# Contents

**Thanks and acknowledgements**  5  
**Introduction**  6  

**People**  
1. The family  
   - mother, uncle, relatives  8  
2. Birth, marriage and death  
   - birthday, married, die  10  
3. Parts of the body  
   - head, foot, shoulder  12  
4. Clothes  
   - hat, shirt, trousers  14  
5. Describing people  
   - tall, dark, good-looking  16  
6. Health and illness  
   - headache, heart attack, exercise  18  
7. Feelings  
   - love, tired, thirsty  20  
8. Conversations 1: Greetings and wishes  
   - Good morning, Happy New Year, well done  22  
9. Conversations 2: Useful words and expressions  
   - I don't mind, anyway, let's  24  

**At home**  
10. Food and drink  
    - rice, tea, vegetables  26  
11. In the kitchen  
    - fridge, glass, saucepan  28  
12. In the bedroom and bathroom  
    - wardrobe, shampoo, mirror  30  
13. In the living room  
    - bookshelf, lamp, remote control  32  

**School and workplace**  
14. Jobs  
    - secretary, factory, nurse  34  
15. At school and university  
    - biology, notebook, pass an exam  36  
16. Communications  
    - address, computer, memory stick  38  

**Leisure**  
17. Holidays  
    - package holiday, phrasebook, visa  40  
18. Shops and shopping  
    - chemist’s, department store, credit card  42  
19. In a hotel  
    - single room, key, luggage  44  
20. Eating out  
    - café, menu, fish and chips  46  
21. Sports  
    - table tennis, judo, volleyball  48  
22. Cinema  
    - western, film star, DVD  50  
23. Free time at home  
    - gardening, listening to CDs, programme  52  
24. Music and musical instruments  
    - guitar, jazz, orchestra  54  

**The world**  
25. Countries and nationalities  
    - Spain, Chinese, continent  56  
26. Weather  
    - cold, rain, storm  58  
27. In the town  
    - railway station, bank, town hall  60  
28. In the countryside  
    - hill, farm, river  62  
29. Animals  
    - horse, giraffe, pet  64  
30. Travelling  
    - train, map, flight  66  
31. UK culture  
    - fireworks, roast beef, Christmas  68  

**Social issues**  
32. Crime  
    - murder, prison, guilty  70  
33. The media  
    - TV channel, magazine, talk show  72  
34. Problems at home and work  
    - repair, untidy, in a bad mood  74  
35. Global problems  
    - hurricane, war, strike  76
Everyday verbs

36 Have / had / had have breakfast, have time, have a swim 78
37 Go / went / gone go away, go shopping, go home 80
38 Do / did / done do an exercise, do your best, do the washing 82
39 Make / made / made make coffee, make a mistake, make a noise 84
40 Come / came / come come in, come from, come back 86
41 Take / took / taken take the bus, take a photo, take an exam 88
42 Bring / brought / brought bring something here, bring back, take 90
43 Get / got / got get tired, get better, get married 92
44 Phrasal verbs get up, put on, turn down 94
45 Everyday things watch TV, wash clothes, go for a walk 96
46 Talking say, tell, ask 98
47 Moving walk, drive, fly 100

Words and grammar

48 Talking about language noun, verb, plural 102
49 Conjunctions and connecting words because, only, before 104
50 Days, months, seasons Monday, July, winter 106
51 Time words next year, often, once a week 108
52 Places middle, front, abroad 110
53 Manner fast, loud, the right way 112
54 Common uncountable nouns money, bread, information 114
55 Common adjectives 1: Good and bad things nice, awful, lovely 116
56 Common adjectives 2: People happy, horrible, intelligent 118
57 Words and prepositions wait for, belong to, good at 120
58 Prefixes impossible, ex-president, unsafe 122
59 Suffixes swimmer, useless, sunny 124
60 Words you may confuse quiet / quite, lend / borrow, cook / cooker 126

Answer key 128
Phonemic symbols 158
Index 159
Irregular verbs 170
How to learn vocabulary 172