Index

Note: Page numbers followed by ‘n’ refer to notes.

Abreu, J.M., 148
Abu-Loghoud, L., 15
accountability see responsibility
advertising, 133–4, 96–7
advice literature, 64n.3, 77, 92
age-related differences, 31, 34–5, 62–3
aggression, and anger, 145–6
Allan, K., 133–4
Allen, Tim, 133
Anderson, K.J., 177
androcentrism, 171
androgyne, 52, 66–7n.15–16
anger
- concepts and meanings of, 141–6, 165
- entitlement to, 141
- costs and consequences, 152–7
- gender differences, 149–50
- in marital interaction, 154–7
- power, status and, 146–9
- trait or situational, 151–2
- functions of, 139, 165
- gender and experiences of, 30
- gender and social context of, 27
- internalizing or externalizing, 157–61
- link with masculinity, 140, 146
- not recognized as emotion, 139
- parental responses to, 115n.6
- research on, 140
- and weeping, 162, 164–5
appropriateness see emotional
- appropriateness
Aquinas, 70
Armstrong, N., 77
Ashmore, R., 53, 95–6
authenticity see emotional authenticity
authority see social status
Averill, J.R., 30, 142, 143

Bacon, M., 95–6
Balswick, J., 120–1
Barr, C.L., 37

beliefs, 10–11, 19n.15, 31–2, 83–4
- about emotion, 49–54
- gender-coded beliefs, 45–9, 60, 64n.3
Bem, S.L., 52, 171
Bem Sex Role Inventory (BSRI), 66n.16
Benton, P., 61–2, 153
Biermat, M., 62
biological essentialism, 171
biology
- in nineteenth century theory, 73–4
- and sex-gender distinction, 11–12

Birnbaum, D.W., 28
Bly, R., 84
Bordo, S., 173
Briggs, J., 177, 178
Brody, L., 35, 106, 156
Buck, R., 91
Bugental, D.E., 39
Burt, Jim, 117
Bush, George, 48
Bush, George W., 1–2, 125

Campbell, A., 160
Campos, J.J., 139, 142, 165
Cancian, F., 15
caregivers
- stereotypes of children, 59
- see also parents
Carpenter, W.B., 69
Cathy, 21
childrearing advice, 64n.3, 92
children
- caregivers’ gendered stereotypes of, 59
- experiences of emotion, 31, 62
- expression of emotion, 34–5, 56–7, 159–60
- gender-coded gifts for, 55
- parents’ emotional education of, 95–6, 115–16n.4–7
- parents’ emotional expression with, 39
- practicing emotion in play, 99–108
Index

