Modelling and Managing the Depressive Disorders
A Clinical Guide
Gordon Parker
and Vijaya Manicavasagar
Both from the University of New South Wales, Sydney

The DSM and ICD mental illness classificatory systems define mood disorder as essentially a single condition varying only by severity; however, there are major problems with this approach. In this book, Gordon Parker and Vijaya Manicavasagar expose the weaknesses in the existing models, and describe a new approach to sub-typing and managing depression based on there being some specific defined manifestations, including melancholia and psychotic depression, as well as versions of the condition highly dependent on life stresses and personality styles.

Features
- Challenges the existing thinking on depression
- Describes a new framework for understanding and treating this range of related disorders
- Written in an entertaining and practical style supplemented with colourful and clear illustrative content

July 2005   231pp   71 illustrations
978 0 521 67144 6   (0 521 67144 2) • PB • £30.00

Evidence-based Psychopharmacology

Edited by Dan J. Stein
University of Stellenbosch, South Africa
Bernard Lerer
Hadassah - Hebrew Medical Center, Jerusalem, Israel
and Stephen M. Stahl
University of California, San Diego, USA

Presenting a comprehensive overview of recent advances in evidence-based pharmacological treatment of psychiatric disorders. There have been very significant developments in our understanding of the methods for systematically reviewing literature, assessing clinical trials and optimising decision making. The book explores these issues and applies the lessons learned to the practical management of major psychiatric conditions, addressing issues such as selecting the best first-line psychopharmacological intervention for a particular disorder, how long a particular intervention should be continued, and identifying the next-best treatment strategy should the first agent fail.

Features
- Presents an evidence-based approach to clinical psychopharmacology
- Covers the major psychiatric disorders
- Addresses initial medications and the treatment of resistant patients

August 2005   350pp
978 0 521 53188 7   (0 521 53188 7) • PB • £35.00
978 0 521 82481 1   (0 521 82481 8) • HB • £70.00
Reducing the Stigma of Mental Illness
A Report from the Global Programme of the World Psychiatric Association
Norman Sartorius
Université de Genève, Switzerland
and Hugh Schulze
In 1996, a unique international programme was undertaken to fight the stigma and discrimination because of schizophrenia. This book tells the story and results of nearly a decade of work in 20 countries to fight the debilitating stigma of mental illness. From changing the word for 'schizophrenia' in Japan to instituting the first non-governmental organization dedicated to the stigma associated with mental illness in Turkey, the book describes real results that are being achieved by the global programme of the World Psychiatric Association.

Features
• Provides insights into one of the first global initiatives to fight the stigma associated with mental illness
• Unique collaborative efforts of those living with mental illness and their families with psychiatrists and other healthcare workers, journalists, government and non-government agencies
• Specific learning points and recommendations from 20 different countries

Fighting for Mental Health
A Personal View
Norman Sartorius
University of Geneva, Switzerland
These essays range from trenchant critiques to more light-hearted pieces, but all point to the core concerns for worldwide mental health programmes today. This is a book that every psychiatrist will wish to own, both as a survey of current debates in their discipline, and a reflection of one of the sharpest minds brought to bear upon them.

‘This book is a delight to read. By one of our leading international psychiatrists, it brings both wisdom and knowledge to bear on many key issues that the mental health movement currently faces … this is a book to savour: it is enjoyable as a straight read … but it is also a book for the bedside, to dip into from time to time … this book is contemporary and inspiring, challenging psychiatrists to become more involved with the wider contextual milieu in which we operate.’

BRITISH JOURNAL OF PSYCHIATRY

Features
• Written by one of the most important and best-loved psychiatrists alive today
• Accessible and entertaining writing, ranging from stern critiques to anecdote

Terrorism and Disaster
Individual and Community Responses to Trauma
Edited by Robert Ursano, Carol S. Fullerton and Ann E. Norwood
All from the Uniformed Services University of the Health Sciences, Bethesda, USA
This book follows on from Ursano et al.’s earlier title Individual and Community Responses to Trauma and Disaster to expand the focus on terrorism. There is widespread belief amongst professionals that terrorism (and torture) produce the highest and most diffuse rates of psychiatric sequelae of all the types of disaster. In this book the world’s experts assess the lessons learned from the most recent atrocities.

