

Index

- Abdullah, A. S., 143
 abuse
 religious, 65–66
 acceptance stage of grieving, 339–340
 Achebe, Chinua, 89
 adaptive information processing (AIP) model, 239
 admiration
 and PTSS, 174
 adoption, 341
 affection, 174
 African American domestic relationships
 overview, 90–91
 African descended people (ADP)
 health for, 59
 African-centered psychology, 87–89
 Afrocentric psychological paradigm, 59–63
 Afrocentricity
 high, 16–17
 Aftermath of a Fight or a Regrettable incident
 exercise, 184
 Agishtein, P., 132
 Akbar, Na'im, 73
 alone time, 97
 anger, 339
 ever-present, 169, 174–176, 178–180, 187
 stage of grieving, 339
 anti-Black misandry, 140
 and SBW schema, 143
 persistence of, 137
 anti-Black stereotypes. *See* internalized stereotypes; negative stereotypes
 clinical implications, 151–152
 Applewhite, S., 68
 assimilationist ideology, 147
 assistive reproductive technology (ART), 330
 attachment
 avoidance, 297
 injuries, 355
 theory, 355
 and Eurocentrism, 131–132

 attitude, 247
 Attitude, Skills and Knowledge (ASK)
 framework, 247–249
 autonomy
 importance of, 139
 awakening, 224
 Awosan, C. I., 140, 358
 azoospermia, 330
 nonobstructive, 331
 obstructive, 332

 balance, 62
 bargaining, 339
 stage of grieving, 339
 Barr, A. B., 41
 Basson, Rosemary, 283
 Behavior Change Request dialogue, 228
 Bell, L., 277
 bereavement, 338
 Bermudez, M., 314
 Betchen, S. J., 222
 bilateral stimulation (BLS), 245
 biopsychosocial framework, 352
 “Black men don’t cheat”, 294
 Black family unit
 disregard of, 167
 Black Girl Magic, 143
 Black infant mortality, 319
Black Rage, 167
 Black same-gender-loving (SGL) men
 and religion, 64–67
 and spirituality, 63–64
 Black same-gender-loving male couples (BSGLMCs)
 and romantic relationships, 67–68
 Black transgender men
 and mental health, 199
 Black transgender people
 and cultural competency, 199–200
 Boe, J. L., 194
 Bowen Family Systems. *See* family systems theory

- Bowen, Murray, 275, 277
 Bowlby and Parkes' Four Phases of Grief Model, 338
 Bowlby, J., 132
 Bowleg, L., 304
 Boyd-Franklin, N., 15, 357
 Bronfenbrenner, Urie, 353
 Brooms, D. R., 300
 Brown, Brene, 302
 Brumbaugh, C., 132
- Calabrese, S. K., 67
 Calm Place intervention, 245
 Campbell, K., 297
 caring behaviors, 225
 Carrico, A., 64
 Caucutt, E., 293
 Cazenave, N. A., 141
 centrality
 racial, 147
 Chameleon effect, 173
 Charles, K. K., 134
 Chestnut, C., 142
 childhood wounds, 219–220
 and African American couples, 217, 231
 choice
 principle of, 91
 Chouhy, C., 152
 cisgender people, 194
 Clark, R., 352
 Clavel, F. D., 217
 Clyde, T. L., 112
 Cognitive Behavioral Therapy (CBT), 342
 Colgan-McCarthy, I., 31–33
 collectivism, 149
 Collins, Patricia Hill, 50
 colorism, 151, 187
 commitment, 93–94, 179–180
 communal time, 97–98
 communication
 and African American couples, 217
 fluid, 92–93
 community, 93–95
 competency, 62–63
 higher levels of, 70
 recommendations to enhance, 75–76
 compromise, 183
 conception
 in Black lesbian relationships, 323
 conflict, 221
 managing, 177–178, 188
 marital
 among African American couples, 105
 handling, 117–118
- connection
 healthy, 61–62
 recommendations to enhance, 74
 conscious self, 222–225
 consciousness, 60–61
 recommendations to enhance, 74
 contempt, 181
 conversations
 within relationships, 92–93
Conversations in Marriage® (CIM), 85
 Cool Pose thesis, 152
 cooperation
 compassionate, 93
 counseling
 premarital, 112–118
 counter storytelling, 205
 couple adjustment theory, 13–14, 16
 couple cohesiveness, 14
 couple consensus, 14
 couple time, 97
 Courtenay, W., 335
 covering, 295–298
 and infidelity, 298–305
 as survival mechanism, 305
 case study, 305–312
 creative interventions, 264–267
 rationale for, 262–263
 creativity, 263
 critical race theory (CRT), 205
 criticism, 180–181
 Cross, W. E.
 model of Nigrescence, 145
 Crouter, A. C., 314
 crucible theory, 279
 cultural competency
 and ASK framework, 247–249
 cultural genogram, use of, 244
 cultural mistrust, 167, 172, 300
 culture
 defining, 87–90
 Cutrona, C. E., 138–139
- dance, 264–266
 date nights, 97
 dating
 supporting Black women in, 50–52
 Davis, J. E., 260
 decline in two-parent families
 in Black communities, 133
 deconstructing the narrative, 204
 defensiveness, 181
 DeGruy, Joy, 166, 172, 177
 Posttraumatic Slave Syndrome, 107
 demand/withdraw pattern, 150

