Contents

List of tables and figures v
Preface ix

1 Historical precursors of personality theory 1
2 From illness to wellness models of human nature 35
3 Developmental perspectives on personality: from youth-based to life-span models 75
4 The biology of personality 115
5 Trait theories and the psychology of individual differences 149
6 The puzzle of the self 183
7 Culture and personality 220
8 Gendered personality 258
9 Emotions and reasoning: a definition of the Human 294
10 Taking the measure of the Human: benefits and inherent limitations of personality measures 329
11 Can personality change? The possibilities of psychotherapeutics 371
12 The disordered personality: evolution of nosological systems 407
13 Eight appendices: at the margins of personality psychology 451

References 499
Author index 544
Subject index 549

© in this web service Cambridge University Press