Features
• Cutting-edge, expert account of the lessons learned from the most recent terrorist attacks
• Looks at prevention, intervention, the impact of leadership and the effects of contamination
• Examines the similarities and the differences between the effects of different types of disaster

‘Comprehensive, scholarly, gripping reading. This is a SUPERB book. This volume is the most comprehensive, scholarly and well-done book covering the entire range of traumata and disasters … Material never before presented in such a readable and definitive form.’

MARGARET T. SINGER

2005   250pp   15 illustrations
978 0 521 54943 1 (0 521 54943 4) • PB • £30.00

2002   266pp   26 illustrations
978 0 521 54943 4 (0 521 54943 4) • HB • £35.00

2003   364pp   49 illustrations
978 0 521 53345 4 (0 521 53345 7)
• PB and CD Rom • £40.00
978 0 521 82606 8 (0 521 82606 3)
• HB and CD Rom • £110.00
Bioterrorism

Psychological and Public Health Interventions
Edited by Robert J. Ursano, Ann E. Norwood and Carol S. Fullerton
All from the Uniformed Services University School of Medicine, Bethesda MD, USA

After the sarin gas attack on the Tokyo subway system in 1995 just 12 people died but more than 5000 sought medical care for possible exposure. Bioterrorism can create chaos and disruption on a national and international scale. Moreover, it is believed to incur the most devastating psychological sequelae of all disasters and terrorist events. Planning and pre-disaster exercises are essential for allocating resources and devising effective mental health interventions. Includes two CDs showing an international panel of experts discussing how best to plan for a bioterrorist event.

Features
• The only book specifically about bioterrorism
• Written by experts in the forefront of public health policy planning for terrorism and bioterrorism in particular
• Includes two CDs showing an international panel of experts discussing and teaching how best to plan for a bioterrorist event

2004 375pp 41 illustrations
978 0 521 81472 0 (0 521 81472 3) • HB and CD Rom • £70.00

Textbook New Edition

The Brain and Behavior
An Introduction to Behavioral Neuroanatomy
Second edition

David Clark
Ohio State University
Nashaat Boutros
Yale University, Connecticut, USA
and Mario Mendez
University of California, Los Angeles, USA

This new edition builds on the success of the previous edition and retains the core aim of providing an accessible introduction to behavioral neuroanatomy. The text is presented in a highly structured and organised format to help the reader distinguish between issues of anatomical, behavioural and physiological relevance. Simplified and clear diagrams are provided throughout the chapters to illustrate key points. Case examples are explored to set the neuroanatomy in the context of clinical experience.

Features
• Easily accessible for students and clinicians
• Covers basic brain-behaviour anatomy
• Integrates relevant vignettes that illustrate the behavioural consequences of brain lesions

September 2005 300pp 103 illustrations
978 0 521 54984 4 (0 521 54984 1) • PB • £35.00
978 0 521 84050 7 (0 521 84050 3) • HB • £70.00

Bipolar Disorders

Mixed States, Rapid Cycling and Atypical Forms
Edited by Andreas Marneros
Martin Luther-Universität Halle-Wittenburg, Germany
and Frederick Goodwin
George Washington University Medical Centre, Washington DC, USA

Bipolar disorder manifests itself in a variety of forms. It can coexist with other psychiatric conditions, and treatment efficacy can depend on the type of bipolar state. This book covers the full range of atypical, rapid cycling and transient forms of bipolar disorder, from atypical and agitated depression to schizoaffective mixed states. The most recent ICD category is covered, and the authors also look at the biology and genetics of bipolar disorder, along with issues relating to age (children and the elderly), comorbidity, choice of drug treatment and investigational strategies.

