Index

academia see disciplinary perspectives; eminent scholars; personal relationships scholarship
acceptance
children's friendships, 121–122
health impacts, 450–451
motivations for, 378–379
perceptions, 380–381
relational value, 378–380, 386–387
see also belonging
accommodation models, 96–97, 530
accuracy, social cognition, 233–235
actor effect, Actor-Partner Interdependence Model, 53–55, 163–164, 165
Actor-Partner Interdependence Model
actor effect, 53–55, 163–164, 165
distinguishable dyads, 54–56
indistinguishable dyads, 53–54
interaction model, 55
Omnibus Test of Distinguishability, 56–57
partner effect, 53–55, 163–164, 165
personality, 165
purpose and key concepts, 53
two-intercept model, 55–56
adjustment
children's friendships, 127–128
divorce relationships, 108
eyear olds, 137
adolescents
conflict, 301, 302–303
distinctive characteristics for this age group, 135–137
first sexual experiences, 315
friendships, 137–139
gender, 186–188
influences on sexual behavior, 319–320
research context, 143
romantic relationships, 139–143
self-disclosure, 278
adultery see extradyadic sex; infidelity
adolescence see early adults; late adults; middle adults
affection in marriage, 90–91
see also marriage satisfaction
affiliation, relationship typologies, 68
affordances perspective, digital age, 482, 487–488
age
children's friendships, 126
Communication Accommodation Theory, 244–245
loneliness, 393, 394
post-divorce dating, 109
remarriage, 110
sexual behavior, 316
see also adolescents; children; demographics; early adults; late adults; middle adults
agency, and gender, 186
aggression
causes of, 366–369
dating, 142
efforts to reduce, 371–374
relational context, 369–371
same-sex relationships, 205
sexual, 319
termology, 365
see also conflict; domestic violence; Intimate Partner Violence
agreeableness, 166, 169–170
allocentrism, 495
see also individualism/collectivism
allostasis, 453
ambiguity, communication, 249–250
analytical techniques, xvi
see also dyadic data; linguistic analyses; longitudinal methodologies
Ancient world
relationship science, 533–554
romantic love, 407, 410
Angry Associates, 109
antagonism in marriage, 90–91
antisocial behaviors, 127, 385–386
antisocial personality disorder, 366
anxiety see attachment anxiety
API see Actor-Partner Interdependence Model
appearance see physical attractiveness
appetitiveness, 261
approval see acceptance; social approval
arranged marriage
behavior context, 423, 472
individualism/collectivism, 495
assessment with feedback, 512–513
assortative mating patterns, 79, 474–475
assumptions, couple therapy, 539

© in this web service Cambridge University Press
www.cambridge.org
INDEX

attachment
in 2016 scholarship, 21
acceptance/rejection, 383
adolescents/early adults, 137
conflict, 301
dyadic coping, 347
emotion-focused couple therapy, 541–542
emotions, 260
extradyadic sex, 354–355, 357–358
health impacts of relationships, 452
individualism/colectivism, 496–497
interpersonal communication patterns, 178
late/middle adults, 155
loneliness, 393
parent-child relationships, 127–128
relationship maintenance, 529, 531–532
relationship typologies, 68, 69
self-disclosure, 83–84
sexual behavior, 312
social support, 286–287
strategies and interpersonal processes, 177–178
theoretical context, 28–29
as theory, 175–176, 182
attachment anxiety, 167–168, 170
caregiving, 180–181
individualism/colectivism, 497
outcomes of relationships, 177–178
relationship maintenance, 531–532
social cognition in romantic relationships, 236–237
strategies, 176
attachment avoidance, 167, 170
individualism/colectivism, 497
outcomes of relationships, 177–178
relationship maintenance, 531–532
social cognition in romantic relationships, 236–237
strategies, 176
attachment fertility theory, 312
attachment figures, 175–176
attachment love, 408–409, 416
attachment orientations, 167–168, 170
caregiving, 180–181
conflict, 179–180
individualism/colectivism, 496–497
quality of relationships, 181–182
responses to negative partner behavior, 178–179
responses to positive partner behavior, 179
strategies, 176
attachment styles see attachment orientations
attachment working models, 176, 235–237
attendance, relationship education, 514
attitudes
divorce, 106, 107
extradyadic sex, 353–354, 355
minority stress, 199–200, 205–206
sexual behavior, 312–314
attraction
1960s and 1970s, 10–12
1980s, 12–14
biological perspectives, 410
connecting, 82–83
explaining, 81–82
falling in love, 411–413
relationship initiation, 79–81
sexual behavior, 314
social cognition in romantic relationships, 237
see also partner selection; physical attractiveness
attraction-barrier model (commitment), 438
attributes (e.g. couple types) see goals-based attributes; personality; process-based attributes; structural attributes
attrition theory, 11, 230, 231
authenticity, dyadic coping, 343
avoidance see attachment avoidance
avoidance lies, 330
balance theory, 470
Bandura, Albert, 121
behavioral consequences (commitment), 442
behavioral couple therapy (BCT), 538–539, 540–541
behaviors
antisocial, 127, 385–386
attachment orientations, 178–179
conflict management, 298, 299
couple therapy, 539–540
health, 454–456
negative partner behavior, 178–179, 539–540
positive partner behavior, 179, 539–540
social behavior, 494, 495, 503
see also personality
belonging
behavioral theory; hormones, 213
see also neuroscience
Biocchi, Ellen, 1980s, 13–14
attraction, 11–12
as eminent scholar, 15, 19–20
romantic love, 408–409
state of relationship science, 554–555
between-dyads variables, 49–50
bias
social cognition in romantic relationships, 233–235
true bias, 333–334
big data
convenience versus hard-to-reach, 41–42
social networks, 468
Big Five traits, 168–169, 170
biological perspectives
extradyadic sex, 354
health impacts of relationships, 456–457
natural selection, 497
romantic love, 409–410
see also evolutionary theory; hormones
biosocial perspectives, adolescents/early adults, 136
Birbaumer, Niels, 221–222
bisexuals, 200
see also same-sex relationships
blended methodologies, 45
Bodenmann’s model (STM) see STM model of dyadic coping
Bowlby, J.
attachment, 175–176
neuroscience, 213
brain activity
isolation, 222–223
rejection, 223–224
speed of love, 221–222
types of love, 220–221
see also neuroscience
breath, self-disclosure, 272
break-up rates
divorce, 106
same-sex relationships, 201–202
break-ups see ending of relationships
broadband traits, 163, 165–166
see also Big Five traits
### INDEX

