Sonoanatomy for Anaesthetists
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The introduction of ultrasound into the clinical practice of anaesthetists and pain specialists brings potentially great benefit to clinicians and their patients. The ability to visualise what lies beneath the surface while performing nerve blocks, cannulations and injections has rekindled an increasing awareness of the need for a thorough understanding of regional anatomy and its relation to ultrasound, if the patterns in ultrasound scans are to be confidently interpreted.

This book aims to help its readers to identify the anatomy revealed in an ultrasound scan – the sonoanatomy. In order to achieve this, clinicians need to draw on their surface anatomy, their experience with landmark techniques and their knowledge of regional anatomy, whilst improving their skills with the ultrasound machine.

The authors have tried to illustrate some of the basic relationships between surface anatomy, regional anatomy and the ultrasound scans for most of the common interventions performed by anaesthetists and pain medicine clinicians. The book does not aim to provide step-by-step recipes for individual procedures, which are continually evolving and changing. Rather, it tries to present some basic guidelines which will enable readers to develop their own approaches to interventions.

This volume is intended to be a practical book, not just to be read and placed on a shelf, but hopefully one that will be taken into the workplace and used as an aid during clinical practice.