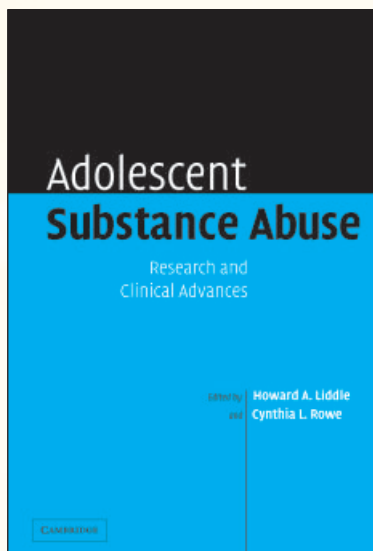


Addiction



Adolescent Substance Abuse

Research and Clinical Advances

Edited by

Howard A. Liddle
and Cynthia L. Rowe

Both from the University of Miami
School of Medicine, USA

Adolescent drug abuse is one of the most challenging disorders to treat. It impacts on schools, community-based programs, mental health and medical facilities, and juvenile justice settings. This book provides

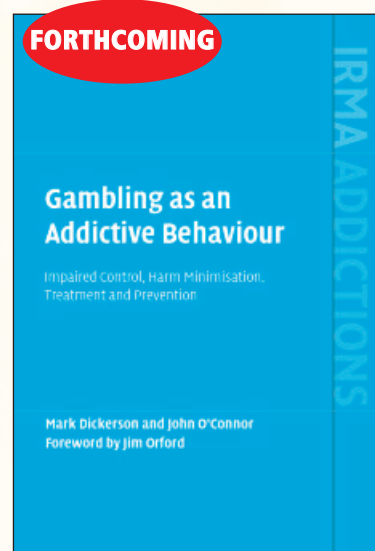
practitioners, program developers and policy makers with the most up-to-date and practical information for improving outcomes in adolescent substance abuse. The authors cover a range of issues, including how to incorporate innovative treatment models into diverse clinical settings; research advances; interventions with special populations; culturally based intervention guidelines, and recommendations for practice and policy.

Features

- Covers the development and implementation of empirically based treatment protocols
- Provides the most up-to-date methods for improving outcomes in adolescent substance abuse
- Discusses interventions with special populations, culturally based interventions and evidence-based practice and policy recommendations

Contents: **Part I. Theoretical, Empirical, and Methodological Foundations for Adolescent Substance Abuse Treatment Research:** 1. The developmental context for adolescent substance abuse intervention; 2. Recent methodological and statistical advances in substance abuse treatment research; 3. Clinical course of youth following treatment for alcohol and drug problems; 4. Cannabis youth treatment: preliminary findings and implications; **Part II. Practice and Policy Trends in Adolescent Substance Abuse Treatment:** 5. Epidemiological trends and clinical implications of adolescent substance abuse in Europe; 6. The drug abuse treatment outcomes studies: outcomes with adolescent substance abusers; 7. Adolescent treatment services: the context of care; 8. The principles of service organisation and practice in England; 9. Health services with drug abusing adolescents: the next frontier of research; **Part III. Comprehensive Assessment and Integrative Treatment Planning with Adolescent Substance Abusers:** 10. Assessing adolescent drug abuse: clinical strategies; 11. Psychopharmacology of adolescents with substance use disorders: using diagnostic specific treatments; 12. Adolescent substance use disorders and comorbid conditions: developmentally informed diagnostic and treatment considerations; 13. HIV/AIDS and adolescent substance abuse; **Part IV. Empirically Based Interventions for Adolescent Substance Abuse: Research and Practice Implications:** 14. Adolescent therapeutic communities: future directions for practice and research; 15. School-based group treatment for adolescent substance use problems; 16. Profiles of change in behavioral and family interventions for adolescent substance abuse and dependence; 17. Behavioral management approaches for adolescent substance abuse; 18. Evidence-based cognitive-behavioral therapies for adolescent substance use disorders: review applications and challenges; **Part V. Culturally Based Treatment Development for Adolescent Substance Abusers:** 19. Family-centered treatment for American Indian adolescent substance abuse: toward a culturally and historically informed strategy; 20. Using treatment development methods to enhance the family-based treatment of Hispanic adolescents; 21. The road ahead: building on accomplishments and facing challenges to advance the science and practice of adolescent substance abuse treatment.

