

Psychiatric Interviewing and Assessment

This book will help mental health professionals to develop the fundamental generic skills in interviewing and assessment, which form the foundation of psychiatric practice. It is about the process of reaching a diagnosis, and is a practical guide to help the reader make the transition from novice to competent clinician. It is based on real problems encountered in modern general adult psychiatric practice, and is set in a range of environments, in the clinic and in the community. The text is punctuated by a selection of case studies to illustrate the principles highlighted in the book.

This book will be essential reading for all members of the mental health team. Its practical grounding in everyday clinical experience will appeal to trainee psychiatrists and more experienced clinicians alike, as well as to nurses, social workers and psychologists.

Rob Poole is a community psychiatrist with an interest in the psychological, social and cultural aspects of mental illness. He has wide experience as a postgraduate educator having been a Royal College Clinical Tutor and Examiner, a University Postgraduate Tutor and Chairman of a regional psychiatric training committee.

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This book is dedicated to **Dr Kevin White**.

There may be better psychiatric interviewers in the world, but we've never met one.

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