

Cambridge University Press

0521529921 - Cognitive Behaviour Therapy for Children and Families, Second Edition

Edited by Philip J. Graham

Frontmatter

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Cognitive Behaviour Therapy for Children and Families

Second Edition

Entirely revised, rewritten and augmented with 11 completely new chapters, this new edition builds strongly on the aims of the previous edition to provide the latest scientific validation of cognitive behaviour therapy with practical treatment guidance for clinical child psychologists and psychiatrists working with disturbed children. Coverage ranges broadly from school refusal and adjustment to parental divorce through eating and sleeping disorders to substance abuse. It will be invaluable to clinicians wanting to provide ever more effective psychological treatment for children and families.

From a review of the first edition

‘ . . . clearly written by a number of international authorities in the field . . . This book will be useful to child psychiatrists and other child mental health professionals, as well as social workers, educationalists and school nurses. It is highly recommended for bench and departmental libraries.’

European Child and Adolescent Psychiatry

‘ . . . impressive . . . this book is likely to be read and consulted widely.’

Behaviour Research and Therapy

Philip J. Graham is Emeritus Professor of Child Psychiatry at the Institute of Child Health in London.

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Cambridge Child and Adolescent Psychiatry

Child and adolescent psychiatry is an important and growing area of clinical psychiatry. The last decade has seen a rapid expansion of scientific knowledge in this field and has provided a new understanding of the underlying pathology of mental disorders in these age groups. This series is aimed at practitioners and researchers both in child and adolescent mental health services and developmental and clinical neuroscience. Focusing on psychopathology, it highlights those topics where the growth of knowledge has had the greatest impact on clinical practice and on the treatment and understanding of mental illness. Individual volumes benefit both from the international expertise of their contributors and a coherence generated through a uniform style and structure for the series. Each volume provides first an historical overview and a clear descriptive account of the psychopathology of a specific disorder or group of related disorders. These features then form the basis for a thorough critical review of the aetiology, natural history, management, prevention and impact on later adult adjustment. While each volume is therefore complete in its own right, volumes also relate to each other to create a flexible and collectable series that should appeal to students as well as experienced scientists and practitioners.

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Philip J. Graham

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