- denial, 339
 - stage of grieving, 338
- depression, 339
 - stage of grieving, 339
- desire, 273–275, 280–282
- DeVance Taliaferro, J., 205
- Dickens, D. D., 295
- differentiation of self, 276–278
- Dilworth, J. E. L., 262
- Dixon, P., 138
- doing the work, 223
- dreams, 178
 - within conflict, 182–183
- Dyadic Adjustment Scale, 19
- Dzobo, N. K., 89

- East Coast Swing Dance, 264–266
- ecological systems theory, 353–354
- economic disenfranchisement, 109–110
- emotional bank account, 175
- Emotional Emancipation Circles, 262
- emotionally focused therapy (EFT), 355–356
 - and Eurocentrism, 131–132, 149, 155
 - EFT Tango, 129–130
 - overview, 127–129
 - role of therapist, 130–131
- empathy, 227–228
- Engel, George, 352
- English, D., 68
- Enhanced Gottman Relationship Check-up, 187
- enslavement, legacy of, 109–110
 - and developing of intimacy, 280
 - on Black families, 107–108, 115, 294
 - on sexual intimacy, 256–257
- Epston, David, 200–201
- Erickson, Erik, 219
- ethno-gendered socialization, 39
- externalizing problems, 204, 207–208
- Eye Movement Desensitization Reprocessing (EMDR), 235
 - culturally competent application, 241–243
 - International Association (EMDRIA), 249
 - protocol, 243–246
 - use to treat trauma, 238–240

- families
 - blended, 114–115
 - extended, 116–117
- familism
 - and shift to individualism, 138
- family systems theory, 275–278
- family time, 97–98
- fertility
 - impact of substance use on, 332–333
 - process
 - in Black lesbian relationships, 326–327
- fidelity, 95–96. *See* infidelity
- finances, 113–114
- Flores, A. R., 198
- Floyd, F. J., 17–18, 142, 300–301
- Floyd, George
 - murder of, 237
- fondness
 - and PTSS, 174
- Frazier, E. F., 137
- friendship, 188
- Fu-Kiau, Nganga, 264
- fusion, 276, 279, 282

- gender
 - expression, 195
 - identity, 194–195
 - presentation, 195
 - roles. *See* male gender role conflict (MGRC)
 - expectations, 108–109, 115–116, 139
 - social ecological factors, 257–258
 - spectrum, 193–197
- genocide
 - spiritual, 66–67
- Gibran, Khalil, 319
- Gillum, T. L., 261
- Goffman, Erving, 295–296
- Gottman Method, 166
 - overview, 171
 - use with Black couples impacted by PTSS, 171–173
- Gottman Rapoport, 182
- Gottman, John, 171, 177, 180–181, 187
 - Principia Amoris*, 117
- Gottman, Julie, 171, 187
- Greenberg, L. S., 127, 355
- grief, 338
 - response, 338–339
- Griffith, D. M., 335
- Guner, N., 313