Feb 2006 512pp 30 illustrations
978 0 521 82358 6 (0521 82358 7) Hardback £65.00



Gambling as an Addictive Behaviour

Impaired Control, Harm Minimisation, Treatment and Prevention

Mark Dickerson
and John O'Connor

Both at the University of Western
Australia, Perth

'If thinking about addiction is going to change, the study of excessive gambling is likely to be one of the richest sources of new ideas.' (Jim Orford).

In this book the authors present

the most recent and evolving research into gambling, showing the psychological variables that govern the erosion or maintenance of self-control over gambling behaviour. These studies provide an empirical basis for a model of impaired control of gambling. Impaired control, in its broadest sense, is considered to be the defining psychological construct of all the addictive behaviours and occupies a central position in conceptualising the addictive aspects of gambling.

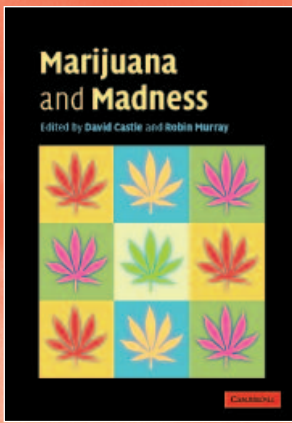
Features

- Focuses on impaired control in ordinary regular gamblers rather than just on pathological gamblers
- Presents the new findings about the psychological processes that lead to impaired self-control
- Challenges the current harm-prevention policy of 'responsible gambling'

Contents: 1. The research context; 2. Research into impaired control of gambling behaviour: definition and measurement: traditional psychometric and mathematical psychology approaches; 3. Impaired control and its relationship to other variables implicated in the development of pathological gambling; 4. Models of impaired self-control of gambling; 5. Implications for treatment approaches to problem gambling arising from the model of impaired control; 6. Implications for harm minimisation in the management of problem gambling: making sense of 'responsible gambling'; 7. A case study of 'responsible gambling' strategies within a single jurisdiction: Victoria, Australia; 8. Conclusions.

International Research Monographs in the Addictions

Feb 2006 150pp 23 illustrations
978 0 521 84701 8 (0521 84701 X) Hardback c.£50.00



Marijuana and Madness

Psychiatry and Neurobiology

Edited by
David Castle

Mental Health Research Institute, Melbourne, Australia
and Robin Murray
Institute of Psychiatry, London, UK

A comprehensive and up-to-date overview of the psychiatry and neuroscience of Cannabis sativa (marijuana), with particular emphasis on psychotic disorders. It outlines the very latest developments in our understanding of the human cannabinoid system, and links this knowledge to clinical and epidemiological facts about the impact of cannabis on mental health. Clinically focused chapters review not only the direct psychomimetic properties of cannabis, but also the impact consumption has on the courses of evolving or established mental illness such as schizophrenia. A number of controversial issues are critically explored, including whether a discrete 'cannabis psychosis' exists, and whether cannabis can actually cause schizophrenia. Effects of cannabis on mood, notably depression, are reviewed, as are its effects on cognition. The chapters are compact but filled with quality research and sophisticated, in-depth analysis.

'The authors do not oversimplify or overemphasize the evidence.'

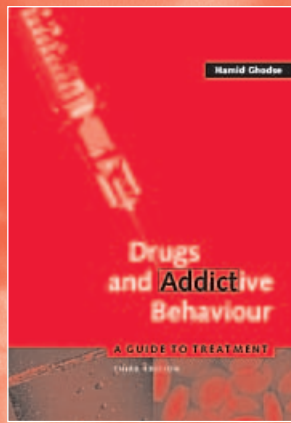
We congratulate them on their accomplishment and recommend this book enthusiastically for all clinicians and researchers interested in substance related issues.'