<table>
<thead>
<tr>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bronfenbrenner, Urie, 121</td>
</tr>
<tr>
<td>Byrne, Donn, 11, 80–81, 407</td>
</tr>
<tr>
<td>Cacioppo, John, 222–223</td>
</tr>
<tr>
<td>camp settings, children’s friendships, 124–125</td>
</tr>
<tr>
<td>capitalization</td>
</tr>
<tr>
<td>affect in marriage, 101</td>
</tr>
<tr>
<td>social support, 288</td>
</tr>
<tr>
<td>cardiovascular health, 456</td>
</tr>
<tr>
<td>caregiving</td>
</tr>
<tr>
<td>attachment orientations, 180–181</td>
</tr>
<tr>
<td>intergenerational relationships, 152</td>
</tr>
<tr>
<td>relational triads, 156</td>
</tr>
<tr>
<td>see also social support</td>
</tr>
<tr>
<td>caring days, 538</td>
</tr>
<tr>
<td>categorical typology, 65–66</td>
</tr>
<tr>
<td>challenges, personal relationships scholarship, 30–34</td>
</tr>
<tr>
<td>see also future research</td>
</tr>
<tr>
<td>changes to relationship</td>
</tr>
<tr>
<td>marriage models, 93–97</td>
</tr>
<tr>
<td>marriage predictors of change, 97–99</td>
</tr>
<tr>
<td>navigating, 84–86</td>
</tr>
<tr>
<td>turning points, 84</td>
</tr>
<tr>
<td>see also post-divorce relationships; relationship growth characteristics (individual) in relationships adolescents/early adults’ friendships, 138–139</td>
</tr>
<tr>
<td>adolescents/early adults’ romantic relationships, 140–141</td>
</tr>
<tr>
<td>couple therapy, 545–546</td>
</tr>
<tr>
<td>gender differences, 190</td>
</tr>
<tr>
<td>initiating interaction, 82–83</td>
</tr>
<tr>
<td>instrumentality principle, 81–82</td>
</tr>
<tr>
<td>loneliness, 394–397</td>
</tr>
<tr>
<td>relationship maintenance, 524–525, 531–532</td>
</tr>
<tr>
<td>social cognition, 237–239</td>
</tr>
<tr>
<td>see also personality</td>
</tr>
<tr>
<td>cheating see extradyadic sex; infidelity children</td>
</tr>
<tr>
<td>co-parental relationships (post-divorce), 108–109</td>
</tr>
<tr>
<td>experiencing interparental conflict, 300</td>
</tr>
<tr>
<td>influence of childhood in later life, 153</td>
</tr>
<tr>
<td>intergenerational relationships, 150–151</td>
</tr>
<tr>
<td>loneliness, 394</td>
</tr>
<tr>
<td>potential step-parents, 109–110</td>
</tr>
<tr>
<td>responses to divorce, 107, 108</td>
</tr>
<tr>
<td>step-parent relationships, 110–111</td>
</tr>
<tr>
<td>see also parent-child relationships</td>
</tr>
<tr>
<td>children’s friendships, 119–120, 129</td>
</tr>
<tr>
<td>acceptance-friendship distinction, 122</td>
</tr>
<tr>
<td>benefits and risks, 126–127</td>
</tr>
<tr>
<td>cultural context, 129</td>
</tr>
<tr>
<td>gender, 186–187</td>
</tr>
<tr>
<td>historical research, 120–121</td>
</tr>
<tr>
<td>peer relations, 120–122</td>
</tr>
<tr>
<td>quality, 125–126</td>
</tr>
<tr>
<td>research settings, 123–125</td>
</tr>
<tr>
<td>social context, 127–129</td>
</tr>
<tr>
<td>social needs perspective, 125</td>
</tr>
<tr>
<td>social tasks perspective, 122–123</td>
</tr>
<tr>
<td>cliques, 469–470</td>
</tr>
<tr>
<td>cluster analysis, 67</td>
</tr>
<tr>
<td>clusters, 469–470</td>
</tr>
<tr>
<td>CMC see computer-mediated communication (CMC)</td>
</tr>
<tr>
<td>cognition see social cognition in romantic relationships</td>
</tr>
<tr>
<td>cognitive behavioral treatment (CBT), 372</td>
</tr>
<tr>
<td>cognitive miser metaphor, 248</td>
</tr>
<tr>
<td>cognitive neuroscience, 216</td>
</tr>
<tr>
<td>see also neuroscience; social cognition in romantic relationships</td>
</tr>
<tr>
<td>cognitive revolution, 230</td>
</tr>
<tr>
<td>cognitive theories of 1990s, 15–16</td>
</tr>
<tr>
<td>Cognitive-Affective Processing System (CAPS) model, 165</td>
</tr>
<tr>
<td>cognitive-behavioral couples’ therapy (CBCT), 360, 539–540</td>
</tr>
<tr>
<td>cohabitation</td>
</tr>
<tr>
<td>conflict, 303</td>
</tr>
<tr>
<td>post-divorce, 109–110</td>
</tr>
<tr>
<td>rates, 437</td>
</tr>
<tr>
<td>sexual behavior, 312–313</td>
</tr>
<tr>
<td>see also marriage</td>
</tr>
<tr>
<td>cohesiveness model (commitment), 438</td>
</tr>
<tr>
<td>collaborations in methodologies, 45–46</td>
</tr>
<tr>
<td>collaborative coping, 342–343</td>
</tr>
<tr>
<td>collectivism see individualism/collectivism</td>
</tr>
<tr>
<td>collusion, 334</td>
</tr>
<tr>
<td>commitment, 437–438</td>
</tr>
<tr>
<td>antecedants, 439–440</td>
</tr>
<tr>
<td>attachment theory, 177–178</td>
</tr>
<tr>
<td>consequences, 440–443</td>
</tr>
<tr>
<td>future research, 444–445</td>
</tr>
<tr>
<td>partner aggression, 369–371</td>
</tr>
<tr>
<td>personal goals, 443–444</td>
</tr>
<tr>
<td>relationship maintenance, 524</td>
</tr>
<tr>
<td>research context, 444–445</td>
</tr>
<tr>
<td>theoretical models, 438–439</td>
</tr>
<tr>
<td>see also extradyadic sex</td>
</tr>
<tr>
<td>common dyadic coping, 344–345</td>
</tr>
<tr>
<td>common fate model, 63</td>
</tr>
<tr>
<td>communal products, relationships as, 86</td>
</tr>
<tr>
<td>communication, 243, 251–252</td>
</tr>
<tr>
<td>ambiguity, 249–250</td>
</tr>
<tr>
<td>attachment, 178</td>
</tr>
<tr>
<td>complexity, 247–249</td>
</tr>
<tr>
<td>computer-mediated, 481, 482, 483–484, 488–489</td>
</tr>
<tr>
<td>conflict types, 298–299</td>
</tr>
<tr>
<td>deception, 331–332</td>
</tr>
<tr>
<td>digital age, 483</td>
</tr>
<tr>
<td>dyadic coping, 342–343</td>
</tr>
<tr>
<td>everyday conversations, 245–246, 273</td>
</tr>
<tr>
<td>exclusivity, 204</td>
</tr>
<tr>
<td>indeterminacy, 250–251</td>
</tr>
<tr>
<td>interdependence, 243–245</td>
</tr>
<tr>
<td>narratives and accounts, 246</td>
</tr>
<tr>
<td>personal relationships scholarship, xvi</td>
</tr>
<tr>
<td>reflexivity, 245</td>
</tr>
<tr>
<td>relationship cultures, 246–247</td>
</tr>
<tr>
<td>self-disclosure, 275–277, 278–279</td>
</tr>
<tr>
<td>sexual, 318</td>
</tr>
<tr>
<td>social media, 275–277</td>
</tr>
<tr>
<td>Communication Accommodation Theory, 244–245</td>
</tr>
<tr>
<td>Communication Patterns Questionnaire, 300</td>
</tr>
<tr>
<td>communication, and gender, 186</td>
</tr>
<tr>
<td>community divorce, 107–108</td>
</tr>
<tr>
<td>companionate love, 408, 409, 414</td>
</tr>
<tr>
<td>companionship, children’s friendships, 119</td>
</tr>
<tr>
<td>compassionate love, 408</td>
</tr>
<tr>
<td>competence, acceptance/rejection, 380</td>
</tr>
<tr>
<td>competitiveness, gender differences, 188–189</td>
</tr>
<tr>
<td>complexity, consciousness, 247–249</td>
</tr>
<tr>
<td>computer-mediated communication (CMC), 481, 482, 483–484, 488–489</td>
</tr>
<tr>
<td>see also digital age</td>
</tr>
<tr>
<td>concealing information see privacy; self-disclosure</td>
</tr>
<tr>
<td>conduit metaphor, 249</td>
</tr>
<tr>
<td>conflict, 297</td>
</tr>
<tr>
<td>adolescents/early adults’ friendships, 138</td>
</tr>
<tr>
<td>affect in marriage, 100</td>
</tr>
</tbody>
</table>
conflict (cont.)
attachment orientations, 179–180
cognition, 299–300
dating aggression, 142
defining, 297
development of relationship, 302–304
effects of, 301–302
emotions, 259, 262
forgiveness, 525
future research, 305
gender differences, 187, 188–189, 191–192
management of, 297–299
measuring, 300–301
prevention of distress, 304–305
racial/ethnic context, 304, 503
relationship satisfaction, 425, 432–433
same-sex relationships, 304
see also domestic violence; extradyadic sex; relationship distress
conflict habituation, 262
Conflict Tactics Scale, 300
