

Index

- action
 precedes and clarifies, 70
 virtues proven by, 190
- Africa, 47, 105
- African Americans, xxvi, 41–47, 77, 86, 185.
See also King, Martin Luther, Jr.; United States.
- agents provocateurs*, xliii, 93–94
- aggression, 64
 and moral equilibrium, 154–56
 displaced, 150
 energy of, 153–54
 Freud on, xlvii
 respect for personality of aggressor, 153
 separation and, xxxviii
- agonistics. *See* nonviolent agonistics
- ahimsa, xxix, xxxi, xxxiii, xxxvi
- Ahmedabad, 29
- alienation, xxxviii. *See also* separation from spiritual unity.
- alternative economics. *See* economics, alternative
- Amritsar, 86
- Andrews, Charles Freer, 12, 23
- Andrews, L.C., 82
- anger, 68, 113
 as a generator of energy, 100
 attacker's energy subsidies, 61
 basis of, 74
 creativity of, 57
 effect on energy, 8, 67
 elimination of, 179
- fear and, 73
- Gandhi on, xxxvii–xxxviii
 love sublimates and overcomes, 69
 reciprocal imitative violence of, 61
- Anti-Komintern Pact, 35
- Aristotle, xxxiv, 142
- ashram, xxix
 Sabarmati ashram, xi, xxvii
- Asia, 72, 105
- assumptions, xxiv, 1, lii, lv
 alteration of, 161–64
 compare and contrast, 1, lv
 mistaken assumptions, 163–64. *See also* sentiments; values, systems of.
- attitude, violent and nonviolent, xxxiv, xxxviii.
See also nonviolent ethos.
- auto-suggestion, xlv, 57, 60, 72, 87
- autotelic, xxiii, xxiv. *See also* means and ends.
- Bacon, Roger, 198
- banyan tree, xxix–xxxiii. *See also* integral nonviolence.
- Bartlett, Frederic Charles, 50
- Baudouin, Charles, 60
- Belgium, 88
- Berlin, 98
- Bigotry, 55
- Black Power, li
- Blake, William, 100
- Bolsheviks, 114, 118, 160
- Bondurant Joan V., liii, 176, 201
- Borsad, India, 29

Index

- boycotts, 121
 against Austrian goods, 20
 bus boycott in Montgomery, 41–47, 95
 in China, 47. *See also* strikes.
- Brahma, 182
- Brest-Litovsk, Treaty of, 114
- Bridgman, Percy, 184
- Britain, 88
- British, 96, 107, 150
 blockade of Germany, 96
 effect of Indian non-cooperation on, 29
 exploitation of Asians and Africans, 133
 grant of freedom to Ghana, 47, 105
 grant of independence to India, 145
 Indian struggle and British deaths, 106
 Jhallianwala Bagh tragedy, 83
 near mutiny of troops, 83
- Buddha, 18, 72, 161, 182
 and nonviolence, 47
- Buddhism, engaged, xxxiv
- Caemmerer, Lieut. General Rudolf von, 61, 79, 80
- Calvin, John, 142
- capitalism, xxx, 97–98
 domination and exploitation in, 126, 133–34
 pros and cons, 125–27
 war and, 111
- car-pools
 in Montgomery, 44, 45
- censorship, 85–87, 90
- Champan, India, 23–24, 87
- change process. *See* process of change.
- Chauri-Chaura riots, 76
- China, 18, 47, 72, 148, 150, 161, 185
- chivalry, 54, 87, 88, 106
- Christian X, King of Denmark, 35–36
- Chungking, 98
- Churchill, Winston, 148
- civil disobedience, lix
- civility, xxxviii
- civilization. *See* modern civilization.
 modern, xxi
- class war, 99–108
- Clausewitz, Carl von, 61, 79, 80, 100, 101, 102, 110, 130
- cleanliness, 180–81
- collective, human, 143–44. *See also* unity, spiritual.
- Communism, 119, 129
 compared to Gandhi's swaraj, 119–21
 ethical essence, 119
 means and ends, 112–13
 on violence, 117–18
 violence and, 109–11
- Communists
 and freedom, 131
 executions and, 172
 on Russian revolution, 117
 on social change and force, 115
 on violence, 109, 198
 persecutions committed by, 89
- conduct, xxxiv. *See* nonviolent ethics
- conflict resolution, 103, 105, 124, 148, 156. *See also* integration; nonviolent agonistics (contestation).
 between nations, 133
 greatest human problem, xxxiii
 inevitable part of life, 100
- Congress of Racial Equality (CORE), xiii, xxviii
- conscience, 81, 83, 151
- conscientious objection, xiii, xiv, 166, 188
- constructive programs, xxxi–xxxii, 190–200
 basis of nonviolent way of life, xxiv, xxvi
 books on, 176
 discipline and, xxxi–xxxii
 means of systemic transformation, xxxiii
 support system of nonviolent agonistics, xxxiii
- contestation, xxiv, xli–xlii. *See also* moral jiu-jitsu; nonviolent agonistics (contestation).
- conversion. *See* moral conversion
- cooperation, xxiv, xxxiii, 130, 146
 ahimsa and, xxxvi
 and contestation, xlii
 ecological, xl, lvi
 relations of, liii
 Rufus Jones, 7
 vs. antagonism, xxxix. *See also* non-cooperation.
- cooperatives, xxix, lvii, 143, 171
- countermodernity, xxii, xxxiii, lx
- counter-revolution, 117, 118
- counter-violence, xxxiii, 49, 57, 69, 150, 154
 as counter-productive, 112
- equilibrium, 155
- ruling class, 113