practicing gendered emotion, 57–9
use of gendered emotion stereotypes, 47, 58–9
Chodorow, N., 67–8n.23
Christensen, A., 154
Clark, M.S., 153, 154
Clark, Terri, 178–9
cognitive shortcut, stereotypes as, 60–1
cognitive-appraisal theories, 6–7
cognitive-developmental perspective, 100
Coltrane, S., 133–4
competitive play, 107
competitive sports, 89–90, 108–11, 117–18
complementarity of sexes, 69, 70–7
control of emotion, 46, 53, 77–80, 85, 100–1
anger, 144–5
emotion double bind, 173–6
weeping, 162, 163–4
cooperative play, 107
core gender identity, 12
Crawford, J., 61–2, 153, 162
Crawford, M., 84–5
Crosby, F.J., 150
Crowley, J., 45–7
crying see weeping
culture, and beliefs, 10–11, 19n.15
Darwin, C., 72–3, 81
Deaux, K., 54, 56, 98, 113
Del Boca, F., 53
Delp, M.J., 163
demand strategy, 154–5
Diagnostic and Statistical Manual (DSM-IV), 181
difference model, 21, 22, 40
problems of, 44, 113
see also complementaritv of sexes
display rules, 56–7, 112
doing emotion
and being human, 170–1, 183–4
and doing gender, 54–9, 170
doing gender, 43–4
and doing emotion, 54–9, 170
Donaldson, Sam, 179
double bind, of emotional styles, 173–6
Duffy, E., 4
Duncan, E., 176
education see emotional education
Egerton, M., 27
Eisenberg, N., 159–60
Ekman, P., 38
emotion
anger not recognized as, 139
approaches to studying, 5–9
emotion experiences, 29–33, 41–2n.7–9
emotional expression, 33–9
in feminist theory, 14–16
gender in, 12–13, 25–6, 39–41, 80–3
in nineteenth century, 80–3
understandings of emotion, 26–8
control of see control of emotion
defining, 2, 4, 5–6
“doing,” 54–9, 170–1
gender-coded beliefs about, 45–9
as gendered, 2–4
and humanity, 170–1, 183–4
language related to sex language
link with sport, 89–90, 118
natural, typical and ideal, 84, 85
paradoxical beliefs about, 11
and reason, 72, 171
social meaning of, 9–11, 94, 165–6
emotion beliefs, 57, 58
about gender, 49–54
emotion display rules, 56–7, 112
emotion management
and competing emotional styles, 173–6
see also control of emotion
emotion master stereotype, 2–3, 11, 45, 50, 83–4, 119
emotion narratives as identity narratives, 61–3
emotion work, 113
emotional appropriateness, 46, 90, 91–3, 179–83
emotional authenticity, 94, 97–9, 169–70
and emotional education, 112, 114
in Jerry Maguire, 126–30
and September 11 attacks, 184
weeping, 163, 164
in Who Wants to Be a Millionaire?, 169
emotional competence, 94
emotional education, 91–4
competitive sports, 108–11
and gender improvisation, 97–9
practicing emotion in play, 99–108
role of parents and television, 94–7, 115n.4–7
and social identity, 111–14
emotional euphemisms, 178, 186n.6
emotional experience
age differences, 31, 62–3
shaped by stereotypes, 60–1
studies of, 29–33, 41–2n.7–9
emotional expression
of anger
externalizing anger, 157–61
gender differences, 152–7
children’s, 34–5, 56–7, 159–60
emotional (cont.)

see also display rules; extravagant emotion; masculine inexpressivity

emotional intelligence, 182–3

emotional lability, 74–5

emotional maturity, 93–4

emotional stereotypes see gendered emotion stereotypes

emotional styles, competition between, 173–6

emotionality see female emotionality

entitlement

gender differences, 150–1
to anger, 141
costs and consequences, 152–7
gender differences, 149–50
in marital interaction, 154–7
power, status and, 146–9
trait or situational, 151–2

Eperson, D.L., 159

EQ, 182–3

ethnicity see racial ethnicity

evolutionary theory, 71, 72–3, 75, 78, 79–80
experience see emotional experience
expression see emotional expression
expressiveness, 38, 53, 67n.17