convenience, 334
conscientiousness, 166, 170, 526
consequences see effects of relationships
contemporary context, personal relationships scholarship, 28–30
convenience samples, trade-offs, 40–42
Cooperative Colleagues, 109
co-parental divorce, 107
co-parental relationships (post-divorce), 108–109
coping
extradyadic sex, 359–360
loneliness, 398–399
see also dyadic coping
correlational methodologies, 39–40
co-rumination, 127, 187
country of origin, individualism, 500
see also cultural context; racial/ethnic context
Couple Satisfaction Index (CSI), 428–429, 430
couple therapy
behavioral, 538–539, 540–541
cognitive-behavioral, 360, 539–540
current state of, 561
developments in, 543–546
emotion-focused, 360, 541–542
extradyadic sex, 360
insight-oriented, 542–543
integrated behavioral, 540–541
partner aggression, 372–374
a unified approach, 543
courtship
assortative mating patterns, 79
conflict, 302–303
dating aggression, 142
marital outcomes, 97–98
post-divorce, 109–110
see also online dating; relationship initiation
cross-disciplinary research see multidisciplinary perspectives
cross-sectional methodologies, 42
cross-sex friends
adolescents/early adults, 138
in children, 186
defining, 189
demographics, 189
nature of, 189
relational uncertainty, 85
see also friends with benefits relationships (FWBR)
cues (deception)
in practice, 332–333
theoretical context, 332
cultural context
adolescents/early adults’ romantic relationships, 139
beyond individualism, 501–502
children’s friendships, 129
conflict, 304
country of origin, 500
couple therapy, 546
emotions, 263
extradyadic sex, 354, 356
familism, 501–502
individualism, 498–499
loneliness, 397
relationship education, 517
relationship maintenance, 494–497, 527
romantic love, 414–415
romanticism, 502–503
spiritualism, 502
see also attitudes; racial/ethnic context; relationship cultures
cultures, relational, 246–247
cyberstalking, 359
Dann, Sophie, 120
dark side of relationships
romantic love, 414
social networks, 475
trends in research, 16
Darwinism, 497
DAS, 423, 424, 428–429
data collection see methodologies
dating see courtship
dating aggression, 142
de Jong Gierveld loneliness scale, 392–393
deception, 329, 337–338
close relationships, 334–337
consequences, 336–337
cues, 332–333
defining, 329–330
detection accuracy, 333–334, 335–336
future research, 337
means of, 331–332
prevalence, 331
reasons for, 330–331
theoretical context, 332
types of lies, 336–337
deductive methods, 67
delegated coping, 344, 346
demand-withdraw pattern
conflict, 298–299
gender differences, 192
marriage satisfaction, 245
satisfaction, 425
demographics
digital communication, 489–490
loneliness, 397
post-divorce dating, 109
remarriage, 110
see also age
dependence, partner aggression, 369–371
depth, self-disclosure, 272
despair, late/middle adults, 149–150
destiny vs. growth beliefs, 231–232
detection accuracy, deception, 333–334
development of relationship see relationship growth
developmental perspective
affect in marriage, 91–93
children’s friendships, 121–122
emotions, 257
late/middle adults, 152–153
developmental schism, 155
dialectical perspectives
communication, 250–251
digital age, 487
relational, 85–86
self-disclosure, 274
Dialectical Psychoeducational Workshop, 373
digital age, 481–482
affordances perspective, 482, 487–488
computer-mediated communication, 481, 482, 483–484, 488–489
ending of relationships, 486–488
future research, 488–490
relationship initiation, 483–484
relationship maintenance, 484–486
role in relationships, xviii, 482–483
see also online dating; social media
dimensional typology, 65–66
direct effect model (health), 453
directional bias, 234–235
disapproval see social disapproval
disciplinary perspectives, this volume, 2, 4
see also eminent scholars; personal relationships scholarship
disclosure reciprocity, 272–273
dissolution see ending of relationships
Dissolved Duos, 108–109
distinguishable dyads, 50
diversity
couple therapy, 546
digital age, 489–490
marriage types, 99
methodologies, 559
postmodernism, 558–559
relationship education, 516–517
theory development, 32–33
division of labor
and cross-sex friends, 189
gender differences, 192, 194
divorce
attitudes to, 106, 107
courtship types, 97–98
gender differences, 192
health impacts, 213–214
multiple pathways, 100–101
rates of, 106
see also post-divorce relationships
divorce process, 106
community, 107–108
co-parental, 107
economic, 107
emotional, 106–107
legal, 107
psychic, 108
spiritual, 108
divorce relationships
adjustment to, 108
typologies, 70–71
domestic violence
commitment antecedents, 444
co-parental divorce, 107
dating aggression, 142
psychological aggression, 205
sexual aggression, 319
see also Intimate Partner Violence; partner aggression
Duluth model of intervention, 372
dyadic coping, 341–342
communal responsibility, 342–343
effects, 345
empirical research, 344–345
future research, 349–350
social support, 345–349
taking action, 344
Dyadic Coping Inventory (DCI), 346
dyadic data, 49, 63
Actor-Partner Interdependence Model, 53–57
key concepts, 49–50
late/middle adults, 156
multilevel modeling, 50–53
over-time models, 57–63
dyadic growth models, 57–60
dyadic view of personality, 164–165
dyad-level methodologies, trade-offs, 42–43
dysfunctional relationships, 261
see also divorce; ending of relationships
early adults
distinctive characteristics for this age group, 135–137
friendships, 137–139, 188–190
gender, 188–191
romantic relationships, 139–143
ecological perspectives, adolescents/early adults, 136
economic divorce, 107
economic resources see financial resources/status education
eyearly adults, 136
loneliness, 394–395
see also relationship education (RE); school context
effective matrix, interdependence theory, 496
effects of relationships
commitment, 440–443
courtship, 301–302
dyadic coping, 345
extradyadic sex, 355
falling in love, 412–413
late/middle adults, 153–154
see also health impacts of relationships; marriage satisfaction
ego networks, 469
ego stagnation, 149–150
elderly see late adults
emergent distress model, 93–94, 97
eminent scholars
of the 1970s, 10–12
of the 1990s, 14, 15
2016, 16–20
gender, 18
very most influential, 18–20
emotional capital theory, 86
emotional climate, marriage, 90–91
emotional co-regulation, 261–262
emotional divorce, 106–107
emotional regulation, late/middle adults, 149, 155
emotion-focused couples’ therapy (EFCT), 360, 541–542
emotions
coordinating reactions, 262–263
dark side of love, 411
experiencing and interpreting, 256–257
extradyadic sex, 356–357
goals in relationships, 263
as guardians of relationships, 259–260
importance of, 256
joys of love, 410–411
knowing each other, 258–259
love as, 415
emotions (cont.)
partners as objects of, 257–258
rejection, 381–383
relating, 261–262
research context, 263–264
satisfaction, 426–427
social cognition in romantic relationships, 233
social roles, 260–261
empathy
emotions, 257–258
knowing each other, 258–259
empirical research approach
integration with theoretical work, 30–31
relationship education, 512–516
see also laboratories
ending of relationships
and conflict, 298–299, 301–302
digital age, 486–488
friendships, 471–472
jealousy, 318–319