JAMA

Contents: 1. The cannabinoid system: from the point of view of a chemist; 2. How cannabis works in the brain; 3. Acute and subacute psychomimetic effects of cannabis in humans; 4. The association between cannabis use and depression: a review of the evidence; 5. Cannabis and psychosis proneness; 6. Is there a specific 'cannabis psychosis?'; 7. Cannabis as a potential causal factor in schizophrenia; 8. Cannabis abuse and the course of schizophrenia; 9. The endogenous cannabinoid system in schizophrenia; 10. A cannabinoid 'model' psychosis, dopamine-cannabinoid interactions and implications for schizophrenia; 11. Motives that maintain cannabis use among individuals with psychotic disorders; 12. Addressing cannabis abuse in people with psychosis; 13. Residual cognitive effects of long-term cannabis use.

2004 234pp 4 illustrations
978 0 521 81940 4 (0521 81940 7) Hardback £48.00

2005 British Medical Association
Medical Book Competition
**First Prize in the
Medical Health Category**



Drugs and Addictive Behaviour

A Guide to Treatment

3rd edition
Hamid Ghodse

*St George's Hospital Medical School,
University of London, UK*

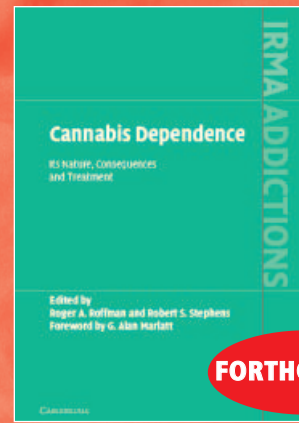
This completely revised and updated third edition presents a comprehensive overview of substance misuse and dependence. There is a particular emphasis on practical, evidence-based approaches to the assessment and management of a wide range of drug-related problems in a variety of clinical settings, and he has written an entirely new chapter on alcohol abuse. He defines all the terms, and describes the effects of substance misuse on a patient's life. Epidemiology, and international prevention and drug control policies are covered to address the global nature of the problem, and the appendix provides a series of clinical intervention tools, among them a Substance Misuse Assessment Questionnaire.

'Professor Ghodse's highly successful single author text is now in its third edition. Its style is informal and yet authoritative and it is fully referenced ... this book remains the standard UK text on drug misuse and every psychiatrist should have access to a copy for reference.'

JOURNAL OF PSYCHOSOMATIC RESEARCH

Contents: 1. Drugs, addiction and behaviour; 2. Drug dependence; 3. Drugs of abuse and dependence; 4. Alcohol; 5. Assessment; 6. General measure of intervention; 7. Specific methods of treatment; 8. Complications of drug abuse and their treatment; 9. Special problems; 10. Follow-up and treatment outcome; 11. Prevention of drug abuse; 12. The law and drug-control policies.

2002 520pp 62 illustrations
978 0 521 00001 7 (0521 00001 7) Paperback £48.00
978 0 521 81354 9 (0521 81354 9) Hardback £95.00



Cannabis Dependence

Its Nature, Consequences and Treatment

Roger Roffman
University of Washington, USA
and Robert Stephens
Virginia Tech, USA

Cannabis dependence is controversial. Does it occur or is it a myth put forth by those who oppose legalization? What are the signs? How many people are affected? What are the risks of becoming cannabis-dependent? What interventions have been tested with adults and adolescents, and are they effective? What are the arguments for legalization, regulation, or prohibition? This state-of-the-science review sets out to answer all those questions, beginning with an historical examination and moving into diagnosis, classification, epidemiology, public health, policy, issues relating to regulation and prohibition, and evidence-based interventions.

Features

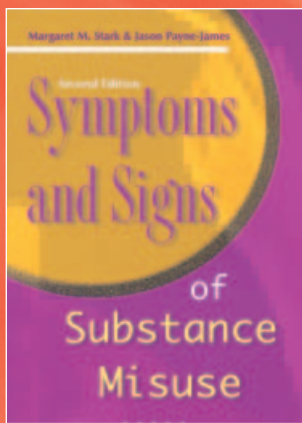
- *Breaks through the controversial politics of cannabis use to give a clear, scientific synthesis of all the health-related issues relating to cannabis use*
- *Reviews and assesses all the interventions applied to both adult and adolescent users*
- *Gives the criteria for diagnosis and scope of cannabis dependence*