Expressivity Demand Theory, 34

externalizing anger, 157–61
extravagant emotion, 113–14, 130–1, 173, 174, 175

see also female emotionality

Fabes, R.A., 58

facial expression, 33–5, 38

Fagot, B.I., 59

fallacy of misplaced concreteness, 143

fatherhood, 76, 117–18, 125, 130–5, 136

Faulty Towers, 151

feeling, emotion as, 4

feeling rules, 112

Fein, G., 99–100, 101, 102

Feldman Barrett, L., 61

female emotionality, 70, 82–3

and complementarity of sexes, 69, 70–7

control of, 77–8

femininity, emotion in coding of, 49–54, 64n.7, 65–6n.11

feminist theory, 14–16, 19–20n.20

Fernández-Dols, J.M., 36

Ferraro, Geraldine, 48

film see television and film

Fine, G.A., 110

First Wives Club, The, 158

Fischer, A.H., 10, 148–9

Fletcher, J.K., 176

football, 117, 136–7n.2

Foursquare, 107

Freedman, P., 147

Friedman, H., 37

Frodi, A., 30, 152

Frye, M., 139, 142

fundamental emotions theories, 6

Gallagher, P.E., 37

Gault, U., 61–2, 153

Geddes, P., 71

gender

and anger
differences in expression, 152–7
titlement to, 147–9

internalizing or externalizing, 157–61

approaches to studying emotion and, 12–13, 25–6, 39–41, 80–3

emotional experience, 29–33, 41–2n.7–9

emotional expression, 33–9

understandings of emotion, 26–8
differences in entitlement, 150–1

“doing,” 43–4, 54–9, 170

emotion as gendered, 2–4

and beliefs about emotion, 49–54

lenses of, 171

link with sport, 108–11

nature of, 11–12, 19n.17, 54

and play, 103–8

and social identity, 111

and social meaning of emotion, 9–10, 11

and weeping, 125, 129, 161–5, 167n.20

see also difference model

gender identity, 12, 51–2

gender improvization, emotional practice as, 97–9

gender performance, 43–4, 54–5, 98

gender polarization, 171

gender schemas, 58, 59, 62, 63, 68n.29

gender stereotypes in advertising, 133–4

research on, 53

used by caregivers, 59

see also gendered emotion stereotypes

gender-coded behavior, 41

gender-coded beliefs about emotion, 45–9, 60, 64n.3

see also gendered emotion stereotypes

gendered emotion consequences

competition between emotional styles, 173–6

emotional appropriateness, 179–83

naming emotion, 176–9, 185–6n.4–6

learning and practicing, 57–9, 93, 103–8

gendered emotion stereotypes, 45–9, 64n.3

children’s use of, 47, 58–9
## Index

emotion master stereotype, 2–3, 11, 45, 50, 83–4, 119
female emotionality, 69, 70–8, 82–3
feminist theory, 14–15
historical contexts, 69–70
masculine inexpressivity, 118, 119–24
of nineteenth century, 69
complementarity of sexes, 69, 70–7
control of emotion, 77–80
in parenting, 95–6
perpetuation of, 171–2
reliance on, 27–8, 60–1
in self-reports, 30–1, 32–3
on television, 96–7
gentility, 74
gestures, 37–8
Gillis, J.R., 131–2
girls emotional socialization, 93
participation in sport, 90, 110
Giuliani, Rudolph, 184
Glenn, E.N., 147–8
Goleman, D., 182
Goncu, A., 101
Gore, A., 1, 2
Gottman, J.M., 102, 107, 154
Greenspan, P., 145–6
Gunn Gruchy, C.D., 153–4
Hall, G.S., 73, 75–6
Hall, J.A., 34
Hall, R., 100–1
Hastrup, J.L., 163
Hay, D.H., 156
Heavey, C.L., 154
Hochschild, A.R., 15, 112
Home Improvement, 133
homosexuality, 51, 65n.10
Hughes, L.A., 107
humanity, and emotion, 170–1, 183–4
Hutson-Comeaux, S.L., 28
ideal emotion, 84, 85, 126, 130
identity
core gender identity, 12
and educational emotion, 111–14
and gender performance, 54–5
role of emotion, 55–6
sex role identity, 51–2
see also emotional authenticity
identity narratives, emotion narratives as, 61–3
income, gender differences, 150–1
inexpressivity see masculine inexpressivity
information processing models, 7
instrumentality, 53, 67n.17
internalizing anger, 157–61
International Society for Research on Emotions (ISRE), 23
interpersonal context, 27, 98
Jacklin, C.N., 105
Jackets, M.B., 156
Jaggar, A.M., 158
James, W., 80–1, 87n.18, 87–8n.21
Jenkins, J., 5–6
Jerry Maguire, 126–30, 133, 137–8n.10–13
Johnson, J.T., 60–1
Johnson, M.M., 14–15
justice, anger as restoration, 144
Kalnok, M., 29
Katz, J., 98–9, 162
Kelly, J.R., 28
Kimmel, M.S., 136
Kippax, S., 61–2, 153
Kleck, R.E., 37
Kline, S., 97
Knight, Bob, 109
Kopp, B.A., 159
Kraemer, D.I., 163
Kring, A.M., 37
Kunin, Madeline, 161
L’Abate, L., 123
LaFrance, M., 34, 60
Lakoff, G., 144–5
Lamb, M.E., 131
Landrine, H., 49
language
emotion name-calling, 108
naming emotion, 176–9, 185–6n.4–6
plasticity of, 47–8
and self-control, 100–1
LaRossa, R., 134–5
Leaper, C., 177
Lederer, W., 120
legitimacy see emotional authenticity: entitlement
Lerner, H., 157
Levenson, R.W., 154
Levine, J.J., 144
Lewin, M., 67n.17
Lloyd, G., 70–1
Lovas, G.S., 156
Lutz, C., 9, 15
Lutz, T., 163
McAdams, D.P., 67n.22
Maccoby, E.E., 104–5
McConnell, R.W., 172
Mcdougall, W., 74
MacDowell, K.A., 48
Index