Features
• Brings together all of the current research contextualised with directions for treatment, prevention, genetics, prognosis and diagnosis
• Written by an international team of experts
• Covers the most recent ICD classification and looks at the relationship between these forms of bipolar disorder and age, particularly ADHD in children and adolescents

August 2005 352pp 133 illustrations
978 0 521 83517 6 (0 521 83517 8) • HB • £65.00
Stress, the Brain and Depression
H. M. van Praag
Universiteit Maastricht, Netherlands
E. R. de Kloet
Universiteit Leiden, Netherlands
and J. van Os
Universiteit Maastricht, Netherlands

‘In shedding light on the causal and temporal relationships between stress and depression the authors also show their extensive knowledge. Their thought provoking presentation of the history of psychiatric classification is a refreshingly welcome overview, punctuated with scepticism regarding the ‘nosologomania in psychiatry.’ The detailed information is systematically presented; and each chapter builds towards (preliminary) conclusions, making this complex topic relatively easy to understand …’

BRITISH MEDICAL JOURNAL
2004 296pp 81 illustrations
978 0 521 62147 2 (0 521 62147 X) • HB • £65.00

Catatonia
A Clinician’s Guide to Diagnosis and Treatment
Max Fink
State University of New York, Stony Brook, USA
and Michael Alan Taylor

‘… an excellent book on catatonia. The book is a very interesting and clinically relevant review of the authors’ extensive experience in the research and treatment of this neuropsychiatric illness … Authors Fink and Taylor provide us with valuable clinical experience and information for an improved understanding and a more effective treatment of this form of psychosis.’

PSYCHOLOGICAL MEDICINE
2003 274pp 33 illustrations
978 0 521 82226 8 (0 521 82226 2) • HB • £60.00

Disorders of Brain and Mind
Volume 2
Edited by Maria A. Ron
Institute of Neurology, London, UK
and Trevor W. Robbins
University of Cambridge, UK

This authoritative book details the most recent advances in clinical neuroscience, from neurogenetics to the study of consciousness.

2003 492pp 40 illustrations
978 0 521 00456 5 (0 521 00456 X) • PB • £50.00

Disorders of Brain and Mind
Volume 1
‘This is without doubt the best introduction to neuroscience for psychiatrists.’

BRITISH JOURNAL OF PSYCHIATRY
1999 388pp 25 illustrations
978 0 521 77851 0 (0 521 77851 4) • PB • £35.00

Forthcoming
Adolescent Substance Abuse
Treatment Development and Implementation
Howard A. Liddle
University of Miami School of Medicine
Cynthia L. Rowe
University of Miami School of Medicine

Adolescent drug abuse is one of the most challenging disorders to treat. It impacts on schools, community-based programs, mental health and medical facilities, and juvenile justice settings. This book provides practitioners, program developers and policy makers with the most up-to-date and practical information for improving outcomes in adolescent substance abuse. The authors cover a range of issues, including empirically-based treatment development protocols; how to incorporate innovative treatment models into diverse clinical settings; research advances; interventions with special populations; culturally based intervention guidelines, and recommendations for practice and policy.

Features
• Covers the development and implementation of empirically based treatment protocols
• Provides the most up-to-date methods for improving outcomes in adolescent substance abuse
• Discusses interventions with special populations, culturally based interventions and evidence-based practice and policy recommendations

December 2005 512 pp 30 illustrations
978 0 521 82358 6 (0 521 82358 7) • HB • £60.00

ADDICTION
The Treatment of Drinking Problems
A Guide for the Helping Professions
Fourth edition
Griffith Edwards
National Addiction Centre, London, UK
E. Jane Marshall
South London NHS & Maudsley NHS Trust, UK
and Christopher C. H. Cook
University of Kent, Canterbury, UK

The Treatment of Drinking Problems has become, over the past twenty years, the definitive text in its field. Internationally acclaimed and translated into six languages, it is the most authoritative source book for the treatment of alcohol problems for all professionals who encounter them.