Contents: Part I. The Nature of Cannabis Dependence:

1. Themes in the history of cannabis dependence; 2. The diagnosis of cannabis dependence; 3. Understanding the pharmacology and physiology of cannabis dependence; 4. The epidemiology of cannabis dependence; 5. The adverse health and psychological consequences of cannabis dependence; **Part II. Interventions with Cannabis-Dependent Adults:** 6. Cognitive behavioral and motivational enhancement treatments; 7. Contingency-management interventions for cannabis dependence; 8. The marijuana check-up; 9. Guided self-change: a brief motivational intervention for cannabis abuse; 10. Supportive-expressive psychotherapy for cannabis dependence; **Part III. Interventions with Cannabis-Dependent Adolescents and Young Adults:** 11. The cannabis youth treatment study: the treatment models and preliminary findings; 12. The teen cannabis check-up: exploring strategies for reaching young cannabis users; 13. Engaging young probation-referred cannabis-abusing individuals in treatment; **Part IV. Policy:** 14. The policy implications of cannabis dependence; **Part V. Conclusion:** 15. The nature, consequences and treatment of cannabis dependence: implications for future research and policy.

International Research Monographs in the Addictions

March 2006 250pp 24 illustrations
978 0 521 81447 8 (0521 81447 2) Hardback c. £50.00



Symptoms and Signs of Substance Misuse

2nd edition

Margaret M. Stark

St George's Hospital Medical School, London, UK

and J. Jason Payne-James

Central Middlesex Hospital, London, UK

The second edition of this handy pocket-sized reference provides an up-to-date, accessible and authoritative guide to the symptoms and signs of drug misuse and the basic principles of treatment for many of the most commonly encountered substances such as heroine, cocaine, amphetamines, cannabis, alcohol and ecstasy. Any specialist medical terminology used in the book is clearly explained for the lay reader in the glossary, and where appropriate, the legal aspects of substance misuse are highlighted making it an ideal book for medical and non-medical specialists alike.

Features

- Identifies the signs and symptoms of specific substance abuse
- Outlines the key facts about the substances used
- Gives clear guidelines regarding best practice
- Pocket-sized for portability and ease of quick reference

Contents: 1. Methods of administration; 2. Harm minimisation and reduction; 3. Drugs, statutes and legal requirements; 4. Medical and health complications of substance misuse; 5. Substance detection; 6. Summary of information on each drug group; 7. Glossary of medical and 'street' drug-related terms; 8. Bibliography; 9. Conversion chart for height; 10. Conversion chart for weight; 11. Glasgow coma score; 12. Field impairment testing process.

2002 64pp 11 illustrations
978 1 841 10106 4 (1841 10106 0) Paperback £12.99

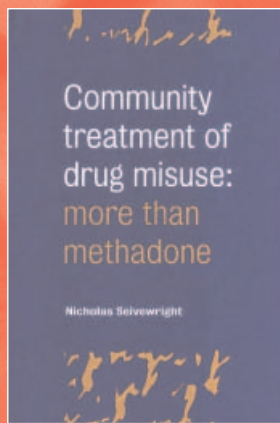
Cannabis and Cognitive Functioning

Nadia Solowij

National Drug and Alcohol Research Centre, University of New South Wales, Australia

Reviews the literature relevant to cannabis and cognitive functioning, in the light of important recent findings in the pharmacology and neuropsychology of cannabis. Original studies conducted by the author are presented, and her conclusion will be of compelling interest to a wide range of clinicians, researchers and policy makers.

1998 306pp 35 illustrations
978 0 521 59114 0 (0521 159114 7) Paperback £65.00



Community Treatment of Drug Misuse

More than Methadone

Nicholas Seivewright

Community Health Sheffield NHS Trust, UK

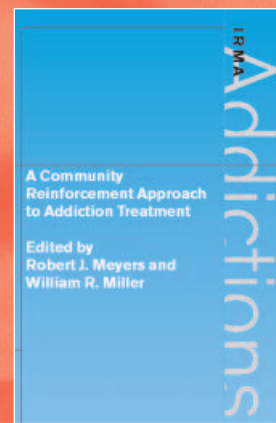
Treatment for drug misuse has been dominated in recent years by the use of methadone as a substitution agent in heroin dependency, to the extent that other treatment options have been neglected. This book draws on the author's direct clinical experience and makes use of international research findings to provide a comprehensive and highly practical guide to service provision and treatment for drug misuse, with an emphasis on social aspects. An essential resource for psychiatrists and other professionals involved in the management of drug misuse.