- Hardy, K. V., 140, 296, 298
- harmony, 62
- Harnois, C. E., 257
- Harsin, A., 277
- Haynes, F. E., 139
- health
 - and couples' relationships, 351–354
 - and men, 334–335
- health risks
 - socio-historical context, 350–351
- Hendrix, Harville, 213, 218–226

- Henry, John, 144
 Herman, J. L., 199
 Hernandez, S. L., 314
 homicide, 135
 hooks, bell
 Communion: The Female Search for Love, 46
 Salvation: Black People and Love, 105
 humanist ideology, 147
 Hunter, A. G., 260
 hyperincarceration, 1, 134
 effect on Black families, 135
 hypertension
 among African Americans, 351
 among Black men, 144
 hypogonadotropic hypogonadism (HH),
 330–331
- identifying unique outcomes, 204
 ideology, 147
 idiopathic infertility, 329
 Imago Couples' Dialogue, 226–228
 Imago relationship therapy
 case study, 228–231
 dialogue process, 225–228
 overview, 213
 theory of, 218
 with African American couples, 213, 218–219
 in vitro fertilization (IVF), 322, 330
 individualism, 149
 and shift from familism, 138
 infertility. *See* male factor infertility
 among Black women, 319
 and African American men, 336–337
 and managing relationships, 339–341
 definition, 329
 infidelity, 293
 and Black relationships, 297
 and covering, 298–305
 inherited beliefs, 299
 institutional decimation, 133–137, 151
 integrative approaches, 356
 intentional communication strategies, 343
 interconnectivity, 61
 internalized devaluation, 298
 internalized racism, 106
 internalized stereotypes, 11–13
 clinical implications, 31–33
 conclusions, 28–31
 results, 20–28
 intersectionality
 clinical implications, 155
 intersex people, 193
 intimacy, 118, 188, 273–275, 278–280
 spiritual, 111
 intracytoplasmic sperm injection (ICSI), 330
 intrauterine insemination (IUI), 321, 330
 invisibility syndrome, 107–108
- James, A. D., 90
 James, S. A., 144
 Joe, T., 136
 John Henryism, 144–145
 clinical implications, 153
 Johnson, S. M., 127, 355
 Johnson, V. E., 279, 283
 jumping the broom, 1
 justice, 62
- Kaplan, G., 137
 Kaplan, Helen Singer, 283
 Keller, H., 131–132
 Kelly, S., 17–18, 142, 300–301
 knowledge, 247–248
 Kogan, S. M., 140
 Krogh, M., 136
 Kubler-Ross' Five Stages of Grief Model,
 338
 Kugelmass, H., 167
 Kuula, L., 221
- Lassiter, J. M., 63, 74
 Lerner, H., 278
 LGBTQ African Americans
 marginalization of, 284
 Liao, K. Y., 303
 Littlefield, M., 68
 Lobitz, W. C., 272
 loss, 338
 Love Maps, 173–174
 Lucas, K. J., 313
 Luoh, M. C., 134
 Lynch, M. F., 139
- Ma'at, 61–62
 male factor infertility
 coping with, 338
 definition, 329
 grief in response to, 338–339
 medical variables of, 330–332
 risk factors, 332–334
 support recommendations, 341–344
 male gender role conflict (MGRC), 260
 mammy-ism, 143
 Marks, L. D., 117
 marriage
 African American, 90–91, 137–140, 215
 as basis of community, 93–95, 98
 in United States, 214
 satisfaction
 levels of, 12–16