Review from third edition
‘… a classic… I regard this book as the best overview on the subject for practitioners who wish to understand and help people with alcohol problems … a unique perspective … elegant and succinct prose, … an absolute must to read.’

THE LANCET

2003   428pp   46 illustrations
978 0 521 01714 5   (0 521 01714 9) • PB • £35.00

Treatment Matching in Alcoholism
Edited by Thomas F. Babor
University of Connecticut, USA
and Frances K. Del Boca
University of South Florida, USA

Edited by the principal investigators, this is the first comprehensive report of Project MATCH, the largest treatment study ever conducted with alcoholics. It describes the rationale, methods, results and implications of the study, and presents new findings about how treatment works, for whom it is most effective, and who does best in different kinds of treatment.

‘… a well-written, highly accessible record of the conduct of, and findings from, a landmark alcohol treatment research project. the volume provides thoughtful, tempered consideration of the implications of Project MATCH’s findings for clinical practice and research.’

ADDICTION

2002   292pp   36 illustrations
978 0 521 65112 7   (0 521 65112 3) • HB • £60.00

Drugs and Addictive Behaviour
A Guide to Treatment
Third edition
Hamid Ghodse
Saint George’s Hospital Medical School,
University of London, UK

This completely revised and updated third edition presents a comprehensive, international overview of substance misuse and dependence.

‘… well researched, thorough and logically ordered.’

DRUG AND ALCOHOL REVIEW

2002   520pp   62 illustrations
978 0 521 00001 7   (0 521 00001 7) • PB • £45.00
978 0 521 81354 9   (0 521 81354 9) • HB • £80.00

Schizophrenic Speech
Making Sense of Bathrooms and Ponds that Fall in Doorways
Peter J. McKenna
Cambridge Health Authority, UK
and Tomasin M. Oh
University of Singapore

Reviews our knowledge of the incoherent speech which can present as a symptom of schizophrenia. This is one of the most researched symptoms in the disorder. The content covers clinical presentation, differential diagnosis and the theories proposed to account for the symptom in these ‘thought disordered’ patients, ranging from the psychoanalytic to there being a form of aphasia involved. The book is unique in its ability to apply linguistic and neuropsychological approaches to the understanding of this condition.

Features
• First book on the topic to feature collaboration between a psychiatrist and a linguist
• Up-to-date account of the neuropsychology of schizophrenia
• Accessible to non-specialists, including those without linguistic knowledge

2005   220pp   28 illustrations
978 0 521 81075 3   (0 521 81075 2) • HB • £55.00
The Self in Neuroscience and Psychiatry
Edited by Tilo Kircher
Eberhard-Karls-Universität Tübingen, Germany
and Anthony David
Institute of Psychiatry, London, UK
In recent years neuroscience has contributed important insights to the concept and construction of the self from conditions, such as schizophrenia, in which the self becomes disordered and can be studied against healthy controls through experiment, building cognitive models of how the mind works, and imaging brain states. This book focuses on current models of self-consciousness from the neurosciences and psychiatry. These are set against introductory essays describing the philosophical, historical and psychological approaches, making this a uniquely inclusive overview.

Features
• Encompasses an extensive review of current scientific and clinical approaches to consciousness and self-consciousness
• Focuses on pathological states of self-consciousness, such as schizophrenia and disordered mental states

Acute and Transient Psychoses
Andreas Marneros and Frank Pillmann
Both from Martin Luther-Universität Halle-Wittenburg, Germany
Brief and acute psychotic disorders with a short duration and a generally good prognosis have long intrigued psychiatrists. Although they are included in internationally accepted diagnostic systems, understanding of these disorders remains minimal. This book is a comprehensive overview of the clinical features, biology, course and long-term outcome of brief and acute psychoses. The authors also address the nosological status of brief and acute psychoses and their impact on our understanding of the continuum of psychotic and affective disorders.