Index

- courage, nonviolent, 69, 74, 100, 188
 attacker's respect for, 61
 non-retaliation and, xlii, 50, 58
 nonviolent virtue, 56, 69, 74, 189
 of nonviolent resister, 50, 177
 perceived by opponent, 76
 satyagraha and, xxxvi–xxxvii
- cowardice, 57, 94, 103, 119
- criminal, 134–37
- Cromwell, Oliver, 18, 96
- Crozier, Brigadier General F. P., 188
- cruelty, 55
 in history, 139
 intentional, 150
 nonviolent resistance to, 150
- curiosity, 50, 130
- Damgaard, Bishop Fugelsang, 36
- De Broglie, Louis, 184
- Deak, Ferenc, 20
- decolonization, xlviii. *See also* moral jiu-jitsu.
- deep-seated assumptions, 148
- defense, 31, 102, 104
- Deming, Barbara, xv, li, liv. *See also* feminism, nonviolent.
- democracy, participatory, 134, 194
 constructive programs and, xxix, xl, lvii, 196. *See also* power-with.
- Denmark, 34–36, 134
 resistance to Nazis, 13, 34–36, 134
- desegregation, 47
- Dewey, John, 110, 196, 209
- Dharasana, India, 29, 30, 31
- dialogues. *See* public dialogues
- dictatorship, 143, 196
- Dingle, Herbert, 184
- disarmament, lviii, 118
- discipline, xxx, xxxi–xxxii, xxxiv, xlvi, 87, 88, 96, 112
 collective use, 79, 143
 free and democratic forms, 75–78, 166–73
 Gandhi and, 199
 military form, 100
 modes of, 147, 174
 need for, 87, 94
 problem of, xxvi, xxxi
- Disraeli, Benjamin, 181
- dominance-submission, 156, 157
 and failure of violence, 159
 integrative relationships are non-dominative and non-submissive, liv–lv, 157
 types of, liv–lv, 65, 156–60
 vs. integrative relationships. *See also* power-over; power-with.
- domination
 concept of, xxiii
 contrasted with non-domination and nonviolence, xliii
 feature of modern civilization, xxi, xxxiii
 justifications of, liii
 nonviolence as replacement for, xxiv
 violence and, xxiii. *See also* dominance-submission; power-over, violence.
- dramatization of nonviolent contestation, xliii, lviii, 108
 Gandhi and, 19, 94
 human unity and, 63, 116
 King and, 45
 King and socio-drama, 46
- Du Bois, William Edward Burghardt, xii, xviii, xxxii
- dual loyalty, xxxix, li, lii, 159, 160, 164
 duragraha, xlv, liii, lxi
 Gandhi on, xxxviii
 ineffectiveness of, xlvi
 vs. non-retaliation, xl
- East German uprising, 98
- ecology, environment, xxiv, xxvi, xxxiv, xxxvi, 142
- economic self-reliance. *See* economics, alternative; swadeshi
- economics, alternative, xxix–xxx. *See also* swadeshi, swaraj, Schumacher.
 constructive programs and, xxxi–xxxii
 Du Bois and King and, xxxii
 ecological economics, xiv, xv, lvii
 Gregg's works on, xxx
- Einstein, Albert, 172, 184
- ends and means. *See* means and ends.
- energy, 106, 148
 aggression and, 8, 52, 57, 139, 153–54
 animacy of life and, xxxiv
 combination of energy as goal of contestation, liv, 68–70
 combining is aim of nonviolent agonistics, 69

