Surviving Stalking

Surviving Stalking is a practical and comprehensive survival manual for victims of stalking and related crimes. It offers sound, realistic, practical advice to victims and also gives guidance through each of the criminal justice processes in America, Britain and Australia. Using case descriptions, Michele Pathé describes the traumatic effects of stalking, the course of these symptoms and how best to obtain psychological care and support. It is the first comprehensive book for a general readership providing a contemporary account of types of victim, types of stalker, stalkers’ motives, strategies to prevent and overcome stalking and a list of the resources available to victims of stalking.

Surviving Stalking will be of great interest not only to those who have been or are being stalked but also to health, law enforcement and legal professionals who work with stalkers and their victims.

Michele Pathé is Consultant Forensic Psychiatrist at the Victorian Institute of Forensic Mental Health, Melbourne, where she has been treating stalkers in the world’s first clinical outpatient programme since the early 1990s. She is co-director of the Stalking and Threat Management Centre in Melbourne. She is co-author of the best selling Stalkers and their Victims, winner of the American Psychiatric Association’s Guttmacher award for an outstanding contribution to the literature on forensic psychiatry.
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to information provided by the manufacturer of any drugs or equipment that they plan to use.

Although case histories are drawn from actual cases, every effort has been made to disguise the iden-
tities of the individuals involved.
# Contents

<table>
<thead>
<tr>
<th>Acknowledgments</th>
<th>page vii</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduction</td>
<td>1</td>
</tr>
<tr>
<td>1 What is stalking?</td>
<td>7</td>
</tr>
<tr>
<td>2 How common is stalking?</td>
<td>15</td>
</tr>
<tr>
<td>3 Who stalks?</td>
<td>19</td>
</tr>
<tr>
<td>4 Could I be assaulted?</td>
<td>31</td>
</tr>
<tr>
<td>5 Can stalkers be treated?</td>
<td>37</td>
</tr>
<tr>
<td>6 Who are the victims of stalking?</td>
<td>43</td>
</tr>
<tr>
<td>7 The impact of stalking</td>
<td>51</td>
</tr>
<tr>
<td>8 Reducing your chances of victimization</td>
<td>57</td>
</tr>
<tr>
<td>9 Evading the stalker</td>
<td>63</td>
</tr>
<tr>
<td>10 Navigating the criminal justice system in the United States of America</td>
<td>79</td>
</tr>
<tr>
<td>Doreen Orion</td>
<td></td>
</tr>
<tr>
<td>11 Navigating the criminal justice system in the United Kingdom</td>
<td>91</td>
</tr>
<tr>
<td>Edward Petch</td>
<td></td>
</tr>
<tr>
<td>12 Navigating the criminal justice system in Australia</td>
<td>107</td>
</tr>
<tr>
<td>13 Should I just disappear?</td>
<td>119</td>
</tr>
<tr>
<td>14 How do I deal with the emotional impact of stalking?</td>
<td>123</td>
</tr>
</tbody>
</table>
15 How you can assist victims of stalking

Conclusions

References

Reading guide

Appendix 1: Other resources

Appendix 2: Protection from Harassment Act 1997

Appendix 3: Sample restraining order under Protection from Harassment Act 1997

Appendix 4: Criminal justice system flow chart, UK

Index
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