'... a well-written and stimulating book by an author whose opinions are informed by evidence and considerable experience in treating drug users. It is honest in acknowledging the difficult issues faced by practitioners and these are well illustrated in the case histories that show the mixed results often achieve in the treatment of substance misuse.'

THE LANCET

Contents: Introduction: Community treatment in context; **Part I. Treatments:** 1. Methadone maintenance: a medical treatment for social reasons? 2. More than methadone: the case for other substitute drugs; 3. Achieving detoxification and abstinence; 4. Treatment of non-opiate misuse; **Part II. Providing Clinical Services:** 5. Community drug services; 6. Treatment of drug misuse in primary care; 7. Balancing security and accessibility; 8. Dual diagnosis - drug misuse and psychiatric disorder; Epilogue: Future directions; Glossary; Appendix 1: Protocols for quick detoxification from heroin; Appendix 2: Opioid equivalent dosages.

978 0 521 66562 9 (0521 66562 0) Paperback £35.00



A Community Reinforcement Approach to Addiction Treatment

Edited by

Robert J. Meyers

and William R. Miller

Both at the University of New Mexico, USA

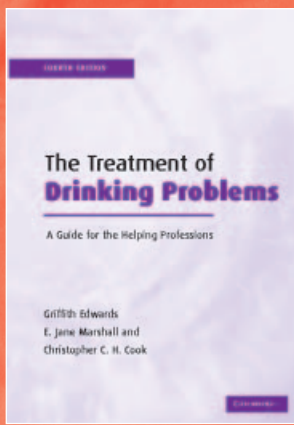
The community reinforcement approach (CRA) to treating alcohol and other drug problems is designed to make changes in the client's daily environment, to reduce substance abuse and promote a healthier lifestyle. It is of proven effectiveness, and should be more widely used. This book presents research on the effectiveness of the CRA for a clinical readership. It includes the original study comparing CRA with traditional treatments of alcohol dependence, and summarizes other trials with alcohol, cocaine and heroin users. The CRA program provides basic guidelines for clinicians, focusing on communication skills, problem solving and drink refusal strategies, and addresses the needs of the client as part of a social community. Combining practical advice on such matters with a scientific survey of CRA in use, this book offers a new treatment approach to all involved with the support and treatment of those with alcohol and drug problems.

'It is very rarely that I read a scientific book of about 200 pages in a rather short period of time, that such a book is not only scientifically sound and well written, but in some parts even exciting in such a way that you do not want to stop reading it ... Altogether the book is well written.'

ADDICTION

Contents: 1. Developing the community reinforcement approach; 2. Practice and promise - the Azrin studies; 3. The treatment; 4. A comparison of community reinforcement approach and traditional approaches; 5. Community reinforcement and traditional approaches; 6. Community reinforcement approaches with the homeless; 7. Community reinforcement approach to the treatment of cocaine and opioid dependence; 8. Community reinforcement and family training (CRAFT); 9. Summary and reflections.

2001 202pp 29 illustrations
978 0 521 77107 8 (0521 77107 2) Hardback £60.00



The Treatment of Drinking Problems

A Guide for the Helping Professions

4th edition

Griffith Edwards

National Addiction Centre, London, UK;

E. Jane Marshall

South London NHS & Maudsley NHS Trust, UK

and Christopher C. H. Cook

University of Kent, Canterbury, UK

Over the past twenty years, *The Treatment of Drinking Problems* has become the definitive text in its field. Internationally acclaimed and translated into six languages, it is the most authoritative source book for the treatment of alcohol problems for all professionals who encounter them.

From reviews of the previous edition:

'... the best overview on the subject for practitioners who wish to understand and help people with alcohol problems ... a unique perspective ... elegant and succinct prose ... highly readable ... an absolute must to read.'