Index

-
- energy (cont.)
 growth and, 146
 integration and, xlv
 love and, 57
 nonviolent uses of, 67–72
 Pakistan–India partition and, 145
 stories and, 176, 189
 energy, nuclear, 107
 Engels, Friedrich, 115
 enmity, xxxvii
 epistemic humility, xxxv
 equilibrium, xlv, liii, 146, 155
 Esbjerg, Denmark, 35
 ethics. *See* nonviolent ethics
 European domination, 105
 exploitation, xxxix, lix, 4, 11, 16,
 134
 effects of, 193
 in capitalism, 110
 in colonialism, 95, 126
 fabian gradualism, 127
 faith
 in human nature, 56, 142, 178
 Fanon, Frantz, li
 fear, 49, 55, 57, 74, 114, 130
 as a basis of violence, 78
 effect on energy, 100
 greed and, 111, 116
 overcoming fear, 55–56, 74–75
 Fellowship of Reconciliation, xiii,
 xxviii
 feminism, nonviolent, xlviii
 field psychiatry, lvii, 161
 Fischer, Louis, 95, 176
 Foch, Marshal, 75, 76, 79, 102, 104, 108
 Follett, Mary Parker, xlii, liii–lv, 51, 65–66. *See*
also integration.
 Fox, George, 47
 Franz Josef of Austria, 20, 21
 Frederick the Great, 81
 freedom
 African, 95, 105
 constructive programs and, 196
 discipline and, 169
 Gandhi and, 120
 grounded in mutual trust and nonviolence,
 131, 152–53
 inner freedom, xliiii, lx
 King on, 13–14
 of speech, 126
 of violent opponent, xlix, 14, 123
 political, 93
 Freud
 on spiritual unity, xlvii
 repressed wishes and violence, 60
 sublimation, 69
 Freudian, 60, 69
 frustrations, 150, 153, 156
 Fuller, General John Frederick Charles,
 87, 90
 Galileo, 161, 198
 Gandhi, Mohandas Karamchand, 47, 57, 86,
 119, 143, 145
 autobiography of, 176, 183
 beliefs of, 149, 181
 discipline devised by, 199
 Gregg and, xxvii–xxviii
 Gregg's description of, xxxv, 56
 Gregg's memories of, xix
 in Champaran, 23, 87
 in South Africa, 21–23
 influence on Haaken Holmboe, 37
 influence on Martin Luther King Jr., 43
 insistence on cleanliness, 180
 instruction for jail conduct, 137
 labor unions and, 120
 negotiations with Lord Irwin, 85
 on defining violence and nonviolence,
 xxxvii–xxxviii
 on *Discipline for Non-violence*, 6
 on duragraha, xxxviii
 on means and ends, xxxv
 on satyagraha, xxix, xxxvi–xxxvii
 on spiritual unity, xxxiv
 on swaraj, xxix–xxx, 119–20
 quelled riots, 145
 Round Table Conference and, 62
 Salt March and, 63
 scientific experimental method, 182
 Gandhian economics. *See* economics,
 alternative
 Garvin, J. L., 110, 196
 Gestalt psychology, xxxix, 147
 Ghana, 47, 95, 105
 Ghose, Aurobindo, 212
 Goldman, Emma, 112