romantic love, 413
self-disclosure, 273–274
social networks, 473–474
widowhood, 193–194
see also break-ups; divorce; relationship distress
enduring dynamics model, marriage, 96, 97
epidemiological evidence, health, 449–451
equifinality, 250–251
equilibrium model
future research, 86
relationship maintenance, 530
theory, relationship maintenance, 528
error management theory, 234, 235
ethnic psychology, 499
ethnicity see racial/ethnic context
evend-driven courtships, 98
everyday conversations
communication, 245–246
self-disclosure, 273
evidence-base empirical research approach
evolutionary psychology, 529–530
evolutionary theory
in 2016 scholarship, 21
loneliness, 394
love, 233–234, 409–410, 416–417
mate guarding, 356
partner selection, 237–239
self-deception, 330
sexual behavior, 311–312
theoretical context, 29
exclusivity, same-sex relationships, 204–205
see also infidelity; promiscuous relationships
expectancies, couple therapy, 539
experimental methodologies, trade-offs, 39–40
external factors, relationship maintenance, 533
extracurricular contexts, and children's friendships, 128–129
extradyadic sex
cooping with partner's involvement, 359–360
relates and determinants, 354–355
effects of, 355
forgiveness, 525
frequency of, 354
jealousy, 318–319, 355–359
norms, 353–354, 355
open relationships, 204, 313–314
polyamorous relationships, 204–205, 313–314
temptation of, 353, 360
extramarital sex, 313–314
extraversion/introversion, 170
outcomes, 166
personality conflicts, 163
fairness, 259
familism, 501–502
family development theory, 500
family relationships
and conflict, 301
impact on adolescents/early adults, 142–143
influences on relational behavior, 319–320
late/middle adults, 150–151
self-disclosure, 278
social media, 486
typologies, 71–72
see also parent-child relationships; sibling relationships; stepfamilies
field theory, 438
Fiery Foes, 109
financial resources/status
gender differences, 190
social cognition, 237–239
Finkel, Eli, 20, 21
first encounters, 82–83
see also relationship initiation
first sexual experiences, 315
flirting styles, 82
fMRI (functional magnetic resonance imaging) studies
future research, 224–225
love, 218, 220, 410–411
forgiveness, 24, 525
formation see relationship initiation
frequently cited scholars see eminent scholars
Freud, Anna, 120
Freud, Sigmund, 120, 213
friends with benefits relationships (FWBR)
gender differences, 189–190
sexual behavior, 315–316
turning points, 84
friendship initiation, 471
friendship maintenance, 471
friendships
adolescents, 137–139, 186–187
commitment, 444–445
early adults, 137–139, 188–190
gender, 186–187, 188–190
late adults, 151, 152, 192–193
loneliness, 396–397
middle adults, 151, 152
relationship typologies, 69–70
social media, 486
social networks, 470–472
see also children’s friendships
functional magnetic resonance imaging see fMRI
future challenges, personal relationships scholarship, 30–34
future research
affect, 99–101
conflict, 305
deception, 337
digital age, 488–490
dyadic coping, 349–350
emotional capital theory, 86
equilibrium model, 86
health impacts of relationships, 458
loneliness, 399–400
marginalized relationships, 86–87
marriage, 99–101
personality, 171
relational load theory, 86
relationship education, 517–518
relationship growth, 86–87
relationship initiation, 86–87
relationship maintenance, 533–534
relationship science, 556
resilience theory, 86
same-sex relationships, 206–207
sexual behavior, 320–321
social networks, 475–477
social support, 292
gays
gender roles, 202–203
sexual behavior, 316
see also same-sex relationships
gaze aversion, 332–333
gender, 186, 194
adolescents, 138, 186–188
children’s friendships, 186–187
dating aggression, 142
division of labor, 192, 194
dyadic coping, 345
early adults, 188–191
emotions, 260
extradyadic sex, 353–354, 356–357
first encounters, 82–83
jealousy, 318–319
late adults, 152, 192–194
loneliness, 394
middle adults, 152, 191–192
partner aggression, 368–369
partner selection, 237–239
personal relationships scholarship, 18
physical attractiveness, 80, 81
remarriage, 110
same-sex relationships, 202–203, 206
gender minorities, 199, 205
general relationship theories, 231–232
general social theories, 231
generativity, late/middle adults, 149–150
geographical proximity, relationship initiation, 80
gerontology, 148–149, 156–157
see also late adults
given matrix, interdependence theory, 496
goals in relationships
attachment, 170, 177–178
complexity in communication, 247–248
emotions, 263
personality, 168–169
see also personal goals
goals-based attributes, 66, 67
Golden Triangle of social neuroscience research, 217
Gottman, J. M.
conflict, 298, 299, 301
divorce, 93–94
emotions, 261
friendships, 122
government intervention, relationship education, 512
gratuit, 260
group relations, attachment orientations, 182
group-level methodologies, trade-offs, 42–43
growing relationships see relationship growth
growth vs. destiny beliefs, 231–232
happiness see marriage satisfaction; satisfaction; well-being
hard-to-reach samples, trade-offs, 40–42
Harlow, Harry, 120–121
health behaviors, 454–456
health impacts of relationships
conflict, 302
dyadic coping, 342–343, 345
evidence, 449–451
future research, 458
and loneliness, 395
means of, 452–454
neuroscience, 213–215
pathways, 454–457
quality of relationships, xvii, 214–215, 458
social context, 449
social support, 282–284
theoretical context, 452
Hendrick and Hendrick measure (love), 409
heuristic typology, 65–66
hierarchically nested data, 12, 50
Hinde, Robert, 1
historical research
1960s and 1970s, 10–12
1980s, 12–14
1990s, 14–16
children’s friendships, 120–121
decade leading to 2017, 16–24
late/middle adults, 148–149
multidisciplinary perspectives, 9
relationship science, 553–554
romantic love, 407, 410
social cognition in romantic relationships, 230–231
holism, 243–244
homophobia
male friendships, 188–189
same-sex relationships, 203
homosexuality see same-sex relationships
honesty, 329
hookups, 189, 315–316
hormones
conflict, 302
extradyadic sex, 359
health impacts of relationships, 456–457
romantic love, 410–411
sexual behavior, 311
human condition, 1–2
hurt feelings, 381–382
see also emotions
hypothalamic-pituitary-adrenal (HPA) responses, 215, 451
I Theory, 367–369
idiocentrism, 495
see also individualism/collectivism
immigrants, and loneliness, 395
immune pathway, 457
impelance, partner aggression, 367
impedance, partner aggression, 367
impatience, partner aggression, 367
impedance, partner aggression, 367
impulsa, partner aggression, 367
individual factors see characteristics in relationships; personality
individual methodologies
go networks, 469
trade-offs, 42–43
individualism/collectivism
attachment, 496–497
country of origin, 500
cultural context, 494–498
terdependence theory, 495–496
natural selection, 497
and other cultural values, 501–502
racial/ethnic context, 499–500
| individualism/collectivism (cont.) | relationship maintenance, 494–497 |
| religion, 500 | self-theory, 497–498 |
| inductive methods, 67 | interdependence, 244–245 |
| infidelity | late adults, 151–152 |
| couple therapy, 543–544 | middle adults, 149–150 |
| emotions, 259 | thriving through social support, 287 |

