 397, 400–01, 403–04, 407–10, 423, 514
- religious beliefs, 319–23, 333, 366, 387–408
- research, xxii, xxv, xxviii, 79–80, 262, 264, 307, 341, 684–85
- residences, 80, 82, 108, 110–11, 113–16, 118–23, 124–25, 126, 396, 430–32
- restaurants, 29, 72–73, 86–87, 88, 106, 128, 168, 367, 578, 727
- retirement homes, 111
- rice, 63–66, 83, 86, 89, 91, 101, 103, 284, 287, 489
- rituals; auspicious, 644; ceremonious childbirth, 277; dressed up for sacrificial, 7; traditional, 336
- rivers, 123, 125, 154, 155–56, 348, 414–15, 422, 427–28, 437, 484
- royal families, 11, 24, 148, 173, 230, 249, 255, 266, 391–92, 399
- rules, 238, 370–72, 384–85, 476, 502–04, 538, 597–98, 661–62, 673–74, 699–701; compulsory, 283; established, 54, 110, 206, 225, 610–11, 660; legal, 182, 615; military defence, 667; official, 253, 603, 606; that women should obey, 208
- sacrifices, 297–98, 336–37, 339–40, 411–12, 414–15, 420–22, 424–26, 441–42, 709–10, 739–40
- salt, 73, 79, 83–85, 94, 100, 104, 337, 517, 573, 669
- salted fish, 68, 73
- sanitary utensils, 147
- savages, 46–47, 48–49, 115, 124, 137, 216–17, 259–60, 263, 346–47, 471
- scholars, 54, 219–22, 223–24, 229–30, 233–34, 356–57, 361–62, 364–65, 435–36, 679–82; billboard of successful candidates for presented, 221, 223; learned, 8, 13, 192; poor, xxiv, 132, 222; unsuccessful, 446, 449; young, 220, 223
- schools, xxv–xxvi, 16, 361–62, 404–05, 480, 527, 634, 667–68, 675
- Shaanxi Circuit, 148, 417, 524, 572, 580, 624, 640, 642, 736
- Shangsi Festival, 472, 650, 652, 667, 673
- Shanxi Province, 43, 164, 330–31, 450, 452, 466, 472–73, 529
- Shao, Prince, 405, 602, 722
- Shaoxing period, 17, 22, 273, 283, 290, 291, 330, 333, 599, 600
- sheep, 40, 92, 99–101, 102–03, 277–78, 284, 400, 416, 420, 443
- Shen Kuo, 20, 27, 94, 129, 131, 150, 155, 188, 373, 377
- shoes, 3, 22, 24–25, 47, 49, 199–200, 293, 311, 370–72, 717
- shops, 61, 73, 493–95, 509, 512, 531, 533, 628, 632, 726
- shrimps, 70, 72, 115, 281
- Sichuan, 67, 74–77, 89, 165, 167, 512, 530, 535, 536
- sightseeing, 365, 479, 482, 488, 646, 660, 668
- silk, 6, 9, 40, 42, 57, 199, 203, 286–87, 290, 648
- silkworms, 195, 419–20
- silver, xxi, 23, 28, 102, 129–30, 140, 211, 267, 338, 647–48

- singing, 88, 198, 215, 264, 349, 433, 447, 449, 454–57, 459–60
- slave girls, 174–77, 179, 183, 211, 213, 512, 642, 644
- slavery, 175–76, 177, 211, 216, 337, 343, 396–97, 405, 579, 642
- slaves; government-owned, 642; killing of, 211, 642
- social classes, 162, 166, 171, 194, 197, 255, 257, 259, 298, 450
- social life, xxii–xxiii, xxvi–xxviii, 107, 638
- social sciences, xxviii
- social status, 175–77, 204, 211, 213, 237, 645, 648, 697, 699, 700
- soldiers, 20, 43, 71–72, 119, 161, 484, 501–02, 577–78, 639–41, 667
- Song Dynasty, xxv–2, 6–12, 22–24, 26–28, 51–53, 60–65, 110–13, 155–59, 232–35, 585–90; early Northern, 1, 180, 549–50, 554, 566; late Northern, 7, 18–19, 80, 145, 149, 402, 581; late Southern, xxvi, 82, 180, 274, 286, 288, 576, 618, 638; mid-Northern, 361; mid-Southern, 156, 390
- Song period, 89–93, 196–98, 377–78, 414–16, 422–23, 452–53, 474–76, 677–79, 682, 698–99
