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0521792770 - Circles of Recovery: Self-Help Organizations for Addictions

Keith Humphreys

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CIRCLES OF RECOVERY

Self-Help Organizations for Addictions

Self-help organizations across the world, such as Alcoholics Anonymous, Croix d'Or, The Links, Moderation Management, Narcotics Anonymous, and SMART Recovery, have attracted tens of millions of individuals seeking to address addiction problems with drugs or alcohol. For the first time, this book provides an integrative, international review of research on these organizations, focusing in particular on the critical questions as to how they affect individual members and whether self-help groups and formal healthcare systems can work together to combat substance abuse. Keith Humphreys reviews over 500 studies into the efficacy of self-help groups as an alternative and voluntary form of treatment. In addition to offering a critical, state-of-the-art review of the international body of research in this area, he provides practical strategies for individual clinicians and treatment systems to interact with self-help organizations in a way that improves outcomes for patients and for communities as a whole.

KEITH HUMPHREYS is Associate Professor of Psychiatry at the Stanford University School of Medicine, and Director of the Program Evaluation and Resource Center. He has received national and international awards for his work, and has served on expert consultant panels for the Center for Mental Health Services, the National Institute of Alcohol Abuse and Alcoholism, the Office of Behavioral and Social Science Research, the Department of Veterans Affairs, and the Office of Juvenile Justice and Delinquency Prevention.

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