

Contents

<i>Preface</i>	<i>page</i> xiii
<i>Acknowledgments</i>	xv
1 Introduction to <i>Cognitive and Social Neuroscience of Aging</i>	1
Learning Objectives	1
1.1 Introduction	1
1.2 Theories of Cognitive Aging	2
1.3 Cognitive Neuroscience of Aging Theories	4
1.3.1 Increased Activity and Compensation with Age	4
1.3.2 Changing Neural Responses to Task Demands	6
1.3.3 Reduced Specificity of Neural Responses with Age	7
1.4 Cognitive Neuroscience Methods	7
1.4.1 Measures of Structural Integrity of the Brain	8
1.4.2 Measures of Brain Function	9
1.5 Recent Methodological Advances	11
1.5.1 Structure–Behavior Relationships	11
1.5.2 Structure–Function Relationships	13
1.5.3 Resting State fMRI (rs-fMRI)	14
1.5.4 Beta-Amyloid (A β)	14
1.5.5 Neurotransmitters	15
1.5.6 Future Directions	15
1.6 Introduction to the Rest of the Book	16
Chapter Summary	16
Discussion Questions	18
For Further Reading	18
Key Terms	19
2 Brain Mechanisms of Aging	20
Learning Objectives	20
2.1 Introduction	20
2.2 Structural Changes in the Brain: Gray Matter	21
2.2.1 Relationships between Gray Matter and Behavior	25
2.3 Structural Changes in the Brain: White Matter	26
2.3.1 Relationships between White Matter and Behavior	28
2.4 Connectivity	30
2.5 Default Mode Network	32
2.6 Perception and Sensation	34

viii	Contents
2.7 Neurotransmitters	36
2.8 Individual Differences	38
2.8.1 Genes	38
2.8.2 Intelligence	39
2.8.3 Sex Differences	40
2.8.4 Personality	41
2.8.5 Stress	44
2.8.6 Bilingualism	45
2.8.7 Culture	47
2.8.8 Summary	49
Chapter Summary	49
Discussion Questions	50
For Further Reading	50
Key Terms	51
3 Cognition and Aging	52
Learning Objectives	52
3.1 Introduction	52
3.2 Attention	53
3.3 Executive Function	57
3.4 Motor Control	68
3.5 Language	70
3.5.1 Language and Hearing Loss	73
3.6 Training Cognitive Ability	74
3.6.1 Physical Activity	75
3.6.2 Meditation	79
3.6.3 Cognitive Interventions	81
3.6.4 Memory Training	83
Chapter Summary	85
Discussion Questions	86
For Further Reading	86
Key Terms	87
4 Memory and Aging	88
Learning Objectives	88
4.1 Introduction	88
4.2 Working Memory	88
4.2.1 Inhibition in Working Memory	92
4.3 Explicit Long-Term Memory	93
4.3.1 Levels of Processing and Intentionality	94
4.3.2 Subsequent Memory	96
4.3.3 Recollection	97

Contents	ix
4.3.4 Source Memory	99
4.3.5 Associative Memory and Binding	103
4.3.6 Semantic Memory	104
4.3.7 False Memory	105
4.3.8 Autobiographical Memory	108
4.3.9 Memory and Future Thinking	110
4.3.10 Reactivation	111
4.3.11 Controlled Processes in Long-Term Memory	112
4.3.12 Pattern Separation	113
4.4 Implicit Long-Term Memory	115
Chapter Summary	117
Discussion Questions	118
For Further Reading	118
Key Terms	119
5 Emotion and Aging	120
Learning Objectives	120
5.1 Introduction	120
5.2 Neural Regions Involved in Emotion	121
5.3 Emotion Identification	123
5.4 Emotion Regulation	125
5.4.1 Life Satisfaction and Neural Activity with Age	129
5.5 Socioemotional Selectivity Theory and Age	129
5.6 Emotion and Memory	132
5.6.1 fMRI Research	132
5.6.2 ERP Research	138
Chapter Summary	140
Discussion Questions	141
For Further Reading	141
Key Terms	142
6 Social Cognition and Aging	143
Learning Objectives	143
6.1 Introduction	143
6.2 Self-Focused Processes	144
6.3 Self-Referencing and Memory	147
6.4 Own-Age Bias	150
6.5 Stereotype Threat and Stigma	152
6.6 Empathy and Theory of Mind	154
6.7 Social Interactions	157
6.8 Impression Formation	158
6.9 Impression Formation and Memory	160

x	Contents
6.10 Trust	163
6.11 Conclusions	165
Chapter Summary	167
Discussion Questions	167
For Further Reading	167
Key Terms	168
7 Alzheimer's Disease and Other Age-Related Disorders	169
Learning Objectives	169
7.1 Introduction	169
7.2 AD	170
7.2.1 Structural Changes in AD and aMCI	171
7.2.2 Functional Changes in AD and aMCI	174
7.2.3 Amyloid and Tau Imaging	180
7.2.4 Genes	183
7.2.5 Concluding Thoughts on AD	184
7.3 Other Age-Related Neurodegenerative Diseases	185
7.4 Social Cognition across Neurodegenerative Disorders	187
7.5 Depression	190
Chapter Summary	193
Discussion Questions	193
For Further Reading	193
Key Terms	194
8 Current and Future Directions	195
Learning Objectives	195
8.1 Introduction	195
8.2 Decision Making and Reward	195
8.2.1 Reward and Economic Tasks	196
8.2.2 Gambling Tasks	199
8.2.3 Economic Decision Making in a Social Context	201
8.2.4 Future Directions in Decision Making and Reward	202
8.3 Neuromodulation	204
8.3.1 Overview	204
8.3.2 Neuromodulation Studies of Normal Aging	206
8.3.3 Neuromodulation Studies of Age-Related Disorders	209
8.4 Emerging Directions	211
8.4.1 Studying Aging across the Life Span	211
8.4.2 Exploring the Distinction of Socioemotional and Cognitive Domains	212
8.4.3 Contribution of Context to Aging	213
Chapter Summary	215

Contents	xi
Discussion Questions	216
For Further Reading	216
Key Terms	217
<i>Bibliography</i>	218
<i>Index</i>	277
<i>The plate section can be found between pages 144 and 145</i>	