- Song territory, 110, 127, 404, 427
- soup, 64, 83, 86–87, 94, 98, 101–02, 103, 129, 363, 370–71
- Southern Song, 8, 103–04, 315–16, 414–15, 469, 491, 507–08, 529, 680–81, 722–23
- Southern Song Dynasty, xxviii, 45, 183, 241, 243, 284–85, 301, 312, 499–500
- Southern Song period, 1–2, 181, 187–85, 533, 535, 653–55, 657, 660, 667–68, 710–11
- soya beans, 67, 82–84, 103, 277–78, 281
- sports, 366, 446, 468, 479–80
- sugar, 63, 69, 84, 87
- Surveillance Commissioner, role of, 173, 303, 315, 564, 567, 572, 575, 702
- Suzhou, 63, 83, 112, 169, 323, 325, 696, 700, 705, 728
- swords, 36, 40, 461, 468–69, 470–71, 584
- taboo, 189, 311, 317, 411, 551, 593–96, 597–604, 607, 608, 609, 610, 611, 612, 613, 614, 615; family rules on, 593, 605; names, 60, 601; official policies on, 593, 595–97, 599, 600, 604–05, 610; private, 606, 610, 615; published, 604–05
- taboos, 593–615
- Taiping, 167, 263, 280, 347–48, 507, 514, 515, 594, 716
- Taiyuan, 74, 90, 330
- Tang Dynasty, 18–19, 30–15, 76, 139, 247, 327, 344–45, 355–57, 374–76, 589–90
- Tang period, xxv, 90, 178, 202, 484
- Tangut people, 99–100, 214–15, 256–58, 342–43, 344–45, 429, 443, 521–23, 692, 693
- Taoism, concept of, 388, 400–04, 411, 422, 541, 542–43, 607, 714, 741
- Taoist assemblies, 403, 536, 721, 730
- Taoist practitioners, 397, 403
- Taoist priests, 21–22, 229, 323, 388, 396–97, 401, 403–04, 436, 542–43, 730
- Taoist temples, 12, 109, 291, 323, 397, 401, 403–04, 655, 721, 729–31
- tattoos, 51, 449, 639–44, 645
- tax collection, 8, 155–56, 226, 232, 271, 286, 288, 573, 627, 703
- Tax Transport Bureau, 82, 167, 307, 571
- tea, 76–79, 83, 86, 98–99, 103, 105–06, 129, 370, 371, 533
- tea houses, 86, 196, 367, 482, 491, 494
- teenagers, 198, 354, 487
- temples, 122–23, 393–95, 396–97, 400, 413, 415–18, 421–23, 426–29, 432, 742–45
- tents, 94–95, 121, 122, 137, 277, 442, 473, 485, 724–25
- Tian Xi, 134, 138
- Tianjuan era, 731
- Tiansheng era, 5, 227, 231, 506, 511, 514, 643, 645, 659, 661
- Tibet, 158, 215, 249, 259, 345, 398–99, 442, 692
- Tibetan people, 215, 258, 344–45, 398–99, 692
- tombs, 263, 294, 299–301, 305–06, 309–11, 316–17, 335–37, 341, 344–47, 736
- tombstones, 310, 311–12, 338, 341, 406–07
- transportation, 101, 151, 154–55, 157, 158, 165, 166–70
- treasures, 135, 147, 269, 279, 310, 314, 345–46, 368–69, 386, 395
- treaties; Chanyuan Treaty, 468, 729
- Uighur, 36, 100, 158, 215, 258, 400, 406, 691–93, 727, 733
- vacations, 649–50, 652, 653, 661, 666–67, 668–69, 675, 731
- vegetables, 64–68, 74–75, 87, 89, 99, 302, 304, 703, 712, 738–39
- vehicle renting, 169–70
- veils, 28, 198, 201–03, 215, 242, 245–46, 338
- venison, 97
- verses, 30–31, 137, 165–66, 357–58, 369, 454, 456, 492–93, 680–81, 683
- Wang Dechen, 11–12, 246
- Wang Shu, 620

770 Index

- Wang Sizong, 515, 517
 Wang Yun, 338, 340
 Wang Zeng, 122, 222, 458
 Wanyan Wuzhu, 442, 690
 Wanyan Zhanhan, 679, 690
 wars, 19, 53, 191, 207, 397, 400, 417, 423, 425, 430
 water, 72–73, 78, 105–06, 112–13, 154–55, 199–201, 319–20, 324–25, 437–38, 480
