

CONTENTS

<i>Acknowledgements</i>	page vii
<i>List of Abbreviations</i>	ix
Introduction	1
1 <i>Seneca's Life and Works</i>	1
2 <i>The Epistulae morales and their Addressee</i>	3
3 <i>Letters as a Genre</i>	6
4 <i>Stoic Terms and Concepts</i>	9
5 <i>Stoic Background</i>	12
6 <i>Other Philosophical Influences</i>	15
7 <i>Ethical Focus and Techniques of the Self</i>	18
8 <i>Seneca and Earlier Latin Poetic Authors</i>	22
9 <i>Senecan Style</i>	23
10 <i>Clausulae in Seneca</i>	27
11 <i>Reception of the Letters</i>	29
12 <i>The Selection</i>	32
13 <i>The Text</i>	32
SENECA: SELECTED LETTERS	35
Letter 1	37
Letter 7	37
Letter 12	39
Letter 18	41
Letter 21	42
Letter 24	44
Letter 33	48
Letter 34	49
Letter 46	50

Letter 47	50
Letter 53	53
Letter 64	54
Letter 70	56
Letter 86	59
Letter 90	62
Letter 114	69
Commentary	75
<i>Bibliography</i>	306
<i>Index of Latin Words</i>	334
<i>General Index</i>	340