Index

- Graetz, Robert, 43
 greed, 55, 111, 115, 116
 Greeks, 185, 187
 Gregg, Richard, works of, xvii–xx, xxv–xxvii, xxx
 Discipline for Non-violence, xxxi
 Grey, Sir Edward, 160
 groups, organization of, 177–78
 growth, 127, 143–47
 entails greater energy, 146
 response to gentle stimuli, 146
- habits, xxxiv, xxxvi, xl, 75, 166–73, 193
 basic to morale, 80
 difficult to change, 161
- Haiti, 85
 Hamburg, 98
 Hardinge, Lord Charles, 23
 hatred, xxxvi, xliii, 57, 67, 73
 as a generator of energy, 71
 uprooted by nonviolent contestation, 56
- Heard, Gerald, 167, 188
 Heisenberg, Werner, 184
 helping hand, xlix, liii. *See also* moral jiu-jitsu.
 Gregg's philosophy of, liii–lv
- Herculean task, xxxi, xlvii
- Hindus, 28, 32–33, 72, 145, 182
 Hiroshima, 98
 Hitler, Adolf, 88, 89
 Hocking, William Ernest, 57, 71, 80, 82
 Holmboe, Haaken, 37, 38
 Holt, Edwin Bissel, 112
 humiliation, 67, 150, 162, 181
 not the aim of nonviolent resistance, 58, 64, 85
 humility, lvi, 56, 148, 181
 Hungary, 20–21, 96, 98
 Huxley, Aldous, xiii, xxviii, liii
 hydrogen bomb, 98, 139, 184
- imagination, 60, 178
 India, 119
 differences of India and the West, 3–4, 16
 Gregg's life in, x–xv, xxvii–xxviii, xxx, xl, 4–6, 11, 13, 16
 Indians, struggles of
 Bardoli, 29
 Champaran, 23–24
 for independence, 29–34, 71, 85, 106
 in general, 11, 15, 91, 120, 145
 intelligentsia misunderstood method, 76
 Kotgarh, 27
 peasants and, 168
 South Africa, 21–23
 Vykom, 25
 indigo plantations, 23
 inferiority complex, 52, 88, 92, 126
 insecurity, lii, 4, 157–58. *See also* security dilemma.
 instinct, 52, 71
 integral nonviolence, lv
 as countermodernity, xxxiii
 combines swaraj and satyagraha, xxx–xxxii
 Gandhi and, xxxiii
 like a banyan tree, xxix
 needed today, lx–lxi
 process of change, lx
 solves two problems, xxx
 integration, xxiii, xxxvii, xlii, 196. *See also*
 moral jiu-jitsu.
 and social integration, 196
 Follett on, 65–66
 process of, 65
 synopsis, liv–lv
 intimidation, 115–16
 Irwin, Viceroy Lord, 85, 87
- Jainas, 18, 47, 72
 Jallianwala Bagh, 83, 86
 James, William, lix, 70, 101, 108
 James-Lange theory of the emotions, 61
 Japanese, 85, 102, 150
 Jeans, Sir James, 184
 Jesus, 18, 44, 47, 72, 143, 161
 death of, 77, 158
 teachings about anger and greed, 57
 Jews, 35–36, 96, 140, 150, 183
 jiu-jitsu, 50–58, 102. *See also* moral jiu-jitsu;
 Kano, Jigoro; Uyenishi, Sadakazu.
 contrasted with moral jiu-jitsu, xlvii–xlix, lii–liii, 58
 Johannesburg, 47
 Joint Parliamentary Committee, 27
 Jones, Rufus, xiv, xxvi, 7–9, 12, 13, 17
 justice, 156