 water burials, 324, 342–43
 water transportation, 155
 watermelons, 98, 105
 wealth, 182–84, 186–87, 227–28, 231–32, 254, 268–69, 310, 315–16, 318, 700
 wealthy people, 221, 228, 230, 277, 284, 300–01, 315, 329, 576, 579
 weapons, 126, 269, 319, 349, 384, 469, 471, 726
 weddings, 205, 227, 232–33, 235–38, 240, 241–42, 247, 262, 363, 661
 Wen Yanbo, 53, 147, 157, 284, 298, 314, 316, 320, 323, 329, 353, 364–65, 381–82, 498, 540, 637, 707
 Western Xia, 37–40, 98–99, 122–23, 214–15, 249–50, 257, 398–400, 521–22, 546–47, 722–24
 wheat flour, 61, 94, 99, 680
 White Savage people, 46, 260, 346–47
 widowhood, 181–82
 wine, 67–69, 72–73, 80–82, 90–92, 99–103, 105–06, 128–30, 386, 725–26, 736–38
 Winter Sacrifice, 650–52, 669
 Winter Solstice, 383, 650–52, 654, 668–69, 673, 724, 726, 733–34, 738
 witchcraft, 278, 313–14, 431–45, 513, 514–17
 wives, 173, 174–78, 181–82, 185–87, 190–94, 208–10, 211–13, 250–52, 255–57, 585–86
 wizards, 260, 419, 421, 431–33, 439, 441–43, 444, 513, 514–15, 516
 women, 27–33, 47–48, 171–72, 177–80, 187–90, 194–206, 208–18, 263–64, 375–78, 589–90; educated, 203; feet-bound, 200–01; married, 6, 211, 259–61, 584; pregnant, 266; and the right to divorce and remarry, 179, 183, 187; unmarried, 6, 211, 239; upper-class, 189; virtuous, 187–88, 191, 209
 worship, 410, 413–14, 423, 428, 709–10, 731–35, 737, 743–44, 746; ancestral, 292; of various natural Gods, 409, 410–30, 442; polytheistic, 427, 429–30
 wrestling, 472–74, 743
 written documents, 608, 621–22, 624
 written language, 38, 593, 676, 678, 682–84
 Xia Song, 188, 308, 431, 514
 Xiangguo Temple, 90, 127, 196, 229, 435, 462, 508–09, 578, 728
 Xining era, 59, 127, 148, 158, 364, 365, 641, 642, 649, 656
 Xuanhe era, xxv, 18, 30, 308–09, 367, 373, 379, 455, 458, 461
 Yan Shu, 224, 308, 310–11, 355, 365, 367
 Yan Taichu, 360
 Yangzi river, xv, 17, 113, 120, 156, 167–68, 175, 532, 537
 Yanzhou, 88, 150, 226, 270–71, 420, 450, 533
 Yao people, 49–50, 66, 91, 279–80, 281, 348, 421, 460, 471, 623
 Yellow River, 33, 72, 104–05, 155, 158, 258, 286, 345, 405, 411
 Yuan Cai, 179, 187–89, 272, 283, 360, 627, 713
 Yuan Dynasty, 48, 124, 179, 198, 216, 338, 354, 526, 682, 690
 Yuan Jiong, 202, 354
 Yuanfeng era, 290, 297, 364–65, 372, 550, 552, 649, 652, 656–57, 719
 Yuanhao, 38, 99, 257–58, 468, 547, 599, 686–88
 Yuanjing, Chen, 236, 376–78, 447, 487
 Yuanyou era, 13, 22, 53, 240, 307, 345, 382–83, 662, 666, 669
 Yue Fei, 180, 194, 380, 439, 455, 469, 581, 617, 619, 679
 Zen Buddhism, 229
 Zhang Yong, 25, 194, 288, 354, 356, 386, 536
 Zhang Zai, 131, 236, 316, 422, 696–98, 711
 Zhang Zeduan, 111, 113, 457, 507
 Zhen Dexiu, 276, 288, 331, 334, 362, 713
 Zhejiang Province, 73, 226, 228, 270–71, 274, 287, 301, 304, 328, 332
 Zhenghe era, 173, 177, 235, 237–38, 243, 292, 298, 301, 501, 585
 Zhenyou era, 630
 Zhenyuan era, 672, 674, 731–32
 Zhongdu, 103, 340, 342, 628
 Zhou Dynasty, 15, 484, 593
 Zhou Hui, 15, 26, 45, 373, 387, 620
 Zhou Xibao, 4, 35, 43–44, 647
 Zhou Zhan, 515
 Zhu Yi, 149, 438, 590
 Zizhou, 511, 602, 709
 Zongda (Buddhist monk), 314