**intervention** see couple therapy; Duluth model of intervention; government intervention

**intimacy**

attachment theory, 177–178
sexual behavior, 317

**see also** romantic relationships; sexual behavior

intimacy process model, 277–278

**Intimate Friendship Scale, 126**

**Intimate Partner Violence**

couple therapy, 544–545

efforts to reduce, 371–374

**same-sex relationships, 201–202, 206–207**

**integration**

emotional context, 153

**in 2016 scholarship, 21**

conceptual framework, 439

individualism/collectivism, 495

**relationship maintenance, 524, 528–529**

invisible harm, 371

**isolation**

brain activity, 222–223

health impacts, 215

and loneliness, 391–392

social media, 458

**see also** loneliness

**ISSPR** see International Society for the Study of Personal Relationships

**item response theory (IRT), 428–429, 430**

James, W., 497–498

jealousy

extradyadic sex, 318–319, 355–359

types of, 356–359

Johnson’s typology (violence), 366–369

journals, International Association for Relationship Research, 22

Kelley, Harold

attrition theory, 230

as eminent scholar, 15, 19–20

relationship science, 562

knowing each other, 258–259

**laboratories**

affect in marriage, 99–100

health impacts of relationships, 451

integration with theoretical work, 30–31

**see also** empirical research

lagged models for dyads, 60–63

late adults

conflict, 303–304

effects of relationships, 153–154

friendships, 151, 152, 192–193

gender, 152, 191–192

influences on relationships, 152–153

interaction processes, 151–152

loneliness, 393, 394

personal development, 149–150

research advances, 154–156

research context, 148–149, 156–157

structural features, 150–151

**latent class analysis (LCA), 67**

**lay relationship theories, 231, 235, 238–239**

**legal contexts**

divorce, 107

partner aggression, 373

same-sex relationships, 201–202, 206–207

**integration with theoretical work, 30**

**insight-oriented couple therapy (IOCT), 542–543**

**instigation, partner aggression, 367**

**integration principle, 81–82**

**interaction patterns**

adolescent friendships, 138

affordances, 482

children’s friendships, 121–122

dissatisfied couples, 425

**interdependence, 244–245**

**interpersonal perspective, adolescents/early adults, 136–137**

**interpersonal attraction see attraction**

**interpersonal development, 149**

**late/middle adults, 152–153**

**mutual influence, 243–244, 275**

parent influences, 127–128

social approval, 472–473

teacher influences, 128

**information manipulation theory, 330**

**inhibition, partner aggression, 367**

**integration**

empirical and theoretical research, 30–31

of relationship science with psychology, 31–32

**integrative behavioral couple therapy (IBCT), 540–541**

**integrative model of loneliness, 397–398**

**integration, late/middle adults, 149–150**

**interaction processes**

**attachment orientations**

**affordances, 482**

**children’s friendships, 121–122**

dissatisfied couples, 425

**interdependence, 244–245**

**late adults, 151–152**

**middle adults, 149–150**

thrusting through social support, 287

**see also** couple therapy; demand-withdraw pattern

**interdependence theory**

1990s, 15

in 2016 scholarship, 21

communication, 243–245

**individualism/collectivism, 495–496**

**relationship maintenance, 528**

**theoretical context, 28**

**interethnic marriages, 502–503**

**intergenerational relationships**

context, 153

developmental schism, 155

effects of late/middle adults’ relationships, 153–154

family structures, 150–151

self-disclosure, 278

support and care, 152

International Association for Relationship Research (IARR)

1980s, 9

analyses of members’ views, 16

history of, 9, 12

journals, 22

self-regulation, 22–23

International Society for the Study of Personal Relationships (ISSPR), xx–xvi, later renamed International Association for Relationship Research

Internet see digital age; online dating; social media

interpersonal attraction see attraction

interpersonal perspectives, adolescents/early adults, 136–137

**see also** social networks
lesbian bed-death, 203–204
lesbians
gender roles, 202–203
sexual behavior, 316
see also same-sex relationships
LGBT see same-sex relationships; transgender
life cycle see adolescents; age; children; early adults; late adults; middle adults
life events, marriage satisfaction, 98–99
life span, marriage, 91–93
likeability, 80, 379–380
linguistic analyses, dyadic coping, 342–343
local relationship theories, 232
loneliness
brain activity, 222–223
coping, 398–399
future research, 399–400
health impacts, 215
individual factors, 394–397
integrative model, 397–398
and isolation, 391–392
macro-level approaches, 397
measuring, 392–393
prevalence, 393
prevention, 398–399
social media, 458
theoretical context, 393–394

types of, 392
longitudinal methodologies
adolescents/early adults' romantic relationships, 142–143
co-parental relationships (post-divorce), 108–109
influence of childhood in later life, 153
loneliness, 393
Process of Adaptation in Intimate Relationships, 92–93, 97–98
relationship maintenance, 533
self-disclosure, 277–278
support, 152
trade-offs, 42
loss of partners see divorce; ending of relationships; widowhood
love see romantic love
love days, 358
lying, 329
see also deception
macro-level approaches, loneliness, 397
maintaining relationships see relationship maintenance
marginalized relationships
future research, 86–87
minority stress, 199–200, 205–206
post-divorce relationships, 113
social networks, 475
see also same-sex relationships
Marital Adjustment Test (MAT), 423, 424, 428–430
marital relationship typologies, 70
marriage
affective structure, 90
conflict, 303–304
diverse forms of, 99
gender differences, 193
health benefits, 213–215
individualisms/collectivism, 495
interethnic, 502–503
loneliness, 396
love, 413–414
and postmodernism, 558–559
rates, 437
relationship education, 516–517
and relationships in general, 559
sexual behavior, 313
see also affect in marriage; extradyadic sex
marriage satisfaction
courtship, 97–98
demand-withdraw pattern, 245
life events, 98–99
multiple pathways, 100–101
personality, 98
research context, 422, 423
see also outcomes of relationships; satisfaction
matching hypothesis, 453
mate guarding, 356
mate retention, extradyadic sex, 359–360
mate selection
adolescents/early adults' romantic relationships, 140–141
assortative mating patterns, 79
first encounters, 82–83
partner preference perspectives, 81–82
social cognition, 237–239
see also characteristics in mate selection; relationship initiation
Mead, George Herbert, 494, 495, 503
Mechanical Turk, 41
mediators, relationship education effects, 515–516
medical compliance, 455
mental health
adolescents/early adults' romantic relationships, 139–140
conflict, 302
corunmation, 127
ending of relationships, 413
extradyadic sex, 354
personal relationships, 1–2
personality, 169–170
methodologies
affect in marriage, 99–100
correlation versus experimental, 39–40
cross-sectional versus longitudinal, 42
diversity, 559
field of personal relationships, 12–13
inductive versus deductive, 42–43
middle adulthood
late/middle adults, 149, 155–156
new questions versus old, 43
novel versus tried-and-true, 43–45
relationship education, 512
relationship science, 555–556
relationship typologies, 67
social neuroscience, 216–218
technology, xvi
this volume, 3
trade-offs, 39, 45–47