Index

- Kano, Jigoro, xlvii
 Kempf, Edward John, 73
 Keynes, John Maynard, 111
 on capitalism, 111
 on communism, 119
 Kheda, India, 29
 King, Martin Luther, Jr., 43–47
 Foreword to PNV (1959 ed.), 13–14
 Gregg and, xv, xxviii
 Stride toward Freedom, xv, 176
 King-Hall, Commander Sir Stephen, 107, 130
 Kirkenes, Norway, 40
 Kotschau, Karl, 141, 145
- labor unions, 87, 93, 120, 160
 Gregg's work with, 4, 11
 Lao-Tzū, 18, 47, 72
 Lenin, Vladimir Ilyich, li, 95, 149, 161, 172,
 196
 on violence and revolution, 109–18
 liberty. *See also* freedom.
 by-product of trust and respect, 152–53, 196
 nonviolent resistance the key to problem,
 129
 Liddell Hart, Sir Basil Henry, 79, 84, 96, 102
 life systems and nonviolence, lvi, 139–44
 Linlithgow, Viceroy Lord, 85
 Lippmann, Walter, lix, 101
 Lloyd, Sir George, 76
 London, 28, 36, 62, 112
 love, 56, 65
 agape, xxxvi
 ahimsa and, xxxvi
 as mutual aid, xxxvii
 essence of life, xxxvi, 57
 experiments in the use of, 182–84
 law of our being, xxxvi
 misunderstood, xlvii
 more powerful than violence, xlv
 nonviolent resister's need for, 56–57
 of truth, xxxvi, 56
 origin of all virtues, xxxvi, xlix
 restores moral equilibrium, 156
 stronger than fear and anger, 69–70
 sublimates and overcomes, 69
 transformative moral dynamic of satyagraha,
 xlvii
 Lund, Diderich, 41, 149
 Luther, Martin, 161
- Madariaga, Salvador de, 89, 110
 Madras, 23
 Malta, 98
 manual work, xxx, xxxi–xxxiii, 191–95
 Mao Tse-tung, 161
 martyrs, 30, 77, 90
 Marx, Karl, li, lvii, 95, 97, 111, 115, 129,
 161, 172
 converted to socialism by persuasion, 115
 on violence and war, 111
 Maurice, Major General Sir Frederick, 110, 196
 means and ends, xxviii, liii. *See also* security.
 autotelic, xxiii, xxxiii
 communists on, 111
 Dewey on, 110, 209
 Gandhi on, xxiii
 Goldman on, 112
 Gregg on, xxiii, xxxv
 Holt on, 112
 misunderstandings of, 114–15
 Trotsky on, 112, 114
 meditation
 importance of, xl
 joint meditation, xxxi, xxxiv, lx, 187–88
 Salt March and, lviii
 method
 experimental and experiential, xxxvii,
 lvi–lvii, 161
 Gandhi on, 183
 Mexico, 18, 172
 Milarg, 41
 Milne, Alan Alexander, 172
 modern civilization. *See also* capitalism;
 communism.
 compared with nonviolent civilization, xxxii,
 xxxvii, xlv
 destructive, xxx, xxxix
 destructiveness of, xxiv
 exploitive in spirit, 133
 justifications of, li
 nonviolent transformation of, 194–200
 security dilemma in, liii
 transformable nonviolently, xxi
 violence and domination integral to, xxi
 violent in spirit, 133
 Mohammed, 22, 161
 Montessori, Madame, 193
 Montgomery Improvement Association, 43
 moral conversion, xli, xliii

Index

- explanation of, 63
 moral jiu-jitsu and, liv
 negotiations and, 85
 problem of, lv
 Salt March and, lviii
 three steps of, xli
 universal capability of, 115
 moral jiu-jitsu, xxiii, xlii, 49–58. *See also*
 helping hand, nonviolent agonistics.
 compared with jiu-jitsu, xlvi–xlix, lii–liii, 58
 decolonization and, xlvi
 does not throw opponent, 58
 feminism and, xlvi, liv
 in public dialogues, l, li, lii
 leads to integration, liv, 64–65
 offers helping hand, lii–liv
 replaces violent revolution, li
 transforms conflict, liii, 58, 103
 moral power, 168
 morale, 79–85, 87–91, 176–77, 179
 morality, 97, 144
 Morgenthau Plan, 88
 Mountbatten, Lord, 85
 music, 99
 achieving unity through, 185–86
 effect on criminals, 136
 mutual aid, xxxvi

 Nagasaki, 98
 Nagpur, India, 29
 Nancy school of psychology, 60
 Napoleon, 75, 76, 79, 96, 102, 105, 130
 Nasjonal Samling, 37–38
 Natal, South Africa, 21–23
 National Association for the Advancement of
 Colored People, 45
 Nazis
 hearts touched, 96
 in Denmark, 34–36
 in Norway, 36–41
 treatment of Jews, 96, 150
 treatment of Quakers, 96, 151
 Negroes, American, xxvi, 41–47, 77, 86, 185.
 See also African Americans; King, Martin
 Luther, Jr.
 Newton, Isaac, 161, 172
 Nicaragua, 85
 Niebuhr, Reinhold, 132
 Nisei, 85