Features
• Covers all aspects of acute and transient psychoses, from history of diagnosis to prognosis and treatment
• Incorporates data from the biggest longitudinal study
• Examines the impact of these disorders on general understanding of the psychotic disorders

The Epidemiology of Schizophrenia
Edited by Robin M. Murray
Institute of Psychiatry, London, UK
Peter B. Jones
University of Cambridge, UK
Ezra Susser
Columbia University, New York, USA
Jim Van Os
Maastricht University, Netherlands
and Mary Cannon
Institute of Psychiatry, London, UK
A comprehensive, epidemiological overview of this multi-faceted and still perplexing disorder. Controversial issues on the nature and cause of schizophrenia are explored in depth, and separate chapters are devoted to topics such as suicide, violence and substance abuse, new prospects for treatment and prevention.

Women and Schizophrenia
Edited by David J. Castle
Mental Health Research Institute Victoria, Australia
John McGrath
Wolston Park Hospital, Queensland, Australia
and Jayashri Kulkarni
Dandenong Area Mental Health Service, Australia
An examination of the biological, endocrinological, epidemiological, reproductive, psychological and social aspects of schizophrenia as experienced by women. Sex-specific issues are assessed and their therapeutic and clinical implications evaluated.

“… an excellent presented example of the benefits of taking a view of psychiatry that is neither gender-blind nor using the male as prototypical … a well-edited and readable little book.”

Neurodevelopment and Schizophrenia
Edited by Matcheri Keshavan
University of Pittsburgh, USA
and James Kennedy
Clarke Institute of Psychiatry, Toronto, Canada
Robin Murray
Institute of Psychiatry, London, UK
Over the past decade, developmental neurobiology has made important strides towards elucidating the pathophysiology of psychiatric disorders. Nowhere has this link between basic science and clinical insights become clearer than in the field of schizophrenia research. In this volume, the editors bring together some of the most active investigators in this field. Each contributor provides a state-of-the-art overview of the relevant research, including directions for further investigation.

Features
• Focuses on a serious and debilitating condition
• Extensively referenced
Circles of Recovery
Self-help Organizations for Addictions
Keith Humphreys
Stanford University School of Medicine, California, USA
Self-help organizations across the world have attracted tens of millions of individuals seeking to address addiction problems with drugs or alcohol. This book provides an integrative, international review of research on these organizations, focusing on efficacy, how they affect individual members and whether self-help groups and formal health care systems can work together to combat substance abuse.

‘This book presents a clear and comprehensive international overview of the history of self-help groups and the evidence for their efficacy in recovery … This book is a must read for all addiction professionals as well as all other mental health professionals who encounter substance abuse problems in their clients.’

2003 238pp
978 0 521 79277 6 • HB • £55.00

Marijuana and Madness
Psychiatry and Neurobiology
Edited by David Castle
Mental Health Research Institute, Melbourne, Australia
and Robin Murray
Institute of Psychiatry, London, UK
A comprehensive and up-to-date overview of the psychiatry and neuroscience of Cannabis sativa (marijuana) with particular emphasis on psychotic disorders. It outlines the very latest developments in our understanding of the human cannabinoid system, and links this knowledge to clinical and epidemiological facts about the impact of cannabis on mental health. Controversial issues are critically explored, including whether a discrete ‘cannabis psychosis’ exists.

‘I believe the book is a must even for the smallest institutional mental health or drug dependency services library. Individual practitioners specialising in drug problems and those specialising in schizophrenia would do well to have their own copies.’

2004 234pp 24 illustrations
978 0 521 81940 4 • HB • £45.00

Preventing Intellectual Disability
Ethical and Clinical Issues
Pekka Louhiala
University of Helsinki, Finland
Comprehensively covers the difficult ethical issues involved in prevention of intellectual disability (ID). These issues are discussed practically and theoretically in the light of four real cases. The cases cover the definition of ID, epidemiology, screening, and genetic counselling. Reproductive autonomy and public health models are scrutinised, and the practical issues of prevention are examined closely with respect to three syndromes. The question ‘Why should intellectual disability be prevented?’ is raised throughout.

