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978-0-521-76849-8 - The Cambridge Companion to Creative Writing

Edited by David Morley and Philip Neilsen

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THE CAMBRIDGE COMPANION
TO CREATIVE WRITING

Creative writing has become a highly professionalised academic discipline, with popular courses and prestigious degree programmes worldwide. This book is a must for all students and teachers of creative writing, indeed for anyone who aspires to be a published writer. It engages with a complex art in an accessible manner, addressing concepts important to the rapidly growing field of creative writing, while maintaining a strong craft emphasis, analysing exemplary models of writing and providing related writing exercises. Written by professional writers and teachers of writing, the chapters deal with specific genres or forms – ranging from the novel to new media – or with significant topics that explore the cutting-edge state of creative writing internationally (including creative writing and science, contemporary publishing and new workshop approaches).

DAVID MORLEY is Professor of Creative Writing at the University of Warwick.

PHILIP NEILSEN is Professor of Creative Writing at the Queensland University of Technology.

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JONATHAN BATE, born in 1958, was educated at Sevenoaks School and St Catharine's College, Cambridge, where he read English Literature. After completing his doctorate, he was a Fellow of Trinity Hall, Cambridge. He was appointed King Alfred Professor of English Literature at the University of Liverpool in 1990. Since 2003, he has been Professor of Shakespeare and Renaissance Literature at the University of Warwick. Well known as a critic, biographer and broadcaster, Jonathan Bate has held visiting posts at Harvard, Yale and UCLA. Among his books are a biography of Shakespeare, *Soul of the Age*, and a history of his fame, *The Genius of Shakespeare*. He is on the Board of the Royal Shakespeare Company and was chief editor of the RSC edition of Shakespeare's Complete Works. His biography of the poet John Clare won Britain's two oldest literary awards, the Hawthornden Prize and the James Tait Black Prize; and his *The Song of the Earth* is one of the founding texts of ecopoetics. His one-man play for Simon Callow, *The Man from Stratford*, went on national tour. A Fellow of both the British Academy and the Royal Society of Literature, he was made CBE in the Queen's 80th Birthday Honours. He is publishing a biography of Ted Hughes and is now Provost of Worcester College, Oxford.

RICHARD BEARD's eighth book, *Lazarus is Dead*, was published in 2011. From 2003 to 2006 he was Visiting Professor at the University of Tokyo. In 2009/2010 he was Senior Lecturer in Creative Writing at Birmingham City University and is now Director of the National Academy of Writing. His chapter expands further on an article 'Answers, Answers' that first appeared in *Writing in Education*, 42 (Winter 2007), and which was itself a response to Andrew Cowan's 'Questions, Questions: Can the Creative Survive in Proximity to the Critical?', *Writing in Education*, 41 (Spring 2007). Richard Beard is indebted to the insights of Andrew Cowan both here and in 'The Anxiety of Influence', *Wordplay: The Magazine of the English Subject Centre* (April 2010).

RON CARLSON is the author of ten books of fiction, most recently the novel *The Signal*. His novel *Five Skies* was selected as one of the best books of 2007 by the *Los Angeles Times* and as the One Book Rhode Island for 2009. His stories are collected

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in *A Kind of Flying*, and he has been called ‘a master of the short story’. His short fiction has appeared in *Esquire*, *Harpers*, *The New Yorker*, *Gentlemen’s Quarterly*, *Epoch*, *The Oxford American* and other journals, as well as *The Best American Short Stories*, *The O’Henry Prize Series*, *The Pushcart Prize Anthology*, *The Norton Anthology of Short Fiction* and dozens of other anthologies. His book on the process of writing, *Ron Carlson Writes a Story*, was published in 2007. Among his awards are a National Endowment for the Arts Fellowship in Fiction, and the Cohen Prize at *Ploughshares*, the McGinnis Award at the *Iowa Review* and the Aspen Foundation Literary Award. He is Director of the Graduate Programs in Writing at the University of California, Irvine.

MAUREEN FREELY was born in the US but grew up in Turkey, where her family still lives. She was educated at Radcliffe College (Harvard University) and has made her home in England since 1984. She is the author of six novels – *Mother’s Helper*, *The Life of the Party*, *The Stork Club*, *Under the Vulcania*, *The Other Rebecca* and *Enlightenment* as well as three works of nonfiction – *Pandora’s Clock*, *What About Us? An Open Letter to the Mothers Feminism Forgot* and *The Parent Trap*. She has been a regular contributor to *The Guardian*, *The Observer*, *The Independent* and *The Sunday Times* for two decades, writing on feminism, family and social policy, Turkish culture and politics, and contemporary writing. Now a Professor at the University of Warwick, she is perhaps best known for her translations of *Snow*, *The Black Book*, *Istanbul: Memories of a City*, *Other Colours* and *The Museum of Innocence*, all by the Turkish novelist and Nobel laureate Orhan Pamuk, and for her campaigning journalism after Pamuk and an estimated eighty other writers were prosecuted (and in the case of Hrant Dink, assassinated) for insulting Turkishness, state institutions, or the memory of Atatürk.