 Nkrumah, Kwame, 47, 95
 non-attachment, xxix, xl
 non-cooperation, xliii, lviii
 cooperative programs and, xxxii
 examples, 28, 47, 130
 nonviolence. *See also* duragraha; integral
 nonviolence; moral conversion;
 nonviolent ethics; power of nonviolence;
 power-with.
 books on, xxv–xxvii, 62–70, 176
 civil defense, lviii–lix, 107
 compared with military strategies and
 virtues, 99–108
 discipline, xxx
 misunderstandings of, xxx, xlv, xlvi, lv
 morally superior to war, 107–8
 process of change, lv
 transformative power of love, xlv, xlvi
 types of, lix
 nonviolence, integral. *See* integral
 nonviolence.
 nonviolence, types of, xxviii, lx. *See also*
 duragraha.
 nonviolent agonistics (contestation). *See also*
 constructive programs; dramatization of
 nonviolent contestation; integration;
 moral conversion; moral jiu-jitsu.
 based in ethics, xxxiii–xxxv
 contestation, xxiii, xlii
 field of, xli–xlv
 how it works (moral jiu-jitsu, conversion and
 integration), xlvi–lv
 process of change, lv–lix
 nonviolent ethics, xxviii, xxxiii
 basis of integrated way of life, xxxiii–xxxiv
 constructive programs, xxxi–xxxii
 ethos and virtues of, xxxiv–xxxvii
 non-retaliation and, xl
 steps of ethical self-formation, xl–xli
 Norway
 resistance to Nazis, 13, 36–41, 175
 Supreme Court, 37
 Nuremberg (Nurnberg) laws, 35

 Odense, Denmark, 35
 Oslo, Norway, 36, 37, 39

 pacifism, 109, 132
 Pakistan, 145

Index

- Parks, Rosa, 42
 Pasternak, Boris, 95
 Patel, Vallabhbhai, 27
 Pathans, 28
 Pavlov, I. P., 75
 peace, 106, 110, 131–34
 effect of imposed starvation upon, 88
 imposed by violence, 69, 106
 international, 118, 132
 Peace Pledge Union, xxviii
 personality, 52, 54, 99, 150–57
 persuasion, 139–65, 197–200. *See also* power of nonviolence; power-with
 A.N. Whitehead on, 19
 as means of change, xlix
 as more powerful than coercion, 4
 includes gentleness, love and truth, 147–48
 Plato on, 199
 problem of, xxxi, lv
 summary of, 215
 Plato, 142, 161, 199
 police, 21–33, 84, 138, 143
 police reform, 138
 political jiu-jitsu, 1. *See also* duragraha.
 power of nonviolence. *See also* nonviolence;
 power-with; satyagraha; unity, spiritual.
 animates life, xxiii
 concept of, xxii
 ethics connects humans to, xxxiii–xxxiv
 satyagraha and, xxxiii
 translates ‘soul-force’, xxxiv, xli, xlvi
 power of violence. *See also* power-over;
 security
 begins in separation and divisiveness, xxxvii–xxxviii, liii
 concept of, xxiii
 cycles of counter-violence, xxxviii–xxxix
 false assumptions and values legitimate, li–lii
 fatal flaw of modern civilization, liii
 generates cycles of counter-violence, lii
 power-over, xxiii, xxxvi, xlii, li. *See also*
 dominance-submission.
 based in separation, xxxviii
 causes security dilemma, lii
 compared to power-with, xliii
 concept of, xxiii
 security dilemma’s cause, 117
 undermines conflict resolution, liv
 power-with, xxxvi, xxxix, li. *See also*
 integration; persuasion; power of nonviolence; unity, spiritual.
 compared with power-over, xxxviii
 concept of, xxii
 constructive programs and, 194
 conversion to, xli
 dissolves security dilemma, liv, 117
 dramatization of, xliii
 ethics and, xxxiii
 integration and, liv
 sustains life, xxiv
 principled nonviolence vs. pragmatic nonviolence, xxviii, xlvii
 prisoners and nonviolence, 135
 process of change, lvi–lix. *See also* integral nonviolence
 compared with life systems, lvi
 examples of, lviii
 requires integral nonviolence, 197
 social transformation, 196–200
 proletariat, 113
 propaganda, 54, 85, 93, 97, 114, 173
 public dialogues, xlii, l, lii
 require nonviolent practice, 70–71
 violent vs. nonviolent ways of life, li
 public opinion, 53, 84–97

