COMPREHENSIVE PSYCHIATRY REVIEW

The accreditation process for psychiatry in the United States is considered one of the most difficult among all medical specialties. Although many board review books in psychiatry exist, this is the first fact-based resource with comprehensive coverage and an easy-to-read design that can be used for both written and oral review. Dr. William Weiqi Wang has developed a concise, outline-oriented format supplemented with case studies to prepare residents for the oral and written psychiatry boards. Each chapter can stand alone and is presented in "bite-size" clusters to facilitate easy absorption of the material. A section at the end of the book includes 150 board-style questions and answers. This book is a necessity for anyone who plans to score aggressively on the American Board of Psychiatry and Neurology (ABPN), Psychiatry Resident-In-Training Examination (PRITE), and even the United States Medical License Examination (USMLE), and for medical students who want to pursue a career in psychiatry.

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Comprehensive Psychiatry Review

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To Lini and Will
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Introduction

Open to any page and read just a small passage and you will learn or be refreshed with a tangible amount of psychiatric knowledge without having to linger on the rest of the book. *Comprehensive Psychiatry Review* is a book you can benefit from whether you have a few hours to read several chapters or a few minutes to read just a few lines.

This book is designed for the busy mental health professionals who have the need and desire to be updated in medical knowledge, but often not the time for vigorous and uninterrupted study. This book provides those enthusiastic learners an easy, quick, and efficient way of learning. This book should be particularly helpful for test preparation for the ABPN examinations and PRITE. It should also offer a distinct advantage for medical students who desire to score aggressively in the USMLE, and those who target a successful career in the field of psychiatry. This book may further provide a learning opportunity to benefit mental health clinicians who consistently strive for better patient care.

In 50 chapters this book fosters a collection of clinically relevant and important information drawn from major textbooks and other authoritative sources. Each chapter starts with an introductory text that provides a brief review of the current understanding of the topic, followed by the main bullet-style text. The information is clustered in “bite-size” portions to facilitate immediate absorption. Each item is designed to be read independent of the rest of the book. The items are alphabetically listed and can be found and refound easily. The text is further enriched with many figures, diagrams, mnemonics, and historical trivia. The design of this book is intended to facilitate easy learning and memorization. However, readers should be cautioned that some of the mnemonics are created not for scientific accuracy, but as an optional instrument to assist memorization. Multiple choice questions are provided at the end of the book for self-assessment.

The selection of content proved to be an arduous task. To find a field consensus of required knowledge for both the clinical need and the test requirement, I scanned through a huge volume of material including major textbooks, published review books, old PRITE test questions of the past 10 years, papers of Continuous Medical Education (CME), and unpublished syllabi of the Board review courses. I also consulted the content outline from ABPN as a generally accepted guide of coverage. The contents are further filtered on the basis of clinical relevance, testability, proneness to confusion, and difficulty for memorization. Through such scrutiny I established a continuously updated database of study material, from which the final product was composed. The “book knowledge” provided here is of moderate depth and is believed to be adequate as a foundation upon which clinical competency can be built.

Psychiatry is now in its most exciting era. The influx of new information has never been of the same volume and speed in history. While providing a new horizon of
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patient care, the proceedings of science also place a greater burden on clinicians for continuous learning. I hope this book will serve as an efficient learning guide and an alternative resource in the world of traditional textbooks. It is my belief that when equipped with adequate instruments, absorbing a vast volume of knowledge in a relatively short period of time is a mission possible.

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