- trends
 - African American, 103–105
- marriage rates, 102–103
 - among African Americans, 11
- masculinity
 - constructs of, 335–336
- Mason, P., 134
- Masoumi, S. Z., 342
- Masters, W. H., 279, 283
- Matsumoto, D., 131
- maximizers, 221–222
- McHale, S. M., 314
- McKelvey, Lenard, 294
- medical conditions
 - couple-based interventions for, 354–359
- medical insensitivity
 - toward Black lesbian women, 324
- mens health, 334–335
- mental health
 - and Black transgender men, 199
- microaggressions, 236
- microsurgical epididymal sperm aspiration (MESA), 330
- microsurgical-testicular sperm extraction (micro-TESE), 330
- mindfulness, 342
- minimizers, 221–222
- mirroring, 226
- motherwork strategies, 40
- mourning, 338
- multidimensional inventory of Black identity (MIBI), 154
- multidimensional model of racial identity (MMRI), 146
- Murry, V. M., 140
- Myers, L. J., 59

- Nagoski, E., 281
- narrative therapy, 200–202, 305
 - application with Black trans men, 205–210
 - methods, 203–205
 - tenets of, 202–203
- nationalist ideology, 147
- negative stereotypes
 - internalized, 15–16, 106
- neglect, 237
- Nightingale, M., 358
- Nigrescence model, 146
- Nobles, W. W., 88–89, 132
- Nunnally, S. C., 298–299

- O'Reilly-Byrne, N., 31–33
- Ogden, G., 275
- Ogunbure, A., 137
- oppressed minority ideology, 147

- order, 62
- other-validated intimacy, 279, 282
- outsider witness intervention, 205

- pain
 - hiding, 303–304
- Parent-Child dialogue, 225–226
- Parker, M. L., 297
- Parks, F., 87
- patient presentation, 358
- patriarchy, 115
- Penn, C. D., 293
- percutaneous epididymal sperm aspiration (PESA), 330
- Perel, E., 278–279, 282
- Perry, A., 216
- Perry, A. R., 300
- pillow talk, 266–267
- Pinderhughes, E. B., 15, 32, 352
- Piper-Mandy, E., 76
- PLISSIT model
 - use for treatment planning, 285–286
- poetry and/or rap, 266–267
- positive sentiment override, 176
 - and PTSS, 176
- Post Traumatic Slave Syndrome (PTSS), 166–191
- power
 - in sexually intimate relationships, 259
- power struggle stage, 221
- premarital education
 - definition, 112
- propriety, 62
- proverbs
 - use of, 89–90
- psychoeducation, 356

- quantum model of sexual function, 275, 283

- racial discrimination
 - impact on African American couples, 216–217
- racial identity, 145–155
 - clinical implications, 154
 - positive, 111
- racial regard, 147
- racism. *See* internalized racism
 - anti-Black, 140–141, 144
 - clinical implications, 149–150
- racist socialization, 170, 174–176, 178–180, 187
- ratio of marriageable males to unmarried females, 134
- Rauh, C., 313
- real love, 224
- re-authoring, 209–210
 - and re-membering, 204