 Quakers, 18, 96, 151–52, 191
 Quisling, Vidkun, 36

 rabble hypothesis, lii
 Rama, 182
 Reed, John, 115
 respect, 58, 87, 89, 105
 revolution, 117. *See also* process of change;
 means and ends.
 perpetuates violence, xxiii, li
 Russian, 117–19
 social transformation, 196–200
 Rivers, W. H. H., 61, 64, 80
 Robertson, Sir Benjamin, 23
 rocket missiles, 98
 Roosevelt, Franklin D., 41
 Round Table Conference, 62
 Ruhr, 47, 83
 Ruskin, John, 185
 Russell, Bertrand, 76, 172, 212
 Russia, 94, 96, 98, 117–20, 160, 172

Index

- sabotage
 discouraged by the Danish authorities, 35
 ineffectiveness of, 41
- satyagraha, 69. *See also* power of nonviolence.
- banyan tree and, xxix
 Gandhi on, xxix, 6
 Gregg's translation, xlvi
 integration with swaraj, xxx
 Jones on, 8
 meaning of, xxxv–xxxvii
- Saxe, Marshal, 79, 103, 130
- Scavenius, 35
- Schumacher, Ernst Friedrich, xiii, xvi, xxxiv
- security, 16
 faith in, 69
 nonviolence and, 116
 security dilemma, lii
 violence undermines, lii, 116, 157
- segregation, 42–47
- self-government. *See* swaraj (self-governance).
- self-dependence, 134
- self-respect, 52, 83, 87, 178, 179–81
 increased by manual work, 193
 national, 22, 134
- self-transformation. *See also* nonviolent ethics
 precedes social transformation, 196–97
- sentiments, 148–65. *See also* assumptions;
 values, systems of.
 more basic than power, 114
- separation from spiritual unity
 beginning of violence and domination,
 xxxviii, 70, 78, 111. *See also* unity,
 spiritual
- Shand, A. F., 50, 55
- Shiva, 182
- Sikhs, 31–33
- sincerity, 93, 158
 of fighters, 100
 of voluntary sufferers, 53, 90
- Smuts, Jan Christian, 22
- social movements. *See* constructive programs
- social neurosis, xl
- social transformation. *See* process of change;
 integral nonviolence; revolution.
- socio-drama, 45, 46
- soldier, 75–78, 174, 178, 180, 190
 effect of nonviolence on, 81–83
- South Africa, 21–23, 47, 55, 95
- spiritual unity. *See* unity, spiritual
- St. Francis of Assisi, 47
- Stalinists, 172
- state
 compulsion, intimidation and violence in,
 129, 134–37
 punishment and, 135
 stimuli, gentle, or perturbations, 52, 142–50,
 183. *See also* process of change.
 develop unity and morale, 188–89
 rhythm of, 145
- strikes, xxxii, xliii, 22, 29. *See also* boycotts.
 demobilization, 83
 Gregg and, xi
 hunger, 88
 industrial, 89
 trade union, 93
 truth seeking, 124–26
- struggles for existence, xxxvi, xlvii, lviii
- subconscious
 and resistance, 60, 162
 and stories, 63, 188–89
 forces in, 62
 imitation and suggestion, 136
 repressed wishes, 60
- submission. *See* dominance-submission.
- suggestion, 59, 62
- Sun Yat-sen, 161
- Surat, 27, 29
- Swadeshi (economic self-reliance), xxix, lviii.
See also constructive programs;
 economics, alternative.
- swaraj (self-governance), xxix–xxx, 31–33, 119
 Gandhi on independence and, 119
Hind Swaraj, xxv
 integration of, xxx
 integration with satyagraha, xxx
 primary sense of, xxxiii
 purna swaraj, xxix
- Sweden, 36
- swimming
 analogous to exercising nonviolent power,
 xli, xlv, 169
- terrorism, 28, 39, 115, 117
- Thoreau, Henry D., 43, 47, 176
- thought control, 95
- throw opponent, xlix, liii, 51, 58