trends in research, 22
see also dyadic data; longitudinal methodologies
Michelangelo phenomenon, 287–288
middle adults
effects of relationships, 153–154
friendships, 151, 152
gender, 152, 191–192
influences on relationships, 152–153
interaction processes, 151–152
personal development, 149–150
research advances, 154–156
research context, 148–149, 156–157
romantic relationships, 191
structural features, 150–151
migrants, and loneliness, 395
Mikulincer, M., 18, 22
<table>
<thead>
<tr>
<th>Page</th>
<th>Content</th>
</tr>
</thead>
<tbody>
<tr>
<td>574</td>
<td>INDEX</td>
</tr>
<tr>
<td></td>
<td>minorities see racial/ethnic context; same-sex relationships; transgender</td>
</tr>
<tr>
<td></td>
<td>minority stress, 199–200, 205–206</td>
</tr>
<tr>
<td></td>
<td>see also marginalized relationships</td>
</tr>
<tr>
<td></td>
<td>mixed variables, 49–50</td>
</tr>
<tr>
<td></td>
<td>mobile phones, 485–486</td>
</tr>
<tr>
<td></td>
<td>moderators, relationship education effects, 514–515</td>
</tr>
<tr>
<td></td>
<td>monogamous relationships see exclusivity; marriage</td>
</tr>
<tr>
<td></td>
<td>Mosso, Angelo, 216</td>
</tr>
<tr>
<td></td>
<td>motivations</td>
</tr>
<tr>
<td></td>
<td>acceptance/rejection, 378–379</td>
</tr>
<tr>
<td></td>
<td>and commitment, 442–443</td>
</tr>
<tr>
<td></td>
<td>relationship maintenance, 525</td>
</tr>
<tr>
<td></td>
<td>see also goals in relationships; personal goals</td>
</tr>
<tr>
<td></td>
<td>multidisciplinary perspectives</td>
</tr>
<tr>
<td></td>
<td>historical context, 9</td>
</tr>
<tr>
<td></td>
<td>relationship maintenance, 533–534</td>
</tr>
<tr>
<td></td>
<td>relationship science, 553</td>
</tr>
<tr>
<td></td>
<td>multifinality, 250–251</td>
</tr>
<tr>
<td></td>
<td>multilevel modeling</td>
</tr>
<tr>
<td></td>
<td>dyadic data, 51–53</td>
</tr>
<tr>
<td></td>
<td>lower and upper level, 50–53</td>
</tr>
<tr>
<td></td>
<td>multiple meanings, communication, 247–248</td>
</tr>
<tr>
<td></td>
<td>mutual cooperation, children's friendships, 121</td>
</tr>
<tr>
<td></td>
<td>mutual dependence, relationship maintenance, 530</td>
</tr>
<tr>
<td></td>
<td>mutual influence, 243–244, 275</td>
</tr>
<tr>
<td></td>
<td>mutual responsiveness, social support, 291–292</td>
</tr>
<tr>
<td></td>
<td>mutuality, dyadic coping, 343</td>
</tr>
<tr>
<td></td>
<td>see also common dyadic coping</td>
</tr>
<tr>
<td></td>
<td>narratives</td>
</tr>
<tr>
<td></td>
<td>communication, 246</td>
</tr>
<tr>
<td></td>
<td>love as, 416</td>
</tr>
<tr>
<td></td>
<td>narrow theories, 28, 29–30</td>
</tr>
<tr>
<td></td>
<td>nation of origin, individualism/collectivism, 500</td>
</tr>
<tr>
<td></td>
<td>see also cultural context; racial/ethnic context</td>
</tr>
<tr>
<td></td>
<td>National Intimate Partner and Sexual Violence Survey (NIPSVS), 205</td>
</tr>
<tr>
<td></td>
<td>natural selection, individualism/collectivism, 497</td>
</tr>
<tr>
<td></td>
<td>see also biological perspectives 'need to belong', 213</td>
</tr>
<tr>
<td></td>
<td>see also acceptance</td>
</tr>
<tr>
<td></td>
<td>negative partner behavior</td>
</tr>
<tr>
<td></td>
<td>attachment orientations, 178–179</td>
</tr>
<tr>
<td></td>
<td>couple therapy, 539–540</td>
</tr>
<tr>
<td></td>
<td>see also personality</td>
</tr>
<tr>
<td></td>
<td>networks see social networks</td>
</tr>
<tr>
<td></td>
<td>neural bases</td>
</tr>
<tr>
<td></td>
<td>social disconnection, 218–220</td>
</tr>
<tr>
<td></td>
<td>types of love, 220–221</td>
</tr>
<tr>
<td></td>
<td>neuroendocrine functioning, 136, 451, 456–457</td>
</tr>
<tr>
<td></td>
<td>neuroscience, 213</td>
</tr>
<tr>
<td></td>
<td>future research, 224–225</td>
</tr>
<tr>
<td></td>
<td>health impacts of relationships, 213–215</td>
</tr>
<tr>
<td></td>
<td>isolation/rejection, 222–224</td>
</tr>
<tr>
<td></td>
<td>love, 218–222, 410</td>
</tr>
<tr>
<td></td>
<td>need to belong, 213</td>
</tr>
<tr>
<td></td>
<td>social, 215–218</td>
</tr>
<tr>
<td></td>
<td>this volume, xviii</td>
</tr>
<tr>
<td></td>
<td>see also social cognition in romantic relationships</td>
</tr>
<tr>
<td></td>
<td>neuroticism, 166, 169–170</td>
</tr>
<tr>
<td></td>
<td>new questions, trade-offs, 43</td>
</tr>
<tr>
<td></td>
<td>nonindependence, dyadic data, 49</td>
</tr>
<tr>
<td></td>
<td>nonkin relationships see friendships</td>
</tr>
<tr>
<td></td>
<td>nonmonogamous relationships see exclusivity; infidelity; polyamorous relationships</td>
</tr>
<tr>
<td></td>
<td>novel methodologies, trade-offs, 43–45</td>
</tr>
<tr>
<td></td>
<td>old age see late adults</td>
</tr>
<tr>
<td></td>
<td>old questions, trade-offs, 43</td>
</tr>
<tr>
<td></td>
<td>O'Leary-Porter Scale, 300</td>
</tr>
<tr>
<td></td>
<td>one-night stands, 190, 315–316</td>
</tr>
<tr>
<td></td>
<td>online dating</td>
</tr>
<tr>
<td></td>
<td>relationship initiation, 483–484</td>
</tr>
<tr>
<td></td>
<td>relationship science, 562</td>
</tr>
<tr>
<td></td>
<td>same-sex relationships, 201</td>
</tr>
<tr>
<td></td>
<td>social networks, 474–475</td>
</tr>
<tr>
<td></td>
<td>online media see digital age; social media</td>
</tr>
<tr>
<td></td>
<td>online processing, 232–233</td>
</tr>
<tr>
<td></td>
<td>open relationships, 313–314</td>
</tr>
<tr>
<td></td>
<td>see also polyamorous relationships</td>
</tr>
<tr>
<td></td>
<td>openness, 166</td>
</tr>
<tr>
<td></td>
<td>organizations, field of personal relationships, 12</td>
</tr>
<tr>
<td></td>
<td>ostracism, 222, 383, 386</td>
</tr>
<tr>
<td></td>
<td>other-sex friends see cross-sex friends</td>
</tr>
<tr>
<td></td>
<td>outcomes of relationship education, 514–516</td>
</tr>
<tr>
<td></td>
<td>outcomes of relationships</td>
</tr>
<tr>
<td></td>
<td>attachment theory, 177–178</td>
</tr>
<tr>
<td></td>
<td>personality, 166, 169, 170</td>
</tr>
<tr>
<td></td>
<td>same-sex relationships, 201–202</td>
</tr>
<tr>
<td></td>
<td>see also effects of relationships; marriage satisfaction; satisfaction</td>
</tr>
<tr>
<td></td>
<td>over-time dyadic models, 57–63</td>
</tr>
<tr>
<td></td>
<td>pain, and rejection, 223–224, 382</td>
</tr>
<tr>
<td></td>
<td>see also domestic violence</td>
</tr>
<tr>
<td></td>
<td>pair bonds see marriage; romantic relationships</td>
</tr>
<tr>
<td></td>
<td>parent-child relationships</td>
</tr>
<tr>
<td></td>
<td>attachment, 127–128</td>
</tr>
<tr>
<td></td>
<td>loneliness, 396</td>
</tr>
<tr>
<td></td>
<td>typologies, 72</td>
</tr>
<tr>
<td></td>
<td>parents, influence on children's friendships, 127–128</td>
</tr>
<tr>
<td></td>
<td>Parker, J. G., 122</td>
</tr>
<tr>
<td></td>
<td>partner aggression see aggression</td>
</tr>
<tr>
<td></td>
<td>partner effect, Actor-Partner Interdependence Model, 53–55, 163–164, 165</td>
</tr>
<tr>
<td></td>
<td>partner preference perspectives, 81–82</td>
</tr>
<tr>
<td></td>
<td>partner selection see mate selection</td>
</tr>
<tr>
<td></td>
<td>partners' children, relationships with, 110–111</td>
</tr>
<tr>
<td></td>
<td>passionate love, 408, 409, 414</td>
</tr>
<tr>
<td></td>
<td>Passionate Love Scale, 218</td>
</tr>
<tr>
<td></td>
<td>peer acceptance, children's friendships, 121–122</td>
</tr>
<tr>
<td></td>
<td>see also acceptance</td>
</tr>
<tr>
<td></td>
<td>peer relations</td>
</tr>
<tr>
<td></td>
<td>adolescents/early adults' friendships, 137–139</td>
</tr>
<tr>
<td></td>
<td>children's friendships, 120–122</td>
</tr>
<tr>
<td></td>
<td>dating aggression, 142</td>
</tr>
<tr>
<td></td>
<td>historical research, 120–121</td>
</tr>
<tr>
<td></td>
<td>influences on sexual behavior, 320</td>
</tr>
<tr>
<td></td>
<td>perceived rejection, 380–381, 386</td>
</tr>
<tr>
<td></td>
<td>perceived support, 284–286</td>
</tr>
<tr>
<td></td>
<td>Perfect Pals, 109</td>
</tr>
<tr>
<td></td>
<td>personal attributes, relationship typologies, 68</td>
</tr>
<tr>
<td></td>
<td>personal development, late/middle adults, 149–150</td>
</tr>
<tr>
<td></td>
<td>152–153</td>
</tr>
<tr>
<td></td>
<td>personal goals, and commitment, 443–444</td>
</tr>
<tr>
<td></td>
<td>see also goals in relationships</td>
</tr>
<tr>
<td></td>
<td>personal relationships definition, 1</td>
</tr>
<tr>
<td></td>
<td>importance of, 1–2, 556</td>
</tr>
<tr>
<td></td>
<td>trends for this edition, 3–4</td>
</tr>
<tr>
<td></td>
<td>see also relationship typologies</td>
</tr>
<tr>
<td></td>
<td>personal relationships scholarship 1960s and 1970s, 10–12</td>
</tr>
<tr>
<td></td>
<td>1980s, 12–14</td>
</tr>
<tr>
<td></td>
<td>1990s, 14–16</td>
</tr>
</tbody>
</table>
children’s friendships, 120–121
commitment, 438–439, 444–445
communication, xvi
couple therapy, 543–546
current context, 28–30
decade leading to 2017, 16–24
future challenges, 30–34
health impacts of relationships, 452
initiation and growth, 86–87
late/middle adults, 148–149, 156–157
marriage, 99–101
overall trends, 9–10, 24–25
personality, 169–171
rejection, 386–387
relationship maintenance, 523, 527–531, 533–534
romantic love, 407, 417
in satisfaction, 423–427
social networks, 467–468
terminology, xvi–xvii
see also future research; relationship science
personality, 163–164
Actor-Partner Interdependence Model, 165
adolescents/early adults’ romantic relationships, 140
antisocial personality disorder, 366
attachment orientations, 167–168, 170
Big Five traits, 166–167, 169–170
defining, 165–166
dyadic, contextualized view, 164–165
first encounters, 82
future research, 171
loneliness, 395
marital outcomes, 98
regulatory focus orientations, 167, 168–169, 170–171
relationship initiation, 80
relationship typologies, 68
research context, 169–171
rivals, 356, 357
similarity, 80–81
physical attractiveness
acceptance/rejection, 380
extradyadic sex, 358–359
gender differences, 190
relationship initiation, 80, 81
social cognition, 237–239
physical pain, and rejection, 223–224, 382
see also domestic violence
physical proximity, relationship initiation, 80
physical touch see touch
physiology
conflict, 302
sexual behavior, 311
Piaget, Jean, 121
policy, relationship education, 512
polyamorous relationships, 204–205, 313–314
Positive and Negative Quality in Marriage (PN-QIM) scale, 429
positive partner behavior
attachment orientations, 179
couple therapy, 539–540
see also personality
Positive Relationship Education Program (PREP), 511
positivity, 525–526, 531–532