KÁRI GÍSLASON lectures in Creative Writing at Queensland University of Technology (QUT). After graduating in English and Law he wrote his doctoral thesis on conceptions of authorship in medieval Iceland, and has since published numerous scholarly articles dealing mainly with the family sagas. He has an enduring interest in travel writing and has published travel articles and essays in literary journals and in the mainstream press. He is a judge for the Steele Rudd Australian Short Story Collection. His book *The Promise of Iceland* is a memoir about going back to the country of his birth and the complexities that accompany that process of return. He has also taught at the University of Iceland and University of Queensland and in 2010 received a Dean’s Award for Excellence in Teaching at QUT. As part of his teaching approach he maintains a blog about travel writing. He is currently writing a book based on the travels and personal reflections of former UN Secretary-General Dag Hammarskjöld.

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A. L. KENNEDY is the author of five novels including *Everything You Need* and *Paradise*, and five collections of short stories including *Indelible Acts* and *What Becomes*. The most recent of her nonfiction books is *Luwak Care and Breeding*. She won the Costa Book of the Year prize for her novel *Day* and has twice been listed among the *Granta* Best of Young British Novelists. Other awards include the *Mail on Sunday* / John Llewellyn Rhys Prize, a Scottish Arts Council Book Award and the Encore Award. She has been a judge for both the Booker Prize for Fiction and the *Guardian* First Book Award, and was made a Fellow of the Royal Society of Arts in 2000. She wrote the screenplay to the BFI/Channel 4 film *Stella Does Tricks*, and edited *New Writing 9* with John Fowles. A. L. Kennedy lives and works in Glasgow. She has taught creative writing at the University of St Andrews and currently works with writers on the Warwick University Creative Writing Programme as an associate professor.

BRONWYN LEA holds a BA in Literature from the University of California San Diego and an MA and PhD in Creative Writing from the University of Queensland. She is the author of *Flight Animals*, winner of the 2001 Wesley Michel Wright Prize and the 2002 Fellowship of Australian Writers Anne Elder Award; it was also shortlisted for the 2002 NSW Premier's Kenneth Slessor Poetry Prize; the Judith Wright Calanthe Poetry Prize; the South Australian Premier's John Bray Poetry Prize and Colin Roderick Award. Her most recent collection of poems, *The Other Way Out*, won the 2008 Western Australia Premier's Book Award for Poetry and the 2010 South Australian Premier's John Bray Poetry Prize, and was shortlisted for the Victorian and Queensland Premier's Prizes. She was Poetry Editor at the University of Queensland Press from 2003 to 2009 and founder and series editor, with Martin Duwell, of *The Best Australian Poetry* anthology. In 2009 she was awarded a residency at the B. R. Whiting Library in Rome from the Australia Council. She is a Senior Lecturer in the School of English, Media Studies, and Art History at the University of Queensland where she teaches Poetics and Contemporary Literature. In 2011 she was appointed the inaugural editor of *Australian Poetry Journal*.

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Business Competition, an Arts Council of England Writer's Award, an Eric Gregory Award, the Raymond Williams Prize and a Hawthornden Fellowship. A recent collection *The Invisible Kings* was a Poetry Book Society Recommendation and a new collection *Enchantment* explores the world of the magical short story in verse. He is also known for his pioneering ecological poetry installations within natural landscapes and the creation of 'slow poetry' sculptures and I-Cast poetry films. His 'writing challenges' podcasts are among the most popular literature downloads on iTunes worldwide: two episodes are now preloaded on to all demo Macs used in Apple Stores across the globe. He writes essays, criticism and reviews for *The Guardian* and *Poetry Review*. A leading international advocate of creative writing both inside and outside the academy, he wrote *The Cambridge Introduction to Creative Writing* (2007) which has been translated into many languages. He currently teaches at the University of Warwick where he is Professor of Writing.

