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# SBAs for the Final FRCA

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*From James*

*To my lovely girls, Jasna, Kasia and Roxy*

*From Toby*

*To my magnificent wife, Claire, for her consistent love and support and our  
wonderful daughters, Iris and Coralie*

*From Ben*

*To my children, Joseph and Isabella, and my grandfathers, Samuel Basil  
Turner and George Walton*

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# Preface

We have written *SBAs for the Final FRCA* with a number of aims in mind. Our first aim was to provide a set of questions as examples of the single best answer (SBA) style of multiple choice question (MCQ), allowing the candidate approaching the Final FRCA to practise exam style questions under exam conditions. We wanted to cover a fairly broad range of the Final FRCA syllabus, so, unlike the examples posted by The Royal College of Anaesthetists (the College), we have covered some of the non-clinical knowledge areas within the syllabus. We have also written explanations that contain useful information that we hope the owner of this book will wish to refer back to for years to come. We have usually set most questions with a specific educational goal in mind and have included vignettes in the explanations that are often difficult to find elsewhere.

For a number of years we have been teaching and lecturing on MCQs for the Final FRCA. Up to 2008, this included an hour-long lecture on our Crammer Course on good tactics for answering negatively marked MCQs that concluded with the advice

‘Answer all the questions’.

Following removal of negative marking, the advice session on answering MCQs reduced in time from one hour to two sentences. They are:

‘Answer all the questions. Errmmm, that’s it!’

This may seem fairly simplistic, and obviously expanding the sentence to ‘Answer all the questions correctly’ would be more accurate, if less helpful, advice. From discussions with trainees and in compiling this book, we have tried to come up with useful tips in response to frequently asked questions (FAQs) about the SBA questions in the Final FRCA MCQ exam.