Features
• Written by an author who is both a paediatrician and a philosopher
• Begins and ends with real-life cases
• Practical and comprehensive

2003 182pp 10 illustrations
978 0 521 53371 3 • PB • £30.00
978 0 521 82633 4 • HB • £70.00

The Recognition and Management of Early Psychosis
A Preventive Approach
Edited by Patrick D. McGorry
Centre for Young People's Mental Health, Melbourne, Australia
and Henry J. Jackson
University of Melbourne, Australia
Foreword by Carlo Perris
‘This is an excellent, clearly written text, liberally interspersed with informative case studies and clear diagrams which help to illustrate conceptual issues. …I am sure it will become a classic text and do much to inspire other workers to set up early intervention programmes and hence play a part in helping to ease the plight of young people with psychosis. …no department of psychiatry or clinical psychology, or community health team, should be without a copy.’

1999 524pp 49 illustrations
978 0 521 55383 4 • HB • £60.00

DEVELOPMENTAL DISORDERS
Cognitive Therapy across the Lifespan
Evidence and Practice
Edited by Mark A. Reinecke
Northwestern University Medical School, Illinois, USA
and David A. Clark
University of New Brunswick, Canada
Foreword by Aaron Beck
Presenting a balanced and critical overview of the evidence in support of the effectiveness of cognitive-behavioral approaches to treating clinical problems across the lifespan. An International team of experts analyse the cognitive models of psychopathology on which these treatments are based, and identify the clinical and conceptual problems, giving specific recommendations for addressing them. The range of disorders covered includes depression, anxiety, panic disorder, schizophrenia, OCD, personality disorders, eating disorders, post-traumatic stress disorder, conduct problems and addiction.

‘...an excellent introduction to the field ... Perhaps the most important contribution of this volume, however, is found in the discerning, critical stance taken by the contributors. ... This book unflinchingly examines the strengths and weaknesses of cognitive approaches to psychotherapy and the empirical foundations on which they stand. ... This is a remarkable and valuable volume.’
AARON T. BECK
2003 548pp 14 illustrations
978 0 521 53377 5 (0 521 53377 5) • PB • £38.00
978 0 521 65109 7 (0 521 65109 3) • HB • £80.00

A Guide to Asperger Syndrome
Christopher Gillberg
University of Göteborg, Sweden
An accessible handbook for all those touched by Asperger syndrome, one of the most common variants of disorders in the so-called autism spectrum. Christopher Gillberg, a world-renowned authority in the field, gives an in-depth account of symptoms, diagnosis, prevalence, background factors, prognosis and intervention. This book is intended for a wide readership, including those affected, their families, and clinicians.

‘...the authors’ commitment to the people with autism whom they treat and with whom they work is an inspiration to all readers.’
JOURNAL OF AMERICAN ACADEMY OF ADOLESCENT PSYCHIATRY
2002 188pp 7 illustrations
978 0 521 00183 0 (0 521 00183 8) • PB • £22.99

The Social Construction of Intellectual Disability
Mark Rapley
Murdoch University, Western Australia
Intellectual disability is usually thought of as a form of internal, individual affliction, little different from diabetes, paralysis or chronic illness. This study shows that what we usually understand as being an individual problem is actually an interactional, or social, product.

‘The book presents a timely challenge to our profession. Mark Rapley’s writing just gets better: make sure you get the chance to learn from him.’
CLINICAL PSYCHOLOGY
2004 258pp
978 0 521 80900 9 (0521809002) • HB • £40.00
978 0 521 00529 6 (0521005299) • PB • £17.99

Parental Psychiatric Disorder
Distressed Parents and their Families
Second Edition
Edited by Michael Göpfert
Webb House Democratic Therapeutic Community, Crewe, UK
Jeni Webster
5 Boroughs Partnership, Warrington, UK
and Mary V. Seeman
University of Toronto, Canada
It is indisputable that mental illness in a parent has serious and often adverse effects on the child, something which is surprisingly unreflected in clinical service provision. In this completely rewritten new edition, an international, multidisciplinary team of professionals review the most up-to-date treatment interventions from a practical, clinical point of view.

