

Birth Control in the Decolonizing Caribbean

Over the course of the twentieth century, campaigns to increase access to modern birth control methods spread across the globe and fundamentally altered the way people thought about and mobilized around reproduction. This book explores how a variety of actors translated this movement into practice on four islands (Jamaica, Trinidad, Barbados, and Bermuda) between the 1930s and 1970s. The process of decolonization during this period led to heightened clashes over imperial and national policy and brought local class, race, and gender tensions to the surface, making debates over reproductive practices particularly evocative and illustrative of broader issues in the history of decolonization and international family planning. *Birth Control in the Decolonizing Caribbean* is at once a political history, a history of activism, and a social history, exploring the challenges faced by working-class women as they tried to negotiate control over their reproductive lives within this context.

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Birth Control in the Decolonizing Caribbean

Reproductive Politics and Practice on Four Islands, 1930–1970

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For my grandparents



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over the last few years with my "Grandma Angel" about the joys and challenges of raising six children on a small budget and attempting to control reproduction in the mid-twentieth century resonated powerfully with stories I came across in my research, despite the vast distance between the sunny islands of the Caribbean and the frozen prairies of Canada. I hope I have adequately captured the complexity of these experiences in the following pages.



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Acronyms

ABCL American Birth Control League

BCIIC Birth Control International Information Centre

BFPA Barbados Family Planning Association
BITU Bustamante Industrial Trade Union

BLP Barbados Labour Party
BPL Barbados Progressive League
CDC Colonial Development Corporation
CDW Colonial Development and Welfare

DLP Democratic Labour Party

DWO Development and Welfare Organization

FDLP Federal Democratic Labour Party

FPATT Family Planning Association of Trinidad and Tobago

IPPF International Planned Parenthood Federation

IPPF-WHR International Planned Parenthood Federation, Western

Hemisphere Region

IUD Intra-Uterine Device

JBCL Jamaica Birth Control League JFLP Jamaica Family Life Project

JFPA Jamaica Family Planning Association

JLP Jamaica Labour Party
JWL Jamaica Welfare Limited
PDP People's Democratic Party
PNM People's National Movement
PNP People's National Party

POPPG Party of Political Progress Groups

PTA Parent Teacher Association

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TECA	Teacher's Educational and Cultural Association
TLP	Trinidad Labour Party
UN	United Nations
UNDP	United Nations Development Programme
UNIA	Universal Negro Improvement Association
USAID	United States Agency for International Development
WHO	World Health Organization
WIFLP	West Indies Federal Labour Party