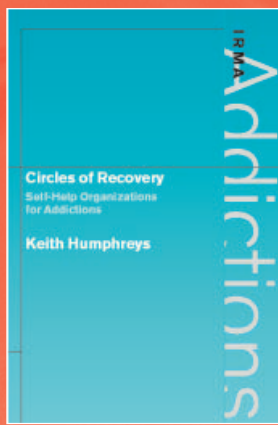
THE LANCET

'This edition combines the highly readable style of previous editions with a strong evidenced-based approach to diagnosis and treatment of alcohol problems ... the hallmark of the book is the clarity with which it is presented ... it was a delight to review this book. Its concise and readable prose, combined with the high quality of its content, makes *The Treatment of Drinking Problems* a must have for all those working with people who have drinking problems.'

ADDICTION

Contents: Part I. Background to Understanding: 1. The history of treatment for drinking problems; 2. Causes of drinking problems; 3. Alcohol as a drug; 4. The alcohol dependence syndrome; 5. Drinking problems and the family; 6. Social complications of excessive drinking; 7. Drinking problems as cause of neuropsychiatric disorder; 8. Alcohol problems and psychiatric comorbidity; 9. Alcohol and other drug problems; 10. Physical complications of excessive drinking; 11. Women with drinking problems; 12. Some special presentations; 13. Drinking problems and the life course; **Part II. Screening, Assessment and Treatment:** 14. Case identification and screening; 15. Assessment as the beginning of therapy; 16. Withdrawal states and treatment of withdrawal; 17. The basic work of treatment; 18. Alcoholics Anonymous; 19. Special techniques; 20. Working toward normal drinking; 21. When things go wrong and putting them right; 22. Treatment settings, professional roles, and the organisation of treatment services.

2003 428pp 46 illustrations
978 0 521 01714 5 (0521 01714 9) Paperback £38.00



Circles of Recovery Self-help Organizations for Addictions

Keith Humphreys

Stanford University School of Medicine, California, USA

Self-help organizations across the world have attracted tens of millions of individuals seeking to address addiction problems with drugs or alcohol. For the first time, this book provides an integrative, international review of research on these organizations, focusing on efficacy, how they affect individual members and whether self-help groups and formal health care systems can work together to combat substance abuse. In addition, it provides practical strategies for how individual clinicians and treatment systems can interact with self-help organizations in a way that improves outcomes for patients.

'This book presents a clear and comprehensive international overview of the history of self-help groups and the evidence for their efficacy in recovery.'

PSYCHOLOGICAL MEDICINE

Contents: Acknowledgements; 1. Definitions, scope, and origin of the health-related self-help group movement; 2. An international tour of addiction-related mutual help organizations; 3. Does self-help group participation produce positive substance abuse, psychiatric, and medical outcomes?; 4. A different perspective on change in self-help organizations: spirituality, identity, life stories, friendship networks, and politicization; 5. Government, health care organization, and clinical interactions with self-help organizations; Epilogue.

International Research Monographs in the Addictions

2003 238pp
978 0 521 79277 6 (0521 79277 0) Hardback £60.00



Treatment Matching in Alcoholism

Edited by Thomas F. Babor

University of Connecticut, USA

and Frances K. Del Boca

University of South Florida, USA

Edited by the principal investigators, this is the first comprehensive report of Project MATCH, the largest treatment study ever conducted with alcoholics. It describes the rationale, methods, results and implications of the study, and presents new findings about how treatment works, for whom it is most effective, and who does best in different kinds of treatment. It also offers some of the first scientific evidence on the effectiveness of Alcoholics Anonymous. The audience for this book is broad, including researchers, clinicians and policy makers in the field of alcoholism and addiction.