post-divorce relationships
adjustment, 108
community divorce, 107–108
co-parenting, 108–109
courtship, 109–110
intergenerational relationships, 154
late/middle adults, 151
partners’ children, 110–111
remarriage, 110
research trends, 113
step-family typologies, 111–113
postmodernism, 558–559
power, relationship typologies, 68
premarital relationships see cohabitation; romantic relationships
premarital sex, 312–313, 315
prevention orientation, 168–169, 170–171
privacy
and honesty, 329
social media, 276–277
social surveillance, 487–488
see also self-disclosure
Process of Adaptation in Intimate Relationships (PAIR), 92–93, 97–98
process-based attributes, 66–67
promotion orientation, 168–169, 170–171
psychic divorce, 108
psychological aggression, 205
psychology, evolutionary, 529–530
public relations, relationship science, xvii–xviii, 561–562
punctuation, 250
pursuit and distance see demand-withdraw pattern
quality of relationships
adolescents/early adults’ friendships, 138–139
adolescents/early adults’ romantic relationships, 142–143
attachment orientations, 181–182
children’s friendships, 125–126
commitment antecedents, 439–440
dyadic coping, 342–343, 348–349
everyday conversations, 245–246
extradyadic sex, 355, 358
health benefits, xvi, 214–215, 458
measuring, 428–429
self-disclosure, 275, 277–278
sexual behavior, 316–317
see also marriage satisfaction; outcomes of relationships; relationship distress; satisfaction
quantitative research
dyadic data, 39
trends, 22
racial/ethnic context, 494, 503
children’s friendships, 128–129
conflict, 304, 503
country of origin, 500
individualism, 499–500
romantic love, 414–415
see also cultural context
received support, 284–286
reflexivity, communication, 245
regulatory focus orientations, 167, 168–169, 170–171
Reis, Harry, as eminent scholar, 17, 19–20, 164–165
rejection
brain activity, 223–224
emotion impact, 381–383
extradyadic sex, 356
health impacts, 215
motivations for, 378–379
perceptions, 380–381, 386
and physical pain, 223–224, 382
relational value, 378–380, 386–387
research context, 386–387
responses to, 384–386
self-esteem, 383–384
sensitivity, 381, 385
<table>
<thead>
<tr>
<th>Index</th>
</tr>
</thead>
</table>
| rejection (cont.)  
unrequited love, 413  
relating to each other, 261–262  
relational catalyst support, 287  
relational context of aggression, 369–371  
relational cultures, 246–247  
relational dialectics, 85–86  
relational dyads, 156  
relational factors, relationship maintenance, 532–533  
relational goals, 177–178  
relational load theory, 86  
relational model theory, 68–69  
relational narratives, 246  
relational processes, relationship maintenance, 525–526  
relational scripts, 190  
relational sex, 314  
relational transitions, 85  
relational triads, 156  
relational turbulence theory, 85  
relational value, acceptance/rejection, 378–380, 386–387  
relationship studies, 246–247  
relationship distress, 538, 546  
behavioral couple therapy, 538–539  
cognitive–behavioral couple therapy, 539–540  
couple therapy developments, 543–546  
emotional focused couple therapy, 540–542  
relationship education (RE), 511, 518  
for couples, 511–512  
diversity in relationships, 516–517  
evidence-based approaches, 512–516  
future research, 517–518  
methodologies, 512  
social policy context, 512  
vs. therapy, 511  
relationship endings see ending of relationships  
relationship growth, 79  
conflict, 302–304  
first sexual experience, 315  
future research, 86–87  
navigating changes, 84–86  
self-disclosure, 83–84, 272–273  
sexual behavior, 314–316  
relationship initiation, 79  
attraction, 79–81  
connecting, 82–83  
digital age, 483–484  
first encounters, 82–83  
first sexual experience, 315  
friendships, 471  
future research, 86–87  
online dating, 201, 483–484  
post-divorce, 109–110  
same-sex relationships, 200–201  
social networks, 472–473  
uncertainty reduction, 83  
relationship maintenance, 523  
correlates of, 531–533  
defining, 523–524  
digital age, 484–486  
friendships, 471  
future research, 533–534  
individualism, 494–497  
love, 413–414  
processes, 524–527  
self-disclosure, 273  
social networks, 473, 527  
theoretical context, 527–531  
relationship maintenance strategy measure (RMSM), 525–527, 531–532, 533  
relationship research see future research; personal relationships scholarship  
relationship satisfaction see future research; personal relationships scholarship  
relationship science  
call for, 9  
context, 553, 562–563  
future research, 556  
methodologies, 555–556  
organizing principles, 556–562  
“what we’ve accomplished”, 554–556  
“where we’ve been”, 553–554  
see also personal relationships scholarship  
Relationship Turbulence Theory, 21  
relationship typologies, 65, 73  
beyond romance and marriage, 559  
categorical, dimensional and heuristic, 65–66  
development of, 66–68  
general, 67–69  
specific relationships, 69–73  
step-families, 111–113  
relationship-driven courtships, 98  
religion  
individualism/collectivism, 500  
relationship science, 553–554  
spiritual divorce, 108  
spiritualism, 502  
remarriage, 110  
see also post-divorce  
reproducibility movement, 43  
research challenges see challenges  
research status see future research; methodologies; personal relationships scholarship  
resilience  
future research, 86  
same-sex relationships, 206  
trends in research, 24  
resource exchange theory, 499  
resources see financial resources/status  
respondent mortality, 42  
responsiveness  
communication channels, 278–279  
health impacts of relationships, 453  
life trajectory, 40  
in personal relationships scholarship, 21, 22–24  
social connectedness, 274–275, 277–278  
social support, 288–289, 291–292  
see also attachment avoidance  
retention in relationship education, 514  
retention in relationships see relationship maintenance  
retrieval, 193  
retrieving information see co-rumination; self-disclosure  
risk regulation model, 21  
risk in relationships, children’s friendships, 126–127  
rivals  
courtship, 358  
extradyadic sex, 358–359  
jealousy, 355–359  
social media, 276–277  
role theory, 494  
roles see social roles  
romantic love  
biological perspective, 409–410  
common difficulties, 413  
dark side of, 411
ending of, 413
evolutionary theory, 233–234
falling in, 411–413
joys of, 410–411
maintenance of, 413–414
meaning of, 407–409
modelling processes, 414–417
neuroscience, 218–222
research context, 407, 417
sexual behavior, 317
speed of, 221–222
types of, 220–221
unrequited, 413
romantic relationships
adolescents, 139–143, 187–188
early adults, 139–143, 190–191
gender differences, 187–188, 190–191
health benefits, 213–214
middle adults, 191
and relationships in general, 559
satisfaction, 214–215
social networks, 472–474
typologies, 70
see also commitment; courtship; marriage; relationship initiation; social cognition in romantic relationships
romanticism, cultural context, 502–503
Romeo and Juliet effect, 526–527
Rusbult, C., as eminent scholar, 17, 18–20, 21
safe havens, social support, 287, 347
same-sex relationships
characteristics in mate selection, 191
commitment antecedents, 444
conflict, 304
couple therapy, 546
divorce, 107
exclusivity, 204–205
future research, 206–207
gender roles, 202–203, 206
Intimate Partner Violence, 205–206
lesbian bed death, 203–204
marriage, 99
minority stress, 199–200
relational scripts, 190
relationship education, 517
relationship initiation, 200–201
research context, 199
satisfaction, 201–202
sexual behavior, 203, 313, 316
stability, 201–202
sampling, convenience versus hard-to-reach, 40–42
satisfaction, 422, 433
conceptualizing and operationalizing, 427–430
couple therapy, 545–546
health impacts, 214–215
research challenges, 430–433
research context, 423–427
same-sex relationships, 201–202
scholarly interest in, 422
sexual behavior, 317
see also marriage satisfaction; outcomes of relationships; quality of relationships; relationship distress
school context
children’s friendships, 124
extracurricular contexts, 128–129
teacher influences, 128
science of relationships, call for, 9
see also relationship science
secrecy, self-disclosure, 274, 277–278
see also privacy
secure base, social support, 287, 288, 347
security/insecurity see attachment orientations
selective attention, couple therapy, 539
self-deception, 330
self-disclosure, 271, 279
children’s friendships, 119
coruminations, 127
development of relationship, 272–273
dynamism, 274–275
ending of relationship, 273–274
gender, 187, 188
and honesty, 329
importance of, 271–272
maintenance of relationship, 273
online and offline, 275–277
relationship initiation, 83–84
social media, 275–277
theoretical context, 277–279
self-esteem
adolescents/early adults, 139–140
cultural context, 263
critical divergences in love, 412
infidelity, 356
mixed variables, 50
rejection, 383–384
relationship initiation, 82
rivals, 356, 357
social support, 285–286, 289
self-expansion, social support, 288
self-expansion model of love, 412, 414, 417
self-presentation perspective, 332
self-regulation, trends in research, 22–23
self-reported conflict, 300
self-reported satisfaction, 423, 424
self-theory, individualism/collectivism, 497–498
sentiment override, 427
separation see divorce; ending of relationships
sexual differences, terminology, 186
see also gender
sex therapy, 561
sexual aggression, 319
sexual behavior, 311
adolescents/early adults’ romantic relationships, 141–142
attitudes and beliefs, 312–314
conceptualizing and theorizing, 311–312
development of relationship, 314–316
established couples, 316–318
exclusivity, 204–205
first experiences, 315
frequency of, 203–204, 316
future research, 320–321
influences on, 319–320
problematic aspects, 318–319
romantic love, 410–411, 415–416
same-sex relationships, 203, 313
see also extradyadic sex
sexual minorities, 199
see also same-sex relationships
sexual revolution, 353–354
sexual scripts, 314
sexual selection (evolution), 233–234
sexual strategies theory, 311–312
sexual minorities, 199
shame, same-sex relationships, 203
Shaver, P. R. as eminent scholar, 18–20, 22–24, 164–165
short-term relationships, 190, 315–316
INDEX