Review from first edition
‘A unique and innovative approach to family issues in psychiatric disorders ... a major contribution to the field.’
HARVARD MEDICAL SCHOOL
Features
• An interdisciplinary and international account of a difficult and neglected problem area
• Includes the viewpoints of both children and adults with case studies and reports
• Provides guidance for ethical practice in marginal cases
2004 422pp 14 illustrations
978 0 521 53497 0 (0 521 53497 6) • PB • £40.00

Autism and Asperger Syndrome
Edited by Uta Frith
MRC Cognitive Development Unit, London, UK
Is Asperger syndrome a syndrome in its own right or is it a form of autism? This book gives the first coherent account of Asperger syndrome as a distinct variant of autism and will undoubtedly cause a good deal of debate.

1991 257pp
978 0 521 00183 0 (0 521 38608 X) • PB • £23.99
Prader-Willi Syndrome
Development and Manifestations
Joyce Whittington and Tony Holland
Both from University of Cambridge, UK

Prader-Willi syndrome (PWS) is associated with an assortment of physical, behavioural and cognitive abnormalities creating a broad range of interdisciplinary care needs. In this book the authors identify and integrate the latest findings about how best to manage the complex medical, nutritional, psychological, educational, social and therapeutic needs of people with PWS. Both have been involved in the Cambridge PWS study, which is the largest and most rounded of the cohort studies of PWS anywhere in the world. The unique data it provides is the basis of this book.

Features
• Describes findings based on a unique, genetically proven, population-based sample
• Integrates the findings from different areas of research into new theories about the syndrome
• Tony Holland is known worldwide for his work in this area

2004 230pp 53 illustrations
978 0 521 84029 3  (0 521 84029 5) • HB • £60.00

Medical Management of Eating Disorders
C. Laird Birmingham
University of British Columbia, Vancouver, Canada
and Pierre Beumont
University of Sydney, Australia

This is a practical guide to the medical complications and treatment of anorexia nervosa and related eating disorders. The principles and practice of treatment are fully covered including medical and nutritional therapies. Psychiatric and psychological issues are also addressed and provide details of specific psychological therapies. The text is supplemented with diagnostic colour photographs of important physical manifestations of eating disorders. Although the text is suitable for all health care professionals looking after these patients, special information is provided for general practitioners, nursing staff, family carers and the patients themselves.

Features
• Full of very practical advice on how to administer the best care for these patients, and how to overcome and avoid potentially serious medical complications
• Provides guidance on looking after special categories of patients: with diabetes mellitus, during pregnancy, in adolescents, and male patients
• Eleven full colour photographs of the physical manifestations of eating disorders that will help the reader identify physical signs

2004 200pp 22 illustrations
978 0 521 54662 1  (0 521 54662 1) • PB • £35.00

Forthcoming

Psychodermatology
The Psychological Impact of Skin Disorders
Edited by Carl Walker and Linda Papadopolous
Both from the London Guildhall University, UK

Psychodermatology covers all aspects of how the mind and body interact in relation to the onset and progression of various skin disorders. This book is the first text written by a multidisciplinary team of psychiatrists, psychologists, child specialists and dermatologists for all the health professionals who treat patients with skin problems. They cover a broad range of issues affecting these patients, including: stigma, coping, relationships, psychological treatments, the impact on children, comorbidities, psychoneuroimmunology, quality of life and psychological treatments.

Features
• The first multidisciplinary text to cover the body-mind interactions affecting skin disease
• Written for all health professionals working with patients with skin diseases
• Takes a broad-ranging approach from psychoneuroimmunology to dealing with stigma

2005 196pp 5 illustrations
978 0 521 54229 6  (0 521 54229 4) • PB • £30.00

PSYCHODERMATOLOGY
Cognitive Behaviour Therapy for Children and Families
Second edition
Edited by Philip J. Graham
Institute of Child Health, University College London, UK

Entirely revised and augmented with 11 new chapters, the authors build strongly on the aims of the previous edition to provide the latest scientific validation of cognitive behaviour therapy with practical treatment guidance for professionals working with disturbed children. Coverage ranges from school refusal to eating and sleeping disorders and substance abuse. It will be invaluable to clinicians providing psychological treatment for children and families.

