Cognitive Behaviour Therapy for Children and Families

Second Edition

Entirely revised, rewritten and augmented with 11 completely new chapters, this new edition builds strongly on the aims of the previous edition to provide the latest scientific validation of cognitive behaviour therapy with practical treatment guidance for clinical child psychologists and psychiatrists working with disturbed children. Coverage ranges broadly from school refusal and adjustment to parental divorce through eating and sleeping disorders to substance abuse. It will be invaluable to clinicians wanting to provide ever more effective psychological treatment for children and families.

From a review of the first edition

‘... clearly written by a number of international authorities in the field ... This book will be useful to child psychiatrists and other child mental health professionals, as well as social workers, educationalists and school nurses. It is highly recommended for bench and departmental libraries.’

European Child and Adolescent Psychiatry

‘... impressive ... this book is likely to be read and consulted widely.’

Behaviour Research and Therapy

Philip J. Graham is Emeritus Professor of Child Psychiatry at the Institute of Child Health in London.

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Child and adolescent psychiatry is an important and growing area of clinical psychiatry. The last decade has seen a rapid expansion of scientific knowledge in this field and has provided a new understanding of the underlying pathology of mental disorders in these age groups. This series is aimed at practitioners and researchers both in child and adolescent mental health services and developmental and clinical neuroscience. Focusing on psychopathology, it highlights those topics where the growth of knowledge has had the greatest impact on clinical practice and on the treatment and understanding of mental illness. Individual volumes benefit both from the international expertise of their contributors and a coherence generated through a uniform style and structure for the series. Each volume provides first an historical overview and a clear descriptive account of the psychopathology of a specific disorder or group of related disorders. These features then form the basis for a thorough critical review of the aetiology, natural history, management, prevention and impact on later adult adjustment. While each volume is therefore complete in its own right, volumes also relate to each other to create a flexible and collectable series that should appeal to students as well as experienced scientists and practitioners.

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Cognitive Behaviour Therapy for Children and Families

Second Edition

Edited by
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# Contents

List of contributors  
page x  

1 Introduction  
Philip J. Graham  

<table>
<thead>
<tr>
<th>Part I Developmental cognitive theory and clinical practice</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>2 Cognitive behaviour therapy for children and adolescents: some theoretical and developmental issues</td>
<td>9</td>
</tr>
<tr>
<td>3 Cognitive behavioural therapy in developmental perspective</td>
<td>25</td>
</tr>
<tr>
<td>4 Psychological therapies: a family of interventions</td>
<td>48</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Part II Engagement and assessment</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>5 Engagement and motivational interviewing</td>
<td>67</td>
</tr>
<tr>
<td>6 Cognitive case formulation</td>
<td>84</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Part III Client groups</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>7 Working with parents: some ethical and practical issues</td>
<td>103</td>
</tr>
<tr>
<td>8 Cognitive behaviour therapy with prepubertal children</td>
<td>121</td>
</tr>
</tbody>
</table>
9 Cognitive behaviour therapy in inpatient environments 136
Jonathan Green

Part IV Applications in psychosocial adversity
10 Cognitive behavioural treatment of the emotional and behavioural consequences of sexual abuse 157
Bruce Tonge and Neville King
11 Adjustment to parental separation and divorce 170
Martin Herbert

Part V Applications in specific child and adolescent psychiatric disorders
12 Behavioural approaches to eating and sleeping problems in young children 187
Jo Douglas
13 Conduct disorders in young children 207
Veira Bailey
14 Attention deficit hyperactivity disorder 225
William E. Pelham Jr. and Kathryn S. Walker
15 Children with developmental disabilities and their parents 244
Jeremy Turk
16 Depressive disorders 263
Richard Harrington
17 Cognitive behavioural psychotherapy for obsessive compulsive disorders 281
John S. March, Martin Franklin and Edna Foa
18 Anxiety disorders 300
Jennifer L. Allen and Ronald M. Rapee
19 School refusal 320
David Heyne, Neville King and Thomas H. Ollendick
20 Post-traumatic stress disorders 342
William Yule, Patrick Smith and Sean Perrin
## Contents

21 Disorders of eating control 359  
Anne Stewart

22 Chronic fatigue syndrome 385  
Trudie Chalder

23 Children’s interpersonal problems 402  
Caroline L. Donovan and Susan H. Spence

24 Pain in childhood 426  
Patrick McGrath and Julie Goodman

25 Conduct disorders in adolescence 443  
John E. Lochman, Nancy C. Phillips, Heather K. McElroy and Dustin A. Pardini

26 Drug and alcohol abuse 459  
Renuka Arjundas and Eilish Gilvarry

Part VI CBT applications in preventive interventions

27 The prevention of conduct problems 481  
Robert J. McMahon and Dana M. Rhule

Index 505
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