578

sibling relationships
and intergenerational context, 154
loneliness, 396
typologies, 72–73

similarity
adolescents/early adults’ friendships, 137–138
post-divorce dating, 109
relationship initiation, 80–81, 82
situational couple violence, 366–367
see also partner aggression
social skills, children’s friendships, 122–123
sleep, 455
small talk see everyday conversations
social animals, humans as, 1–2
social approval, 472–473
social attributes, relationship typologies, 68
social baseline theory
health impacts of relationships, 452
social support, 289
social behaviorism, 494, 495, 503
social capitalization theory, 454
social cognition in romantic relationships, 230, 239
attachment working models, 235–237
bias and accuracy, 233–235
commitment, 441–442
conflict, 299–300
historical research, 230–231
partner selection, 237–239
satisfaction, 425–428
theoretical context, 231–233
social connection, health impacts, 450–451
social context
acceptance/rejection, 378
biosocial perspectives, 136
children’s friendships, 127–129
commitment, 444
conflict management, 304–305
health impacts of relationships, 449
relationship maintenance, 526–527
research challenges, 33–34
same-sex relationships, 200
sexual behavior, 312, 318
this volume, 3–4
social disapproval, 473–474, 475
social distancing, 384–385
social exchange
acceptance/rejection, 379
behavioral couple therapy, 538
relationship initiation, 81–82
relationship maintenance, 527–529
sexual behavior, 312
social information processing (SIP) theory, 481
social isolation see isolation
social media
cyberstalking, 359
health impacts of relationships, 458
late/middle adults, 151
relationship maintenance, 485, 527
self-disclosure, 275–277
see also digital age; online dating
social needs perspective, children’s friendships, 125
social network sites see social media
social networks, 467
adolescents/early adults’ friendships, 139
balance theory, 470
dark side of, 475
friendships, 470–472
future research, 475–477
health impacts of relationships, 452
loneliness, 391–392
online dating, 474–475
as perspective, 468–469
properties, 469–470
relationship maintenance, 473, 527
romantic relationships, 472–474
scholarly interest in, 467–468
weak ties theory, 470
social neuroscience, 215–218
future research, 224–225
isolation/rejection, 222–224
love, 218–222
social penetration theory (SPT), 274, 483
social policy context, relationship education, 512
social power, acceptance/rejection, 383
social provisions, children’s friendships, 125
social referencing, 262
social regulation, late/middle adults, 155
social rejection see rejection
social roles
emotions, 260–261
gender differences, 202–203
gendered division of labor, 192, 194
roles, 494
same-sex relationships, 202–203, 206
social skills, children’s friendships, 122–123
social support, 282
attachment, 296–297
capitalization, 288
closest in marriage, 100
cultivating effect support, 290–291
dyadic coping, 345–349
effects of, 284–286
future research, 292
gender differences, 191
and health, 282–284
health impacts of relationships, 452
late adults, 152
Michelangelo phenomenon, 287–288
middle adults, 152, 191
mutual responsiveness, 291–292
other theories, 289
regulatory focus orientations, 167, 168–169, 170–171
relationship triads, 156
responsiveness, 288–289
self-expansion, 288
social baseline theory, 289
thriving, 287
see also caregiving
social surveillance, 487–488
social tasks perspective, 122–123
sociocentric networks, 469
socioeconomic context, loneliness, 394–395, 397
sociometer hypothesis, 356
sociometer theory, 383
sociometric measures, children’s friendships, 123–124
source of strength support, 287
specific relationship typologies, 69–73
speech see communication
spiritual divorce, 108
spiritualism, racial/ethnic context, 502
see also religion
stalking, cyber, 359
status see financial resources/status
STDs, 355