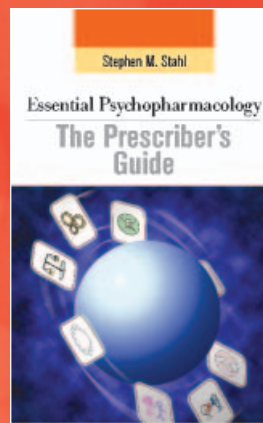
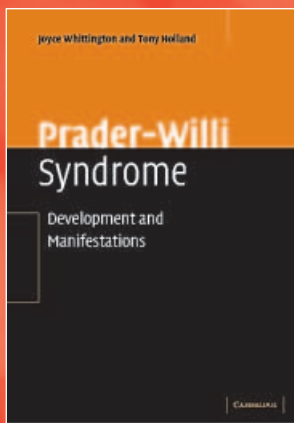
'... a well-written, highly accessible record of the conduct of, and findings from, a landmark alcohol treatment research project. The volume provides thoughtful, tempered consideration of the implications of Project MATCH's findings for clinical practice and research.'

ADDICTION

Contents: 1. Matching alcoholism treatment to client heterogeneity: the genesis of project MATCH; 2. Planning a multisite matching trial: organizational structure and research design; 3. Clinical assessment: measuring matching characteristics and treatment outcomes; 4. Therapies for matching: selection, development, implementation, and costs; 5. Client characteristics and implementation of the research protocol; 6. The matching hypotheses: rationale and predictions; 7. Primary treatment outcomes and matching effects: outpatient arm; 8. Primary treatment outcomes and matching effects: aftercare arm; 9. Treatment effects across multiple dimensions of outcome; 10. A look inside treatment: therapist effects, the therapeutic alliance, and the process of intentional behavior change; 11. Participation and involvement in Alcoholics Anonymous; 12. Summary and conclusions; 13. Clinical and scientific implications of project MATCH.

International Research Monographs in the Addictions

2002 292pp 36 illustrations
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Also of Interest

Prader-Willi Syndrome

Development and Manifestations

Joyce Whittington
and Tony Holland

Both from University of Cambridge, UK

Prader-Willi syndrome (PWS) is associated with an assortment of physical, behavioural and cognitive abnormalities creating a broad range of interdisciplinary care needs. In this book the authors identify and integrate the latest findings about how best to manage the complex medical, nutritional, psychological, educational, social and therapeutic needs of people with PWS. Both have been involved in the Cambridge PWS study, which is the largest and most rounded of the cohort studies of PWS anywhere in the world. The unique data it provides is the basis of this book.

Features

- Describes findings based on a unique, genetically proven, population-based sample
- Integrates the findings from different areas of research into new theories about the syndrome
- Tony Holland is known worldwide for his work in this area

Contents: Introduction; **Part I. Background:** PWS, Why, What, and How To Investigate:

1. Background and historical overview; 2. Biological and regulatory mechanisms in PWS; 3. The Cambridge PWS project; **Part II. PWS Prevalence, Phenotypic Functioning and**

Characteristics: 4. Prevalence, birth incidence and mortality; 5. Relationship between genetic and clinical diagnosis; 6. Phenotypic differences between the genetic subtypes; 7. Cognitive function and attainments; 8. The behavioural phenotype of PWS; 9. Medical conditions affecting people with PWS; 10. Psychiatric illness; 11. Obsessions and compulsions; Part III. Minor Findings, Some Conclusions and Future Directions: 12. Understanding PWS.

2004 230pp 53 illustrations
978 0 521 84029 3 (0521 84029 5) Hardback £60.00

Obsessive-Compulsive and Related Disorders in Adults

A Comprehensive Clinical Guide

Lorin Koran

Stanford University School of Medicine, California, USA

'This book is truly cause for giving thanks, Koran has accomplished a phenomenal state-of-the-art compilation of current knowledge in OCD and related disorders. The author clearly and concisely presents a master's view of diagnosis, psychotherapy and psychopharmacology for a set of common but difficult pathologies... Dr Koran has achieved mastery, and now shares those skills. I highly recommend this book to all practitioners as a primary resource to guide treatment for OCD and related disorders.'

JOURNAL OF CLINICAL PSYCHIATRY

'I found myself returning again and again to this text for guidance on a range of clinical issues and rarely found it lacking. It is an essential and not excessively priced addition to the personal library of any clinician with special interest in this area and should be made available to all those working in general psychiatric settings.'

BRITISH JOURNAL OF PSYCHIATRY

Contents: Part I. The Clinical Perspective; Part II. Obsessive-Compulsive Disorder and its Treatment; Part III. OCD Spectrum Disorders.