Index

- Tirthankaras, 18, 47
 Tolstoi, Leo, 8, 47
 training, 174–200
 constructive programs and, xxxii
 democratic and free, 196
 grounds saying in doing, 172
 solves indiscipline problem, xxx
 superior to military training, xxxi
 Transvaal, 21–22
 Supreme Court, 22
 Trotsky, Leon, li, 109–18, 132, 172
 on intimidation, 115
 on means and ends, 112, 114
 on pacifism, 109, 111
 Trotter, Wilfred, 72
 trust, 62, 131, 149, 157
 and distrust, lii
 and mistrust, 91
 basis of nonviolent society, xxxviii
 gaining opponent's, xxxi, xxxv, 62
 intersubjective, liii
 truth, xxxv, 56, 87, 93, 130, 150. *See also*
 nonviolent ethics.
 asserting experiments with, xxxvii
 God another name for, 182, 183
 holding to, 69
 humility in searching for, xxxv, xlii
 love of, xxxi
 moral balance and, xlix
 responsibility of peacemakers for, 131
 satyagraha and, xxxv
 trunk of banyan tree (satya), xxix, xxxiii
 vs. violence, lvi
 unarmed resistance, xxiv, li
 United States, 41–47, 84, 88, 97. *See also* King,
 Martin Luther, Jr.; Negroes, American.
 exploitation of tropics, 133
 Gregg's influence in, xxviii
 Ku Klux Klan, 44, 46
 military conscription in, 166
 Supreme Court, 42, 46
 unity, spiritual, 58, 64, 78, 149, 151, 152, 185
 alienation from, liii, lix
 animates and sustains all life, xxiii
 animates biological and social unity,
 xxii–xxiii, 139–42
 contestation and, 78
 ethics connects humans with, xxxiii
 expressed through the hand, 192
 Freud on, xlvii
 Gandhi's faith in, 183
 law of our being, xxxvi
 love and, xlvii
 power of, xlviii
 Salt March and, lviii
 treat opponents as members of, xliii
 violence inconsistent with, xxxviii
 Uyenishi, Sadakazu, xlvii, xlvi, 50–51. *See*
 also jiu-jitsu.
 Vaithinger, Hans, 209
 values, systems of, 58, 104. *See also* nonviolent
 ethics; sentiments.
 nonviolence creates new, 71, 93, 114
 role in conflict, 49
 violence. *See also* dual loyalty; power of
 violence; war
 Gandhi's definition, xxxvii
 Gregg's definition, xxxviii
 problem of, xxiii
 voluntary suffering, 50, 54, 90, 154
 Wallas, Graham, 65
 war, 99–108, 109–28. *See also* power of
 violence; power-over.
 disciplined nonviolence more powerful, 98
 essential element of modern civilization,
 xxi
 greatest and most difficult human problem,
 xxiii
 Lenin on, 110
 nonviolence morally superior, 107–8
 nonviolence political substitute, 101
 nonviolence shares several military strategies
 and virtues, 99–106
 Russell on, 76, 212
 War Resisters International, lix
 Watson, John B, 75
 Wavell, Lord, 85
 Weil, Simone, 133
 Wellington, Duke of, 75, 81
 Weyl, Herman, 184
 White Citizens' Council, 44
 White, William Alanson, 68
 Whitehead, Alfred North, 18
 Whitman, Walt, 147
 Willingdon, Viceroy Lord, 87

Index

- working class revolutionaries. *See also*
 revolution.
 adoption of nonviolence, 113–19
- World War I, 83, 85, 99
 deceit in, 160
 Gandhi and, 203, 204
 Negro regiments in, 42
- passive resistance during, 76
 propaganda in, 54
 starvation used in, 83
- World War II, 88, 98, 148
 effect on intelligent pacifists,
 172
 psychological warfare in, 92