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was a Poetry Book Society Recommendation for 2006. *The Music of the Prophets*, a narrative poem about the resettlement of the Jews in England, was supported by an award from the European Association for Jewish Culture. Her nonfiction includes *Postwar British Drama: Looking Back in Gender* (2001), and *The Author Is Not Dead, Merely Somewhere Else: Creative Writing Reconceived* and *The Art of Writing Drama* (both 2008). She has taught creative writing for two decades, currently as tutor for the MA at Lancaster University. She has been a Royal Literary Fund Fellow since 2004.

KIM WILKINS was born in London and grew up in Brisbane, Australia. She completed Honours in English literature at the University of Queensland in 1998 and was awarded the University Medal for academic achievement. She subsequently earned a Master's and a PhD in creative writing, and teaches at the University of Queensland and in the community. She is a designer and teacher in the Queensland Writer's Centre's 'Year of the Writer' workshop series, and was co-designer of their 'Year of the Novel Online' course. She is the author of twenty-one novels, including a fantasy series for children, and three contemporary women's popular fiction novels under the pseudonym Kimberley Freeman, for which she has won the Romance Writers of Australia 'RuBY' award. She is best known, however, as an award-winning author of speculative fiction for adults, including *Rosa and the Veil of Gold*, *Angel of Ruin* (*Fallen Angel* in the UK) and *Giants of the Frost*. Her books are published in Australia, the UK, the USA, Denmark, France, Germany, Italy and Russia. She is currently working on an epic medieval fantasy series, and researching in the field of popular medievalism. She writes widely on creative writing pedagogy.

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FOREWORD: ON CRITICISM AND CREATIVITY

Creative writing has been the subject of university-level study in American universities and colleges far longer than it has been within British higher education. The common pattern in the American system has traditionally set the ‘writing program’ apart from the critical, historical and theoretical work of the ‘literature’ department. Typically, the *writers* will be employed for the drudgery of instructing students from almost every discipline in ‘freshman composition’ (how to structure an argument, a paragraph, even – remedially – a sentence) and then be rewarded with some small-group teaching in which, at a more advanced level, they assist the aspirant writers of the future in the improvement of their novels, stories, scripts and poems. The *academics*, meanwhile, will teach a freshman survey course of the kind that used to be known in the trade as ‘from Beowulf to Virginia Woolf’ but that is now more likely to be a guided tour of competing theoretical approaches to the subject and to include a high proportion of contemporary, often international, literature; they will then teach other, more advanced courses in their specialism, which could be anything from Shakespeare to the Victorian novel to some aspect of literary theory to postcolonial women’s poetry. In terms of their ambitions for publication, the ‘writer’ will be working on, say, her latest novel and the ‘academic’ on a learned conference paper that will later be worked into a critical book for a university press. It is not unknown for the writers and the academics to neglect each other’s work and even to view their counterparts down the departmental corridor with a degree of suspicion.

There is no inherent reason why there should be such a division between criticism and creativity in English studies. Consider the higher-level teaching of music and art, the disciplines of writing’s sister arts. University degrees in music do not confine themselves to questions of form, history and cultural context, as English degrees often do. They have an emphasis on technique and on practice that is rarely encountered within a traditional English degree. The serious student of music will be expected to read music, to play an instrument, to hear a shift from major to minor key. Similarly, the serious student of art

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will be expected to know about perspective, to discover the different properties of different materials, and (one hopes) to draw in a life-class. It is not usually demanded of literature students that they should be skilled in the literary equivalents of such techniques as playing a scale, composing a variation, sketching a nude: they are not habitually asked to scan a line of verse, compose a sonnet or sketch a fictional *mise en scène*. An education in the art of writing is often regarded as marginal to an education in the art of critical reading (as the agenda of most English departments used to be) or the art of cultural poetics (as the agenda of most English departments has become). But it is precisely this gap – an education in the *craft* of putting together words, analogous to the craft of putting together musical notes – that creative writing programmes can fill. A healthy dialogue is one in which critics are interested in writerly skills – rhetoric, narrative construction, pacing – and students of creative writing are unafraid of critical judgement.

Historically, the origins of English literary criticism belong within the realm of creativity, not that of academic analysis. John Dryden was long known as the father of English criticism. In the second half of the seventeenth century, he established the terms of debate that dominated critical discourse for a century: what were the relative merits of the ancients and the moderns, of native and continental models, of blank verse and rhyme? What was the correct balance between ‘art’ and ‘nature’, the best means to achieve verisimilitude? What ultimately constitutes good writing? As he put it in his preface to *The State of Innocence* (1677), his dramatisation of Milton’s *Paradise Lost*, ‘By criticism, as it was first instituted by Aristotle, was meant a standard of judging well; the chiefest part of which is, to observe those excellencies which should delight a reasonable reader.’ But, and this is the key point, Dryden developed his critical art not in an ‘academic’ context but in a creative one, that of the prefaces to, and essays about, his own plays and poems, in which he had self-consciously set about modernising and classicising English writing during the Restoration era.