1999 380pp 51 illustrations
978 0 521 55975 1 (0521 55975 8) Paperback £48.00

Essential Psychopharmacology: the Prescriber's Guide

Stephen M. Stahl

University of California, San Diego, USA

Edited by Meghan M. Grady

Illustrated by Nancy Muntner

A pragmatic, full-color guide for prescribers. Covering over 100 psychotropic drugs, it gives all the information required for effective treatment. For each drug there are five categories: general therapeutics, dosing and use, side effects, special populations, and pearls. Key elements have a target icon to enable instant access to the information needed. There are several indices, one consisting of a list of generic and proprietary names for all the drugs featured, one categorizing the generic drugs by use, and one listing them by class.

'I think that this manual has all the characteristics of a true bestseller. The format is very attractive, the information is complete, the consultation is easy. In no other recent text will a clinician find so much information in such a concise and user-friendly format.'

ACTA PSYCHIATRICA SCANDINAVICA

2004 588pp 4 illustrations
978 0 521 01169 3 (0521 01169 8) Paperback £38.00

Psychotherapy, Psychological Treatments and the Addictions

Edited by

Griffith Edwards

and Christopher Dare

Both from Institute of Psychiatry, London, UK

This work serves as a review of psychological treatments in the addictions field and provides a rare combination of expertise both from addiction specialists and those who use psychotherapeutic approaches to solve a wide range of personal problems. Its coverage includes contextual ideas which are basic to the choice of approach to therapy, and an exploration of particular treatment strategies.

1996 284pp 20 illustrations
978 0 521 55675 0 (0521 55675 9) Paperback £18.99

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Alcohol and the Community

A Systems Approach to Prevention

Harold D. Holder

Prevention Research Center, Berkeley, California, USA

An individual's decision to use alcohol is not only a personal choice, but also a matter of custom and social behavior, and is influenced by access and economic factors including levels of disposable income and cost of alcoholic beverages. The author challenges the current implicit models used in alcohol problem prevention and demonstrates an ecological perspective of the community as a complex adaptive system, an appreciation and understanding of which offers a new approach to the prevention of alcohol dependence and alcohol-related problems.

'Anyone with an interest in alcohol policy of prevention will be enriched by reading this monograph. Libraries should look out for the IRMA series.'

ADDICTION BIOLOGY

Contents: 1. Introduction; 2. Consumption system; 3. Retail sales subsystem: alcohol availability and promotion; 4. Formal regulation and control subsystem: rules, administration and enforcement; 5. Social norms subsystem: community values and social influences that affect drinking; 6. Legal sanctions subsystem: prohibited uses of alcohol; 7. Social, economic, and health consequences subsystem: community identification of and responses to alcohol problems; 8. Community-level alcohol problem prevention.

International Research Monographs in the Addictions

1998 197pp 56 illustrations
978 0 521 59187 4 (0521 59187 2) Hardback £60.00

Also of Interest

Medical Management of Eating Disorders

A Practical Handbook for Healthcare Professionals

C. Laird Birmingham

University of British Columbia, Vancouver, Canada,

and Pierre J. V. Beumont

University of Sydney, Australia

With contributions by

Richard Crawford, Deborah Hodgson,
Michael Kohn and Peta Marks

A practical guide to the medical complications and treatment of anorexia nervosa and related eating disorders. The principles and practice of treatment are fully covered including medical and nutritional therapies. Psychiatric and psychological issues are also addressed and provide details of specific psychological therapies. The text is supplemented with diagnostic colour photographs of important physical manifestations of eating disorders. Although the text is suitable for all health care professionals looking after these patients, special information is provided for general practitioners, nursing staff, family carers and the patients themselves.

'A major strength is the quality and breadth of the information provided ... scores highly on user-friendliness ... clearly written with the reader in mind ... valuable reading to all staff new to the field of eating disorders, to the medical and nursing staff of my in-patient eating disorder unit, to interested general practitioners and practice nurses, to paediatric services, to dieticians, to keen medical students and to some patients and parents.'

PSYCHOLOGICAL MEDICINE

2004 314pp 22 illustrations
978 0 521 54662 1 (0521 54662 1) Paperback £38.00

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