# Contents

**Foreword**  page ix
**Preface**  xi
**List of contributors**  xii

## Section 1 Epidemiology and inequalities

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
</table>
| 1 | Introduction: setting the scene  
Dinesh Bhugra and Susham Gupta |
| 2 | Epidemiological aspects of migration and mental illness  
James B. Kirkbride and Peter B. Jones |
| 3 | Migration and mental illness: an epidemiological perspective  
I-Chao Liu and Andrew T. A. Cheng |
| 4 | Globalisation: internal borders and external boundaries  
Dinesh Bhugra and Susham Gupta |
| 5 | Pre-migration, personality and precipitating factors  
Thomas Stompe, David Holzer, Alexander Friedmann and Dinesh Bhugra |
| 6 | Ethnicity, migration and mental health: the role of social and economic inequalities  
James Nazroo and Karen Iley |
| 7 | Risk and protective factors in mental health among migrants  
Driss Moussaoui and Mohamed Agoub |
| 8 | Psychosis, migration and ethnic minority status: a story of inequality, rejection and discrimination  
Tom K. J. Craig |

## Section 2 Consequences of migration

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
</table>
| 9 | Migration and its impact on the psychopathology of psychoses  
Thomas Stompe and David Holzer |
| 10 | Identity, idioms and inequalities: providing psychotherapies for South Asian women  
Kamaldeep Bhui and Tamsin Black |
| 11 | Cultural bereavement, culture shock and culture conflict: adjustments and reactions  
Dinesh Bhugra, Wojtek Wojcik and Susham Gupta |
| 12 | Collective trauma  
Daya Somasundaram |
| 13 | The impact of acculturative stress on the mental health of migrants  
Pedro Ruiz, I. Carol Maggi and Anna Yusim |

## Section 3 Special groups

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
</table>
| 14 | Migration and mental health of older people  
Ajit Shah |
| 15 | Migration and its effects on child mental health  
Nisha Dogra, Khalid Karim and Pablo Ronzoni |
<table>
<thead>
<tr>
<th>Page</th>
<th>Section</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>16</td>
<td>Mental health issues related to migration in women</td>
<td>209 Prabha S. Chandra</td>
</tr>
<tr>
<td>17</td>
<td>Migration and LGBT groups</td>
<td>220 Dinesh Bhugra, Susham Gupta, Gurvinder Kalra and Stephen Turner</td>
</tr>
<tr>
<td>18</td>
<td>Adapting mental health services to the needs of migrants and ethnic minorities</td>
<td>231 David Ingleby</td>
</tr>
<tr>
<td>19</td>
<td>Intercultural mediation: reconstructing Hermes – the messenger gets a voice</td>
<td>245 Adil Qureshi, Hilda-Wara Revollo, Francisco Collazos, Jannat el Harrak, Cristina Visiers, María del Mar Ramos and Miguel Casas</td>
</tr>
<tr>
<td>20</td>
<td>Migrants and mental health: working across culture and language</td>
<td>261 Rachel Tribe</td>
</tr>
<tr>
<td>21</td>
<td>Psychological therapies for immigrant communities</td>
<td>274 Stephen Turner and Dinesh Bhugra</td>
</tr>
<tr>
<td>22</td>
<td>Ethno-psychopharmacology</td>
<td>287 Norman Poole</td>
</tr>
<tr>
<td>23</td>
<td>Migration and physical illnesses</td>
<td>299 Gurvinder Kalra, Priyadarshini Natarajan and Dinesh Bhugra</td>
</tr>
</tbody>
</table>

Section 4 Management, services and training

Section 5 International experiences

24 Mental health of migrants in China – is it a No Man’s Land? | 313 Roger Man Kin Ng |
25 Immigrant and refugee mental health in Canada: lessons and prospects | 323 Laura Simich and Morton Beiser |
26 Conclusions | 337 Dinesh Bhugra and Susham Gupta |

Index | 339