Practical Procedures in Orthopaedic Trauma Surgery
A Trainee’s Companion

This highly illustrated textbook provides an essential guide for surgeons in training. It follows a step-by-step approach to performing a surgical procedure. It includes details of positioning the patient, the approach and reduction technique, the implant to be inserted, protocols for post-operative mobilisation, complications to look for, when the patient should be seen in the outpatient clinic and whether the implant should be removed. Intraoperative pictures have been incorporated to make the surgeon aware of all the important issues involved. It covers the most common trauma procedures that surgeons in training are expected to perform during their residency. Each procedure has been written by an expert. This will be an invaluable resource for the resident in training during the long on-call nights in the hospital while preparing for the operations necessary to help trauma patients.

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Practical Procedures in Orthopaedic Trauma Surgery

A Trainee’s Companion

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To my wife Rania and my children Marilena and Vasilis, whose love and support made this book a reality

PVG

To Claudia and Julia, who missed me while I was on call

HCP
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Preface

Over the years the evolution of orthopaedic surgical techniques led to the development of a plethora of orthopaedic textbooks aiming to present the principles of modern orthopaedic surgical practice in order to contribute to the continuing medical education of all the orthopaedic surgeons in training.

The notion of this book arose during the first years of our training. It was difficult to find a book to refer to as a quick yet thorough reference, prior to performing a surgical procedure.

Our aim was therefore to develop a book that would contain a step-wise approach to performing a surgical procedure. Details have been included such as positioning of the patient, the approach and reduction technique, the implant to be inserted, the protocol of post-operative mobilization, complications to look for, when the patient should be seen in the outpatient clinic and whether the implant should be removed. Intraoperative pictures have been incorporated to allow the surgeon to be aware of all the important issues involved.

The most common trauma procedures that a surgeon in training is expected to perform during his residency have been included. Each procedure has been written by an expert or under the supervision of an expert.

This book is expected to be the companion for the resident in training during the long on-call nights in the hospital while preparing for the operations necessary to help our trauma patients.
Acknowledgments

During the preparation of this book we had the pleasure of working together with people whose efforts and contribution made possible the birth of this edition. We particularly wish to acknowledge Cambridge University Press, and our publishing directors Geoffrey Nuttall and Peter Silver for their commitment to this project and the maintenance of this level of excellence.

Without the dedication and the hard work of our hospital staffs we would not have been able to accomplish this project.

We would also like to thank all the contributors who have shared with us their expertise.

We also appreciate the continuing support of our colleagues at our university hospitals and especially the daily stimulus of our registrars, whose quest for knowledge remains the major motivation and encouragement for our efforts.