Major, B., 54, 98, 150–1
Malatesta, C.Z., 29
manly emotion, 173
changing nature of, 135–6
and competing emotional styles, 113–14, 119, 130–5, 174–5
in competitive sport, 90, 110–11
as ideal, 84, 85, 126, 130
in Jerry Maguire, 126–30, 137–8n.10–13
and weeping, 162, 164
Manstead, A.S.R., 35
marital interaction, 154–7
Marsiglio, W., 131, 132
Martin, C.L., 47, 58
Martineau, J., 75
masculine emotion
celebration of, 124–30
as ideal emotion, 84
New Fatherhood, 130–5, 136
passion, 72, 78–9, 80, 171
see also manly emotion
masculine inexpressivity, 118, 119–24
masculinity
defining, 173
emotion in coding of, 49–54, 64n.7, 65–6n.11
link with anger, 140, 146
link with sport, 90
negotiation of, 136
Masculinity/Femininity (M/F) scales, 50, 51, 52–3, 64n.7, 65–6n.11, 66n.14
maternal instinct, 75–6, 135
maturity (emotional), 93–4
Maybury, K.K., 156–7
memory, and self-reports, 31
memory-work, 61–2, 153
men
reason and emotion of, 72, 171
weeping, 125, 129, 161, 162–3, 164–5, 167n.20–1
Mehlendorf, M., 110
metabolic theory of sex differences, 71
Miles, C.C., 50
Miller, J.B., 152
“Miss Manners,” 145, 158
Morawski, J.G., 66n.15
Moskowitz, D.S., 60
Muncer, S., 160
Muskie, Edmund, 161, 164–5, 167n.21
name-calling, 108
naming emotion, 176–9, 185–6n.4–6
natural emotion, 84, 85
Neale, J.M., 37
neurobiology, 7
New Fatherhood, 17, 130–5, 136
newspapers and magazines, fatherhood
in, 132
nurturance
and extravagant emotion, 173, 174, 175
and New Fatherhood, 130–5
Oatley, K., 5–6, 176
occupational segregation, 150–1
Onyx, J., 61–2, 153
outlaw emotions, 158
parents
advice for, 64n.3, 92
emotional education by, 95–6, 115–16n.4–7
emotional expression of, 39
instincts of, 75–6, 135
see also fatherhood
Parker, J.G., 102, 107
Parsons, T., 67n.17
participants, in research, 26
passion, 72, 78–9, 80, 171
paternal instinct, 76
pat, gender differences, 150–1
peer groups, practicing emotion in, 57–8, 104–8
perceptiveness, 74
performance see doing emotion; doing gender; gender performance
Personal Attributes Questionnaire (PAQ), 66–7n.16
personality factors in emotional responses, 46–7
personality tests see Masculinity/Femininity scales
personality traits, and anger, 151–2
phenomenology, 7
physiological psychology, 69, 73–4
Plato, 3, 18n.4
play
practicing emotion in, 99–101
peer group play, 104–8
pretend play, 100, 101–4
politics
US presidential campaign, 1–2, 48
use of emotion language in, 48
and weeping, 125, 161, 164–5, 167n.20–1
power, anger and status, 144, 146–7
Power Puff Girls, 96–7
pretend play, 100, 101–4
priming, 148
Priscilla, Queen of the Desert, 43–4
protection of women by men, 76
psychology
neglect of social context, 24–5
physiological, 69, 73–4
Index