In the early eighteenth-century *Spectator* essays mainly by Joseph Addison and *The Tatler* mainly by Richard Steele, questions of literary style were closely linked to debates about national identity and gentlemanly behaviour. The figure who dominated literary debate in the public sphere in the second half of the eighteenth century was Dr Samuel Johnson, a journalist and all-round writer, not a university teacher. So too with the Romantic and Victorian eras: the major critical opinion formers were themselves either poets (most notably Samuel Taylor Coleridge and Matthew Arnold) or journalists, lecturers and what we now call ‘public intellectuals’ (William Hazlitt, John Ruskin). T. S. Eliot was not only the most admired poet but also the most influential critic of the modernist period of the first half of the

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Foreword: on criticism and creativity

twentieth century. It was only from the 1930s onwards that what might be called ‘pure’ or ‘academic’ criticism became the norm.

Furthermore, criticism was often forged *through* creativity. Alexander Pope’s *Essay on Criticism* was a poem and there was a symbiotic relationship between the creation of his mock-epic masterpiece *The Dunciad* and his dispute with rival textual editor Lewis Theobald over the highly technical critical matter of the emendation of Shakespeare’s texts. Coleridge’s lectures on Shakespeare were partly shaped by, and help to explain, the search for inner unity that he also undertook in his poetry. John Keats offered a ‘reading’ of *King Lear* not only by way of marginal annotations in his copy of Shakespeare, but also through writing a sonnet. T. S. Eliot’s essays on the rich complexity of the metaphysical poets and the Jacobean dramatists were intimately bound to the difficulty and originality of his own verse.

The ascent of literary theory in the late twentieth century took the divide between criticism and creativity to an extreme. Writers became notoriously wary of theory: they found its jargon repellent and its reports of ‘the death of the author’ unacceptable. Theorists, in turn, were more interested in patterns and deep structures, ideological formations and hidden abysses, than writerly craft and the judgement of ‘literary’ qualities. In the early twenty-first century, the symbiosis between criticism and creativity has to some degree been restored. At school level, it is now quite common for a ‘critical’ essay to take the form of a ‘creative’ response: instead of writing a formal essay about the motivation of Lady Macbeth, students are invited to write her imaginary diary. At a higher level, the *fin-de-siècle* age of anxiety in English studies is well and truly over. Academics have learned to stop worrying and to live with a diversity of critical practices. And it is practice as opposed to theory that is making the running.

Late twentieth-century theory was dominated by a hierarchical model, a pyramid-like corporate structure with gurus at the top (Derrida, Foucault, Lacan, Said), high-profile publishing and conference-going disseminators just below, then the foot-soldiers of the profession (the overworked, undervalued lecturers and assistant professors) and finally the students. Orders went out from the top, prescribing the latest theoretical *diktat*. Early twenty-first-century practice, by contrast, is more like the modern ‘flat’ corporation, in which different approaches are respected and students are empowered. More than lip-service is paid to the rhetoric of ‘transferable skills’ and student preparedness for the workplace. Old taboos have been stripped away: styles of critical discourse are more colloquial, less mandarin; personal testimony and the articulation of feeling are no longer outlawed; attention to the texture of authors’ lives is once again allowed. The latter interest signals a radical departure from the old ‘new criticism’, in which the text was king, and from

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deconstruction, in which the author was dead, and from ‘new historicism’, in which texts were generated less by individual agency than the circulation of social energy.

Critical approaches are now judged more by the criterion of their usefulness – for students and, more utopianly, for society and the world. The author has returned, biography is newly respectable within the academy and there has been a growth of metabiography and ‘cultural influence’ studies that have placed literary works within a wider context than that of their purely critical or academic reputation. And criticism has itself become more creative, with fiction, memoir and the personal essay beginning to be regarded as acceptable forms of critical practice – though if this sort of thing is to be done, it has to be done well, self-critically and not self-indulgently.

In the work of the teachers and students in writing programmes, we witness ample, and highly diverse, examples of the dialogue between criticism and creativity, with a focus above all on the practical application of writerly techniques. The essays in *The Cambridge Companion to Creative Writing* demonstrate how the personal, creative and critical combine to create a fresh and important debate about the discipline of creative writing, its relation to literary studies and to other forms of knowledge including science, and to understanding how it might evolve in the future in the academy and the wider world. Here, the writers and the academics are genuinely companions, not rivals – in fact, the distinction dissolves.

Jonathan Bate