- reciprocity, 62
- recommendations
 - clinical, 73–76
 - for research, 72–73
- recommitment, 223
- Regas, S., 279
- relationship cycle
 - stages of, 220–222
- religion. *See* spirituality and religion
 - in Black SGL men's lives, 64–67
- religious abuse, 65–66
- research questions, 17
- residential segregation, racial, 350
- respect, 174
- responsibilities
 - marital, 96
- Richardson, B. L., 299
- righteousness, 62
- rituals
 - marital, 96–97
- roles
 - marital, 95
- romantic love stage, 221
- romantic partnerships, 47–48
 - development of, 44–46
 - with Black men, 46–47
- Rouse-Arnett, M., 262
- routines
 - marital, 96
- Rowe, T., 76
- rules
 - marital, 95–96
- Sagi-Schwartz, A., 131
- salience
 - racial, 147
- Sankofa
 - concept of, 278
- Schmidt, L., 343
- Schnarch, David, 275, 277–279, 281, 283
- Schofield, W., 167
- seeking help
 - avoidance in, 303
- self-abdication, 304–305
- self-compassion
 - teaching, 49
- self-esteem
 - lack of, 32
- self-extension, 61
- self-identity construction
 - facilitating, 50
- self-soothing, 183
- self-validated intimacy, 279
- self-worth
 - unconditional, 49
- sex, 273–275
 - and sexuality, 282–285
 - clinical implications, 286–289
 - biological, 193
- sexual dysfunction
 - among Blacks, 258
- sexual intimacy
 - and Black heterosexual men, 259–261
 - and Black heterosexual women, 261–262
 - and infertility, 340
 - and power, 259
 - questions to open up communication, 268–269
 - socio-political factors affecting, 256–257
- Shapiro, Francine, 235, 238–239, 245
- shared meaning, 188
 - creating, 179
- Shuper, E., 226
- silence, 301–302
- skills used by EMDR clinicians, 247
- slavery, 1
 - Black Womanhood during, 39
 - impact on African American couples, 216–217
 - residual effects of, 11
- Smith, R., 141
- social exchange theory, 13
- social interactionism
 - and African Americans, 15–16
- Somé, S. E., 94
- Sound Relationship House Theory, 171, 173
- Spanier, G. B., 14
- spiritual consciousness, 69
 - strong, 70
 - weak, 71
- spiritual genocide, 66–67
- spirituality and religion, 114, 147–148
 - and Black couples, 215
 - clinical implications, 154
 - conceptual framework, 69
 - in Black SGL men's lives, 63–64
 - legacies of, 263
- Stages of Grief model, 339
- Stavrianopoulos, K., 361
- Stereotype Scale, 18
- stereotypes
 - internalized, 141–142
 - racialized and gendered, 294
- stonewalling, 181
- Strayer, R. G., 272
- Strong Black Woman (SBW) schema, 38–39, 52, 142–144, 257, 300
 - clinical implications, 153
 - contemporary manifestations of, 41–43
 - development and manifestations of, 39

- in romantic relationships, 43–48
 - trope of, 108
- structural anti-Black racism, 1
- Sun, X., 298
- Superwoman Schema. *See* Strong Black Woman (SBW) schema
- surprises, giving, 225
- surrogacy, 341
- symbolic interactionism theory, 14–16
 - and couple adjustment, 16–17
- systemic couples therapy, 356

- Taylor, J., 142
- Testa, M., 136
- testicular sperm aspiration (TESA), 330
- testicular sperm extraction (TESE), 330
- transgender people, 194
 - Black men, 198–200
- transitioning, 195
- trauma, 235
 - assessing and processing, 48
 - historical, 296
 - in Black couples, 236–238
 - racial, 237
- Trauma Recovery, EMDR Humanitarian Assistance Programs (Trauma Recovery/HAP), 241
- trauma-focused CBT, 238
- treatment planning
 - PLISSIT model, 285–286
- trust, 48, 179–180
- trustworthiness
 - determining, 299
- truth, 62
- Tschann, J. M., 313
- Tucker, M. B., 90

- Ubuntu, 60–63
- unconscious self, 219–220

- unique outcomes, identifying, 209
- universalism
 - rejection of, 149
- Unnever, J. D., 152
- Utley, E., 303

- vacant esteem, 169, 174–176, 178–180, 186
- validation, 227
- van IJzendoorn, M. H., 131
- Vaterlaus, J. M., 139
- veiled shackles, 168
- virtual village, 172
- vulnerability, 280
 - avoidance of, 302
 - protecting, 299

- Wade, B., 299
- Wallace, D. M., 41
- Ward, E., 66
- warmth, 138–139
- Weaver, V., 295
- Wei, M., 303
- White normativity, 295
- white terrorism, 1
- White, Michael, 200–201
- Willhelm, S. M., 137
- Williams, J., 294
- Woods-Giscombé, C. L., 143
- Worden's Four Basic Tasks in Adapting to Loss Model, 338
- World Health Organization (WHO), 238
- Wyatt, Gail, 258
 - Stolen Women*, 273

- Yin, M., 314
- Yu, P., 136

- Zhang, X., 142