psychology of emotion, gender in, 12–13
psychopathology, 181

racial ethnicity, 24–5
and entitlement to anger, 147–8
and gender stereotypes, 49
and images of fatherhood, 131
Reagan, Maureen, 48
reason, and emotion, 72, 171
Replacements, The, 130
responsibility
for anger, 145–6
for masculine inexpressivity, 122–4
Reynolds, C., 105
Riggio, R.E., 37
rights see entitlement
Risman, B.J., 172
Robert Elsmere, 79
Robinson, M.D., 60–1
Ruiz-Belda, M.A., 36
rules, 56–7, 112
Rusbult, C.E., 155–6
Saarni, C., 56–7, 93–4, 159
Sackheim, H.A., 163
Schemas, 58, 59, 62, 63, 68n.29
Schroeder, Patricia, 125, 161, 164
self-control see control of emotion
self-presentation, practicing, 107–8
self-report, 29–33, 41–2n.7–9
on emotional expression, 37
on masculine inexpressivity, 120–1, 122
shaped by stereotypes, 60, 61
on women’s anger, 159
see also M/F scales
sentimentality, 75
September 11, 2001, 2, 125, 162, 183–4
sex, and gender, 11, 19n.17
sex differences
metabolic theory of, 71
see also difference model
sex role identity, 51–2
sex-segregated play, 104–7
“sexual inversion,” 51, 65n.10
Sharkin, B.S., 159
Sheldon, A., 57–8
Sherman, J.W., 148
Shields, S.A., 45–7, 48, 60–1
Simpson, O.J., trial of, 179, 186n.8
situational factors
in emotional responses, 47
in entitlement to anger, 151
see also social context
smiling, 38–9
Smith, D.A., 37
social class
and concepts of women, 74, 75, 76–7, 79
and emotional qualities, 149
and stereotypes of fatherhood, 131
social constructionism, 7, 100, 142
social context
of emotional expression, 34, 36–7
importance of, 27–8, 44–5
of masculine inexpressivity, 123
neglected in psychology, 24–5
see also situational factors
social identity, 25, 54, 55, 56, 175, 185
and emotional education, 111–14
social meaning of emotion, 9–11, 94, 165–6
social status
and anger, 146–9, 156–7
and emotional language, 179
socialization, 92–3, 97–8, 115n.2, 135–6
problems of masculine, 119, 122–3
see also emotional education
Socrates, 3, 16, 170
Solomon, R.C., 143, 166n.3
Spence, J.T., 12, 53, 54, 67n.20
Spencer, H., 75, 78, 82–3, 87n.21
Spielberger, C.D., 151
sport, 89–90, 108–11, 117–18
standards of emotion, 91
see also emotional appropriateness; rules
State-Trait Anger Expression Inventory (STAXI), 151
Stearns, C.Z., 145, 166n.6
Stearns, P.N., 145, 166n.6
Steil, J.M., 155
Stein, N.L., 144
Steinem, Gloria, 48
stereotypes, 3
as cognitive shortcut, 60–1
priming in study of, 148
see also gender stereotypes; gendered emotion stereotypes
Sternberg, C.R., 139, 142, 165
Stoppard, J.M., 122, 153–4
Stroessner, S.J., 148
Super Bowl, 117, 136–7n.2
Sutherland, A., 76
Tavris, C., 166n.2
tears see weeping
telegraphed emotion see manly emotion television and film
anger in, 151, 158
emotional authenticity in, 169
fatherhood in, 133–4
gender performance in, 43–4
gender stereotypes in, 96–7
manly emotion in, 126–30, 137–8n.10–13
Index

Terman, L.M., 49–51, 65n.9–10
Thoits, P., 181
Thomas, S.P., 152, 154–5, 159
Thomson, J.A., 71
Thorne, B., 106–7
Tiedens, L.Z., 147
toys, 55, 103–4
traits, and entitlement to anger, 151–2
typical emotion, 84
uncontrollability of anger, 144–5
universality of anger, 143–4
Utku culture, 177
Vannoy, D., 171–2
variability hypothesis, 71
Walker, A., 71
Walster, E., 166n.1
Weber, H., 152
weeping, 125, 129, 161–5, 167n.20, 168n.25
West, C., 43
Who Wants to Be a Millionaire?, 169
Wilcox, E.W., 77
Winfrey, Oprah, 2, 17–18n.2
withdrawal strategy, 154, 155
women
emotional double bind for, 174–6
female emotionality, 69, 70–8, 82–3
participation in sport, 90, 110
self-reports on anger, 159
weeping, 125, 161–2, 163
women’s conduct manuals, 77
Woolley, H.T., 39
work
emotion management at, 175–6
pay differences, 150–1
Wundt, W., 80
Wyer, N.A., 148
Yaeger, M., 43
Zimmerman, D.H., 43