From a review of the first edition:
‘... impressive ... this book is likely to be read and consulted widely.’

BEHAVIOUR RESEARCH AND THERAPY

Features
• Completely revised and rewritten, with 11 entirely new chapters
• Describes ways in which Cognitive Behaviour Therapy can be combined with other treatments
• Covers a broad range of disorders

Psychotherapy and Counselling in Practice
A Narrative Framework
Digby Tantam
University of Sheffield, UK

The many different therapeutic models in use today can lead to blind spots in clinical practice. This important book gives a balanced synthesis, based on actual cases, evidence, practice and experience, to describe the process of psychotherapy and identify the fundamental elements that lead to good outcome across all its schools.

‘I highly recommend this book for its non-intimidating style, portability and humanitarian approach to both short-term and long-term therapy. I would consider it valuable reading for the current psychiatric syllabus.’

DOCTORS.NET

Somatoform Disorders
A Medicolegal Guide
Michael Trimble
Institute of Neurology, London, UK

People with somatoform disorder present with a range of symptoms that typically last for years and can’t be traced to a specific physical cause. Such symptoms may range from frequent headaches to gastrointestinal problems. This book is an in-depth, clinically orientated review of somatoform disorders and related clinical presentations (such as chronic fatigue syndrome) and how they present in a medico-legal setting. It is aimed at both clinicians and lawyers who deal with injury claims where these disorders impact much more frequently than is generally recognised.

‘Trimble’s literary references and clear, witty prose make this book easy and even entertaining to read ... the points he makes on somatoform disorders in general are of value to all practitioners, and his perspective on medical reports and expert evidence are of especial value.’

IRISH MEDICAL LAW AND ETHICS E-BULLETIN

The Neuropsychiatry of Epilepsy
Edited by Michael R. Trimble
Institute of Neurology, London, UK
and E. Bettina Schmitz
Humboldt-Universität, Berlin, Germany

A multi-national team of experts review and explore the interface between epilepsy and behaviour disorders. They begin by looking at how adequate existing classifications are for defining the subtleties of behavioural changes in patients with neurological disorders. Coverage is broad-ranging and offers both a diagnostic and management perspective.

‘... this book serves to show the huge possibilities for research in this fascinating area of neurology, with implications for our understanding of epilepsy and other affective disorders and better treatment of patients in the future.’

THE LANCET

PSYCHOLOGICAL THERAPY

NEUROPSYCHIATRY
Velo-cardio-facial Syndrome
A Model for Understanding Microdeletion Disorders
Edited by Kieran Murphy
Education and Research Centre, Royal College of Surgeons of Ireland
and Peter Scambler
Institute of Child Health, University College London, UK

Authored by leading international VCFS clinicians and researchers, this book is the first to comprehensively describe the major systems affected. The focus is on clinical issues with chapters devoted to psychiatric disorders, neuroimaging, speech and language disorders, as well as cardiac, ENT, gastrointestinal, ophthalmic and urological manifestations. Molecular genetics, immune-deficiency and genetic counselling are also covered and practical approaches to diagnosis and treatment described. As VCFS is seen as a paradigm for other microdeletion disorders this book will appeal to a wider audience than the clinicians seeing VCFS patients.

Features
• First book on velo-cardio-facial syndrome (VCFS)
• Contributions from leading international VCFS researchers
• Describes a model for understanding other microdeletion disorders

July 2005 256pp 91 illustrations 978 0 521 82185 8 (0 521 82185 1) • HB • £65.00

Insomnia
Principles and Management
Edited by Martin P. Szuba
University of Pennsylvania, USA
and Jacqueline D. Kloss
Drexel University, Philadelphia, USA
David F. Dinges
University of Pennsylvania, USA

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